

National Secondary Schools Athletics Championships
2010/03/26

Result per Age

G-15

13	G-15	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM014	656	LIEZEL SCHOLTZ	Limpopo	1	00:12.38	850	0.6	E
KZN001	578	SHANICE MARNICE	Kwazulu Natal	1	00:12.65	814	0.9	E
GAU013	357	TEBOGOM MAMATHU	Gauteng	1	00:12.27	866	-0.3	E
FSA019	164	REABETSWE MOLOI	Free State	2	00:12.53	829		E
GAU002	346	CARINA SWIEGERS	Gauteng	2	00:12.58	823		E
MPU012	798	CELESTE JOUBERT	Mpumalanga	2	00:12.77	800		E
FSA006	152	CHRISTI GERBER	Free State	3	00:12.85	791		E
LIM009	651	TANYA MARAIS	Limpopo	3	00:12.70	808		E
NWP007	965	A NEL	North West Province	3	00:12.68	810		E
ECA010	10	I STEYN	Eastern Cape	4	00:13.05	769		E
WCP017	1118	CATHY-ANN MORKEL	Western Cape	4	00:12.73	804		E
GAU012	356	NATHASHA KOTZEE	Gauteng	4	00:12.80	796		E
FSA029	174	LIZELLE STRUWIG	Free State	5	00:12.85	791		E
NWP008	966	NICOLE VAN DER WALT	North West Province	5	00:12.82	794		E
MPU008	794	ANZEL FOURIE	Mpumalanga	5	00:13.09	765		E
ECA006	6	S MC CONNELL	Eastern Cape	6	00:13.07	767		E
ECA003	3	Z JOJO	Eastern Cape	6	00:13.27	747		E
NCP003	917	AMORé SERFONTEIN	Northern Cape Province	6	00:13.00	774		E
LIM007	649	ALBERTINA MABOTJA	Limpopo	7	00:13.61	716		E
WCP001	1102	MICHAELA ABRAHAMS	Western Cape	7	00:13.14	760		E
MPU011	797	BRUMILDA JOUBERT	Mpumalanga	7	00:13.15	759		E
LIM004	646	SUMARI HALL	Limpopo	8	00:13.40	735		E
MPU018	804	INGRID POTGIETER	Mpumalanga	8	00:13.34	740		E

48	G-15	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA019	164	REABETSWE MOLOI	Free State	1	00:12.53	829		E
LIM009	651	TANYA MARAIS	Limpopo	1	00:12.70	808		E
LIM014	656	LIEZEL SCHOLTZ	Limpopo	1	00:12.38	850		E
KZN001	578	SHANICE MARNICE	Kwazulu Natal	1	00:12.65	814		E
NWP007	965	A NEL	North West Province	1	00:12.68	810		E
GAU002	346	CARINA SWIEGERS	Gauteng	1	00:12.58	823		E
GAU013	357	TEBOGOM MAMATHU	Gauteng	1	00:12.27	866		E
MPU012	798	CELESTE JOUBERT	Mpumalanga	1	00:12.77	800		E

83	G-15	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU013	357	TEBOGOM MAMATHU	Gauteng	1	00:12.16	883	0.2	E
LIM014	656	LIEZEL SCHOLTZ	Limpopo	2	00:12.42	844	0.2	E
GAU002	346	CARINA SWIEGERS	Gauteng	3	00:12.48	836	0.2	E
FSA019	164	REABETSWE MOLOI	Free State	4	00:12.50	833	0.2	E
LIM009	651	TANYA MARAIS	Limpopo	5	00:12.56	825	0.2	E
NWP007	965	A NEL	North West Province	6	00:12.66	813	0.2	E
KZN001	578	SHANICE MARNICE	Kwazulu Natal	7	00:12.78	799	0.2	E
MPU012	798	CELESTE JOUBERT	Mpumalanga	8	00:12.79	797	0.2	E

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104	G-15	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP007	965	A NEL	North West Province	1	00:25.81	840	-0.5	E
GAU009	353	JANET SEELIGER	Gauteng	1	00:25.59	852	0.1	E
GAU013	357	TEBOGOM MAMATHU	Gauteng	1	00:25.16	878	0.1	E
LIM014	656	LIEZEL SCHOLTZ	Limpopo	2	00:25.93	833		E
NWP017	975	H KRUGER	North West Province	2	00:26.56	802		E
FSA029	174	LIZELLE STRUWIG	Free State	2	00:25.68	847		E
GAU016	360	CHANELLE POTGIETER	Gauteng	3	00:25.91	834		E
FSA019	164	REABETSWE MOLOI	Free State	3	00:26.32	813		E
FSA001	147	SUNE ALBERTS	Free State	3	00:26.57	801		E
LIM009	651	TANYA MARAIS	Limpopo	4	00:25.94	833		E
MPU012	798	CELESTE JOUBERT	Mpumalanga	4	00:26.43	808		E
MPU008	794	ANZEL FOURIE	Mpumalanga	4	00:26.59	800		E
KZN001	578	SHANICE MARNICE	Kwazulu Natal	5	00:26.47	806		E
GAU014	358	CARISSA VAN AARDE	Gauteng	5	00:26.52	804		E
ECA010	10	I STEYN	Eastern Cape	5	00:27.26	771		E
MPU020	806	CHERICE SMITH	Mpumalanga	6	00:27.35	767		E
ECA006	6	S MC CONNELL	Eastern Cape	6	00:26.84	789		E

136	G-15	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP007	965	A NEL	North West Province	1	00:25.81	840	-.05	E
GAU009	353	JANET SEELIGER	Gauteng	1	00:25.59	852	0.1	E
GAU013	357	TEBOGOM MAMATHU	Gauteng	1	00:25.16	878	0.1	E
FSA029	174	LIZELLE STRUWIG	Free State	2	00:25.68	847		E
LIM014	656	LIEZEL SCHOLTZ	Limpopo	2	00:25.93	833		E
NWP017	975	H KRUGER	North West Province	2	00:26.56	802		E
GAU016	360	CHANELLE POTGIETER	Gauteng	3	00:25.91	834		E
LIM009	651	TANYA MARAIS	Limpopo	4	00:25.94	833		E

166	G-15	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU013	357	TEBOGOM MAMATHU	Gauteng	1	00:24.95	892	1.7	E
GAU009	353	JANET SEELIGER	Gauteng	2	00:25.49	858	1.7	E
GAU016	360	CHANELLE POTGIETER	Gauteng	3	00:25.50	857	1.7	E
LIM014	656	LIEZEL SCHOLTZ	Limpopo	4	00:25.68	847	1.7	E
LIM009	651	TANYA MARAIS	Limpopo	5	00:25.70	846	1.7	E
NWP007	965	A NEL	North West Province	6	00:25.81	840	1.7	E
FSA029	174	LIZELLE STRUWIG	Free State	7	00:26.04	827	1.7	E
NWP017	975	H KRUGER	North West Province	8	00:26.44	807	1.7	E

21	G-15	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA001	147	SUNE ALBERTS	Free State	1	00:57.09	869		E
GAU016	360	CHANELLE POTGIETER	Gauteng	1	00:57.63	856		E
GAU014	358	CARISSA VAN AARDE	Gauteng	2	00:57.72	854		E
GAU009	353	JANET SEELIGER	Gauteng	2	00:58.01	848		E
LIM014	656	LIEZEL SCHOLTZ	Limpopo	3	00:58.73	832		E
WCP007	1108	SIMONE KAPP	Western Cape	3	00:58.53	836		E
WCP028	1129	CHRISTEL VAN TONDER	Western Cape	4	00:59.15	823		E
NWP020	978	G RAMONEY	North West Province	4	00:60.70	794		E
WCP027	1128	IKARIEN VAN DE VENTER	Western Cape	5	00:62.42	765		E
NWP019	977	L PRICE	North West Province	5	00:59.40	818		E
FSA017	162	CECILE MEYER	Free State	6	00:62.15	769		E
KZN004	580	SAMKELISIWE NKOSI	Kwazulu Natal	6	00:65.18	724		E

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61	G-15	400 m	/ 400 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU016	360	CHANELLE POTGIETER	Gauteng	1	00:55.89	901		E	R
GAU009	353	JANET SEELIGER	Gauteng	2	00:56.00	898		E	
FSA001	147	SUNE ALBERTS	Free State	3	00:57.12	869		E	
LIM014	656	LIEZEL SCHOLTZ	Limpopo	4	00:57.68	855		E	
GAU014	358	CARISSA VAN AARDE	Gauteng	5	00:57.83	852		E	
WCP007	1108	SIMONE KAPP	Western Cape	6	00:59.35	819		E	
NWP019	977	L PRICE	North West Province	7	00:59.58	815		E	
WCP028	1129	CHRISTEL VAN TONDER	Western Cape	8	00:60.23	803		E	

125	G-15	800 m	/ 800 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA018	163	RUTH MLAMBO	Free State	1	02:20.12	818		E	
GAU023	367	MONIQUE STANDER	Gauteng	1	02:20.55	814		E	
WCP012	1113	ZANI KRUGER	Western Cape	2	02:20.65	813		E	
GAU018	362	L STRYDOM	Gauteng	2	02:20.59	813		E	
NWP011	969	P LAUREN	North West Province	3	02:21.31	807		E	
GAU022	366	MIKYLA FERREIRA	Gauteng	3	02:20.63	813		E	
FSA012	157	KGETHO MAILA	Free State	4	02:23.49	789		E	
WCP014	1115	MARISE MALHERBE	Western Cape	4	02:20.86	811		E	
ECA009	9	S SENTIWE	Eastern Cape	5	02:29.67	744		E	
MPU005	791	SUNELLE COETZEE	Mpumalanga	5	02:21.10	809		E	
LIM015	657	CARMEN SCHUTTE	Limpopo	6	02:23.33	791		E	
KZN011	587	MEGAN BOTHA	Kwazulu Natal	6	02:29.72	744		E	
LIM011	653	PHADU PHASWA	Limpopo	7	02:35.70	707		E	
WCP007	1108	SIMONE KAPP	Western Cape	7	02:23.35	790		E	
FSA017	162	CECILE MEYER	Free State	8	02:24.07	785		E	
LIM002	644	TISETSO CHAUKE	Limpopo	8	02:49.54	635		E	

154	G-15	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU023	367	MONIQUE STANDER	Gauteng	1	02:14.15	878		E	
GAU022	366	MIKYLA FERREIRA	Gauteng	2	02:14.81	870		E	
WCP012	1113	ZANI KRUGER	Western Cape	3	02:15.40	864		E	
FSA018	163	RUTH MLAMBO	Free State	4	02:15.44	863		E	
GAU018	362	L STRYDOM	Gauteng	5	02:16.53	852		E	
FSA012	157	KGETHO MAILA	Free State	6	02:23.39	790		E	
NWP011	969	P LAUREN	North West Province	7	02:23.78	787		E	
WCP014	1115	MARISE MALHERBE	Western Cape	8	02:23.90	786		E	
MPU005	791	SUNELLE COETZEE	Mpumalanga	9	02:24.67	780		E	
LIM015	657	CARMEN SCHUTTE	Limpopo	10	02:25.83	771		E	
FSA017	162	CECILE MEYER	Free State	11	02:26.65	765		E	
WCP007	1108	SIMONE KAPP	Western Cape	12	02:38.98	688		E	

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32	G-15	1500 m	/ 1500 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA102	102	C DEASY	Eastern Cape	1	04:59.90	765		E	
ECA009	9	S SENTIWE	Eastern Cape	1	04:55.90	782		E	
ECA103	103	Z MAKHWENKWE	Eastern Cape	1	04:56.40	779		E	
FSA012	157	KGETHO MAILA	Free State	1	04:58.60	770		E	
LIM015	657	CARMEN SCHUTTE	Limpopo	1	04:58.68	770		E	
LIM001	643	CHANTEL BREDEKAMP	Limpopo	1	04:58.37	771		E	
LIM011	653	PHADU PHASWA	Limpopo	1	04:44.93	833		E	
LIM008	650	TUMISHO MAILA	Limpopo	1	04:59.00	769		E	
KZN007	583	PHUMZILE GWALA	Kwazulu Natal	1	04:52.00	799		E	
KZN006	582	AMRI VAN ROOYEN	Kwazulu Natal	1	04:48.02	818		E	
KZN008	584	SONTO DLAMINI	Kwazulu Natal	1	04:55.10	785		E	
WCP012	1113	ZANI KRUGER	Western Cape	1	04:47.14	822		E	
NWP025	983	M QAMA	North West Province	1	04:48.40	816		E	
NWP026	984	Y CHAMPION	North West Province	1	04:58.99	769		E	
GAU024	368	THANDI SEHOLE	Gauteng	1	04:46.00	828		E	
GAU020	364	LIZERIE FERREIRA	Gauteng	1	04:41.80	850		E	
GAU023	367	MONIQUE STANDER	Gauteng	1	04:41.20	854		E	
MPU015	801	JADA LINDSTROM	Mpumalanga	1	05:00.90	761		E	

67	G-15	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU023	367	MONIQUE STANDER	Gauteng	1	04:40.41	858		E	
GAU020	364	LIZERIE FERREIRA	Gauteng	2	04:43.27	842		E	
GAU024	368	THANDI SEHOLE	Gauteng	3	04:45.80	829		E	
WCP012	1113	ZANI KRUGER	Western Cape	4	04:48.35	816		E	
KZN006	582	AMRI VAN ROOYEN	Kwazulu Natal	5	04:56.69	778		E	
KZN008	584	SONTO DLAMINI	Kwazulu Natal	6	05:02.76	754		E	
LIM011	653	PHADU PHASWA	Limpopo	7	05:03.82	750		E	
NWP026	984	Y CHAMPION	North West Province	8	05:04.15	748		E	
FSA012	157	KGETHO MAILA	Free State	9	05:04.81	746		E	
LIM001	643	CHANTEL BREDEKAMP	Limpopo	10	05:05.46	743		E	
LIM015	657	CARMEN SCHUTTE	Limpopo	11	05:07.29	737		E	
ECA103	103	Z MAKHWENKWE	Eastern Cape	12	05:10.17	726		E	
ECA102	102	C DEASY	Eastern Cape	13	05:29.43	666		E	

36	G-15	90 m Hekies	/ 90 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP018	976	MELINDI OOSTHUIZEN	North West Province	1	00:13.36	850	0.9	E	
GAU005	349	CHRIZAANE MARKRAM	Gauteng	1	00:13.17	865	1.8	E	
GAU007	351	D'JANE KRIEDEMANN	Gauteng	1	00:13.49	841	1.9	E	
NCP005	919	LEONÉ VAN ROOYEN	Northern Cape Province	2	00:13.64	830		E	
NWP008	966	NICOLE VAN DER WALT	North West Province	2	00:13.41	847		E	
MPU010	796	MIGNON HOFFMAN	Mpumalanga	2	00:13.35	851		E	
FSA027	172	LIZE-LOUISE ROETS	Free State	3	00:13.60	833		E	
FSA003	149	ANEL COERTZEN	Free State	3	00:13.75	823		E	
MPU024	809	TINEI VERSTER	Mpumalanga	3	00:13.68	827		E	
ECA008	8	A NEL	Eastern Cape	4	00:14.54	775		E	
WCP021	1122	SAMANTHA ROSS	Western Cape	4	00:13.67	828		E	
GAU006	350	CHRIZANNE FORSSMAN	Gauteng	4	00:13.75	823		E	
LIM019	661	SIMONE VAN WYK	Limpopo	5	00:14.04	804		E	
WCP005	1106	SUZAAN JACOBS	Western Cape	5	00:14.03	805		E	
MPU014	800	ERICHE KRIEL	Mpumalanga	6	00:14.11	800		E	

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77	G-15	90 m Hekkie	/ 90 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU005	349	CHRIZAANE MARKRAM	Gauteng	1	00:13.17	865	0.4	E
GAU007	351	D'JANE KRIEDEMANN	Gauteng	2	00:13.30	855	0.4	E
NWP018	976	MELINDI OOSTHUIZEN	North West Province	3	00:13.37	850	0.4	E
NWP008	966	NICOLE VAN DER WALT	North West Province	4	00:13.38	849	0.4	E
NCP005	919	LEONé VAN ROOYEN	Northern Cape Province	5	00:13.51	839	0.4	E
WCP021	1122	SAMANTHA ROSS	Western Cape	6	00:13.71	825	0.4	E
FSA027	172	LIZE-LOUISE ROETS	Free State	7	00:13.73	824	0.4	E

118	G-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU006	350	CHRIZANNE FORSSMAN	Gauteng	1	00:45.63	818		E
GAU007	351	D'JANE KRIEDEMANN	Gauteng	1	00:44.64	838		E
NWP006	964	TABITHA VISAGIE	North West Province	2	00:46.08	810		E
GAU010	354	MANIA DE WET	Gauteng	2	00:44.69	837		E
FSA027	172	LIZE-LOUISE ROETS	Free State	3	00:45.11	828		E
GAU005	349	CHRIZAANE MARKRAM	Gauteng	3	00:46.43	804		E
ECA008	8	A NEL	Eastern Cape	4	00:47.75	782		E
NCP005	919	LEONé VAN ROOYEN	Northern Cape Province	4	00:46.73	799		E
WCP025	1126	HELENE SWANEPOEL	Western Cape	5	00:47.43	787		E
MPU007	793	STEPHANIE ENSLIN	Mpumalanga	5	00:48.22	775		E
LIM017	659	SIMONE SMALBERGER	Limpopo	6	00:48.78	766		E
MPU024	809	TINEI VERSTER	Mpumalanga	6	00:48.12	776		E

145	G-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU005	349	CHRIZAANE MARKRAM	Gauteng	1	00:43.94	852		E
GAU010	354	MANIA DE WET	Gauteng	2	00:44.63	838		E
FSA027	172	LIZE-LOUISE ROETS	Free State	3	00:44.68	837		E
GAU007	351	D'JANE KRIEDEMANN	Gauteng	4	00:44.68	837		E
NWP006	964	TABITHA VISAGIE	North West Province	5	00:45.49	821		E
GAU006	350	CHRIZANNE FORSSMAN	Gauteng	6	00:46.30	806		E
NCP005	919	LEONé VAN ROOYEN	Northern Cape Province	7	00:46.78	798		E
WCP025	1126	HELENE SWANEPOEL	Western Cape	8	00:47.86	780		E

4	G-15	5000 m Stap	/ 5000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP020	1121	ANEL OOSTHUIZEN	Western Cape	1	27:00.38	926		E
WCP009	1110	CANDICE KLINK	Western Cape	2	27:44.98	914		E
NWP001	959	NEO KEITSENG	North West Province	3	29:03.71	892		E
FSA023	168	LINICIA ODENDAAL	Free State	4	29:29.00	886		E
GAU017	361	JUANE WIID	Gauteng	5	30:06.67	877		E
ECA007	7	B MTYAPHI	Eastern Cape	6	34:00.04	831		E

173	G-15	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA01	566	GAUTENG	Gauteng	1	00:48.19	958		E
LIMA01	766	LIMPOPO	Limpopo	2	00:49.23	910		E
NWPA01	1090	NORTH WEST	North West Province	3	00:50.11	874		E
FSAA04	336	FREE STATE	Free State	4	00:50.12	873		E
MPUA01	905	MPUMALANGA	Mpumalanga	5	00:50.84	847		E
WCPA01	1288	WESTERN CAPE	Western Cape	6	00:55.11	731		E

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92	G-15	1000m Medley	/ 1000m Medley	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA07	572	GAUTENG	Gauteng	1	02:15.51	954	E	R
FSA010	342	FREE STATE	Free State	2	02:15.80	949	E	R
WCPA07	1294	WESTERN CAPE	Western Cape	3	21:19.58	0	E	
LIMA07	772	LIMPOPO	Limpopo	4	02:25.00	821	E	

9	G-15	Hoogspring	/ High Jump	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA105	105	M STANDER	Eastern Cape	1	1.55	832	E	
FSA011	156	THANA LOTTER	Free State	1	1.55	832	E	
FSA014	159	ALICE MAREE	Free State	1	1.55	832	E	
FSA020	165	ELANDRI NAUDE	Free State	1	1.55	832	E	
LIM005	647	JEANDRE J VAN RENSBURG	Limpopo	1	1.55	832	E	
KZN010	586	BRITTANY UYS	Kwazulu Natal	1	1.55	832	E	
WCP029	1130	TAYLIA VISAGIE	Western Cape	1	1.55	832	E	
WCP008	1109	JEAN-MARI KELLERMAN	Western Cape	1	1.55	832	E	
WCP013	1114	MIA LABUSCHAGNE	Western Cape	1	1.55	832	E	
NWP009	967	ANRI SALIM	North West Province	1	1.55	832	E	
GAU026	370	LAUREN BOTHMA	Gauteng	1	1.55	832	E	
GAU028	372	JULIA DU PLESSIS	Gauteng	1	1.55	832	E	
MPU004	790	CALLI CAMACHO	Mpumalanga	1	1.55	832	E	

157	G-15	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP013	1114	MIA LABUSCHAGNE	Western Cape	1	1.64	919	E	
MPU004	790	CALLI CAMACHO	Mpumalanga	2	1.64	919	E	
WCP029	1130	TAYLIA VISAGIE	Western Cape	3	1.64	919	E	
GAU028	372	JULIA DU PLESSIS	Gauteng	3	1.64	919	E	
GAU026	370	LAUREN BOTHMA	Gauteng	5	1.59	886	E	
ECA105	105	M STANDER	Eastern Cape	6	1.54	818	E	
FSA011	156	THANA LOTTER	Free State	6	1.54	818	E	
FSA014	159	ALICE MAREE	Free State	6	1.54	818	E	
KZN010	586	BRITTANY UYS	Kwazulu Natal	9	1.54	818	E	
NWP009	967	ANRI SALIM	North West Province	10	1.54	818	E	
WCP008	1109	JEAN-MARI KELLERMAN	Western Cape	11	1.54	818	E	
LIM005	647	JEANDRE J VAN RENSBURG	Limpopo	12	1.49	750	E	
FSA020	165	ELANDRI NAUDE	Free State	13	1.49	750	E	

117	G-15	Paalspring	/ Pole Vault	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA034	178	MAR-LEZE VOS	Free State	1	3.00	888	E	
FSA024	169	SURIKA PIATER	Free State	2	2.80	827	E	
FSA021	166	JANIKE NEL	Free State	3	2.60	763	E	
FSA026	171	JOHANE POTGIETER	Free State	4	2.50	730	E	
FSA002	148	JOANE BASSON	Free State	5	2.40	696	E	
WCP023	1124	SUNE SMITH	Western Cape	6	2.40	696	E	
FSA022	167	ADRI ODENDAAL	Free State	7	2.20	625	E	
FSA032	176	ADEL VAN STADEN	Free State	8	2.10	588	E	

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73	G-15	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU009	353	JANET SEELIGER	Gauteng	1	5.51	928	-0.6	E
GAU002	346	CARINA SWIEGERS	Gauteng	2	5.49	926		E
FSA006	152	CHRISTI GERBER	Free State	3	5.32	908		E
NCP003	917	AMORé SERFONTEIN	Northern Cape Province	4	5.29	905		E
GAU004	348	CHANTELLE THERON	Gauteng	5	5.14	870		E
NWP013	971	MEGAN WYERS	North West Province	6	5.13	867		E
NWP012	970	E VAN DER BERG	North West Province	7	4.99	824		E
LIM009	651	TANYA MARAIS	Limpopo	8	4.91	799		E
GAU008	352	GABRIELLE KHATS	Gauteng	9	4.90	796		E
NCP002	916	ALWINA MALHERBE	Northern Cape Province	10	4.89	793		E
WCP021	1122	SAMANTHA ROSS	Western Cape	11	4.88	790		E
WCP022	1123	CARRON SCHNEIDER	Western Cape	12	4.86	784		E
WCP029	1130	TAYLIA VISAGIE	Western Cape	13	4.85	781		E
NCP004	918	SUNEL SWARTZ	Northern Cape Province	14	4.78	759		E
FSA030	175	SHANICE SWARTZ	Free State	15	4.74	746		E
MPU009	795	CHARMONDY GROENEWALD	Mpumalanga	16	4.72	740		E

114	G-15	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU002	346	CARINA SWIEGERS	Gauteng	1	10.88	911	-0.7	E
GAU004	348	CHANTELLE THERON	Gauteng	2	10.61	901		E
NWP003	961	HERMINA MOSETLHE	North West Province	3	10.52	892		E
FSA013	158	KHOMOTSO MAMBURU	Free State	4	10.06	840		E
ECA011	11	M VAN DER MERWE	Eastern Cape	5	9.99	832		E
ECA013	13	N VAN WYK	Eastern Cape	6	9.91	823		E
ECA012	12	S VAN DER MERWE	Eastern Cape	7	9.88	819		E
NWP004	962	THELMA READ	North West Province	8	9.80	810		E
FSA015	160	MAMELLO MASITHA	Free State	9	9.74	803		E
LIM016	658	LYDIA SEHOANA	Limpopo	10	9.57	783		E
MPU001	787	CLARISSA BELL	Mpumalanga	11	9.53	779		E
NWP005	963	C BEKKER	North West Province	12	9.50	775		E
KZN005	581	VANESSA ATKSON	Kwazulu Natal	13	9.44	768		E
WCP003	1104	CANDICE LUDICK	Western Cape	14	9.30	752		E
FSA004	150	TANIA DUVENHAGE	Free State	15	9.29	750		E
WCP004	1105	CAIOLY GABRIEL	Western Cape	16	9.25	746		E

164	G-15	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU019	363	LEZAAN JORDAAN	Gauteng	1	12.68	917		E
ECA001	1	L CAMPHER	Eastern Cape	2	11.86	901		E
ECA014	14	Y WILLEMSE	Eastern Cape	3	11.47	887		E
GAU025	369	WANZEL BREYTENBACH	Gauteng	4	11.04	868		E
GAU027	371	GERALDINE DUVENHAGE	Gauteng	5	10.91	862		E
ECA002	2	S ELS	Eastern Cape	6	10.91	862		E
WCP026	1127	TARINKA TRUTER	Western Cape	7	10.77	855		E
WCP006	1107	BOUDINE JORDAAN	Western Cape	8	10.63	849		E
FSA016	161	EMMERENTIA MEINTJIES	Free State	9	10.39	838		E
NWP010	968	M VISSER	North West Province	10	10.30	834		E
MPU023	808	ANARI VENTER	Mpumalanga	11	10.28	833		E

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31	G-15	Diskusgooi		/ Discus Throw		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA002	2	S ELS	Eastern Cape	1	40.43	925		E	
GAU021	365	MANDI HUMAN	Gauteng	2	39.52	918		E	
ECA001	1	L CAMPHER	Eastern Cape	3	39.52	918		E	
GAU019	363	LEZAAN JORDAAN	Gauteng	4	37.37	904		E	
NWP022	980	H DU PREEZ	North West Province	5	35.91	886		E	
GAU027	371	GERALDINE DUVENHAGE	Gauteng	6	34.92	870		E	
WCP011	1112	MADELI KRUGER	Western Cape	7	34.12	857		E	
GAU015	359	CARMEN KILLIAN	Gauteng	8	33.94	854		E	
NWP023	981	L CHACHA	North West Province	9	30.21	790		E	
FSA033	177	MARELIZE VAN ZYL	Free State	10	30.13	789		E	
WCP015	1116	NIELKE MATTHEE	Western Cape	11	29.98	786		E	
WCP002	1103	MADRI BREYTENBACH	Western Cape	12	28.98	768		E	
MPU003	789	AMKE BRITZ	Mpumalanga	13	28.92	767		E	
MPU023	808	ANARI VENTER	Mpumalanga	14	28.72	763		E	
NWP024	982	CHRISTILLE SCHOLTZ	North West Province	15	28.02	751		E	
FSA009	155	NAKITA JARDIM	Free State	16	27.82	747		E	

103	G-15	Spiesgooi		/ Javelin		00:00.00		Heats	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA004	4	L KILLEEN	Eastern Cape	1	32.20	755		E	
FSA033	177	MARELIZE VAN ZYL	Free State	1	34.20	792		E	
FSA025	170	THEANE PIETERSE	Free State	1	36.15	828		E	
LIM003	645	ALLISON FOURIE	Limpopo	1	32.00	751		E	
KZN009	585	FIKILE MAKHUBU	Kwazulu Natal	1	37.40	850		E	
NCP001	915	JANA KIRSTEN	Northern Cape Province	1	35.60	818		E	
WCP019	1120	MAUREEN NEL	Western Cape	1	33.24	775		E	
WCP010	1111	MARELIZE KRIEL	Western Cape	1	34.59	800		E	
WCP024	1125	ANRI STEYN	Western Cape	1	33.68	783		E	
NWP015	973	SANE VAN ZYL	North West Province	1	37.76	856		E	
NWP016	974	MICHAELLA DE WITT	North West Province	1	34.56	799		E	
GAU011	355	MEGAN WILKE	Gauteng	1	37.69	855		E	
GAU003	347	CHANE BESTER	Gauteng	1	33.63	782		E	
GAU001	345	BIANCA BEZUIDENHOUT	Gauteng	1	32.58	762		E	
MPU016	802	JANA MARITZ	Mpumalanga	1	33.95	788		E	
MPU006	792	MACHA EKSTEEN	Mpumalanga	1	33.20	774		E	
MPU002	788	SURETHA BEYERS	Mpumalanga	1	32.79	766		E	

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139	G-15	Spiesgooi	/ Javelin	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP015	973	SANE VAN ZYL	North West Province	1	43.80	926		E	
WCP024	1125	ANRI STEYN	Western Cape	2	37.83	857		E	
GAU011	355	MEGAN WILKE	Gauteng	3	37.80	857		E	
NWP016	974	MICHAELLA DE WITT	North West Province	4	37.74	856		E	
FSA033	177	MARELIZE VAN ZYL	Free State	5	37.50	852		E	
MPU016	802	JANA MARITZ	Mpumalanga	6	35.75	821		E	
ECA004	4	L KILLEEN	Eastern Cape	7	35.64	819		E	
MPU002	788	SURETHA BEYERS	Mpumalanga	8	33.21	774		E	
WCP019	1120	MAUREEN NEL	Western Cape	9	32.37	758		E	
WCP010	1111	MARELIZE KRIEL	Western Cape	10	32.30	757		E	
GAU003	347	CHANE BESTER	Gauteng	11	32.05	752		E	
NCP001	915	JANA KIRSTEN	Northern Cape Province	12	31.82	748		E	
GAU001	345	BIANCA BEZUIDENHOUT	Gauteng	13	30.81	728		E	
LIM003	645	ALLISON FOURIE	Limpopo	14	28.65	684		E	
FSA025	170	THEANE PIETERSE	Free State	15	28.27	676		E	
KZN009	585	FIKILE MAKHUBU	Kwazulu Natal	16	28.08	673		E	

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15	G-17	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU036	380	JADE ROMAN	Gauteng	1	00:12.24	822	1.0	E	
GAU032	376	CHANTE VAN TONDER	Gauteng	1	00:12.00	856	1.7	E	
ECA025	25	N SHARROCK	Eastern Cape	2	00:12.33	811		E	
WCP053	1154	STACEY WELSCH	Western Cape	2	00:12.15	834		E	
FSA049	193	LIZZY KRIEL	Free State	3	00:12.40	802		E	
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	3	00:12.26	820		E	
FSA058	202	ANJA TALJAARD	Free State	4	00:12.49	792		E	
GAU029	373	AMANDA NAGEL	Gauteng	4	00:12.30	815		E	
ECA022	22	JANSE VAN RENSBURG	Eastern Cape	5	00:12.60	779		E	
MPU038	823	CHANTE JACOBS	Mpumalanga	5	00:13.05	733		E	
LIM025	667	VALENTINE MANYOSA	Limpopo	6	00:13.05	733		E	
NWP036	993	ULDRI VD MERWE	North West Province	6	00:13.40	702		E	
LIM024	666	RAHAB MABINA	Limpopo	7	00:13.07	731		E	

50	G-17	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU036	380	JADE ROMAN	Gauteng	1	00:12.24	822	1.0	E	
GAU032	376	CHANTE VAN TONDER	Gauteng	1	00:12.00	856	1.7	E	
ECA025	25	N SHARROCK	Eastern Cape	2	00:12.33	811		E	
WCP053	1154	STACEY WELSCH	Western Cape	2	00:12.15	834		E	
FSA049	193	LIZZY KRIEL	Free State	3	00:12.40	802		E	
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	3	00:12.26	820		E	
FSA058	202	ANJA TALJAARD	Free State	4	00:12.49	792		E	
GAU029	373	AMANDA NAGEL	Gauteng	4	00:12.30	815		E	

85	G-17	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU032	376	CHANTE VAN TONDER	Gauteng	1	00:12.07	845	-0.7	E	
WCP053	1154	STACEY WELSCH	Western Cape	2	00:12.13	837	-0.7	E	
GAU036	380	JADE ROMAN	Gauteng	3	00:12.23	824	-0.7	E	
GAU029	373	AMANDA NAGEL	Gauteng	4	00:12.31	813	-0.7	E	
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	5	00:12.32	812	-0.7	E	
FSA049	193	LIZZY KRIEL	Free State	6	00:12.33	811	-0.7	E	
FSA058	202	ANJA TALJAARD	Free State	7	00:12.45	796	-0.7	E	
ECA025	25	N SHARROCK	Eastern Cape	8	00:12.47	794	-0.7	E	

106	G-17	200 m	/ 200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	407	NADIA JOOSTE	Gauteng	1	00:25.24	830	0.9	E	
GAU032	376	CHANTE VAN TONDER	Gauteng	1	00:25.01	843	0.4	E	
WCP053	1154	STACEY WELSCH	Western Cape	2	00:25.26	829		E	
GAU029	373	AMANDA NAGEL	Gauteng	2	00:25.42	820		E	
LIM024	666	RAHAB MABINA	Limpopo	3	00:26.01	791		E	
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	3	00:25.34	824		E	
ECA022	22	JANSE VAN RENSBURG	Eastern Cape	4	00:26.26	780		E	
NWP039	996	MARINELZE ACKERMAN	North West Province	4	00:26.08	788		E	
ECA025	25	N SHARROCK	Eastern Cape	5	00:26.27	780		E	
FSA058	202	ANJA TALJAARD	Free State	5	00:26.46	771		E	
KZN018	593	PAIGE SAUNDERS	Kwazulu Natal	6	00:26.42	773		E	
MPU032	817	MELANDRI DURHEIM	Mpumalanga	6	00:26.85	755		E	
LIM025	667	VALENTINE MANYOSA	Limpopo	7	00:27.07	746		E	

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141	G-17	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	407	NADIA JOOSTE	Gauteng	1	00:25.24	830	0.9	E
GAU032	376	CHANTE VAN TONDER	Gauteng	1	00:25.01	843	0.4	E
WCP053	1154	STACEY WELSCH	Western Cape	2	00:25.26	829		E
GAU029	373	AMANDA NAGEL	Gauteng	2	00:25.42	820		E
LIM024	666	RAHAB MABINA	Limpopo	3	00:26.01	791		E
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	3	00:25.34	824		E
ECA022	22	JANSE VAN RENSBURG	Eastern Cape	4	00:26.26	780		E
NWP039	996	MARINELZE ACKERMAN	North West Province	4	00:26.08	788		E

168	G-17	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU032	376	CHANTE VAN TONDER	Gauteng	1	00:24.71	860	0.7	E
GAU063	407	NADIA JOOSTE	Gauteng	2	00:24.88	850	0.7	E
GAU029	373	AMANDA NAGEL	Gauteng	3	00:25.15	835	0.7	E
WCP053	1154	STACEY WELSCH	Western Cape	4	00:25.30	827	0.7	E
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	5	00:25.71	806	0.7	E
ECA022	22	JANSE VAN RENSBURG	Eastern Cape	6	00:25.74	804	0.7	E
NWP039	996	MARINELZE ACKERMAN	North West Province	7	00:26.28	779	0.7	E
LIM024	666	RAHAB MABINA	Limpopo	8	00:26.36	776	0.7	E

25	G-17	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM024	666	RAHAB MABINA	Limpopo	1	00:56.85	841		E
GAU046	390	IZELLE NEUHOFF	Gauteng	1	00:56.85	841		E
ECA028	28	L STEYN	Eastern Cape	2	00:57.36	830		E
GAU053	397	PETUNIA OBISI	Gauteng	2	00:58.05	816		E
ECA023	23	K NELL	Eastern Cape	3	00:58.58	805		E
FSA050	194	FELICHIA MOFOKENG	Free State	3	00:57.67	823		E
NWP041	998	S WELMAN	North West Province	4	00:58.19	813		E
GAU064	408	ROCHELLE BOON	Gauteng	4	00:59.07	796		E
ECA107	107	A GERBER	Eastern Cape	5	00:58.47	807		E
LIM034	676	GLENIZE V ROOYEN	Limpopo	5	00:59.61	786		E
LIM032	674	CHARNELLE RAS	Limpopo	6	00:61.43	756		E
MPU037	822	CHARLISE GROVE	Mpumalanga	6	00:60.39	773		E
FSA060	204	MINJON VAN TONDER	Free State	7	00:60.62	769		E

63	G-17	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU046	390	IZELLE NEUHOFF	Gauteng	1	00:54.17	910		E R
ECA028	28	L STEYN	Eastern Cape	2	00:54.79	892		E
LIM024	666	RAHAB MABINA	Limpopo	3	00:56.43	850		E
FSA050	194	FELICHIA MOFOKENG	Free State	4	00:56.53	848		E
GAU053	397	PETUNIA OBISI	Gauteng	5	00:56.91	840		E
ECA107	107	A GERBER	Eastern Cape	6	00:58.21	812		E
NWP041	998	S WELMAN	North West Province	7	00:58.40	809		E
ECA023	23	K NELL	Eastern Cape	8	00:58.73	802		E

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127	G-17	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM035	677	ADELE VERMAAK	Limpopo	1	02:18.39	805		E
WCP033	1134	GIRA CARSTEN	Western Cape	1	02:16.42	822		E
FSA050	194	FELICHIA MOFOKENG	Free State	2	02:16.89	818		E
MPU043	828	MARIKE VERMAAK	Mpumalanga	2	02:19.04	799		E
FSA040	184	LEBOHANG DHLAMINI	Free State	3	02:20.33	788		E
WCP041	1142	SUNEL JACOBS	Western Cape	3	02:17.36	814		E
ECA028	28	L STEYN	Eastern Cape	4	02:20.68	786		E
GAU057	401	DORICIA LE ROUX	Gauteng	4	02:17.82	810		E
ECA023	23	K NELL	Eastern Cape	5	02:21.15	782		E
GAU062	406	MICHE VAN ZYL	Gauteng	5	02:18.17	806		E
LIM029	671	VARIANCE NKUNA	Limpopo	6	02:19.82	793		E
LIM032	674	CHARNELLE RAS	Limpopo	6	02:21.27	781		E
WCP051	1152	LEZAN VAN WYK	Western Cape	7	02:23.11	767		E
NWP038	995	M DANIELS	North West Province	7	02:20.14	790		E
GAU037	381	MASABATA MATOANE	Gauteng	8	02:20.23	789		E
MPU037	822	CHARLISE GROVE	Mpumalanga	8	02:25.87	747		E
LIM027	669	YOLANDE MULLER	Limpopo	9	02:27.67	735		E

158	G-17	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA028	28	L STEYN	Eastern Cape	1	02:11.78	870		E
MPU043	828	MARIKE VERMAAK	Mpumalanga	2	02:11.91	868		E
FSA050	194	FELICHIA MOFOKENG	Free State	3	02:12.94	857		E
WCP033	1134	GIRA CARSTEN	Western Cape	4	02:13.72	849		E
GAU062	406	MICHE VAN ZYL	Gauteng	5	02:14.65	839		E
LIM035	677	ADELE VERMAAK	Limpopo	6	02:16.07	825		E
GAU057	401	DORICIA LE ROUX	Gauteng	7	02:18.04	808		E
WCP041	1142	SUNEL JACOBS	Western Cape	8	02:18.66	802		E
FSA040	184	LEBOHANG DHLAMINI	Free State	9	02:21.18	782		E
NWP038	995	M DANIELS	North West Province	10	02:27.92	733		E

34	G-17	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA021	21	K GWEGWE	Eastern Cape	1	04:53.30	748		E
FSA040	184	LEBOHANG DHLAMINI	Free State	1	04:44.00	787		E
FSA041	185	SYLVIA DIBAKWANE	Free State	1	04:46.00	778		E
LIM035	677	ADELE VERMAAK	Limpopo	1	04:46.74	775		E
KZN016	591	ZINHLE ZONDO	Kwazulu Natal	1	04:54.94	741		E
WCP036	1137	LUANDI DU TOIT	Western Cape	1	04:55.96	737		E
NWP042	999	A MAKOPO	North West Province	1	04:46.31	776		E
GAU048	392	MARINDA NEL	Gauteng	1	04:47.20	773		E
GAU037	381	MASABATA MATOANE	Gauteng	1	04:46.60	775		E
GAU039	383	MORENDA DAVHANA	Gauteng	1	04:42.04	796		E
MPU043	828	MARIKE VERMAAK	Mpumalanga	1	04:59.92	723		E

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69	G-17	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU039	383	MORENDA DAVHANA	Gauteng	1	04:43.60	789		E
FSA041	185	SYLVIA DIBAKWANE	Free State	2	04:45.04	782		E
FSA040	184	LEBOHANG DHLAMINI	Free State	3	04:45.64	779		E
ECA021	21	K GWEGWE	Eastern Cape	4	04:56.54	735		E
NWP042	999	A MAKOPO	North West Province	5	04:57.45	732		E
LIM035	677	ADELE VERMAAK	Limpopo	6	04:57.53	731		E
GAU048	392	MARINDA NEL	Gauteng	7	05:00.20	722		E
KZN016	591	ZINHLE ZONDO	Kwazulu Natal	8	05:01.47	717		E
WCP036	1137	LUANDI DU TOIT	Western Cape	9	05:02.72	713		E
GAU037	381	MASABATA MATOANE	Gauteng	10	05:05.17	704		E

110	G-17	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU031	375	BIANCA VAN NIEKERK	Gauteng	1	10:04.50	594		E
GAU039	383	MORENDA DAVHANA	Gauteng	2	10:08.74	585		E
FSA041	185	SYLVIA DIBAKWANE	Free State	3	10:18.11	564		E
GAU041	385	THANDEKA MANZENA	Gauteng	4	10:33.41	532		E
KZN016	591	ZINHLE ZONDO	Kwazulu Natal	5	10:44.35	511		E
LIM026	668	FULUTHELO MATODZI	Limpopo	6	11:06.23	471		E
WCP049	1150	JANEY VD MERWE	Western Cape	7	11:06.35	471		E
FSA051	195	PULENG MOTAUNG	Free State	8	11:31.22	430		E
NWP045	1002	LAUNE MEYER	North West Province	9	11:38.07	419		E
NWP034	991	V REYNEKE	North West Province	10	12:30.95	346		E

41	G-17	100 m Hekkie	/ 100 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA047	191	MINETTE KLEYNHANS	Free State	1	00:14.69	814	0.2	E
FSA054	198	SUME OTTO	Free State	1	00:14.19	846	2.4	E
WCP031	1132	MARYKE BRITS	Western Cape	1	00:13.83	873	1.7	E
FSA037	181	LIRISKA BOTHA	Free State	2	00:13.95	864		E
LIM036	678	IMOGEN VENTER	Limpopo	2	00:15.24	782		E
GAU054	398	TRACY-LEIGH CULLIS	Gauteng	2	00:14.94	799		E
WCP196	1284	TANYA VD BERG	Western Cape	3	00:14.44	830		E
MPU025	810	AMADEA ALBERT	Mpumalanga	3	00:15.40	774		E
MPU035	820	JUNE GEYSER	Mpumalanga	3	00:15.07	792		E
GAU043	387	CAROLINE GLAUSS	Gauteng	4	00:15.08	791		E
GAU042	386	ANLEE SNYMAN	Gauteng	4	00:14.87	803		E
MPU042	827	SUNE STAPELBURG	Mpumalanga	4	00:15.43	772		E
ECA022	22	JANSE VAN RENSBURG	Eastern Cape	5	00:14.90	801		E
FSA057	201	SONNETTE SWANEOEL	Free State	5	00:15.43	772		E
NWP040	997	DANIELLE GREYLING	North West Province	5	00:15.21	784		E
LIM021	663	SHANON EKMAN	Limpopo	6	00:15.91	749		E
MPU029	814	ANNUSCHKE DU PLESSIS	Mpumalanga	6	00:15.43	772		E

78	G-17	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP031	1132	MARYKE BRITS	Western Cape	1	00:13.73	882	0.6	E
FSA037	181	LIRISKA BOTHA	Free State	2	00:13.91	867	0.6	E
FSA054	198	SUME OTTO	Free State	3	00:14.29	840	0.6	E
FSA047	191	MINETTE KLEYNHANS	Free State	4	00:14.45	829	0.6	E
WCP196	1284	TANYA VD BERG	Western Cape	5	00:14.50	826	0.6	E
GAU054	398	TRACY-LEIGH CULLIS	Gauteng	6	00:14.84	805	0.6	E
GAU042	386	ANLEE SNYMAN	Gauteng	7	00:14.93	800	0.6	E
LIM036	678	IMOGEN VENTER	Limpopo	8	00:15.36	776	0.6	E

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120	G-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA037	181	LIRISKA BOTHA	Free State	1	00:62.58	861		E	
GAU046	390	IZELLE NEUHOFF	Gauteng	1	00:63.09	854		E	
NWP030	987	Z BYLEVELDT	North West Province	2	00:63.19	852		E	
GAU055	399	ALMARIE VAN DER WALT	Gauteng	2	00:64.82	829		E	
WCP047	1148	MARINA SWANEPOEL	Western Cape	3	00:65.36	822		E	
NWP031	988	MARIETJIE NEL	North West Province	3	00:66.01	813		E	
LIM028	670	ADELE NIENABER	Limpopo	4	00:65.92	814		E	
MPU031	816	MARISSA DU PREEZ	Mpumalanga	4	00:66.59	806		E	
LIM031	673	NADINE PRINSLOO	Limpopo	5	00:66.87	803		E	
MPU038	823	CHANTE JACOBS	Mpumalanga	5	00:65.95	814		E	
GAU056	400	DANIELLE DE JONGH	Gauteng	6	00:66.90	802		E	
MPU036	821	LEANDRI GOUWS	Mpumalanga	6	00:70.91	758		E	
ECA030	30	H WILLEMSE	Eastern Cape	7	00:70.35	764		E	

147	G-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU046	390	IZELLE NEUHOFF	Gauteng	1	00:60.16	904		E	
FSA037	181	LIRISKA BOTHA	Free State	2	00:60.86	890		E	
WCP047	1148	MARINA SWANEPOEL	Western Cape	3	00:62.35	865		E	
NWP030	987	Z BYLEVELDT	North West Province	4	00:63.09	854		E	
GAU055	399	ALMARIE VAN DER WALT	Gauteng	5	00:65.59	819		E	
LIM028	670	ADELE NIENABER	Limpopo	6	00:66.76	804		E	
MPU038	823	CHANTE JACOBS	Mpumalanga	7	00:67.78	792		E	
NWP031	988	MARIETJIE NEL	North West Province	8	00:68.77	781		E	

91	G-17	5000 m Stap	/ 5000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP042	1143	ALIDA KRUGER	Western Cape	1	28:27.16	900		E	
WCP045	1146	MELISSA MEYER	Western Cape	2	28:27.20	900		E	
FSA038	182	CHRISTELLE CILLIERS	Free State	3	30:35.73	869		E	
GAU038	382	MICHELLE STRYDOM	Gauteng	4	30:53.74	865		E	
ECA019	19	M GOUWS	Eastern Cape	5	31:01.41	863		E	
GAU040	384	ROSE SHABALALA	Gauteng	6	32:21.38	847		E	

175	G-17	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA02	567	GAUTENG	Gauteng	1	00:47.76	884		E	
FSAA05	337	FREE STATE	Free State	2	00:49.46	822		E	
WCPA02	1289	WESTERN CAPE	Western Cape	3	00:49.68	815		E	
NWPA02	1091	NORTH WEST	North West Province	4	00:49.83	810		E	
LIMA02	767	LIMPOPO	Limpopo	5	00:50.67	786		E	

94	G-17	1000m Medley	/ 1000m Medley	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA08	573	GAUTENG	Gauteng	1	02:11.64	934		E	
FSAA11	343	FREE STATE	Free State	2	02:18.02	840		E	
WCPA08	1295	WESTERN CAPE	Western Cape	3	02:21.38	802		E	
LIMA08	773	LIMPOPO	Limpopo	4	02:25.24	764		E	
NWPA08	1097	NORTH WEST	North West Province	5	02:27.07	748		E	

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40	G-17	Hoogspring	/ High Jump	00:00.00		Heats			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA016	16	A BATTISON	Eastern Cape	1	1.55	756		E	
FSA042	186	MICHELLE DOUBELL	Free State	1	1.60	821		E	
FSA052	196	ANICA MYBURGH	Free State	1	1.63	861		E	
LIM020	662	LEANDRI BOTHA	Limpopo	1	1.60	821		E	
LIM022	664	LOU-MARI GELDENHUYS	Limpopo	1	1.60	821		E	
KZN013	588	ROCHELLE COETZEE	Kwazulu Natal	1	1.68	909		E	
NCP008	921	INA-MARI MULLER	Northern Cape Province	1	1.66	900		E	
WCP032	1133	KARIN BURGER	Western Cape	1	1.60	821		E	
WCP034	1135	VALENTINA DE ROCHA	Western Cape	1	1.60	821		E	
WCP044	1145	SHANNON MALOTANE	Western Cape	1	1.70	918		E	
NWP035	992	S VAN HEERDEN	North West Province	1	1.60	821		E	
GAU033	377	CHANTELLE JANSE V RENSBURG	Gauteng	1	1.55	756		E	
GAU035	379	FRANCES SEELIGER	Gauteng	1	1.65	887		E	
MPU034	819	WILNA GERMISHUYS	Mpumalanga	1	1.50	690		E	

116	G-17	Hoogspring	/ High Jump	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP034	1135	VALENTINA DE ROCHA	Western Cape	1	1.71	923		E	
GAU035	379	FRANCES SEELIGER	Gauteng	2	1.71	923		E	
KZN013	588	ROCHELLE COETZEE	Kwazulu Natal	3	1.66	900		E	
FSA052	196	ANICA MYBURGH	Free State	4	1.66	900		E	
FSA042	186	MICHELLE DOUBELL	Free State	5	1.61	835		E	
GAU033	377	CHANTELLE JANSE V RENSBURG	Gauteng	6	1.61	835		E	
WCP044	1145	SHANNON MALOTANE	Western Cape	7	1.56	769		E	
WCP032	1133	KARIN BURGER	Western Cape	8	1.56	769		E	
LIM022	664	LOU-MARI GELDENHUYS	Limpopo	9	1.56	769		E	

99	G-17	Paalspring	/ Pole Vault	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP037	1138	KUTHOOM GAIDIEN	Western Cape	1	3.00	782		E	
WCP039	1140	NADIA GILIOMEE	Western Cape	2	2.90	753		E	
WCP030	1131	HIBRE ARRIES	Western Cape	3	2.40	598		E	
FSA061	205	NADIA VOGELSSANG	Free State	4	2.30	565		E	
FSA046	190	LING-YI HUANG	Free State	5	2.00	457		E	

52	G-17	Verspring	/ Long Jump	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP031	1132	MARYKE BRITS	Western Cape	1	5.98	950	0.39	E	
FSA043	187	DANELLE ERWEE	Free State	2	5.77	927		E	
GAU052	396	NATASHA TE BAERTS	Gauteng	3	5.59	909		E	
WCP034	1135	VALENTINA DE ROCHA	Western Cape	4	5.57	907		E	
GAU045	389	GIOLA DALLA-PRIA	Gauteng	5	5.46	888		E	
WCP043	1144	CIANI LOUBSER	Western Cape	6	5.41	874		E	
MPU040	825	ZINHLE MBUYANE	Mpumalanga	7	5.34	854		E	
MPU041	826	DINEO MGWENYA	Mpumalanga	8	5.19	810		E	
GAU047	391	IZELLE VERY	Gauteng	9	5.11	786		E	
LIM030	672	HELENE PEENS	Limpopo	10	5.05	769		E	
NWP032	989	R RUSSEL	North West Province	11	4.97	745		E	
MPU035	820	JUNE GEYSER	Mpumalanga	12	4.97	745		E	
NCP007	920	JODINE JONAS	Northern Cape Province	13	4.66	651		E	

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151	G-17	Driesprong	/ Triple Jump	00:00.00	Final				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA043	187	DANELLE ERWEE	Free State	1	12.57	953	0.3	E	R
WCP034	1135	VALENTINA DE ROCHA	Western Cape	2	12.18	937		E	
ECA016	16	A BATTISON	Eastern Cape	3	11.71	919		E	
WCP043	1144	CIANI LOUBSER	Western Cape	4	11.65	917		E	
MPU040	825	ZINHLE MBUYANE	Mpumalanga	5	11.37	907		E	
GAU045	389	GIOLA DALLA-PRIA	Gauteng	6	11.37	907		E	
GAU059	403	HELGA-WENDY BENSUSAN	Gauteng	7	11.23	902		E	
GAU058	402	HANNELORE DAGUTAT	Gauteng	8	11.23	902		E	
WCP035	1136	COURTNEY DU PLESSIS	Western Cape	9	10.90	870		E	
ECA020	20	N GROBBELAAR	Eastern Cape	10	10.67	846		E	
NWP033	990	ELANDI STYGER	North West Province	11	10.31	806		E	
MPU039	824	ZANELE MABUZA	Mpumalanga	12	10.29	804		E	
NWP032	989	R RUSSEL	North West Province	13	10.10	783		E	
LIM033	675	LEONETTE V RENSBURG	Limpopo	14	10.06	779		E	
FSA045	189	ANDREA GOODMAN	Free State	15	10.03	775		E	

75	G-17	Gewigstoot	/ Shot Put	00:00.00	Final				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA024	24	I SENEKAL	Eastern Cape	1	13.51	914		E	
ECA108	108	C MEYER	Eastern Cape	2	12.80	902		E	
FSA059	203	LIETTE VAN SCHALKWYK	Free State	3	12.19	879		E	
NCP009	922	RACHELLE POTTAS	Northern Cape Province	4	12.04	873		E	
ECA110	110	K WILLEMSE	Eastern Cape	5	11.91	868		E	
KZN014	589	SIMONE MEYER	Kwazulu Natal	6	11.79	863		E	
MPU044	829	DANELLE WILLEMSE	Mpumalanga	7	11.64	857		E	
FSA062	206	BIANCA WILLEMSE	Free State	8	10.97	828		E	
GAU066	410	ZELKE-MARIE DE JONG	Gauteng	9	10.90	825		E	
GAU065	409	SUSAN MALAN	Gauteng	10	10.77	819		E	
WCP054	1155	ANNEMARIE WESSELS	Western Cape	11	10.75	818		E	
NWP044	1001	D DE WINNAAR	North West Province	12	10.60	811		E	
NWP029	986	BEATRA NEL	North West Province	13	10.59	811		E	
GAU044	388	CHANTE LOOTS	Gauteng	14	10.57	810		E	
LIM023	665	ARNA LIEBEL	Limpopo	15	10.22	794		E	
MPU027	812	BELINDA BOER	Mpumalanga	16	9.88	778		E	

8	G-17	Diskusgooi	/ Discus Throw	00:00.00	Final				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
KZN014	589	SIMONE MEYER	Kwazulu Natal	1	43.65	912		E	
MPU044	829	DANELLE WILLEMSE	Mpumalanga	2	41.39	897		E	
GAU049	393	MELISSA MEYER	Gauteng	3	38.24	852		E	
ECA024	24	I SENEKAL	Eastern Cape	4	37.45	841		E	
MPU027	812	BELINDA BOER	Mpumalanga	5	35.62	813		E	
GAU050	394	NANDA KRUGER	Gauteng	6	34.97	803		E	
WCP050	1151	STEPHANIE VAN ROOYEN	Western Cape	7	34.94	803		E	
NCP009	922	RACHELLE POTTAS	Northern Cape Province	8	34.73	799		E	
MPU033	818	ALETIA FOURIE	Mpumalanga	9	33.54	781		E	
GAU051	395	NANNETTE HARTLEY	Gauteng	10	33.27	776		E	
LIM020	662	LEANDRI BOTHA	Limpopo	11	33.07	773		E	
NWP044	1001	D DE WINNAAR	North West Province	12	32.55	765		E	

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152	G-17	Spiesgooi	/ Javelin	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU061	405	LEANDRI SWIEGERS	Gauteng	1	44.97	898		E	
NWP037	994	CHRISTELLE DE KLERK	North West Province	2	42.15	855		E	
FSA048	192	JANIKA KOTZE	Free State	3	40.83	834		E	
GAU034	378	DANUSHKA VAN JAARSVELDT	Gauteng	4	39.35	811		E	
WCP046	1147	SULIZMA SCHULTZ	Western Cape	5	39.22	808		E	
WCP048	1149	CARI SWART	Western Cape	6	38.87	803		E	
LIM022	664	LOU-MARI GELDENHUYS	Limpopo	7	37.76	784		E	
WCP040	1141	MARINA GRIEBENAUW	Western Cape	8	35.95	754		E	
GAU060	404	LARUSCHKA JOUBERT	Gauteng	9	35.56	747		E	
FSA044	188	JANICA GELDENHUYS	Free State	10	34.63	731		E	
NWP032	989	R RUSSEL	North West Province	11	34.57	730		E	
FSA035	179	JOANE AVELING	Free State	12	33.93	719		E	
FSA055	199	DI-ANN ROSE	Free State	13	32.64	695		E	
FSA036	180	AME BASSON	Free State	14	32.57	694		E	
MPU030	815	ASHLEIGH DU PLESSIS	Mpumalanga	15	32.89	700		E	
ECA017	17	R BOTHA	Eastern Cape	16	30.84	662		E	

19	G-17	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP052	1153	SUNETT VOIGHT	Western Cape	1	42.30	895		E	
ECA027	27	M STANDER	Eastern Cape	2	41.42	886		E	
ECA029	29	C WHITEHEAD	Eastern Cape	3	40.29	874		E	
GAU044	388	CHANTE LOOTS	Gauteng	4	36.09	828		E	
FSA039	183	GERNE COETZER	Free State	5	35.82	825		E	
FSA053	197	SAIRA-LEE NEL	Free State	6	34.61	811		E	
NWP043	1000	MARNE MINNAAR	North West Province	7	33.73	800		E	
ECA018	18	C COETZEE	Eastern Cape	8	30.94	765		E	
GAU050	394	NANDA KRUGER	Gauteng	9	29.80	750		E	
FSA056	200	TELANIE STEVENS	Free State	10	29.23	743		E	

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18	G-19	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	596	KATELYN PALFRAMAN	Kwazulu Natal	1	00:12.29	790	0.4	E
NWP055	1012	RIJANE SWART	North West Province	1	00:12.31	788	0.8	E
FSA066	210	MIHANDRA DORFLING	Free State	2	00:12.52	764		E
GAU084	428	ELZETTE BUYS	Gauteng	2	00:12.34	784		E
WCP066	1166	SIOBHAN LOOTS	Western Cape	3	00:12.36	782		E
MPU057	840	MARIZELLE SWART	Mpumalanga	3	00:12.56	760		E
NCP011	924	LEANDRÉ VAN ROOYEN	Northern Cape Province	4	00:12.60	756		E
GAU091	435	SONMARIE MALAN	Gauteng	4	00:12.70	746		E
GAU077	421	MICHELLE BAHLMAN	Gauteng	5	00:12.88	728		E
MPU046	831	JANINE FAUHILA	Mpumalanga	5	00:12.76	740		E
ECA033	33	M BENADIE	Eastern Cape	6	00:12.87	729		E
NWP056	1013	SANDRI VOSTER	North West Province	6	00:12.91	726		E
LIM053	695	NADINE SCHUTTE	Limpopo	7	00:13.06	712		E
LIM043	685	CHANELLE KRUGER	Limpopo	7	00:13.32	689		E

58	G-19	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	596	KATELYN PALFRAMAN	Kwazulu Natal	1	00:12.29	790	0.4	E
NWP055	1012	RIJANE SWART	North West Province	1	00:12.31	788	0.8	E
FSA066	210	MIHANDRA DORFLING	Free State	2	00:12.52	764		E
GAU084	428	ELZETTE BUYS	Gauteng	2	00:12.34	784		E
WCP066	1166	SIOBHAN LOOTS	Western Cape	3	00:12.36	782		E
MPU057	840	MARIZELLE SWART	Mpumalanga	3	00:12.56	760		E
NCP011	924	LEANDRÉ VAN ROOYEN	Northern Cape Province	4	00:12.60	756		E
GAU091	435	SONMARIE MALAN	Gauteng	4	00:12.70	746		E

87	G-19	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	596	KATELYN PALFRAMAN	Kwazulu Natal	1	00:12.09	815	1.3	E
NWP055	1012	RIJANE SWART	North West Province	2	00:12.15	807	1.3	E
GAU084	428	ELZETTE BUYS	Gauteng	3	00:12.18	803	1.3	E
WCP066	1166	SIOBHAN LOOTS	Western Cape	4	00:12.30	789	1.3	E
FSA066	210	MIHANDRA DORFLING	Free State	5	00:12.42	775	1.3	E
GAU091	435	SONMARIE MALAN	Gauteng	6	00:12.44	773	1.3	E
NCP011	924	LEANDRÉ VAN ROOYEN	Northern Cape Province	7	00:12.51	766	1.3	E
MPU057	840	MARIZELLE SWART	Mpumalanga	8	00:12.68	748	1.3	E

108	G-19	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	596	KATELYN PALFRAMAN	Kwazulu Natal	1	00:25.14	794	0.1	E
NWP055	1012	RIJANE SWART	North West Province	1	00:25.31	786	1.1	E
KZN019	594	ZOE ENGLER	Kwazulu Natal	2	00:25.55	775		E
GAU084	428	ELZETTE BUYS	Gauteng	2	00:25.81	763		E
LIM053	695	NADINE SCHUTTE	Limpopo	3	00:26.60	731		E
NCP011	924	LEANDRÉ VAN ROOYEN	Northern Cape Province	3	00:25.94	758		E
ECA033	33	M BENADIE	Eastern Cape	4	00:27.33	704		E
FSA069	213	MAGDA JANSE V VUUREN	Free State	4	00:26.86	721		E
LIM047	689	FLORENCE MOJELA	Limpopo	5	00:27.66	693		E

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143	G-19	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	596	KATELYN PALFRAMAN	Kwazulu Natal	1	00:25.14	794	0.1	E
NWP055	1012	RIJANE SWART	North West Province	1	00:25.31	786	1.1	E
KZN019	594	ZOE ENGLER	Kwazulu Natal	2	00:25.55	775		E
GAU084	428	ELZETTE BUYS	Gauteng	2	00:25.81	763		E
LIM053	695	NADINE SCHUTTE	Limpopo	3	00:26.60	731		E
NCP011	924	LEANDRÉ VAN ROOYEN	Northern Cape Province	3	00:25.94	758		E
ECA033	33	M BENADIE	Eastern Cape	4	00:27.33	704		E
FSA069	213	MAGDA JANSE V VUUREN	Free State	4	00:26.86	721		E

170	G-19	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU084	428	ELZETTE BUYS	Gauteng	1	00:24.92	805	-0.3	E
KZN021	596	KATELYN PALFRAMAN	Kwazulu Natal	2	00:24.96	803	-0.3	E
NWP055	1012	RIJANE SWART	North West Province	3	00:25.05	798	-0.3	E
KZN019	594	ZOE ENGLER	Kwazulu Natal	4	00:25.34	784	-0.3	E
ECA033	33	M BENADIE	Eastern Cape	5	00:25.86	761	-0.3	E
NCP011	924	LEANDRÉ VAN ROOYEN	Northern Cape Province	6	00:25.93	758	-0.3	E
LIM053	695	NADINE SCHUTTE	Limpopo	7	00:26.80	724	-0.3	E
FSA069	213	MAGDA JANSE V VUUREN	Free State	8	00:26.83	722	-0.3	E

27	G-19	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA041	41	L STEYN	Eastern Cape	1	00:57.77	803		E
WCP197	1285	KESHIA WENTZEL	Western Cape	1	00:59.43	773		E
FSA067	211	ANTOINETTE GOUWS	Free State	2	00:58.33	793		E
KZN019	594	ZOE ENGLER	Kwazulu Natal	2	00:59.70	768		E
FSA069	213	MAGDA JANSE V VUUREN	Free State	3	00:59.77	767		E
NWP050	1007	J BEZUIDENHOUT	North West Province	3	00:58.70	786		E
LIM052	694	MONIQUE SCHEEPERS	Limpopo	4	00:59.75	767		E
MPU045	830	ARISTA DU PLESSIS	Mpumalanga	4	00:62.36	727		E
GAU067	411	ALISA GREYLING	Gauteng	5	00:63.58	710		E
GAU079	423	SURETHA MULLER	Gauteng	5	00:60.58	754		E
GAU073	417	CINDY JANSE V RENSBURG	Gauteng	6	00:63.99	704		E

65	G-19	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA041	41	L STEYN	Eastern Cape	1	00:56.61	827		E
KZN019	594	ZOE ENGLER	Kwazulu Natal	2	00:56.85	822		E
FSA067	211	ANTOINETTE GOUWS	Free State	3	00:57.48	809		E
LIM052	694	MONIQUE SCHEEPERS	Limpopo	4	00:58.96	781		E
WCP197	1285	KESHIA WENTZEL	Western Cape	5	00:58.99	781		E
NWP050	1007	J BEZUIDENHOUT	North West Province	6	00:59.02	780		E
FSA069	213	MAGDA JANSE V VUUREN	Free State	7	00:60.28	759		E
GAU079	423	SURETHA MULLER	Gauteng	8	00:62.37	727		E

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129	G-19	800 m	/ 800 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA041	41	L STEYN	Eastern Cape	1	02:17.30	803		E	
FSA074	218	DANEL PRINSLOO	Free State	1	02:14.70	827		E	
LIM048	690	TENDAMUDZIMU NDADZA	Limpopo	1	02:19.64	784		E	
LIM054	696	IMOGEN VAN WYK	Limpopo	1	02:19.45	785		E	
LIM038	680	YVETTE COETZER	Limpopo	1	02:19.78	782		E	
LIM039	681	LYNETTE COETZER	Limpopo	1	02:20.00	781		E	
NCP012	925	MONIQUE VD MERWE	Northern Cape Province	1	02:19.00	789		E	
WCP067	1167	HELEEN MALAN	Western Cape	1	02:14.22	831		E	
NWP058	1015	JANKE ERASMUS	North West Province	1	02:19.26	787		E	
GAU094	438	ZANYANE SEHOHLE	Gauteng	1	02:21.50	769		E	
GAU093	437	KELSEY NEL	Gauteng	1	02:19.40	786		E	
GAU081	425	ANRUNE LIEBENBERG	Gauteng	1	02:17.60	800		E	
WCP063	1163	ANNEI KLOPPERS	Western Cape	1	00:00.00	0		E	

160	G-19	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP058	1015	JANKE ERASMUS	North West Province	1	02:12.67	847		E	
FSA074	218	DANEL PRINSLOO	Free State	2	02:14.46	829		E	
GAU081	425	ANRUNE LIEBENBERG	Gauteng	3	02:14.65	827		E	
WCP067	1167	HELEEN MALAN	Western Cape	4	02:15.62	818		E	
LIM054	696	IMOGEN VAN WYK	Limpopo	5	02:17.88	798		E	
ECA041	41	L STEYN	Eastern Cape	6	02:19.61	784		E	
NCP012	925	MONIQUE VD MERWE	Northern Cape Province	7	02:21.70	768		E	
GAU094	438	ZANYANE SEHOHLE	Gauteng	8	02:22.75	760		E	
GAU093	437	KELSEY NEL	Gauteng	9	02:23.52	754		E	
LIM038	680	YVETTE COETZER	Limpopo	10	02:24.33	748		E	
LIM039	681	LYNETTE COETZER	Limpopo	11	02:29.63	714		E	

11	G-19	1500 m	/ 1500 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA037	37	C HOBBS	Eastern Cape	1	04:56.60	720		E	
FSA070	214	BABY MOKONE	Free State	1	04:48.00	753		E	
FSA074	218	DANEL PRINSLOO	Free State	1	04:47.98	753		E	
LIM051	693	MUHAU RAMUELO	Limpopo	1	04:50.00	745		E	
WCP072	1171	DOMINIQUE SCOTT	Western Cape	1	04:53.70	731		E	
NWP061	1018	MALEBO DITSELE	North West Province	1	05:12.60	667		E	
GAU075	419	GERDI WOLMERANS	Gauteng	1	04:47.50	755		E	
GAU098	440	ANNA GILDENHUYS	Gauteng	1	04:48.30	752		E	
GAU087	431	KOKETSO TLAILANE	Gauteng	1	00:41.80	0		E	R

89	G-19	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA074	218	DANEL PRINSLOO	Free State	1	04:33.77	818		E	
WCP072	1171	DOMINIQUE SCOTT	Western Cape	2	04:34.10	816		E	
FSA070	214	BABY MOKONE	Free State	3	04:40.55	785		E	
GAU098	440	ANNA GILDENHUYS	Gauteng	4	04:42.71	775		E	
GAU075	419	GERDI WOLMERANS	Gauteng	5	04:45.52	763		E	
GAU087	431	KOKETSO TLAILANE	Gauteng	6	05:07.56	683		E	
NWP061	1018	MALEBO DITSELE	North West Province	7	05:09.56	677		E	
LIM051	693	MUHAU RAMUELO	Limpopo	8	05:14.83	661		E	
ECA037	37	C HOBBS	Eastern Cape	9	05:24.03	634		E	

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162	G-19	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP072	1171	DOMINIQUE SCOTT	Western Cape	1	10:17.70	553		E
GAU098	440	ANNA GILDENHUYS	Gauteng	2	10:21.85	544		E
GAU087	431	KOKETSO TLAILANE	Gauteng	3	10:44.29	500		E
FSA070	214	BABY MOKONE	Free State	4	11:04.17	464		E
LIM045	687	EVIDENCE LEPHALALE	Limpopo	5	11:19.66	439		E
LIM050	692	MAPULA RAMALEBANA	Limpopo	6	11:30.54	422		E
WCP073	1172	MARI SCOTT	Western Cape	7	11:35.49	414		E

44	G-19	100 m Hekkie	/ 100 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP074	1173	JEAN-MARIE SENEKAL	Western Cape	1	00:14.28	884	1.7	E
GAU078	422	RIKENETTE STEENKAMP	Gauteng	1	00:14.39	875	2.1	E
ECA045	45	C WELMANS	Eastern Cape	2	00:15.76	789		E
GAU072	416	CHANE BURGERS	Gauteng	2	00:14.32	881		E
FSA066	210	MIHANDRA DORFLING	Free State	3	00:14.91	838		E
MPU047	832	JACQUELINE GOOSEN	Mpumalanga	3	00:15.85	784		E
NWP048	1005	MARION ANN DUVENHAGE	North West Province	4	00:14.95	836		E
MPU055	838	ARINDA NAUDE	Mpumalanga	4	00:16.07	773		E
ECA112	112	J LANDMAN	Eastern Cape	5	00:15.48	804		E
LIM046	688	SURPRISE MADZHE	Limpopo	5	00:18.62	671		E

80	G-19	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU078	422	RIKENETTE STEENKAMP	Gauteng	1	00:13.86	921	-0.4	E
WCP074	1173	JEAN-MARIE SENEKAL	Western Cape	2	00:14.30	882	-0.4	E
GAU072	416	CHANE BURGERS	Gauteng	3	00:14.31	882	-0.4	E
FSA066	210	MIHANDRA DORFLING	Free State	4	00:14.87	841	-0.4	E
NWP048	1005	MARION ANN DUVENHAGE	North West Province	5	00:15.51	802	-0.4	E
ECA112	112	J LANDMAN	Eastern Cape	6	00:15.77	788	-0.4	E

121	G-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP074	1173	JEAN-MARIE SENEKAL	Western Cape	1	00:62.70	826		E
NWP048	1005	MARION ANN DUVENHAGE	North West Province	1	00:61.99	836		E
NWP049	1006	ULRIKE RAUTENBACH	North West Province	2	00:63.79	811		E
MPU049	834	TESSA HEYSTEK	Mpumalanga	2	00:62.18	833		E
ECA040	40	KARISSA NELL	Eastern Cape	3	00:64.01	808		E
NWP050	1007	J BEZUIDENHOUT	North West Province	3	00:64.70	800		E
KZN020	595	NOOMIE MORILLE	Kwazulu Natal	4	00:66.92	774		E
GAU068	412	ANE KILLIAN	Gauteng	4	00:64.03	808		E
LIM052	694	MONIQUE SCHEEPERS	Limpopo	5	00:65.15	794		E
GAU082	426	ANTOINETTE VAN NIEKERK	Gauteng	5	00:67.82	764		E
FSA073	217	SUSAN OLCKERS	Free State	6	00:74.39	703		E
LIM123	765	MARIAN JORDAAN	Limpopo	6	00:66.65	777		E
WCP067	1167	HELEEN MALAN	Western Cape	7	00:66.92	774		E
GAU088	432	LISA-MARIE JANSE V RENSBURG	Gauteng	8	00:69.01	752		E

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148	G-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP074	1173	JEAN-MARIE SENEKAL	Western Cape	1	00:60.07	866		E	
NWP048	1005	MARION ANN DUVENHAGE	North West Province	2	00:60.50	859		E	
MPU049	834	TESSA HEYSTEK	Mpumalanga	3	00:60.52	858		E	
NWP049	1006	ULRIKE RAUTENBACH	North West Province	4	00:63.90	810		E	
GAU068	412	ANE KILLIAN	Gauteng	5	00:63.96	809		E	
ECA040	40	KARISSA NELL	Eastern Cape	6	00:64.63	800		E	
NWP050	1007	J BEZUIDENHOUT	North West Province	7	00:65.95	785		E	
LIM052	694	MONIQUE SCHEEPERS	Limpopo	8	00:67.11	772		E	

1	G-19	1000 m Stap	/ 1000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP065	1165	INGE KOTZE	Western Cape	1	56:59.95	851		E	
ECA036	36	J DE KLERK	Eastern Cape	2	57:55.56	845		E	
NWP046	1003	LARISHA ERASMUS	North West Province	3	58:02.46	844		E	
NWP047	1004	LAURAIKE KOEKEMOER	North West Province	4	60:54.82	827		E	
FSA072	216	AMOR NEL	Free State	5	73:57.20	766		E	

96	G-19	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA03	568	GAUTENG	Gauteng	1	00:48.76	785		E	
MPUA03	907	MPUMALANGA	Mpumalanga	2	00:48.86	782		E	
WCPA03	1290	WESTERN CAPE	Western Cape	3	00:49.53	764		E	
FSAA06	338	FREE STATE	Free State	4	00:49.72	759		E	
ECAA04	144	EASTERN CAPE	Eastern Cape	5	00:50.11	748		E	
LIMA03	768	LIMPOPO	Limpopo	6	00:52.24	698		E	

177	G-19	4 X400 m Aflos	/ 4X400 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECAA11	1309	EASTERN CAPE	Eastern Cape	1	03:50.24	840		E	
NWPA09	1098	NORTH WEST	North West Province	2	03:54.19	812		E	
WCPA09	1296	WESTERN CAPE	Western Cape	3	03:57.18	793		E	
GAUA09	574	GAUTENG	Gauteng	4	04:00.49	774		E	
FSAA12	344	FREE STATE	Free State	5	04:03.04	760		E	

102	G-19	Hoogspring	/ High Jump	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA035	35	T BRINK	Eastern Cape	1	1.54	672		E	
FSA065	209	JANA DE VILLIERS	Free State	1	1.66	824		E	
FSA071	215	PALESA MOTSOARI	Free State	1	1.62	773		E	
LIM040	682	TANIA GILFILLAN	Limpopo	1	1.62	773		E	
NWP053	1010	LUHELLE PRINSLOO	North West Province	1	1.60	748		E	
GAU085	429	GABRIELLA BORROGEIRO	Gauteng	1	1.58	723		E	
GAU086	430	JANE ROELOFSE	Gauteng	1	1.63	786		E	
GAU083	427	CHANEY LINDNER	Gauteng	1	1.58	723		E	
MPU056	839	FRANCIS PIETERS	Mpumalanga	1	1.60	748		E	
MPU053	836	SUANNE LOUW	Mpumalanga	1	1.60	748		E	
WCP056	1157	BRONWYN CAMPBELL	Western Cape	2	1.65	812		E	

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132	G-19	Hoogspring	/ High Jump	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU086	430	JANE ROELOFSE	Gauteng	1	1.70	875		E	
WCP056	1157	BRONWYN CAMPBELL	Western Cape	2	1.65	812		E	
GAU083	427	CHANEY LINDNER	Gauteng	2	1.65	812		E	
NWP053	1010	LUHELLE PRINSLOO	North West Province	4	1.60	748		E	
FSA065	209	JANA DE VILLIERS	Free State	5	1.55	684		E	
FSA071	215	PALESA MOTSOARI	Free State	5	1.55	684		E	
GAU085	429	GABRIELLA BORROGEIRO	Gauteng	5	1.55	684		E	
MPU056	839	FRANCIS PIETERS	Mpumalanga	8	1.55	684		E	
LIM040	682	TANIA GILFILLAN	Limpopo	9	1.55	684		E	
ECA035	35	T BRINK	Eastern Cape	10	1.50	620		E	
MPU053	836	SUANNE LOUW	Mpumalanga	11	1.50	620		E	

57	G-19	Paalspring	/ Pole Vault	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
ECA043	43	J VAN DYK	Eastern Cape	1	3.40	842		E	
FSA075	219	COLETTE SCHWIMM	Free State	2	2.50	586		E	

37	G-19	Verspring	/ Long Jump	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU070	414	BIANCA JACOBS	Gauteng	1	5.75	901	1.3	E	
WCP057	1158	BIRDIE CARSTENS	Western Cape	2	5.71	892		E	
ECA111	111	A JONKER	Eastern Cape	3	5.51	836		E	
GAU072	416	CHANE BURGERS	Gauteng	4	5.43	814		E	
WCP060	1160	NICOLE DIRK	Western Cape	5	5.25	763		E	
LIM037	679	J BEZUIDENHOUT	Limpopo	6	4.98	685		E	
GAU077	421	MICHELLE BAHLMAN	Gauteng	7	4.82	639		E	
MPU048	833	BIANCA HAASBROEK	Mpumalanga	8	4.69	600		E	
LIM042	684	ANTOINETTE HUMAN	Limpopo	9	4.67	594		E	
FSA068	212	MARDRE GREYLING	Free State	10	4.64	585		E	

76	G-19	Driesprong	/ Triple Jump	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
NWP053	1010	LUHELLE PRINSLOO	North West Province	1	12.05	912	0.16	E	
GAU069	413	ANGELIQUE PEPLER	Gauteng	2	11.14	844		E	
ECA032	32	A BARNARD	Eastern Cape	3	11.13	843		E	
WCP060	1160	NICOLE DIRK	Western Cape	4	11.12	842		E	
GAU099	441	CHRISTEL STIGLINGH	Gauteng	5	11.03	832		E	
MPU054	837	NOMFUNDO MABUZA	Mpumalanga	6	10.81	809		E	
WCP068	1168	NYEMBO MASKINI	Western Cape	7	10.77	805		E	
NWP054	1011	HJAN VAN GESSEL	North West Province	8	10.62	789		E	
MPU048	833	BIANCA HAASBROEK	Mpumalanga	9	10.33	758		E	
FSA068	212	MARDRE GREYLING	Free State	10	10.31	756		E	
WCP067	1167	HELEEN MALAN	Western Cape	10	10.31	756		E	

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138	G-19	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU071	415	CARIEN DREYER	Gauteng	1	12.71	875		E
WCP055	1156	JOHLEEN BOOYSEN	Western Cape	2	12.29	858		E
MPU050	835	LIZELLE LEE	Mpumalanga	3	12.29	858		E
FSA064	208	JOANE BREDEKAMP	Free State	4	12.09	850		E
NWP059	1016	N POTGIETER	North West Province	5	11.87	841		E
GAU092	436	YOLANDI-MARIE BOTHMA	Gauteng	6	11.86	841		E
FSA076	220	YOLANIE UYS	Free State	7	11.35	819		E
NCP010	923	EUNICE OLEVANO	Northern Cape Province	8	11.33	819		E
GAU090	434	SHARNEY SLATTER	Gauteng	9	10.76	794		E
WCP075	1174	BIANCA SCANADINO	Western Cape	10	10.47	781		E
MPU058	841	MISKA VAN DEVENTER	Mpumalanga	11	9.68	745		E
ECA034	34	A BOSCH	Eastern Cape	12	8.77	700		E
LIM044	686	HELENA LAING	Limpopo	13	8.23	672		E

74	G-19	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU071	415	CARIEN DREYER	Gauteng	1	43.09	877		E
NWP057	1014	J HAARHOF	North West Province	2	42.74	872		E
FSA076	220	YOLANIE UYS	Free State	3	42.13	864		E
NCP010	923	EUNICE OLEVANO	Northern Cape Province	4	39.35	826		E
FSA064	208	JOANE BREDEKAMP	Free State	5	38.29	811		E
MPU050	835	LIZELLE LEE	Mpumalanga	6	35.53	771		E
MPU056	839	FRANCIS PIETERS	Mpumalanga	7	33.53	741		E
WCP076	1175	ANDRIA SWANEPOEL	Western Cape	8	32.10	718		E
LIM041	683	NALIZE GROENEWALD	Limpopo	9	31.39	707		E
GAU074	418	DEANCKE RONDE	Gauteng	10	30.95	700		E
MPU058	841	MISKA VAN DEVENTER	Mpumalanga	11	30.78	697		E
ECA042	42	L TERBLANCHE	Eastern Cape	12	28.40	657		E

115	G-19	Spiesgooi	/ Javelin	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP052	1009	L DE SWARDT	North West Province	1	48.88	902		E
GAU080	424	ALETTA CLAASSEN	Gauteng	2	43.90	833		E
WCP062	1162	MARI-LENA JOUBERT	Western Cape	3	43.22	823		E
GAU071	415	CARIEN DREYER	Gauteng	4	42.18	807		E
WCP077	1176	ANKE UYS	Western Cape	5	38.27	746		E
LIM049	691	CINDY PIENAAR	Limpopo	6	37.00	726		E
FSA063	207	ADELE BENSON	Free State	7	36.11	711		E
ECA031	31	M ANKER	Eastern Cape	8	35.72	704		E
MPU050	835	LIZELLE LEE	Mpumalanga	9	33.82	672		E

54	G-19	Hamergooi	/ Hammer Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
IND001	1302	ANNEMIE SMIT	INDIVIDUAL	1	57.13	943		R
ECA038	38	M LOUW	Eastern Cape	2	50.27	915		E
ECA046	46	R WEPENER	Eastern Cape	3	45.25	887		E
ECA044	44	S VIVIERS	Eastern Cape	4	43.85	874		E
NWP060	1017	MONIQUE POTGIETER	North West Province	5	40.01	835		E
WCP058	1159	JORINDA COETZEE	Western Cape	6	38.90	823		E
NWP062	1019	M BOTHA	North West Province	7	36.25	795		E
GAU076	420	JEANINE CLOETE	Gauteng	8	35.30	784		E
WCP077	1176	ANKE UYS	Western Cape	9	31.84	743		E

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14	B-15	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA095	239	GESEGO MOROKA	Free State	1	00:11.13	831	0.7	E
LIM066	708	JINO MOYA	Limpopo	1	00:11.13	831	1.7	E
GAU124	466	WALTER UNGERER	Gauteng	1	00:11.19	820	1.2	E
MPU068	851	VUYANI MASUKU	Mpumalanga	1	00:11.30	801	1.5	E
ECA113	113	N CONA	Eastern Cape	2	00:11.31	799		E
FSA090	234	STEPHEN MANKOE	Free State	2	00:11.16	826		E
WCP100	1195	DARREN PAPIER	Western Cape	2	00:11.29	803		E
GAU113	455	BRANDON LEWIES	Gauteng	2	00:11.35	792		E
ECA126	126	S NDYEDI	Eastern Cape	3	00:11.57	758		E
NCP017	930	LLEWELLYN HEIN	Northern Cape Province	3	00:11.63	749		E
GAU121	463	THULANI MANKHANYA	Gauteng	3	00:11.36	791		E
GAU100	442	ARMAND BAM	Gauteng	3	00:11.30	801		E
FSA104	248	THABO RAPITSO	Free State	4	00:11.39	786		E
LSE002	779	VASADIA DIAMANDE	LSEN	4	00:11.43	779		E
GAU101	443	CARMEL PERMUMAL	Gauteng	4	00:11.72	736		E
MPU067	850	JACQUES MALAN	Mpumalanga	4	00:11.86	716		E
ECA114	114	T DANIEL	Eastern Cape	5	00:11.54	762		E
NCP015	928	DARRYL FITZPATRICK	Northern Cape Province	5	00:11.68	741		E
NWP072	1029	A NZWANZWA	North West Province	5	00:11.84	719		E
NCP021	934	ETTIENNE MEYER	Northern Cape Province	6	00:12.14	680		E
MPU070	853	DEXTER NKOSI	Mpumalanga	6	00:11.70	738		E
MPU066	849	CLARENCE MALAKA	Mpumalanga	6	00:12.08	688		E
KZN031	606	MARTIN POTTERN	Kwazulu Natal	7	00:12.40	649		E

49	B-15	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA095	239	GESEGO MOROKA	Free State	1	00:11.04	849	1.6	E
GAU124	466	WALTER UNGERER	Gauteng	1	00:11.01	854	2.0	E
FSA090	234	STEPHEN MANKOE	Free State	2	00:11.07	843		E
LIM066	708	JINO MOYA	Limpopo	2	00:11.01	854		E
ECA113	113	N CONA	Eastern Cape	3	00:11.32	797		E
WCP100	1195	DARREN PAPIER	Western Cape	3	00:11.16	826		E
GAU100	442	ARMAND BAM	Gauteng	4	00:11.32	797		E
MPU068	851	VUYANI MASUKU	Mpumalanga	4	00:11.17	824		E
GAU121	463	THULANI MANKHANYA	Gauteng	5	00:11.45	776		E
GAU113	455	BRANDON LEWIES	Gauteng	5	00:11.22	815		E
ECA126	126	S NDYEDI	Eastern Cape	6	00:11.50	768		E
FSA104	248	THABO RAPITSO	Free State	6	00:11.46	775		E
ECA114	114	T DANIEL	Eastern Cape	7	00:11.60	753		E
LSE002	779	VASADIA DIAMANDE	LSEN	7	00:11.53	764		E
NCP015	928	DARRYL FITZPATRICK	Northern Cape Province	8	00:11.64	747		E
NCP017	930	LLEWELLYN HEIN	Northern Cape Province	8	00:11.63	749		E

84	B-15	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA095	239	GESEGO MOROKA	Free State	1	00:11.05	847	-1.4	E
GAU124	466	WALTER UNGERER	Gauteng	2	00:11.11	835	-1.4	E
LIM066	708	JINO MOYA	Limpopo	3	00:11.12	833	-1.4	E
MPU068	851	VUYANI MASUKU	Mpumalanga	4	00:11.17	824	-1.4	E
FSA090	234	STEPHEN MANKOE	Free State	5	00:11.22	815	-1.4	E
WCP100	1195	DARREN PAPIER	Western Cape	6	00:11.26	808	-1.4	E
ECA113	113	N CONA	Eastern Cape	7	00:11.40	784	-1.4	E
GAU100	442	ARMAND BAM	Gauteng	8	00:11.42	781	-1.4	E

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105	B-15	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA095	239	GESEGO MOROKA	Free State	1	00:22.73	840	0.3	E
KZN042	617	LUNGISANI DZANIBE	Kwazulu Natal	1	00:23.78	762	0.5	E
GAU124	466	WALTER UNGERER	Gauteng	1	00:22.84	831	-0.1	E
GAU121	463	THULANI MANKHANYA	Gauteng	1	00:23.14	807	0.3	E
LIM063	705	KHUMBUDZO MASHAU	Limpopo	2	00:23.99	749		E
NWP078	1035	WALDO KRIEL	North West Province	2	00:23.02	817		E
GAU135	477	SIPHO NHLEKO	Gauteng	2	00:23.29	796		E
GAU113	455	BRANDON LEWIES	Gauteng	2	00:22.95	822		E
FSA090	234	STEPHEN MANKOE	Free State	3	00:23.36	791		E
WCP100	1195	DARREN PAPIER	Western Cape	3	00:23.14	807		E
MPU070	853	DEXTER NKOSI	Mpumalanga	3	00:24.16	738		E
MPU068	851	VUYANI MASUKU	Mpumalanga	3	00:23.51	781		E
ECA117	117	R KING	Eastern Cape	4	00:23.56	777		E
FSA085	229	RANTABANE HLAPO	Free State	4	00:23.91	754		E
LIM066	708	JINO MOYA	Limpopo	4	00:23.33	793		E
NCP019	932	LOUIS JOSEPH	Northern Cape Province	4	00:24.38	724		E
LSE001	778	JOHN ADAMS	LSEN	5	00:24.47	719		E
KZN026	601	SONWABISO SKHOSANA	Kwazulu Natal	5	00:24.18	737		E
NCP015	928	DARRYL FITZPATRICK	Northern Cape Province	5	00:23.66	770		E
NCP014	927	GAVIAN CLOETE	Northern Cape Province	5	00:24.30	729		E
ECA113	113	N CONA	Eastern Cape	6	00:24.41	723		E
LIM069	711	REDRICK NGOBENI	Limpopo	6	00:24.91	694		E
MPU062	845	NELIS JANSE V RENBURG	Mpumalanga	6	00:24.56	714		E
MPU078	861	JONATHAN ZEELIE	Mpumalanga	6	00:23.93	752		E

140	B-15	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA095	239	GESEGO MOROKA	Free State	1	00:22.45	864	1.6	E
GAU124	466	WALTER UNGERER	Gauteng	1	00:22.62	849	1.9	E
FSA090	234	STEPHEN MANKOE	Free State	2	00:22.52	858		E
NWP078	1035	WALDO KRIEL	North West Province	2	00:22.89	827		E
LIM066	708	JINO MOYA	Limpopo	3	00:22.99	819		E
WCP100	1195	DARREN PAPIER	Western Cape	3	00:22.76	838		E
GAU121	463	THULANI MANKHANYA	Gauteng	4	00:23.00	818		E
GAU113	455	BRANDON LEWIES	Gauteng	4	00:22.88	828		E
FSA085	229	RANTABANE HLAPO	Free State	5	00:23.02	817		E
GAU135	477	SIPHO NHLEKO	Gauteng	5	00:23.10	810		E
LIM063	705	KHUMBUDZO MASHAU	Limpopo	6	00:23.47	783		E
MPU070	853	DEXTER NKOSI	Mpumalanga	6	00:23.94	752		E
ECA117	117	R KING	Eastern Cape	7	00:23.66	770		E
MPU068	851	VUYANI MASUKU	Mpumalanga	7	00:25.37	670		E
KZN042	617	LUNGISANI DZANIBE	Kwazulu Natal	8	00:23.74	765		E

167	B-15	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU124	466	WALTER UNGERER	Gauteng	1	00:22.32	876	1.9	E
FSA095	239	GESEGO MOROKA	Free State	2	00:22.46	863	1.9	E
WCP100	1195	DARREN PAPIER	Western Cape	3	00:22.74	839	1.9	E
GAU113	455	BRANDON LEWIES	Gauteng	4	00:22.86	829	1.9	E
NWP078	1035	WALDO KRIEL	North West Province	5	00:22.90	826	1.9	E
FSA090	234	STEPHEN MANKOE	Free State	6	00:22.92	825	1.9	E
GAU121	463	THULANI MANKHANYA	Gauteng	7	00:23.25	799	1.9	E
LIM066	708	JINO MOYA	Limpopo	8	00:23.38	790	1.9	E

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22	B-15	400 m	/ 400 m	00:00.00			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA084	228	PETR HAVENGA	Free State	1	00:51.25	795		E	
NWP078	1035	WALDO KRIEL	North West Province	1	00:49.55	851		E	
GAU115	457	NICHOLAS VAN SCHALKLWYK	Gauteng	1	00:51.18	798		E	
GAU122	464	TIAAN JACOBS	Gauteng	1	00:50.64	814		E	
WCP108	1202	BEVAN TAUTE	Western Cape	2	00:51.56	786		E	
NWP084	1041	O MOLAUSE	North West Province	2	00:50.99	803		E	
GAU114	456	E DE GOEDE	Gauteng	2	00:51.02	802		E	
MPU078	861	JONATHAN ZEELIE	Mpumalanga	2	00:52.05	772		E	
FSA107	251	KGOMOTSO SEEKOEI	Free State	3	00:53.19	742		E	
KZN027	602	KEVIN BOTHA	Kwazulu Natal	3	00:52.48	760		E	
MPU071	854	HAPPY SELEPE	Mpumalanga	3	00:51.78	780		E	
MPU079	862	LINDELWE ZUNGU	Mpumalanga	3	00:52.47	761		E	
FSA112	255	WEGE VENTER	Free State	4	00:53.80	726		E	
LIM060	702	KAGISO MAGONGOA	Limpopo	4	00:56.54	665		E	
WCP109	1203	REINHARDT VD HEST	Western Cape	4	00:52.55	759		E	
FSA078	222	NICO ASPELING	Free State	5	00:57.04	654		E	
LIM075	717	LIVERT SYKES	Limpopo	5	00:58.25	631		E	
WCP099	1194	WAZIER MOHAMMED	Western Cape	5	00:53.25	740		E	
FSA110	253	CF TRUTER	Free State	6	00:54.52	709		E	
KZN026	601	SONWABISO SKHOSANA	Kwazulu Natal	6	00:57.07	654		E	
LIM065	707	JONAS MONYELA	Limpopo	7	00:54.94	699		E	

62	B-15	400 m	/ 400 m	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP078	1035	WALDO KRIEL	North West Province	1	00:49.15	866		E	
NWP084	1041	O MOLAUSE	North West Province	2	00:49.72	845		E	
GAU122	464	TIAAN JACOBS	Gauteng	3	00:50.15	830		E	
GAU115	457	NICHOLAS VAN SCHALKLWYK	Gauteng	4	00:50.17	830		E	
WCP108	1202	BEVAN TAUTE	Western Cape	5	00:50.88	807		E	
FSA084	228	PETR HAVENGA	Free State	6	00:50.95	805		E	
GAU114	456	E DE GOEDE	Gauteng	7	00:50.99	803		E	
MPU071	854	HAPPY SELEPE	Mpumalanga	8	00:53.45	735		E	

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126	B-15	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP097	1192	LUKHANYO MALGAS	Western Cape	1	01:58.70	912	E	
GAU122	464	TIAAN JACOBS	Gauteng	1	02:01.25	844	E	
KZN039	614	NKOSINATHI SIBIYA	Kwazulu Natal	2	02:01.63	835	E	
GAU120	462	SIMPHIWE TEFO	Gauteng	2	02:00.62	859	E	
ECA048	48	M BOKO	Eastern Cape	3	02:00.65	859	E	
GAU131	473	SHELTON MOKUENA	Gauteng	3	02:01.67	834	E	
KZN040	615	SANDILE MANANA	Kwazulu Natal	4	02:01.75	832	E	
GAU117	459	OLEBOGENG MASETLHE	Gauteng	4	02:00.81	855	E	
FSA100	244	LOYISA POP	Free State	5	02:02.83	808	E	
WCP222	1304	ROEMARK SMIT	Western Cape	5	02:05.68	751	E	
LIM059	701	TSHEPO KUBYANE	Limpopo	6	02:07.51	718	E	
WCP081	1178	DELVIN BEUKES	Western Cape	6	02:05.23	759	E	
LIM055	697	RONNY BALOYI	Limpopo	7	02:07.54	718	E	
NWP076	1033	P SWART	North West Province	7	02:05.64	752	E	
LIM062	704	BORNWISE MALULEKE	Limpopo	8	02:07.88	712	E	
NWP075	1032	JAYBE VAN ROOYEN	North West Province	8	02:06.71	732	E	
LIM064	706	DONOVAN MATLOA	Limpopo	9	02:08.12	708	E	
NWP077	1034	J KEEDITSWE	North West Province	9	02:11.43	656	E	
FSA088	232	KARABO LECOKO	Free State	10	02:12.83	636	E	
MPU064	847	JP LABUSCHAGNE	Mpumalanga	10	02:10.83	665	E	
ECA119	119	M MANAKAZA	Eastern Cape	11	02:19.92	546	E	
NCP020	933	BRIAN MEYER	Northern Cape Province	12	02:20.23	543	E	

155	B-15	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU122	464	TIAAN JACOBS	Gauteng	1	01:56.65	990	E	R
GAU120	462	SIMPHIWE TEFO	Gauteng	2	01:57.76	943	E	
KZN039	614	NKOSINATHI SIBIYA	Kwazulu Natal	3	01:58.40	922	E	
WCP097	1192	LUKHANYO MALGAS	Western Cape	4	01:59.23	897	E	
GAU131	473	SHELTON MOKUENA	Gauteng	5	01:59.85	879	E	
GAU117	459	OLEBOGENG MASETLHE	Gauteng	6	02:03.16	801	E	
KZN040	615	SANDILE MANANA	Kwazulu Natal	7	02:03.28	798	E	
WCP222	1304	ROEMARK SMIT	Western Cape	8	02:04.06	782	E	
WCP081	1178	DELVIN BEUKES	Western Cape	9	02:04.68	770	E	
ECA048	48	M BOKO	Eastern Cape	10	02:05.75	750	E	
FSA100	244	LOYISA POP	Free State	11	02:06.55	735	E	
NWP076	1033	P SWART	North West Province	12	02:18.23	566	E	

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33	B-15	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN028	603	PHILELA MBUTHU	Kwazulu Natal	1	04:15.67	852	E	
GAU123	465	TUMISANG MONNATLALA	Gauteng	1	04:11.05	885	E	
ECA050	50	A FANEKO	Eastern Cape	2	04:15.78	851	E	
ECA049	49	L FADANE	Eastern Cape	2	04:12.75	872	E	
ECA054	54	F KWEQELA	Eastern Cape	3	04:12.90	871	E	
GAU117	459	OLEBOGENG MASETLHE	Gauteng	3	04:16.27	848	E	
WCP097	1192	LUKHANYO MALGAS	Western Cape	4	04:14.49	860	E	
NWP077	1034	J KEEDITSWE	North West Province	4	04:17.09	842	E	
GAU131	473	SHELTON MOKUENA	Gauteng	4	04:17.12	842	E	
FSA100	244	LOYISA POP	Free State	5	04:15.18	855	E	
GAU120	462	SIMPHIWE TEFO	Gauteng	5	04:17.56	839	E	
WCP115	1208	S NGLUKANA	Western Cape	6	04:15.62	852	E	
GAU119	461	SAMUEL MATLHALETSA	Gauteng	6	04:23.01	806	E	
LIM059	701	TSHEPO KUBYANE	Limpopo	7	04:29.24	771	E	
KZN029	604	NKANYISO NDZIMANDE	Kwazulu Natal	7	04:21.98	812	E	
FSA089	233	PASEKA MAKUBUNG	Free State	8	04:22.40	809	E	
LIM070	712	THABANG NKUNA	Limpopo	8	04:32.44	754	E	
FSA102	246	MPHO RAISA	Free State	9	04:27.15	782	E	
LIM057	699	RONALD CHAUKE	Limpopo	9	04:37.83	728	E	
LIM074	716	ADRIAN SNYMAN	Limpopo	10	04:38.61	725	E	

68	B-15	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU123	465	TUMISANG MONNATLALA	Gauteng	1	04:06.64	921	E	
KZN028	603	PHILELA MBUTHU	Kwazulu Natal	2	04:08.28	907	E	
ECA050	50	A FANEKO	Eastern Cape	3	04:09.34	898	E	
GAU117	459	OLEBOGENG MASETLHE	Gauteng	4	04:11.02	885	E	
WCP097	1192	LUKHANYO MALGAS	Western Cape	5	04:19.27	828	E	
FSA100	244	LOYISA POP	Free State	6	04:22.74	807	E	
NWP077	1034	J KEEDITSWE	North West Province	7	04:33.59	749	E	

134	B-15	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU123	465	TUMISANG MONNATLALA	Gauteng	1	08:55.77	883	E	
FSA114	257	MAVUSA XABA	Free State	2	09:11.13	844	E	
GAU127	469	THABANG MATIWANE	Gauteng	3	09:19.60	825	E	
KZN036	611	MTHOBISI MQADI	Kwazulu Natal	4	09:28.54	806	E	
LIM070	712	THABANG NKUNA	Limpopo	5	09:32.66	797	E	
NWP071	1028	RUAN MEINTJIES	North West Province	6	09:35.94	791	E	
ECA125	125	Z MDA	Eastern Cape	7	09:37.13	789	E	
NWP070	1027	S MATLHAKU	North West Province	8	09:38.57	786	E	
KZN037	612	NKOSANA SHIBA	Kwazulu Natal	9	09:42.07	779	E	
GAU126	468	ABONGILE DUNGULU	Gauteng	10	10:06.13	736	E	
GAU128	470	TSHEPO MQIKELA	Gauteng	11	10:22.08	711	E	

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42	B-15	100 m Hekkie	/ 100 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP090	1186	DILLON FAIRBRIDGE	Western Cape	1	00:13.39	843	2.2	E
GAU116	458	OBAKENG MAOKA	Gauteng	1	00:13.33	849	1.1	E
GAU121	463	THULANI MANKHANYA	Gauteng	2	00:13.52	830		E
GAU118	460	RUGHER KNOX	Gauteng	2	00:13.39	843		E
KZN030	605	CORNELIS VERMAAK	Kwazulu Natal	3	00:14.48	752		E
WCP093	1189	FERNANDO KERMIS	Western Cape	3	00:14.01	788		E
ECA059	59	C VAN HEERDEN	Eastern Cape	4	00:14.70	736		E
FSA079	223	CAREL-JAN COETZEE	Free State	4	00:14.10	781		E
NWP068	1025	H SIPSMA	North West Province	5	00:14.13	778		E
MPU077	860	FRITZ WEILBACH	Mpumalanga	6	00:14.25	769		E

79	B-15	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP090	1186	DILLON FAIRBRIDGE	Western Cape	1	00:13.03	880	0.3	E
GAU116	458	OBAKENG MAOKA	Gauteng	2	00:13.30	852	0.3	E
GAU121	463	THULANI MANKHANYA	Gauteng	3	00:13.31	851	0.3	E
WCP093	1189	FERNANDO KERMIS	Western Cape	4	00:13.84	802	0.3	E
FSA079	223	CAREL-JAN COETZEE	Free State	5	00:13.92	795	0.3	E
NWP068	1025	H SIPSMA	North West Province	6	00:14.29	766	0.3	E
KZN030	605	CORNELIS VERMAAK	Kwazulu Natal	7	00:14.54	747	0.3	E
GAU118	460	RUGHER KNOX	Gauteng	8	00:19.12	518	0.3	E

119	B-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP104	1198	TIAAN SMIT	Western Cape	1	00:39.88	895		E
NWP069	1026	PAUL VORSTER	North West Province	1	00:40.44	862		E
GAU130	472	LIAN VAN DER LITH	Gauteng	1	00:40.40	864		E
WCP090	1186	DILLON FAIRBRIDGE	Western Cape	2	00:41.51	807		E
NWP068	1025	H SIPSMA	North West Province	2	00:41.01	831		E
GAU129	471	KEVIN HINTON	Gauteng	2	00:39.92	892		E
FSA079	223	CAREL-JAN COETZEE	Free State	3	00:42.22	775		E
FSA084	228	PETR HAVENGA	Free State	3	00:40.85	840		E
MPU071	854	HAPPY SELEPE	Mpumalanga	3	00:41.98	785		E
ECA130	130	B WAITE	Eastern Cape	4	00:42.70	755		E
LIM076	718	TEKGANG THULARE	Limpopo	4	00:41.45	810		E
KZN038	613	THABO MABUZA	Kwazulu Natal	4	00:42.62	758		E
ECA115	115	S ERASMUS	Eastern Cape	5	00:42.81	750		E
GAU124	466	WALTER UNGERER	Gauteng	5	00:43.87	710		E
MPU065	848	HENRO LACOCK	Mpumalanga	6	00:43.40	727		E

146	B-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP104	1198	TIAAN SMIT	Western Cape	1	00:39.19	943		E
WCP090	1186	DILLON FAIRBRIDGE	Western Cape	2	00:39.31	934		E
GAU130	472	LIAN VAN DER LITH	Gauteng	3	00:39.41	927		E
FSA084	228	PETR HAVENGA	Free State	4	00:39.42	926		E
NWP069	1026	PAUL VORSTER	North West Province	5	00:39.45	924		E
GAU129	471	KEVIN HINTON	Gauteng	6	00:39.63	911		E
LIM076	718	TEKGANG THULARE	Limpopo	7	00:39.80	900		E
NWP068	1025	H SIPSMA	North West Province	8	00:42.18	777		E

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3	B-15	5000 m Stap	/ 5000 m Walk	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN022	597	KUMBULANI MYENI	Kwazulu Natal	1	26:52.79	906	E	
NWP064	1021	AMED PUDUMO	North West Province	2	27:52.90	880	E	
NWP065	1022	BJ RENS	North West Province	3	27:52.98	880	E	
WCP094	1190	GLENVILLE LIEBENBERG	Western Cape	4	28:39.97	862	E	
FSA103	247	SEEISO RAMATLAPENG	Free State	5	29:01.67	854	E	
GAU108	450	NTOANE NTOANE	Gauteng	6	29:27.98	845	E	
WCP085	1182	GRANT CLOETE	Western Cape	7	30:14.76	830	E	
WCP080	1177	HILMER BESTER	Western Cape	8	30:37.65	822	E	

174	B-15	4X100 m Aflos	/ 4X100 m Relay	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA04	1291	WESTERN CAPE	Western Cape	1	00:43.57	797	E	
FSAA01	333	FREE STATE	Free State	2	00:43.73	790	E	
GAUA04	569	GAUTENG	Gauteng	3	00:43.75	789	E	
NWPA04	1093	NORTH WEST	North West Province	4	00:45.28	729	E	
MPUA04	908	MPUMALANGA	Mpumalanga	5	00:45.59	718	E	
NCPA02	956	NORTHERN CAPE	Northern Cape Province	6	00:45.84	709	E	
LIMA04	769	LIMPOPO	Limpopo	7	00:46.32	693	E	

93	B-15	1000m Medley	/ 1000m Medley	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSAA07	339	FREE STATE	Free State	1	01:58.98	988	E	R
WCPA10	1297	WESTERN CAPE	Western Cape	2	02:00.40	945	E	
GAUA10	575	GAUTENG	Gauteng	3	02:00.51	942	E	
KZNA02	641	KWAZULU NATAL	Kwazulu Natal	4	02:02.39	899	E	
NWPA10	1099	NORTH WEST	North West Province	5	02:03.95	869	E	
MPUA10	912	MPUMALANGA	Mpumalanga	6	02:04.76	854	E	
LIMA09	774	LIMPOPO	Limpopo	7	02:11.18	756	E	

24	B-15	Hoogspring	/ High Jump	00:00.00		Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA051	51	W GRASSMANN	Eastern Cape	1	1.75	692	E	
FSA105	249	HENLO ROBBERTS	Free State	1	1.75	692	E	
FSA093	237	BUTLI MOKANE	Free State	1	1.75	692	E	
FSA077	221	RUAN ALBERTS	Free State	1	1.75	692	E	
LIM058	700	JUAN KORFF	Limpopo	1	1.75	692	E	
KZN033	608	NTANDAZO MTSHENGU	Kwazulu Natal	1	1.75	692	E	
WCP111	1205	MATTHEW VAN NIEKERK	Western Cape	1	1.75	692	E	
WCP220	1301	WESLEY MACK	Western Cape	1	1.75	692	E	
WCP105	1199	CHARLTON SOLDAAT	Western Cape	1	1.75	692	E	
NWP073	1030	JOHAN POTGIETER	North West Province	1	1.75	692	E	
GAU134	476	MARCO FICK	Gauteng	1	1.75	692	E	
GAU132	474	ARNO SPYKSTRA	Gauteng	1	1.75	692	E	
GAU133	475	STEPHANUS VAN VUUREN	Gauteng	1	1.75	692	E	

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156	B-15	Hoogspring	/ High Jump	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA077	221	RUAN ALBERTS	Free State	1	1.94	907		E
WCP220	1301	WESLEY MACK	Western Cape	2	1.89	861		E
WCP105	1199	CHARLTON SOLDAAT	Western Cape	3	1.89	861		E
GAU132	474	ARNO SPYKSTRA	Gauteng	4	1.89	861		E
ECA051	51	W GRASSMANN	Eastern Cape	5	1.84	799		E
WCP111	1205	MATTHEW VAN NIEKERK	Western Cape	5	1.84	799		E
NWP073	1030	JOHAN POTGIETER	North West Province	7	1.84	799		E
LIM058	700	JUAN KORFF	Limpopo	8	1.79	739		E
KZN033	608	NTANDAZO MTSHENGU	Kwazulu Natal	8	1.79	739		E
GAU133	475	STEPHANUS VAN VUUREN	Gauteng	10	1.79	739		E
FSA105	249	HENLO ROBBERTS	Free State	11	1.74	680		E
GAU134	476	MARCO FICK	Gauteng	11	1.74	680		E
FSA093	237	BUTLI MOKANE	Free State	13	1.69	623		E

39	B-15	Paalspring	/ Pole Vault	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA080	224	STEPHAN DIEDERICKS	Free State	1	3.40	685		E
FSA082	226	EDMOND ELS	Free State	2	3.40	685		E
FSA083	227	FABIO GRUNERT	Free State	3	3.20	588		E
ECA122	122	D MATTISON	Eastern Cape	4	3.20	588		E
WCP091	1187	NEIL GILLOMEE	Western Cape	5	3.10	541		E
FSA087	231	NEIL LE ROUX	Free State	6	3.00	493		E
WCP086	1183	BRANDON DE VILLIERS	Western Cape	7	3.00	493		E
ECA128	128	D UYTENWOGAARDT	Eastern Cape	8	2.90	446		E

113	B-15	Verspring	/ Long Jump	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU100	442	ARMAND BAM	Gauteng	1	6.85	953	1.4	E
WCP082	1179	DUWAYNE BOER	Western Cape	2	6.49	904		E
GAU101	443	CARMEL PERMUMAL	Gauteng	3	6.33	832		E
MPU067	850	JACQUES MALAN	Mpumalanga	4	6.31	822		E
LIM056	698	ERNEST BUYS	Limpopo	5	6.25	792		E
GAU112	454	RYAN POTTINGER	Gauteng	6	6.24	787		E
ECA055	55	A LOMBAARD	Eastern Cape	7	6.09	714		E
FSA091	235	SIMON MBARANE	Free State	8	5.99	667		E
NWP066	1023	L OSUALA	North West Province	9	5.88	617		E
NCP014	927	GAVIAN CLOETE	Northern Cape Province	10	5.84	599		E
MPU075	858	DANIE VENTER	Mpumalanga	11	5.82	590		E
WCP113	1207	DILLON VAN WYK	Western Cape	12	5.80	582		E
FSA111	254	IVEN TSUKE	Free State	13	5.73	551		E
MPU063	846	SIFISO KHANYE	Mpumalanga	14	5.71	542		E
WCP198	1286	CRAIG CUPIDO	Western Cape	15	5.69	533		E
NWP067	1024	J THEMBA	North West Province	16	5.67	525		E

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38	B-15	Driesprong	/ Triple Jump		00:00.00		Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP082	1179	DUWAYNE BOER	Western Cape	1	13.83	939	0.47	E	
WCP092	1188	VUYCINI HENRY	Western Cape	2	13.65	928		E	
NWP066	1023	L OSUALA	North West Province	3	13.53	921		E	
FSA101	245	RIAN PRETORIUS	Free State	4	12.75	802		E	
GAU107	449	MAKHESHA KHORO	Gauteng	5	12.75	802		E	
MPU067	850	JACQUES MALAN	Mpumalanga	6	12.71	793		E	
GAU111	453	RUWAYNE SIMONS	Gauteng	7	12.67	785		E	
MPU063	846	SIFISO KHANYE	Mpumalanga	8	12.38	723		E	
LIM077	719	TSHEGOFATSO TSIRI	Limpopo	9	11.79	602		E	
ECA124	124	M MAZWAI	Eastern Cape	10	11.34	515		E	
ECA129	129	D VAN WILLINGH	Eastern Cape	11	11.28	503		E	
MPU074	857	CORNE VENTER	Mpumalanga	12	11.13	474		E	
ECA127	127	S NXASANA	Eastern Cape	13	10.78	409		E	

53	B-15	Gewigstoot	/ Shot Put		00:00.00		Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU110	452	RUAN COMBRINK	Gauteng	1	20.51	1026		E	R
GAU102	444	DANIE JANSE V VUUREN	Gauteng	2	16.97	923		E	
GAU104	446	FRANS VAN WYK	Gauteng	3	16.91	921		E	
WCP088	1184	ERASMUS DU TOIT	Western Cape	4	16.43	910		E	
GAU105	447	JANDRE SLABBERT	Gauteng	5	16.24	906		E	
LIM078	720	SVEN VAN NIEKERK	Limpopo	6	15.47	868		E	
ECA047	47	K BEZUIDENHOUT	Eastern Cape	7	15.44	866		E	
WCP083	1180	CONRAD BURGER	Western Cape	8	15.10	845		E	
WCP089	1185	THOMAS DU TOIT	Western Cape	9	14.68	819		E	
FSA097	241	RJ NEL	Free State	10	13.22	732		E	
MPU073	856	ARMAND VAN WYK	Mpumalanga	11	12.64	699		E	
NWP074	1031	NANTUS NORTJE	North West Province	12	12.24	676		E	

101	B-15	Diskusgooi	/ Discus Throw		00:00.00		Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU110	452	RUAN COMBRINK	Gauteng	1	57.40	934		E	
GAU105	447	JANDRE SLABBERT	Gauteng	2	54.03	912		E	
GAU104	446	FRANS VAN WYK	Gauteng	3	53.36	908		E	
WCP088	1184	ERASMUS DU TOIT	Western Cape	4	52.57	903		E	
GAU223	564	MARTHINUS BIERMAN	Gauteng	5	52.56	903		E	
WCP098	1193	DANIEL MAREE	Western Cape	6	48.26	833		E	
LIM068	710	ALLEN MULLER	Limpopo	7	46.95	811		E	
WCP083	1180	CONRAD BURGER	Western Cape	8	45.74	790		E	
FSA094	238	TEBOHO MOKOTOE	Free State	9	45.53	787		E	
LIM078	720	SVEN VAN NIEKERK	Limpopo	10	45.26	782		E	
LIM080	722	JOHAN VREUGDENBURG	Limpopo	11	44.09	763		E	
MPU060	843	MARCO BREYTENBACH	Mpumalanga	12	43.07	746		E	
NWP080	1037	AJ DE WILZIN	North West Province	13	41.96	728		E	
MPU072	855	TJ VAN DER MERWE	Mpumalanga	14	40.90	711		E	
FSA086	230	STEFAN KRUGER	Free State	15	39.75	692		E	
ECA116	116	G HUISHAMEN	Eastern Cape	16	37.55	656		E	

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7	B-15	Spiesgooi	/ Javelin	00:00.00		Heats			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA051	51	W GRASSMANN	Eastern Cape	1	53.07	775		E	
FSA109	252	SEEF THERON	Free State	1	50.29	717		E	
FSA081	225	ANDREW DU PLESSIS	Free State	1	51.77	747		E	
LIM079	721	RUAN VAN WYK	Limpopo	1	50.05	712		E	
KZN063	637	JACQUES CONRAD	Kwazulu Natal	1	61.21	921		E	
WCP102	1197	JEANDRE SLABBERT	Western Cape	1	68.53	996		E	
WCP107	1201	TIAAN SWANEPOEL	Western Cape	1	60.07	912		E	
WCP110	1204	KOBUS VD WALT	Western Cape	1	55.11	818		E	
NWP083	1040	C LE ROUX	North West Province	1	50.59	723		E	
NWP081	1038	PIETER KRIEL	North West Province	1	56.98	860		E	
NWP082	1039	LJ BASSON	North West Province	1	55.56	828		E	
GAU125	467	WIEHAN JACOBS	Gauteng	1	53.94	793		E	
GAU106	448	LUARD LAAS	Gauteng	1	5.65	0		E	
GAU110	452	RUAN COMBRINK	Gauteng	1	55.37	824		E	
MPU072	855	TJ VAN DER MERWE	Mpumalanga	1	47.62	664		E	
MPU073	856	ARMAND VAN WYK	Mpumalanga	1	48.16	675		E	

43	B-15	Spiesgooi	/ Javelin	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP102	1197	JEANDRE SLABBERT	Western Cape	1	66.41	971		E	
NWP081	1038	PIETER KRIEL	North West Province	2	60.09	912		E	
GAU106	448	LUARD LAAS	Gauteng	3	58.80	901		E	
WCP107	1201	TIAAN SWANEPOEL	Western Cape	4	57.34	869		E	
NWP082	1039	LJ BASSON	North West Province	5	55.51	827		E	
FSA081	225	ANDREW DU PLESSIS	Free State	6	54.15	797		E	
GAU125	467	WIEHAN JACOBS	Gauteng	7	53.54	784		E	
WCP110	1204	KOBUS VD WALT	Western Cape	8	51.16	735		E	
NWP083	1040	C LE ROUX	North West Province	9	50.48	721		E	
FSA109	252	SEEF THERON	Free State	10	49.77	707		E	
LIM079	721	RUAN VAN WYK	Limpopo	11	49.48	701		E	
ECA051	51	W GRASSMANN	Eastern Cape	12	49.37	699		E	
KZN063	637	JACQUES CONRAD	Kwazulu Natal	13	48.77	687		E	
MPU072	855	TJ VAN DER MERWE	Mpumalanga	14	46.91	650		E	
MPU073	856	ARMAND VAN WYK	Mpumalanga	15	45.63	625		E	

137	B-15	Hamergooi	/ Hammer Throw	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA056	56	H LOUW	Eastern Cape	1	50.96	926		E	
FSA098	242	MARCUS NOMIS	Free State	2	48.50	914		E	
WCP088	1184	ERASMUS DU TOIT	Western Cape	3	47.29	908		E	
WCP106	1200	HENRY STORM	Western Cape	4	46.96	907		E	
WCP095	1191	JOHAN LOUW	Western Cape	5	46.92	907		E	
ECA052	52	C KAPP	Eastern Cape	6	45.00	893		E	
FSA099	243	MATTHEW OOSTERLOO	Free State	7	44.36	884		E	
GAU223	564	MARTHINUS BIERMAN	Gauteng	8	40.85	836		E	

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16	B-17	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA080	80	N TITI	Eastern Cape	1	00:10.87	820	0.1	E
WCP121	1214	ENRICO BRUINJIES	Western Cape	1	00:10.99	798	1.0	E
WCP131	1224	ARTHUR FESTUS	Western Cape	1	00:10.81	831	2.2	E
GAU146	488	RUDOLF ERASMUS	Gauteng	1	00:10.77	839	-1.0	E
LIM098	740	MOSIBUDI RASETHABA	Limpopo	2	00:11.17	768		E
KZN044	619	QUINTIN HITGE	Kwazulu Natal	2	00:10.89	816		E
WCP120	1213	BRADLEY BRITS	Western Cape	2	00:10.97	802		E
GAU143	485	HENDRIK KHUMALO	Gauteng	2	00:10.82	829		E
NCP024	937	F FOURIE	Northern Cape Province	3	00:11.47	723		E
NWP095	1052	CHRISTOFF BOTHMA	North West Province	3	00:11.14	773		E
MPU095	878	BERNARD RENS	Mpumalanga	3	00:11.19	765		E
MPU080	863	ANIEKAN AKPABIO	Mpumalanga	3	00:10.91	813		E
ECA066	66	J KLEINSMITH	Eastern Cape	4	00:11.22	760		E
NWP096	1053	U VAN ROOYEN	North West Province	4	00:11.67	696		E
GAU224	565	JACQUES HARRIS	Gauteng	4	00:10.97	802		E
GAU144	486	MARIENUS TROUW	Gauteng	4	00:11.27	753		E
ECA079	79	D STEVENS	Eastern Cape	5	00:11.60	705		E
LIM094	736	VERSTER NEL	Limpopo	5	00:11.35	741		E
MPU099	882	MEIRING VAN DER MERWE	Mpumalanga	5	00:11.28	751		E
FSA133	276	FANA MOFOKENG	Free State	6	00:11.29	750		E
NCP032	945	DILLON SEEKOEI	Northern Cape Province	6	00:11.63	701		E

55	B-17	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA080	80	N TITI	Eastern Cape	1	00:10.81	831	1.2	E
GAU146	488	RUDOLF ERASMUS	Gauteng	1	00:10.50	898	2.5	E R
KZN044	619	QUINTIN HITGE	Kwazulu Natal	2	00:10.74	845		E
WCP131	1224	ARTHUR FESTUS	Western Cape	2	00:10.90	814		E
GAU144	486	MARIENUS TROUW	Gauteng	3	00:11.02	793		E
GAU143	485	HENDRIK KHUMALO	Gauteng	3	00:10.77	839		E
LIM098	740	MOSIBUDI RASETHABA	Limpopo	4	00:11.07	785		E
NWP095	1052	CHRISTOFF BOTHMA	North West Province	4	00:11.02	793		E
ECA066	66	J KLEINSMITH	Eastern Cape	5	00:11.18	767		E
GAU224	565	JACQUES HARRIS	Gauteng	5	00:11.04	790		E
MPU080	863	ANIEKAN AKPABIO	Mpumalanga	6	00:11.20	764		E
NCP024	937	F FOURIE	Northern Cape Province	7	00:11.33	744		E

86	B-17	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU146	488	RUDOLF ERASMUS	Gauteng	1	00:10.53	891	0.7	E R
ECA080	80	N TITI	Eastern Cape	2	00:10.76	841	0.7	E
WCP131	1224	ARTHUR FESTUS	Western Cape	3	00:10.77	839	0.7	E
KZN044	619	QUINTIN HITGE	Kwazulu Natal	4	00:10.84	826	0.7	E
GAU143	485	HENDRIK KHUMALO	Gauteng	5	00:10.89	816	0.7	E
NWP095	1052	CHRISTOFF BOTHMA	North West Province	6	00:11.00	797	0.7	E
GAU144	486	MARIENUS TROUW	Gauteng	7	00:11.11	778	0.7	E
LIM098	740	MOSIBUDI RASETHABA	Limpopo	8	00:11.17	768	0.7	E

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107	B-17	200 m	/ 200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA141	284	SIPHELO NGQUBAZA	Free State	1	00:21.94	838	0.6	E	
WCP126	1219	KURTLEY DU PLESSIS	Western Cape	1	00:21.93	839	-0.1	E	
GAU146	488	RUDOLF ERASMUS	Gauteng	1	00:21.59	870	-0.7	E	
ECA080	80	N TITI	Eastern Cape	2	00:22.71	778		E	
WCP151	1242	FADL SAMUELS	Western Cape	2	00:22.73	776		E	
MPU095	878	BERNARD RENS	Mpumalanga	2	00:22.26	812		E	
ECA131	131	Z BAARTMAN	Eastern Cape	3	00:22.74	775		E	
KZN045	620	DEAN MACMINN	Kwazulu Natal	3	00:22.82	770		E	
NWP095	1052	CHRISTOFF BOTHMA	North West Province	3	00:22.38	802		E	
NWP096	1053	U VAN ROOYEN	North West Province	4	00:22.88	766		E	
GAU224	565	JACQUES HARRIS	Gauteng	4	00:22.61	785		E	
MPU099	882	MEIRING VAN DER MERWE	Mpumalanga	4	00:23.11	750		E	
NCP024	937	F FOURIE	Northern Cape Province	5	00:23.65	716		E	
WCP131	1224	ARTHUR FESTUS	Western Cape	5	00:23.02	756		E	
GAU144	486	MARIENUS TROUW	Gauteng	5	00:22.80	771		E	
FSA133	276	FANA MOFOKENG	Free State	6	00:22.83	769		E	
NCP027	940	A KLAASTE	Northern Cape Province	6	00:23.65	716		E	
LIM098	740	MOSIBUDI RASETHABA	Limpopo	7	00:23.74	710		E	

142	B-17	200 m	/ 200 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA141	284	SIPHELO NGQUBAZA	Free State	1	00:21.94	838	0.6	E	
WCP126	1219	KURTLEY DU PLESSIS	Western Cape	1	00:21.93	839	-0.1	E	
GAU146	488	RUDOLF ERASMUS	Gauteng	1	00:21.59	870	-0.7	E	
ECA080	80	N TITI	Eastern Cape	2	00:22.71	778		E	
WCP151	1242	FADL SAMUELS	Western Cape	2	00:22.73	776		E	
MPU095	878	BERNARD RENS	Mpumalanga	2	00:22.26	812		E	
NWP095	1052	CHRISTOFF BOTHMA	North West Province	3	00:22.38	802		E	
GAU224	565	JACQUES HARRIS	Gauteng	4	00:22.61	785		E	

169	B-17	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU146	488	RUDOLF ERASMUS	Gauteng	1	00:21.23	906	0.9	E	
FSA141	284	SIPHELO NGQUBAZA	Free State	2	00:21.61	868	0.9	E	
WCP126	1219	KURTLEY DU PLESSIS	Western Cape	3	00:21.83	848	0.9	E	
ECA080	80	N TITI	Eastern Cape	4	00:21.99	834	0.9	E	
MPU095	878	BERNARD RENS	Mpumalanga	5	00:22.42	799	0.9	E	
NWP095	1052	CHRISTOFF BOTHMA	North West Province	6	00:22.59	786	0.9	E	
WCP151	1242	FADL SAMUELS	Western Cape	7	00:23.05	754	0.9	E	

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26	B-17	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA128	271	FERNANDO LEDIMO	Free State	1	00:49.52	797		E
WCP117	1210	LORENZO ADAMA	Western Cape	1	00:48.40	834		E
GAU169	511	LEEROY MORGAN	Gauteng	1	00:48.73	823		E
WCP134	1227	BRONIQUE KAROLUS	Western Cape	2	00:49.64	793		E
GAU172	514	RUAN GREYLING	Gauteng	2	00:48.75	822		E
MPU092	875	AWANDE NKAMBULE	Mpumalanga	2	00:49.31	804		E
FSA147	290	NOLAN TSITETSO	Free State	3	00:48.91	817		E
NWP102	1059	G KOWIE	North West Province	3	00:50.38	771		E
ECA063	63	L GQEBA	Eastern Cape	4	00:49.17	808		E
LIM097	739	KLASIE PRETORIUS	Limpopo	4	00:51.16	750		E
NWP101	1058	W CHAMPION	North West Province	4	00:50.68	763		E
LIM089	731	SELLO MOATSE	Limpopo	5	00:52.49	715		E
NCP025	938	JOHAN FOURIE	Northern Cape Province	5	00:51.35	744		E
WCP158	1249	REYNARD VD NEST	Western Cape	5	00:49.62	794		E
NCP027	940	A KLAASTE	Northern Cape Province	6	00:52.28	720		E
GAU174	516	TIAAN BOTHA	Gauteng	6	00:50.71	762		E
NWP100	1057	ESTIAN DU PREEZ	North West Province	7	00:51.76	734		E

64	B-17	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU172	514	RUAN GREYLING	Gauteng	1	00:47.71	859		E
WCP117	1210	LORENZO ADAMA	Western Cape	2	00:48.16	843		E
GAU169	511	LEEROY MORGAN	Gauteng	3	00:48.31	837		E
FSA128	271	FERNANDO LEDIMO	Free State	4	00:48.45	832		E
FSA147	290	NOLAN TSITETSO	Free State	5	00:48.70	824		E
ECA063	63	L GQEBA	Eastern Cape	6	00:49.01	813		E
MPU092	875	AWANDE NKAMBULE	Mpumalanga	7	00:49.30	804		E
WCP134	1227	BRONIQUE KAROLUS	Western Cape	8	00:50.91	756		E

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128	B-17	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM087	729	REGGIE MAPHELELA	Limpopo	1	01:56.70	802	E	
GAU167	509	HENDRIK KOEKEMOER	Gauteng	1	01:57.44	786	E	
NWP097	1054	J GROENEWALD	North West Province	2	01:57.86	777	E	
MPU081	864	JOHAN BERRENCE	Mpumalanga	2	01:56.82	799	E	
WCP147	1239	PAUL ROUX	Western Cape	3	01:58.42	765	E	
GAU164	506	DANIël GOUWS	Gauteng	3	01:56.87	798	E	
WCP145	1237	EMILE PIETERSE	Western Cape	4	01:59.00	753	E	
GAU166	508	FORTRESS NZIMA	Gauteng	4	01:57.01	795	E	
KZN052	626	MTHOBISI NKOSI	Kwazulu Natal	5	01:57.10	793	E	
KZN053	627	LUNGA MTHEMBU	Kwazulu Natal	5	02:00.12	732	E	
FSA137	280	H MOKOENA	Free State	6	02:01.16	713	E	
WCP135	1228	ERHARD KILOWAN	Western Cape	6	01:57.18	791	E	
LIM083	725	THABANG KGOMO	Limpopo	7	02:03.81	668	E	
MPU096	879	RIAAN SCHEEPERS	Mpumalanga	7	01:57.78	778	E	
FSA139	282	LERATO MOSUNYANE	Free State	8	02:04.43	659	E	
LIM097	739	KLASIE PRETORIUS	Limpopo	8	01:58.70	759	E	
GAU162	504	BENNET SELALA	Gauteng	9	02:02.51	690	E	
GAU160	502	TSEKO JACOBS	Gauteng	9	02:04.49	658	E	
FSA130	273	THABANG MAJANOOGA	Free State	10	02:03.90	667	E	
LIM099	741	CHUENE SELATI	Limpopo	10	02:08.04	606	E	
ECA076	76	O MPOTYE	Eastern Cape	11	02:10.28	575	E	
ECA134	134	Z SEMANGA	Eastern Cape	11	02:09.27	589	E	
LIM090	732	THAPELO MODISHANA	Limpopo	12	02:10.26	576	E	

159	B-17	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU166	508	FORTRESS NZIMA	Gauteng	1	01:56.82	799	E	
KZN052	626	MTHOBISI NKOSI	Kwazulu Natal	2	01:57.50	784	E	
GAU167	509	HENDRIK KOEKEMOER	Gauteng	3	01:57.64	781	E	
WCP147	1239	PAUL ROUX	Western Cape	4	01:58.05	773	E	
GAU164	506	DANIël GOUWS	Gauteng	5	01:58.32	767	E	
WCP135	1228	ERHARD KILOWAN	Western Cape	6	01:58.36	766	E	
NWP097	1054	J GROENEWALD	North West Province	7	01:58.97	754	E	
LIM087	729	REGGIE MAPHELELA	Limpopo	8	01:59.31	747	E	
MPU081	864	JOHAN BERRENCE	Mpumalanga	9	01:59.52	743	E	
MPU096	879	RIAAN SCHEEPERS	Mpumalanga	10	01:59.55	743	E	
LIM097	739	KLASIE PRETORIUS	Limpopo	11	02:00.35	728	E	
WCP145	1237	EMILE PIETERSE	Western Cape	12	02:03.75	669	E	

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35	B-17	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU153	495	MORENA MOKOENA	Gauteng	1	04:04.98	839	E	
MPU081	864	JOHAN BERRENCE	Mpumalanga	1	04:06.69	827	E	
FSA132	275	THEBOHO MOCK	Free State	2	04:06.10	831	E	
LIM087	729	REGGIE MAPHELELA	Limpopo	2	04:06.91	826	E	
WCP129	1222	DURAN FARO	Western Cape	3	04:06.33	830	E	
GAU155	497	SITHEMBILE DONDOLO	Gauteng	3	04:07.06	825	E	
KZN047	621	COSMOS MZOBE	Kwazulu Natal	4	04:06.88	826	E	
GAU157	499	THEODORE NOTHLING	Gauteng	4	04:07.61	821	E	
FSA145	288	ANASTACIUS ONTONG	Free State	5	04:07.08	825	E	
GAU160	502	TSEKO JACOBS	Gauteng	5	04:07.90	820	E	
FSA134	277	PUSELETSO MOFOKENG	Free State	6	04:09.43	810	E	
NWP103	1060	PIETER LINDE	North West Province	6	04:07.20	824	E	
FSA136	279	NTETA MOKGAPI	Free State	7	04:10.43	804	E	
KZN048	622	NKOSIKHONA MOHLAKOANE	Kwazulu Natal	7	04:10.59	803	E	
LIM091	733	ABRAM MOTAU	Limpopo	8	04:19.09	754	E	
LIM096	738	THABANG PHOSA	Limpopo	8	04:10.60	803	E	
KZN049	623	SAKHILE MTHEMBU	Kwazulu Natal	9	04:12.12	793	E	
WCP144	1236	UNATHI PHEZOLO	Western Cape	9	04:23.90	730	E	
ECA133	133	A PHAHLAMI	Eastern Cape	10	04:17.71	762	E	
LIM083	725	THABANG KGOMO	Limpopo	10	04:30.39	699	E	

71	B-17	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU155	497	SITHEMBILE DONDOLO	Gauteng	1	04:02.66	855	E	
MPU081	864	JOHAN BERRENCE	Mpumalanga	2	04:03.42	850	E	
LIM087	729	REGGIE MAPHELELA	Limpopo	3	04:05.56	835	E	
FSA134	277	PUSELETSO MOFOKENG	Free State	4	04:07.79	820	E	
GAU160	502	TSEKO JACOBS	Gauteng	5	04:09.57	809	E	
GAU153	495	MORENA MOKOENA	Gauteng	6	04:10.09	806	E	
KZN047	621	COSMOS MZOBE	Kwazulu Natal	7	04:11.77	796	E	
FSA145	288	ANASTACIUS ONTONG	Free State	8	04:12.06	794	E	
WCP129	1222	DURAN FARO	Western Cape	9	04:19.91	750	E	

165	B-17	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU155	497	SITHEMBILE DONDOLO	Gauteng	1	08:54.52	815	E	
GAU153	495	MORENA MOKOENA	Gauteng	2	08:54.96	814	E	
FSA145	288	ANASTACIUS ONTONG	Free State	3	08:56.18	811	E	
FSA134	277	PUSELETSO MOFOKENG	Free State	4	09:04.47	793	E	
KZN049	623	SAKHILE MTHEMBU	Kwazulu Natal	5	09:05.89	790	E	
LSE003	780	ADEM ZUBER	LSEN	6	09:07.53	787	E	
WCP144	1236	UNATHI PHEZOLO	Western Cape	7	09:18.68	765	E	
ECA065	65	L HLAZO	Eastern Cape	8	09:28.97	746	E	
GAU175	517	THAPELO MADIBA	Gauteng	9	09:35.94	733	E	
GAU176	518	PAUL MIYA	Gauteng	10	09:37.95	730	E	
WCP153	1244	NKOSINATHI SOTYANA	Western Cape	11	09:56.45	700	E	
LIM092	734	DIHLORISO MP SHANA	Limpopo	12	10:28.77	653	E	

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45	B-17	110 m Hekkie	/ 110 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU165	507	ELANDRE KOTZEE	Gauteng	1	00:14.24	802	1.9	E	
GAU168	510	JONATHAN FITZGERALD	Gauteng	1	00:14.20	805	1.2	E	
FSA142	285	GEORGE NIEUHOFF	Free State	2	00:14.35	793		E	
GAU171	513	MARK FENSHAM	Gauteng	2	00:14.33	794		E	
LIM082	724	MAHLATSE KATLEGO	Limpopo	3	00:14.61	773		E	
MPU083	866	BRANDON BURGER	Mpumalanga	3	00:14.33	794		E	
ECA072	72	K MALOTANA	Eastern Cape	4	00:15.13	736		E	
LIM086	728	TSHEPO MAMPURU	Limpopo	4	00:14.61	773		E	
NWP098	1055	M DAFFUE	North West Province	5	00:14.64	770		E	
ECA071	71	L MADIKE	Eastern Cape	6	00:15.91	687		E	
NCP033	946	JUSTIN SEQUIERA	Northern Cape Province	6	00:15.10	738		E	
ECA060	60	N BAKKES	Eastern Cape	7	00:15.52	711		E	

81	B-17	110 m Hekkie	/ 110 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU165	507	ELANDRE KOTZEE	Gauteng	1	00:14.15	809	-0.6	E	
FSA142	285	GEORGE NIEUHOFF	Free State	2	00:14.27	799	-0.6	E	
GAU171	513	MARK FENSHAM	Gauteng	3	00:14.28	799	-0.6	E	
GAU168	510	JONATHAN FITZGERALD	Gauteng	4	00:14.36	792	-0.6	E	
MPU083	866	BRANDON BURGER	Mpumalanga	5	00:14.47	783	-0.6	E	
NWP098	1055	M DAFFUE	North West Province	6	00:14.87	754	-0.6	E	
LIM082	724	MAHLATSE KATLEGO	Limpopo	7	00:14.99	745	-0.6	E	
LIM086	728	TSHEPO MAMPURU	Limpopo	8	00:16.10	676	-0.6	E	

122	B-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP152	1243	TAARIQ SOLOMON	Western Cape	1	00:52.51	898		E	
WCP122	1215	SCHALK BURGER	Western Cape	1	00:53.42	857		E	
LIM082	724	MAHLATSE KATLEGO	Limpopo	2	00:55.13	793		E	
GAU163	505	BERNADUS PRETORIUS	Gauteng	2	00:54.00	834		E	
NCP033	946	JUSTIN SEQUIERA	Northern Cape Province	3	00:56.23	757		E	
MPU082	865	ANELE BLAAUW	Mpumalanga	3	00:54.07	831		E	
NCP022	935	LB BYLSMA	Northern Cape Province	4	00:56.45	750		E	
WCP118	1211	CHADLEE BEUKES	Western Cape	4	00:54.61	811		E	
GAU173	515	STIAAN STEYN	Gauteng	5	00:55.12	793		E	
GAU145	487	RUAAN ERASMUS	Gauteng	5	00:56.82	739		E	
FSA120	263	JAMES DU PREEZ	Free State	6	00:56.85	738		E	
MPU090	873	CLEMENT MAKUTU	Mpumalanga	6	00:57.45	721		E	
FSA126	269	GERHARD KROESE	Free State	7	00:57.64	716		E	
NWP089	1046	JACO HAYWARD	North West Province	7	00:57.22	727		E	
ECA132	132	M JANTJIES	Eastern Cape	8	00:57.86	709		E	
ECA060	60	N BAKKES	Eastern Cape	8	00:57.66	715		E	

149	B-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP152	1243	TAARIQ SOLOMON	Western Cape	1	00:51.87	931		E	
WCP122	1215	SCHALK BURGER	Western Cape	2	00:51.90	930		E	
GAU163	505	BERNADUS PRETORIUS	Gauteng	3	00:53.84	840		E	
MPU082	865	ANELE BLAAUW	Mpumalanga	4	00:54.30	823		E	
GAU173	515	STIAAN STEYN	Gauteng	5	00:55.09	794		E	
LIM082	724	MAHLATSE KATLEGO	Limpopo	6	00:55.66	775		E	
NCP033	946	JUSTIN SEQUIERA	Northern Cape Province	7	00:55.73	773		E	
WCP118	1211	CHADLEE BEUKES	Western Cape	8	00:57.30	725		E	

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47	B-17	2000 m Hindernis	/ 2000 m Steeple Chase			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA130	273	THABANG MAJANO GOA	Free State	1	06:02.69	869		E	
FSA132	275	THEBOHO MOCK	Free State	2	06:05.55	859		E	
GAU136	478	ALFRED MPHUTI	Gauteng	3	06:08.49	850		E	
FSA144	287	OBAKENG MPAKANYANE	Free State	4	06:15.56	828		E	
WCP155	1246	ZUKISANI THETHANI	Western Cape	5	06:24.37	802		E	
FSA135	278	RANTSO MOKAPANE	Free State	6	06:24.98	801		E	
FSA143	286	SYDNEY NKOMNANE	Free State	7	06:25.10	800		E	
GAU138	480	BOQASHI SIZWE	Gauteng	8	06:32.07	782		E	
GAU156	498	TEBOGO SEGALAGALE	Gauteng	9	06:36.68	770		E	
ECA070	70	M LUNGO	Eastern Cape	10	06:44.59	751		E	
GAU140	482	FELIX MAPFUNGAUTSI	Gauteng	11	06:48.23	743		E	
WCP130	1223	ORION FARO	Western Cape	12	06:59.42	718		E	

98	B-17	10000 m Stap	/ 10000 m Walk			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA119	262	DAWIE DIPPENAAR	Free State	1	55:26.76	841		E	
ECA073	73	A MAYEKISO	Eastern Cape	2	56:05.62	834		E	
KZN050	624	LETHUKUTHULA MTHETHWA	Kwazulu Natal	3	59:14.06	803		E	
WCP150	1241	ALPHONSUS SALIDA	Western Cape	4	66:28.54	745		E	

176	B-17	4X100 m Aflos	/ 4X100 m Relay			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA05	1292	WESTERN CAPE	Western Cape	1	00:41.89	779		E	
GAUA05	570	GAUTENG	Gauteng	2	00:42.64	748		E	
ECAA02	142	EASTERN CAPE	Eastern Cape	3	00:42.85	739		E	

95	B-17	1000m Medley	/ 1000m Medley			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA11	576	GAUTENG	Gauteng	1	01:54.72	890		E	
WCPA11	1298	WESTERN CAPE	Western Cape	2	01:55.29	878		E	
FSAA08	340	FREE STATE	Free State	3	01:57.91	828		E	
NWPA11	1100	NORTH WEST	North West Province	4	02:00.05	793		E	

72	B-17	Hoogspring	/ High Jump			00:00.00	Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA146	289	BRANDON PRINSLOO	Free State	1	1.70	505		E	
LSE005	782	DERICK KGWEDI	LSEN	1	1.70	505		E	
LIM081	723	JOHAN ENSLIN	Limpopo	1	1.70	505		E	
NCP026	939	GIOVANNI JOSEPH	Northern Cape Province	1	1.85	662		E	
WCP142	1234	RAFIQUE NEL	Western Cape	1	1.70	505		E	
WCP161	1251	WILLEM VAN SCHHALKWYK	Western Cape	1	1.70	505		E	
WCP148	1240	CLYDE RUITERS	Western Cape	1	1.70	505		E	
NWP092	1049	T MOSETE	North West Province	1	1.70	505		E	
GAU137	479	ANTIAAN MOOSA	Gauteng	1	1.90	716		E	
GAU139	481	CRAIG CANHAM	Gauteng	1	1.70	505		E	
MPU098	881	SIBUSISO SIBANYONI	Mpumalanga	1	1.70	505		E	
MPU088	871	ARMAND LENHAGEN	Mpumalanga	1	1.70	505		E	

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112	B-17	Hoogspring	/ High Jump	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP148	1240	CLYDE RUITERS	Western Cape	1	2.03	864		E	
NWP092	1049	T MOSETE	North West Province	2	2.03	864		E	
GAU139	481	CRAIG CANHAM	Gauteng	3	1.98	806		E	
WCP161	1251	WILLEM VAN SCHALKWYK	Western Cape	4	1.93	749		E	
LSE005	782	DERICK KGWEDI	LSEN	5	1.93	749		E	
WCP142	1234	RAFIQUE NEL	Western Cape	6	1.93	749		E	
GAU137	479	ANTIAAN MOOSA	Gauteng	7	1.93	749		E	
FSA146	289	BRANDON PRINSLOO	Free State	8	1.88	694		E	
MPU088	871	ARMAND LENHAGEN	Mpumalanga	9	1.88	694		E	
LIM081	723	JOHAN ENSLIN	Limpopo	10	1.83	640		E	
NCP026	939	GIOVANNI JOSEPH	Northern Cape Province	11	1.83	640		E	
MPU098	881	SIBUSISO SIBANYONI	Mpumalanga	12	1.83	640		E	

6	B-17	Paalspring	/ Pole Vault	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP136	1229	ALBERT KORF	Western Cape	1	4.30	854		E	
FSA124	267	JARIK JANSEN	Free State	2	4.20	809		E	
FSA129	272	ARMAND LOTTER	Free State	3	4.10	764		E	
WCP125	1218	JUAN DE SWART	Western Cape	4	4.10	764		E	
ECA078	78	N PUTTERGILL	Eastern Cape	5	3.90	678		E	
FSA121	264	CHRISTIAN ELS	Free State	6	3.60	553		E	
ECA081	81	LYALL WATSON	Eastern Cape	7	3.60	553		E	

23	B-17	Verspring	/ Long Jump	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP105	1062	ROELF PIENAAR	North West Province	1	7.51	978	2.16	E	
MPU085	868	FRANCOIS COETZEE	Mpumalanga	2	7.08	923		E	
GAU154	496	MPHO MAPHUTHA	Gauteng	3	7.04	918		E	
WCP123	1216	ANVER CARELSE	Western Cape	4	6.68	794		E	
WCP160	1250	GHUSVILLE VAN SCHALKWYK	Western Cape	5	6.67	789		E	
NWP106	1063	JUSTIN KRUGER	North West Province	6	6.67	789		E	
GAU137	479	ANTIAAN MOOSA	Gauteng	7	6.50	712		E	
NCP028	941	V MAGINA	Northern Cape Province	8	6.47	699		E	
WCP132	1225	JUSTIN GEDULD	Western Cape	9	6.33	638		E	
KZN044	619	QUINTIN HITGE	Kwazulu Natal	10	6.32	634		E	
LIM085	727	PAUL MAKGOBE	Limpopo	11	6.28	617		E	
ECA075	75	S MJALI	Eastern Cape	12	6.27	613		E	
NCP023	936	HYDRON DU RAAN	Northern Cape Province	13	6.21	588		E	
GAU159	501	TINEWO MUZENDA	Gauteng	14	6.15	563		E	
FSA127	270	KGHOTSO LECHESA	Free State	15	6.15	563		E	
NCP030	943	LEE-ROY OLIVIER	Northern Cape Province	16	6.00	502		E	

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131	B-17	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP146	1238	GEAVAN PIETERSEN	Western Cape	1	14.22	849	1.8	E
GAU154	496	MPHO MAPHUTHA	Gauteng	2	14.01	806		E
WCP160	1250	GHUSVILLE VAN SCHALKWYK	Western Cape	3	13.98	800		E
MPU094	877	WILCOX PHAHLAMOHLAKA	Mpumalanga	4	13.95	794		E
GAU158	500	THOMAS PHUKUBYE	Gauteng	5	13.73	751		E
ECA072	72	K MALOTANA	Eastern Cape	6	13.65	736		E
ECA075	75	S MJALI	Eastern Cape	7	13.46	699		E
LIM088	730	THABO MATETE	Limpopo	8	13.36	680		E
NCP028	941	V MAGINA	Northern Cape Province	8	13.32	673		E
MPU089	872	LUNGA LIBAMBO	Mpumalanga	9	13.18	647		E
NCP023	936	HYDRON DU RAAN	Northern Cape Province	10	13.18	647		E
FSA118	261	JP DE LANGE	Free State	11	13.08	629		E
MPU090	873	CLEMENT MAKUTU	Mpumalanga	12	13.03	620		E
KZN064	638	BOHLALE MOFOKENG	Kwazulu Natal	13	12.90	596		E
NWP091	1048	THABILE TSATSI	North West Province	14	12.83	583		E

10	B-17	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU097	880	FRANS SCHUTTE	Mpumalanga	1	19.42	933		E
GAU151	493	JOHNNY BOTHA	Gauteng	2	18.26	909		E
MPU086	869	JACQUES DU PLESSIS	Mpumalanga	3	17.89	901		E
GAU149	491	CONSTANT VAN ROOYEN	Gauteng	4	17.50	881		E
WCP137	1230	JAN-LOUW KOTZE	Western Cape	5	17.32	870		E
ECA069	69	D LOMBARD	Eastern Cape	6	15.61	777		E
NWP090	1047	A BEUKES	North West Province	7	15.03	746		E
FSA116	259	RUDOLF BOTHA	Free State	8	14.87	738		E
GAU161	503	WALTER KARSTENS	Gauteng	9	13.60	672		E

150	B-17	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU086	869	JACQUES DU PLESSIS	Mpumalanga	1	60.60	934		E R
MPU097	880	FRANS SCHUTTE	Mpumalanga	2	57.38	915		E
GAU151	493	JOHNNY BOTHA	Gauteng	3	54.97	901		E
WCP156	1247	PETRUS UYS	Western Cape	4	51.42	842		E
WCP137	1230	JAN-LOUW KOTZE	Western Cape	5	51.05	836		E
WCP138	1231	THERON LIEBENBERG	Western Cape	6	50.15	821		E
GAU149	491	CONSTANT VAN ROOYEN	Gauteng	7	49.42	810		E
GAU147	489	SETH TOWNSEND	Gauteng	8	48.12	789		E
GAU170	512	MARITZ PIETER	Gauteng	9	47.94	786		E
NWP099	1056	BOSMAN	North West Province	10	40.94	677		E
ECA069	69	D LOMBARD	Eastern Cape	11	39.94	661		E
ECA077	77	JJ 00STHUIZEN	Eastern Cape	12	39.69	658		E
FSA115	258	FRANCOIS BENDER	Free State	13	39.33	652		E
LIM101	743	DENNIS VORSTER	Limpopo	14	30.57	512		E

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29	B-17	Spiesgooi	/ Javelin	00:00.00			Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA062	62	A DIEDERICKS	Eastern Cape	1	48.32	544		E	
FSA117	260	JAPIE BRITZ	Free State	1	56.17	677		E	
FSA138	281	LOFTUS MORRISON	Free State	1	59.73	740		E	
FSA148	291	FREDDIE WEPENER	Free State	1	56.19	678		E	
LIM100	742	REINHARDT VAN ZYL	Limpopo	1	58.92	725		E	
LIM095	737	JOHAN OLIVIER	Limpopo	1	56.00	674		E	
KZN043	618	LEROUX LOMBARD	Kwazulu Natal	1	60.72	758		E	
WCP127	1220	DANIEL DU TOIT	Western Cape	1	63.08	802		E	
WCP141	1233	MORNE MOOLMAN	Western Cape	1	72.85	937		E	
WCP119	1212	ROAN BIERMAN	Western Cape	1	60.38	752		E	
NWP108	1065	WAYNE SMITH	North West Province	1	61.41	770		E	
NWP109	1066	RYNO PIENAAR	North West Province	1	64.07	821		E	
GAU145	487	RUAAN ERASMUS	Gauteng	1	66.00	859		E	
GAU150	492	DYLAN JACOBS	Gauteng	1	65.60	851		E	
MPU093	876	PETER PEACOCK	Mpumalanga	1	56.30	679		E	
MPU087	870	JUAN FREYER	Mpumalanga	1	60.00	745		E	

70	B-17	Spiesgooi	/ Javelin	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP141	1233	MORNE MOOLMAN	Western Cape	1	75.03	955		E	
GAU150	492	DYLAN JACOBS	Gauteng	2	71.75	928		E	
GAU145	487	RUAAN ERASMUS	Gauteng	3	64.59	831		E	
WCP127	1220	DANIEL DU TOIT	Western Cape	4	63.12	802		E	
LIM100	742	REINHARDT VAN ZYL	Limpopo	5	62.69	794		E	
WCP119	1212	ROAN BIERMAN	Western Cape	6	60.86	760		E	
MPU087	870	JUAN FREYER	Mpumalanga	7	60.50	754		E	
NWP109	1066	RYNO PIENAAR	North West Province	8	60.45	753		E	
MPU093	876	PETER PEACOCK	Mpumalanga	9	55.81	671		E	
NWP108	1065	WAYNE SMITH	North West Province	10	52.89	621		E	
FSA117	260	JAPIE BRITZ	Free State	11	51.73	601		E	
FSA148	291	FREDDIE WEPENER	Free State	12	51.38	595		E	
LIM095	737	JOHAN OLIVIER	Limpopo	13	50.95	588		E	
ECA062	62	A DIEDERICKS	Eastern Cape	14	49.31	561		E	
FSA138	281	LOFTUS MORRISON	Free State	15	48.17	541		E	

124	B-17	Hamergooi	/ Hammer Throw	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA074	74	S MINNIE	Eastern Cape	1	65.19	941		E	R
FSA123	266	ROBERT JANSE V RENSBURG	Free State	2	62.50	930		E	
FSA122	265	CONRAY FLYNN	Free State	3	54.94	901		E	
ECA067	67	D KORKIE	Eastern Cape	4	49.97	845		E	
GAU142	484	GUILHERME DE FRANCA	Gauteng	5	49.73	842		E	
WCP157	1248	PRIEUR VD MERWE	Western Cape	6	48.98	833		E	
FSA131	274	FRANCOIS MALAN	Free State	7	47.47	816		E	
WCP133	1226	JACQUES HANSEN	Western Cape	8	47.31	815		E	
MPU091	874	ARMAND MARITZ	Mpumalanga	9	43.65	773		E	
FSA115	258	FRANCOIS BENDER	Free State	10	43.19	768		E	
NWP088	1045	JOHAN SHOENFIELD	North West Province	11	38.22	711		E	

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20	B-19	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA137	137	VOUGHAN CASLING	Eastern Cape	1	00:10.93	776	1.8	E	
FSA183	323	GIDEON TROTTER	Free State	1	00:10.56	844	1.5	E	
FSA179	319	TSHEPO QHOTSOKOANE	Free State	1	00:10.69	819	-0.4	E	
LIM113	755	PITUS MAIWASHE	Limpopo	1	00:10.71	815	0.1	E	
GAU217	558	LAVINE MORGAN	Gauteng	2	00:10.95	773		E	
GAU218	559	THEMBA MNGCIBISA	Gauteng	2	00:10.93	776		E	
GAU206	547	EMILE ERASMUS	Gauteng	2	00:10.90	781		E	
MPU105	888	PRINCE MAKGATO	Mpumalanga	2	00:10.75	808		E	
LSE006	783	CAMERON ALEXANDER	LSEN	3	00:11.01	763		E	
WCP179	1267	SHANE MUMBA	Western Cape	3	00:10.98	768		E	
NWP123	1079	D NEL	North West Province	3	00:10.95	773		E	
MPU102	885	DRIES HEFER	Mpumalanga	3	00:10.95	773		E	
LSE008	785	MARCUS GROUND	LSEN	4	00:11.14	743		E	
LIM107	749	NEIL KOEKEMOER	Limpopo	4	00:11.03	760		E	
WCP194	1282	QUINTIN APPOLIS	Western Cape	4	00:11.06	755		E	
MPU113	896	RUAN ROOS	Mpumalanga	4	00:11.08	752		E	
GAU203	544	WALDIE VAN DALEN	Gauteng	5	00:11.17	738		E	
GAU195	536	DEAN VISSER	Gauteng	5	00:11.05	757		E	
GAU198	539	LEBOGANG MAAGA	Gauteng	5	00:11.20	734		E	
MPU112	895	OKKIE POTGIETER	Mpumalanga	5	00:11.06	755		E	
LIM110	752	DAVID LEKHADE	Limpopo	6	00:11.61	678		E	
LIM103	745	PIETER BOOYSE	Limpopo	6	00:11.28	722		E	
NCP038	951	MYNHARDT KRITZINGER	Northern Cape Province	6	00:11.43	701		E	

59	B-19	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA183	323	GIDEON TROTTER	Free State	1	00:10.63	830	0.2	E	
FSA179	319	TSHEPO QHOTSOKOANE	Free State	1	00:10.59	838	-0.2	E	
GAU206	547	EMILE ERASMUS	Gauteng	2	00:10.73	811		E	
MPU105	888	PRINCE MAKGATO	Mpumalanga	2	00:10.64	828		E	
LSE006	783	CAMERON ALEXANDER	LSEN	3	00:10.93	776		E	
LIM113	755	PITUS MAIWASHE	Limpopo	3	00:10.74	809		E	
GAU217	558	LAVINE MORGAN	Gauteng	4	00:10.78	802		E	
MPU102	885	DRIES HEFER	Mpumalanga	4	00:10.97	770		E	
WCP179	1267	SHANE MUMBA	Western Cape	5	00:10.91	780		E	
NWP123	1079	D NEL	North West Province	5	00:11.00	765		E	
ECA137	137	VOUGHAN CASLING	Eastern Cape	6	00:11.05	757		E	
GAU218	559	THEMBA MNGCIBISA	Gauteng	6	00:10.92	778		E	
LIM107	749	NEIL KOEKEMOER	Limpopo	7	00:11.02	762		E	
GAU195	536	DEAN VISSER	Gauteng	7	00:11.12	746		E	
WCP194	1282	QUINTIN APPOLIS	Western Cape	8	00:11.06	755		E	

88	B-19	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA183	323	GIDEON TROTTER	Free State	1	00:10.49	859	1.6	E	
FSA179	319	TSHEPO QHOTSOKOANE	Free State	2	00:10.54	848	1.6	E	
MPU105	888	PRINCE MAKGATO	Mpumalanga	3	00:10.58	840	1.6	E	
GAU206	547	EMILE ERASMUS	Gauteng	4	00:10.79	800	1.6	E	
GAU217	558	LAVINE MORGAN	Gauteng	5	00:10.83	793	1.6	E	
LSE006	783	CAMERON ALEXANDER	LSEN	6	00:10.86	788	1.6	E	
MPU102	885	DRIES HEFER	Mpumalanga	7	00:10.94	775	1.6	E	

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109	B-19	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	92	A JABODWANA	Eastern Cape	1	00:21.89	799	0.7	E
GAU218	559	THEMBA MNGCIBISA	Gauteng	1	00:22.24	772	1.0	E
GAU196	537	DUWAYNE ANDREWS	Gauteng	1	00:22.17	777	0.5	E
MPU105	888	PRINCE MAKGATO	Mpumalanga	1	00:21.55	826	0.1	E
FSA185	325	WAYDE VAN NIEKERK	Free State	2	00:21.59	823		E
FSA183	323	GIDEON TROTTER	Free State	2	00:22.19	776		E
FSA179	319	TSHEPO QHOTSOKOANE	Free State	2	00:21.98	792		E
GAU195	536	DEAN VISSER	Gauteng	2	00:22.43	759		E
NWP123	1079	D NEL	North West Province	3	00:22.50	754		E
NWP124	1080	ROANNE GROBLER	North West Province	3	00:22.13	780		E
MPU116	899	JACQUES STRAUSS	Mpumalanga	3	00:22.51	753		E
MPU102	885	DRIES HEFER	Mpumalanga	3	00:22.18	777		E
LSE008	785	MARCUS GROUND	LSEN	4	00:22.52	753		E
WCP194	1282	QUINTIN APPOLIS	Western Cape	4	00:22.36	764		E
GAU206	547	EMILE ERASMUS	Gauteng	4	00:22.21	774		E
MPU112	895	OKKIE POTGIETER	Mpumalanga	4	00:22.65	744		E
LIM115	757	NKETLA MAREDI	Limpopo	5	00:22.68	742		E
WCP162	1252	ALVINO ANTHONY	Western Cape	5	00:22.68	742		E
GAU217	558	LAVINE MORGAN	Gauteng	5	00:22.42	759		E
GAU219	560	INNOCENT MASHININI	Gauteng	5	00:22.32	766		E
LSE006	783	CAMERON ALEXANDER	LSEN	6	00:22.53	752		E
NCP038	951	MYNHARDT KRITZINGER	Northern Cape Province	6	00:23.45	694		E
GAU203	544	WALDIE VAN DALEN	Gauteng	6	00:22.67	742		E
GAU198	539	LEBOGANG MAAGA	Gauteng	6	00:23.20	709		E
FSA158	299	A DE WET	Free State	7	00:22.82	733		E
NCP041	954	BOINGONTLO TSHABANG	Northern Cape Province	7	00:23.28	704		E

144	B-19	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	92	A JABODWANA	Eastern Cape	1	00:20.95	882	0.7	E
FSA183	323	GIDEON TROTTER	Free State	1	00:21.56	825	1.4	E
FSA185	325	WAYDE VAN NIEKERK	Free State	2	00:21.70	814		E
MPU105	888	PRINCE MAKGATO	Mpumalanga	2	00:21.65	818		E
GAU196	537	DUWAYNE ANDREWS	Gauteng	3	00:21.89	799		E
MPU102	885	DRIES HEFER	Mpumalanga	3	00:21.81	805		E
FSA179	319	TSHEPO QHOTSOKOANE	Free State	4	00:21.93	795		E
NWP124	1080	ROANNE GROBLER	North West Province	4	00:22.05	786		E
WCP194	1282	QUINTIN APPOLIS	Western Cape	5	00:21.99	791		E
GAU206	547	EMILE ERASMUS	Gauteng	5	00:22.06	786		E
NWP123	1079	D NEL	North West Province	6	00:22.50	754		E
GAU218	559	THEMBA MNGCIBISA	Gauteng	6	00:22.34	765		E
GAU217	558	LAVINE MORGAN	Gauteng	7	00:22.55	750		E
MPU116	899	JACQUES STRAUSS	Mpumalanga	7	00:22.63	745		E
GAU195	536	DEAN VISSER	Gauteng	8	00:22.70	740		E

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171	B-19	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	92	A JABODWANA	Eastern Cape	1	00:21.20	858	-2.3	E	
FSA185	325	WAYDE VAN NIEKERK	Free State	2	00:21.66	817	-2.3	E	
FSA183	323	GIDEON TROTTER	Free State	3	00:21.68	815	-2.3	E	
FSA179	319	TSHEPO QHOTSOKOANE	Free State	4	00:22.19	776	-2.3	E	
GAU196	537	DUWAYNE ANDREWS	Gauteng	5	00:22.25	772	-2.3	E	
MPU102	885	DRIES HEFER	Mpumalanga	6	00:22.29	769	-2.3	E	
NWP124	1080	ROANNE GROBLER	North West Province	7	00:23.35	700	-2.3	E	

30	B-19	400 m	/ 400 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN070	639	JUNAID SNERDON	Kwazulu Natal	1	00:48.33	814		E	
GAU196	537	DUWAYNE ANDREWS	Gauteng	1	00:48.31	815		E	
ECA097	97	L MAJEMERN	Eastern Cape	1	00:48.36	813		E	
NWP117	1073	SHAUN VAN WYK	North West Province	2	00:48.78	800		E	
FSA173	314	OLEBOGENG MOROKA	Free State	2	00:48.74	801		E	
GAU194	535	DANIEL HARRISON	Gauteng	2	00:48.36	813		E	
LIM115	757	NKETLA MAREDI	Limpopo	3	00:48.83	798		E	
NWP130	1086	K RAMASITA	North West Province	3	00:49.10	790		E	
NWP129	1085	Z DE JAGER	North West Province	3	00:48.72	802		E	
LIM109	751	BIKO LEGODI	Limpopo	4	00:49.00	793		E	
MPU103	886	PHIL JAMES	Mpumalanga	4	00:49.74	771		E	
FSA150	293	DUAN BEZUIDENHOUT	Free State	4	00:49.62	774		E	
NCP041	954	BOINGONTLO TSHABANG	Northern Cape Province	5	00:51.41	725		E	
FSA164	305	THABANG LEBONA	Free State	5	00:49.47	779		E	
FSA174	315	BURRIE NAUDE	Free State	5	00:49.67	773		E	
GAU199	540	MAREMO MATLOU	Gauteng	6	00:50.12	760		E	
MPU108	891	GIDEON MASHEGO	Mpumalanga	6	00:49.95	764		E	
LSE007	784	JOHN SELEBONGO	LSEN	7	00:53.34	679		E	
MPU121	903	ALFRED ZULU	Mpumalanga	7	00:50.26	756		E	

66	B-19	400 m	/ 400 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA097	97	L MAJEMERN	Eastern Cape	1	00:48.11	822		E	
GAU196	537	DUWAYNE ANDREWS	Gauteng	2	00:48.14	821		E	
KZN070	639	JUNAID SNERDON	Kwazulu Natal	3	00:48.23	818		E	
NWP117	1073	SHAUN VAN WYK	North West Province	4	00:48.37	813		E	
GAU194	535	DANIEL HARRISON	Gauteng	5	00:48.51	809		E	
NWP129	1085	Z DE JAGER	North West Province	6	00:48.55	807		E	
FSA173	314	OLEBOGENG MOROKA	Free State	7	00:49.26	785		E	
LIM115	757	NKETLA MAREDI	Limpopo	8	00:49.41	780		E	

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133	B-19	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP172	1262	FREDERIK GELDENHUYS	Western Cape	1	01:54.95	777	E	
GAU214	555	STEVEN MHLONGO	Gauteng	1	01:58.05	715	E	
FSA168	309	MPHAKA MAHLAPE	Free State	2	01:58.12	714	E	
WCP167	1257	MUHIJDEEN DAVIDS	Western Cape	2	01:55.01	776	E	
FSA186	326	RYNARDT VAN RENSBURG	Free State	3	01:58.37	710	E	
GAU211	552	RHYNHARD VAN ROOYEN	Gauteng	3	01:55.02	775	E	
KZN060	634	STHEMBISO NTULI	Kwazulu Natal	4	01:58.48	708	E	
GAU187	528	SIYABONGA DERISON	Gauteng	4	01:55.27	770	E	
FSA171	312	MOKHOANTLE MOLETSANE	Free State	5	01:55.40	767	E	
WCP185	1273	MARSHALL ROOI	Western Cape	5	01:58.70	704	E	
LIM114	756	JACOB MALEFO	Limpopo	6	01:57.10	733	E	
NWP126	1082	LUCAS GERMANO	North West Province	6	01:58.54	707	E	
MPU106	889	SIMPHIWE MKHUMBANE	Mpumalanga	7	01:59.20	695	E	
MPU122	904	BRENDON DRAPER	Mpumalanga	7	01:57.45	727	E	
LIM106	748	TAKALANI IMKHUMELENI	Limpopo	8	02:00.48	673	E	
LIM112	754	JACQUES LOUW	Limpopo	9	02:01.76	652	E	
ECA136	136	J BURGER	Eastern Cape	10	02:02.71	638	E	

161	B-19	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU214	555	STEVEN MHLONGO	Gauteng	1	01:52.43	836	E	
FSA186	326	RYNARDT VAN RENSBURG	Free State	2	01:53.01	821	E	
WCP167	1257	MUHIJDEEN DAVIDS	Western Cape	3	01:53.23	816	E	
FSA168	309	MPHAKA MAHLAPE	Free State	4	01:53.26	815	E	
GAU211	552	RHYNHARD VAN ROOYEN	Gauteng	5	01:54.21	793	E	
GAU187	528	SIYABONGA DERISON	Gauteng	6	01:55.52	765	E	
FSA171	312	MOKHOANTLE MOLETSANE	Free State	7	01:59.95	682	E	
NWP126	1082	LUCAS GERMANO	North West Province	8	02:01.00	665	E	
WCP172	1262	FREDERIK GELDENHUYS	Western Cape	9	02:01.05	664	E	
WCP185	1273	MARSHALL ROOI	Western Cape	10	02:03.34	628	E	
MPU122	904	BRENDON DRAPER	Mpumalanga	11	02:07.72	567	E	

12	B-19	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA098	98	Z MPIYAKHE	Eastern Cape	1	40:11.70	0	E	
FSA170	311	BENJAMIN MOLEHE	Free State	1	04:00.17	819	E	
FSA172	313	PETER MORGAN	Free State	1	04:01.40	811	E	
FSA169	310	ANDRIES MOKOMA	Free State	1	04:02.61	803	E	
LIM114	756	JACOB MALEFO	Limpopo	1	04:02.95	801	E	
LIM117	759	MATHEWS MONENE	Limpopo	1	04:04.00	794	E	
LIM106	748	TAKALANI IMKHUMELENI	Limpopo	1	04:03.56	797	E	
KZN055	629	MASANDE SHEZI	Kwazulu Natal	1	04:01.20	812	E	
KZN054	628	BONGINKOSI ZWANE	Kwazulu Natal	1	03:59.70	822	E	
NCP037	950	K ENTSHITSE	Northern Cape Province	1	03:57.00	841	E	
WCP172	1262	FREDERIK GELDENHUYS	Western Cape	1	04:09.17	764	E	
NWP131	1087	MOSES DIRAME	North West Province	1	04:01.90	808	E	
GAU180	521	CHARLES REYNOLDS	Gauteng	1	04:11.90	749	E	
GAU187	528	SIYABONGA DERISON	Gauteng	1	03:55.70	850	E	
GAU178	519	ARMIN BOTHA	Gauteng	1	03:57.20	839	E	
MPU110	893	BHEKI NKOSI	Mpumalanga	1	04:02.77	802	E	

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90	B-19	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU110	893	BHEKI NKOSI	Mpumalanga	1	03:55.02	855		E
ECA098	98	Z MPIYAKHE	Eastern Cape	2	03:55.36	853		E
GAU178	519	ARMIN BOTHA	Gauteng	3	03:56.27	846		E
GAU187	528	SIYABONGA DERISON	Gauteng	4	04:00.71	815		E
FSA169	310	ANDRIES MOKOMA	Free State	5	04:01.56	810		E
WCP172	1262	FREDERIK GELDENHUYS	Western Cape	6	04:03.40	798		E
FSA172	313	PETER MORGAN	Free State	7	04:03.55	797		E
LIM114	756	JACOB MALEFO	Limpopo	8	04:04.10	794		E
LIM117	759	MATHEWS MONENE	Limpopo	9	04:05.80	783		E
KZN054	628	BONGINKOSI ZWANE	Kwazulu Natal	10	04:10.61	756		E
LIM106	748	TAKALANI IMKHUMELENI	Limpopo	11	04:13.66	740		E
GAU180	521	CHARLES REYNOLDS	Gauteng	12	04:14.01	738		E
KZN055	629	MASANDE SHEZI	Kwazulu Natal	13	04:14.09	737		E

172	B-19	5000 m	/ 5000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU178	519	ARMIN BOTHA	Gauteng	1	15:08.16	808		E
ECA094	94	S JOYINI	Eastern Cape	2	15:27.77	785		E
LIM119	761	COLLEN MULAUDI	Limpopo	3	15:38.56	773		E
GAU222	563	THATO MOLATEDI	Gauteng	4	15:43.59	768		E
LIM116	758	JACOB MASEEMA	Limpopo	5	16:06.74	744		E
GAU221	562	REUBEN MANGENGENENE	Gauteng	6	16:48.60	705		E

46	B-19	110 m Hekkies	/ 110 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP189	1277	ALBERT SMITH	Western Cape	1	00:14.13	851	0.3	E
NWP124	1080	ROANNE GROBLER	North West Province	1	00:14.24	840	0.6	E
MPU117	900	MARINUS VAN DER MERWE	Mpumalanga	1	00:14.38	828	1.0	E
FSA177	317	EMMANUEL PAPGIS	Free State	2	00:14.30	835		E
GAU190	531	W PRETORIUS	Gauteng	2	00:14.32	833		E
MPU109	892	ROEDI NIEMAND	Mpumalanga	2	00:14.97	780		E
FSA165	306	TSHEPO LEFETE	Free State	3	00:14.36	830		E
LIM102	744	MAHLATSE BALOYI	Limpopo	3	00:15.11	770		E
NWP128	1084	HANNES GREYLING	North West Province	3	00:14.59	810		E
FSA178	318	TIAAN PIENAAR	Free State	4	00:14.37	829		E
GAU184	525	PHILLIP BOOYSEN	Gauteng	4	00:14.73	799		E
GAU188	529	STORME BURGER	Gauteng	4	00:15.64	734		E
ECA083	83	D BASSON	Eastern Cape	5	00:17.86	614		E
ECA135	135	T ALBERTS	Eastern Cape	5	00:15.81	723		E
NCP039	952	JUAN SIEBERHAGEN	Northern Cape Province	5	00:15.72	729		E
MPU111	894	SIFISO NTULI	Mpumalanga	6	00:16.67	673		E

82	B-19	110 m Hekkies	/ 110 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP124	1080	ROANNE GROBLER	North West Province	1	00:14.03	860	1.1	E
GAU190	531	W PRETORIUS	Gauteng	2	00:14.10	853	1.1	E
FSA177	317	EMMANUEL PAPGIS	Free State	3	00:14.13	851	1.1	E
FSA165	306	TSHEPO LEFETE	Free State	4	00:14.24	840	1.1	E
FSA178	318	TIAAN PIENAAR	Free State	5	00:14.58	811	1.1	E
MPU109	892	ROEDI NIEMAND	Mpumalanga	6	00:14.90	786	1.1	E
MPU117	900	MARINUS VAN DER MERWE	Mpumalanga	7	00:21.04	494	1.1	E
WCP189	1277	ALBERT SMITH	Western Cape	8	00:24.00	410	1.1	E

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123	B-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP187	1275	LAYNE SCHEEPERS	Western Cape	1	00:53.47	805		E	
WCP163	1253	LEROY BITTERHOUT	Western Cape	1	00:53.32	810		E	
NWP116	1072	LE ROUX HAMMAN	North West Province	1	00:53.52	803		E	
LIM107	749	NEIL KOEKEMOER	Limpopo	2	00:53.63	799		E	
WCP175	1263	HERMAN LANGENHOVEN	Western Cape	2	00:54.13	782		E	
NWP117	1073	SHAUN VAN WYK	North West Province	2	00:53.61	800		E	
FSA159	300	CRAIG FORTEIN	Free State	3	00:54.28	776		E	
WCP169	1259	JOHN DURR WILLIAM	Western Cape	3	00:57.48	682		E	
GAU184	525	PHILLIP BOOYSEN	Gauteng	3	00:53.83	792		E	
FSA165	306	TSHEPO LEFETE	Free State	4	00:56.76	701		E	
KZN058	632	ROSS MARSHALL	Kwazulu Natal	4	00:59.06	643		E	
MPU114	897	JONTY SHELTON	Mpumalanga	4	00:55.17	748		E	
ECA086	86	AJJ COETZEE	Eastern Cape	5	00:55.24	746		E	
GAU208	549	JOHANNES HATTINGH	Gauteng	5	00:64.50	531		E	
NCP036	949	ADOLF DU PLESSIS	Northern Cape Province	6	00:59.74	627		E	

153	B-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP116	1072	LE ROUX HAMMAN	North West Province	1	00:52.29	851		E	
NWP117	1073	SHAUN VAN WYK	North West Province	2	00:52.31	850		E	
WCP163	1253	LEROY BITTERHOUT	Western Cape	3	00:53.26	813		E	
GAU184	525	PHILLIP BOOYSEN	Gauteng	4	00:53.36	809		E	
WCP175	1263	HERMAN LANGENHOVEN	Western Cape	5	00:54.39	773		E	
WCP187	1275	LAYNE SCHEEPERS	Western Cape	6	00:56.32	714		E	
FSA159	300	CRAIG FORTEIN	Free State	7	00:57.09	692		E	
LIM107	749	NEIL KOEKEMOER	Limpopo	8	00:68.72	460		E	

60	B-19	3000 m Hindernis	/ 3000 m Steeple Chase	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN061	635	SPHAMANDLA NYEMBE	Kwazulu Natal	1	09:21.40	898		E	
FSA176	316	ERNEST NKOKO	Free State	2	09:29.29	889		E	
WCP178	1266	SYDWELL MDZANGA	Western Cape	3	09:37.83	880		E	
FSA172	313	PETER MORGAN	Free State	4	09:38.92	879		E	
GAU221	562	REUBEN MANGENGENENE	Gauteng	5	09:52.59	866		E	
GAU182	523	DEWAN BOTHA	Gauteng	6	10:00.61	858		E	
WCP188	1276	LOCHNER SLABBERT	Western Cape	7	10:15.11	845		E	
FSA170	311	BENJAMIN MOLEHE	Free State	8	10:15.51	845		E	
GAU186	527	SIFISO MNCWANGO	Gauteng	9	10:37.94	826		E	
ECA089	89	M FRANS	Eastern Cape	10	11:04.17	806		E	
GAU189	530	VLADIMIR GCABA	Gauteng	11	11:45.80	778		E	

2	B-19	10000 m Stap	/ 10000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP111	1067	JEANDRE BOTES	North West Province	1	50:23.56	861		E	
NWP113	1069	ENRICO WALTERS	North West Province	2	51:42.03	846		E	
FSA155	297	MTHEMBI CHAUKE	Free State	3	52:18.85	838		E	
ECA101	101	S TAAI	Eastern Cape	4	57:54.53	782		E	
KZN057	631	SIBUSISIO NKOSI	Kwazulu Natal	5	60:19.88	762		E	

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97	B-19	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSAA03	335	FREE STATE	Free State	1	00:41.89	739		E
ECAA01	141	EASTERN CAPE	Eastern Cape	2	00:41.97	736		E
NWPA06	1095	NORTH WEST	North West Province	3	00:42.19	727		E
WCPA06	1293	WESTERN CAPE	Western Cape	4	00:42.40	719		E
MPUA06	910	MPUMALANGA	Mpumalanga	5	00:42.57	713		E
GAUA06	571	GAUTENG	Gauteng	6	00:42.60	712		E
LIMA06	771	LIMPOPO	Limpopo	7	00:44.01	663		E

178	B-19	4 X400 m Aflos	/ 4X400 m Relay	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA12	577	GAUTENG	Gauteng	1	03:13.47	790		E
FSAA09	341	FREE STATE	Free State	2	03:14.29	782		E
NWPA12	1101	NORTH WEST	North West Province	3	03:18.73	742		E
WCPA12	1299	WESTERN CAPE	Western Cape	4	03:19.35	737		E
ECAA10	1308	EASTERN CAPE	Eastern Cape	5	03:22.03	715		E
LIMA12	777	LIMPOPO	Limpopo	6	03:22.98	707		E
KZNA03	642	KWAZULU NATAL	Kwazulu Natal	7	03:27.58	673		E

51	B-19	Hoogspring	/ High Jump	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA140	140	B THYSSE	Eastern Cape	1	1.90	658		E
ECA088	88	GARTH ELLIS	Eastern Cape	1	1.92	679		E
FSA152	295	GARETH BREDENHANN	Free State	1	2.00	764		E
FSA181	321	JAN STEYTLER	Free State	1	2.03	797		E
FSA185	325	WAYDE VAN NIEKERK	Free State	1	2.05	819		E
FSA187	327	BERNARD VILJOEN	Free State	1	2.00	764		E
FSA189	329	HEINRICH WENTZEL	Free State	1	1.95	710		E
LIM104	746	STEFAN CRAFFORD	Limpopo	1	1.94	700		E
NCP040	953	TRAVIS SMIT	Northern Cape Province	1	1.98	742		E
WCP181	1269	LUVU NKEWU	Western Cape	1	2.00	764		E
NWP127	1083	M MZILIKAZI	North West Province	1	1.80	555		E
GAU212	553	SHAWN MNISI	Gauteng	1	2.03	797		E
GAU204	545	ANDRE SMIT	Gauteng	1	1.97	732		E
GAU185	526	ROBERT HILL	Gauteng	1	2.06	831		E
MPU104	887	RIKUS KOK	Mpumalanga	1	2.00	764		E
WCP223	1305	CAREL VAN EEDEN	Western Cape	1	00:00.00	0		E

130	B-19	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU104	887	RIKUS KOK	Mpumalanga	1	2.09	865		E
FSA185	325	WAYDE VAN NIEKERK	Free State	2	2.04	808		E
FSA181	321	JAN STEYTLER	Free State	3	2.04	808		E
GAU185	526	ROBERT HILL	Gauteng	4	1.99	753		E
WCP181	1269	LUVU NKEWU	Western Cape	4	1.99	753		E
GAU204	545	ANDRE SMIT	Gauteng	6	1.99	753		E
NCP040	953	TRAVIS SMIT	Northern Cape Province	7	1.94	700		E
ECA088	88	GARTH ELLIS	Eastern Cape	8	1.94	700		E
FSA152	295	GARETH BREDENHANN	Free State	9	1.89	647		E
FSA189	329	HEINRICH WENTZEL	Free State	10	1.89	647		E
ECA140	140	B THYSSE	Eastern Cape	11	1.89	647		E
FSA187	327	BERNARD VILJOEN	Free State	12	1.84	596		E
LIM104	746	STEFAN CRAFFORD	Limpopo	12	1.84	596		E
WCP223	1305	CAREL VAN EEDEN	Western Cape	12	1.84	596		E
NWP127	1083	M MZILIKAZI	North West Province	15	1.84	596		E

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135	B-19	Paalspring	/ Pole Vault	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP193	1281	RUAAN VAN WYK	Western Cape	1	4.50	814		E	
WCP182	1270	SAMUEL PELLISSIER	Western Cape	2	4.40	773		E	
FSA163	304	STEFAN JORDAAN	Free State	3	3.90	574		E	

5	B-19	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP176	1264	LUVO MANYONGA	Western Cape	1	7.51	933	1.84	E	R
MPU109	892	ROEDI NIEMAND	Mpumalanga	2	7.09	830		E	R
WCP170	1260	EDWARD EDONIS	Western Cape	3	6.95	768		E	
WCP164	1254	STEFAN BRITS	Western Cape	4	6.95	768		E	
GAU185	526	ROBERT HILL	Gauteng	5	6.88	737		E	
FSA180	320	TEBE SEBUSE	Free State	6	6.73	674		E	
ECA093	93	C JORDAAN	Eastern Cape	7	6.57	609		E	
MPU120	902	EUGENE ZIKODE	Mpumalanga	8	6.51	585		E	
LIM120	762	SEDZANI MUSWEDE	Limpopo	9	6.39	538		E	
NWP120	1076	MASEGO MOGAPI	North West Province	10	6.34	519		E	
MPU107	890	NHLANHLA MASEMOLA	Mpumalanga	12	6.04	406		E	
GAU192	533	BRUCE HARPER	Gauteng	13	5.97	380		E	

100	B-19	Driesprong	/ Triple Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA085	85	L BRAMWILL	Eastern Cape	1	14.92	861	1.1	E	
GAU215	556	THABO MNYAMANE	Gauteng	2	14.62	803		E	
ECA082	82	DWAYNE ADAMS	Eastern Cape	3	14.24	731		E	
WCP170	1260	EDWARD EDONIS	Western Cape	4	14.06	698		E	
ECA093	93	C JORDAAN	Eastern Cape	5	13.97	682		E	
WCP186	1274	PHAKAMISA SAMBOURNE	Western Cape	6	13.83	657		E	
GAU216	557	TUMISANG MOUMAKOE	Gauteng	7	13.59	615		E	
GAU207	548	H OLMESDAHL	Gauteng	8	13.52	603		E	
NWP125	1081	T SUPING	North West Province	9	13.35	574		E	
GAU185	526	ROBERT HILL	Gauteng	10	13.27	560		E	
FSA184	324	LAWRENCE TSEITSI	Free State	11	13.26	558		E	

28	B-19	Gewigstoot	/ Shot Put	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU115	898	DONOVAN STEBBING	Mpumalanga	1	17.10	904		E	
GAU200	541	PAUL VAN DEN BERG	Gauteng	2	15.87	837		E	
FSA162	303	CHARL GROBLER	Free State	3	15.69	827		E	
FSA156	298	PIERRE COETZEE	Free State	4	14.79	776		E	
LIM105	747	DIRK GROBBELAAR	Limpopo	5	14.76	774		E	
LIM111	753	RIGHARDT LEMMER	Limpopo	6	14.29	748		E	
GAU191	532	ANTON STEENKAMP	Gauteng	7	14.16	741		E	
NWP122	1078	FJ DE KOCK	North West Province	8	14.05	735		E	
WCP168	1258	ERNST DU TOIT	Western Cape	9	12.82	668		E	
GAU201	542	PETRUS DU TOIT	Gauteng	10	12.53	652		E	

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111	B-19	Diskusgooi	/ Discus Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA162	303	CHARL GROBLER	Free State	1	53.73	912		E	
FSA153	296	CHARLES BURGER	Free State	2	48.09	834		E	
NWP121	1077	R LOURENS	North West Province	3	45.80	795		E	
MPU115	898	DONOVAN STEBBING	Mpumalanga	4	45.14	784		E	
GAU200	541	PAUL VAN DEN BERG	Gauteng	5	44.92	780		E	
FSA156	298	PIERRE COETZEE	Free State	6	43.94	764		E	
WCP166	1256	WYNAND CARSTENS	Western Cape	7	43.78	762		E	
GAU197	538	LE ROUX BODENSTEIN	Gauteng	8	41.65	726		E	
NWP122	1078	FJ DE KOCK	North West Province	9	41.08	717		E	
GAU191	532	ANTON STEENKAMP	Gauteng	10	40.37	705		E	
ECA087	87	J DAVIS	Eastern Cape	11	39.98	699		E	
WCP168	1258	ERNST DU TOIT	Western Cape	12	39.88	697		E	
NCP038	951	MYNHARDT KRITZINGER	Northern Cape Province	13	38.98	682		E	
MPU119	901	JANCO WANDRAG	Mpumalanga	14	39.29	688		E	
LIM111	753	RIGHARDT LEMMER	Limpopo	15	30.12	534		E	

17	B-19	Spiesgooi	/ Javelin	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU181	522	DEAN GOOSEN	Gauteng	1	66.67	865		E	
WCP192	1280	ROCCO VAN ROOYEN	Western Cape	2	61.91	773		E	
FSA192	332	CHARL WILLEMSE	Free State	3	60.77	752		E	
GAU183	524	MALAN SNYMAN	Gauteng	4	59.37	727		E	
WCP195	1283	CAMERON WRIGHT	Western Cape	5	58.13	706		E	
NWP118	1074	M PAPE	North West Province	6	54.86	649		E	
LIM108	750	THIAAN KRUGER	Limpopo	7	54.44	642		E	
LIM122	764	TJAART VAN WYK	Limpopo	8	54.08	636		E	
ECA090	90	CHAD HERMAN	Eastern Cape	9	53.97	634		E	
ECA087	87	J DAVIS	Eastern Cape	10	53.34	623		E	
NWP119	1075	F VAN TONDER	North West Province	11	53.20	621		E	
MPU101	884	RENIER DE VILLIERS	Mpumalanga	13	53.01	618		E	

56	B-19	Spiesgooi	/ Javelin	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP192	1280	ROCCO VAN ROOYEN	Western Cape	1	70.42	915		E	
WCP195	1283	CAMERON WRIGHT	Western Cape	2	66.83	868		E	
GAU181	522	DEAN GOOSEN	Gauteng	3	64.32	818		E	
GAU183	524	MALAN SNYMAN	Gauteng	4	64.03	813		E	
FSA192	332	CHARL WILLEMSE	Free State	5	60.90	755		E	
LIM122	764	TJAART VAN WYK	Limpopo	6	56.76	682		E	
NWP118	1074	M PAPE	North West Province	7	55.85	666		E	
ECA087	87	J DAVIS	Eastern Cape	8	55.48	660		E	
LIM108	750	THIAAN KRUGER	Limpopo	10	54.77	648		E	
NWP119	1075	F VAN TONDER	North West Province	11	54.77	648		E	
ECA090	90	CHAD HERMAN	Eastern Cape	12	48.38	540		E	
MPU101	884	RENIER DE VILLIERS	Mpumalanga	12	53.85	632		E	

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163	B-19	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP165	1255	TERTIUS BRUWER	Western Cape	1	57.16	906		E	
WCP171	1261	RENALDO FRECHOU	Western Cape	2	56.02	901		E	
MPU115	898	DONOVAN STEBBING	Mpumalanga	3	54.16	883		E	
NWP114	1070	FRANCOIS MINAAR	North West Province	4	53.33	873		E	
WCP180	1268	TIAAN NAUDE	Western Cape	5	51.43	852		E	
ECA096	96	G LOTZ	Eastern Cape	6	49.68	833		E	
ECA100	100	M STRYDOM	Eastern Cape	7	48.44	819		E	
KZN056	630	ROBERT SHEUN	Kwazulu Natal	8	46.97	802		E	
NWP115	1071	RC MEYER	North West Province	9	45.31	784		E	
FSA166	307	LUDOLF LODEWYK	Free State	10	38.29	705		E	