

SASA National Primary Schools Track & Field Championships
2009/03/30

Result per Age

G-10

7	G-10	80 m	/ 80 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE009	133	Thokozile Mbuli	Free State Province	1	00:11.66	725	-0.6	E
GAU014	314	Nicola de Bruyn	Gauteng Province	1	00:10.99	900	-0.7	E
WCP016	1023	Hope Walker	Western Cape Province	1	00:11.95	662	-2.4	E
WCP011	1018	Lusanda Nkutu	Western Cape Province	1	00:11.79	696	-1.0	E
ECP008	8	Asive Tshobonga	Eastern Cape Province	2	00:12.02	648		E
FRE007	131	Anja Kotze	Free State Province	2	00:12.15	622		E
GAU018	318	Michaela Wright	Gauteng Province	2	00:11.64	730		E
NWP001	890	Megan Menin	North West Province	2	00:11.67	723		E
ECP010	10	Anelisa Xotyeni	Eastern Cape Province	3	00:12.28	596		E
FRE013	137	Simoné Ras	Free State Province	3	00:11.84	685		E
KZN006	534	Gugu Gumede	KwaZulu Natal	3	00:11.89	675		E
KZN005	533	Noluthando Sibisi	KwaZulu Natal	3	00:12.03	645		E
GAU017	317	Taylor Underhay	Gauteng Province	4	00:11.90	672		E
WCP005	1012	Katrina de Peers	Western Cape Province	4	00:11.86	681		E
MPU002	712	Kenny Hope	Mpumalanga Province	5	00:11.97	658		E
NCP004	834	Nadine Markus	Northern Cape Province	6	00:12.05	641		E

33	G-10	80 m	/ 80 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	314	Nicola de Bruyn	Gauteng Province	1	00:11.08	873	-0.4	E
WCP016	1023	Hope Walker	Western Cape Province	1	00:10.09	1189	1.9	E R
GAU018	318	Michaela Wright	Gauteng Province	2	00:10.20	1152		E R
MPU002	712	Kenny Hope	Mpumalanga Province	2	00:11.58	744		E
NWP001	890	Megan Menin	North West Province	3	00:10.24	1139		E R
WCP011	1018	Lusanda Nkutu	Western Cape Province	3	00:11.62	734		E
KZN006	534	Gugu Gumede	KwaZulu Natal	4	00:10.27	1129		E R
FRE013	137	Simoné Ras	Free State Province	5	00:10.40	1086		E R

46	G-10	80 m	/ 80 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	314	Nicola de Bruyn	Gauteng Province	1	00:10.96	909	0.9	E
NWP001	890	Megan Menin	North West Province	2	00:11.59	741	0.9	E
WCP011	1018	Lusanda Nkutu	Western Cape Province	3	00:11.60	739	0.9	E
WCP016	1023	Hope Walker	Western Cape Province	4	00:11.66	725	0.9	E
GAU018	318	Michaela Wright	Gauteng Province	5	00:11.68	721	0.9	E
MPU002	712	Kenny Hope	Mpumalanga Province	6	00:11.72	712	0.9	E
FRE013	137	Simoné Ras	Free State Province	7	00:11.80	694	0.9	E
KZN006	534	Gugu Gumede	KwaZulu Natal	8	00:11.80	694	0.9	E

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83	G-10	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	314	Nicola de Bruyn	Gauteng Province	1	00:13.74	912	0.2	E	
MPU002	712	Kenny Hope	Mpumalanga Province	1	00:14.27	794	0.5	E	
NWP001	890	Megan Menin	North West Province	1	00:14.30	788	0.1	E	
FRE013	137	Simoné Ras	Free State Province	1	00:14.35	778		E	
FRE010	134	Elrie Meyer	Free State Province	2	00:14.42	765		E	
GAU018	318	Michaela Wright	Gauteng Province	2	00:14.38	772		E	
GAU017	317	Taylor Underhay	Gauteng Province	2	00:14.67	718		E	
WCP003	1010	Bernadette B Kayembe	Western Cape Province	2	00:14.31	786		E	
FRE009	133	Thokozile Mbuli	Free State Province	3	00:14.51	747		E	
GAU016	316	Bridget Mnisi	Gauteng Province	3	00:14.66	720		E	
LIM008	626	Agreement Novela	Limpopo Province	3	00:14.93	673		E	
WCP016	1023	Hope Walker	Western Cape Province	3	00:14.34	780		E	
ECP008	8	Asive Tshobonga	Eastern Cape Province	4	00:14.87	683		E	
FRE004	128	Cherie Gower	Free State Province	4	00:14.90	678		E	
WCP011	1018	Lusanda Nkutu	Western Cape Province	4	00:14.48	753		E	
ECP006	6	Inga Mnqanqeni	Eastern Cape Province	5	00:14.66	720		E	

101	G-10	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	314	Nicola de Bruyn	Gauteng Province	1	00:13.71	919	0	E	
WCP003	1010	Bernadette B Kayembe	Western Cape Province	1	00:14.26	796	0.8	E	
FRE010	134	Elrie Meyer	Free State Province	2	00:14.50	749		E	
WCP011	1018	Lusanda Nkutu	Western Cape Province	2	00:14.37	774		E	
MPU002	712	Kenny Hope	Mpumalanga Province	3	00:14.52	746		E	
WCP016	1023	Hope Walker	Western Cape Province	3	00:14.53	744		E	
FRE009	133	Thokozile Mbuli	Free State Province	4	00:14.54	742		E	
GAU018	318	Michaela Wright	Gauteng Province	4	00:14.58	734		E	

122	G-10	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	314	Nicola de Bruyn	Gauteng Province	1	00:13.64	936	0.0	E	
WCP011	1018	Lusanda Nkutu	Western Cape Province	2	00:14.27	794	0.0	E	
WCP003	1010	Bernadette B Kayembe	Western Cape Province	3	00:14.38	772	0.0	E	
GAU018	318	Michaela Wright	Gauteng Province	4	00:14.40	768	0.0	E	
FRE010	134	Elrie Meyer	Free State Province	5	00:14.43	763	0.0	E	
WCP016	1023	Hope Walker	Western Cape Province	6	00:14.48	753	0.0	E	
MPU002	712	Kenny Hope	Mpumalanga Province	7	00:14.51	747	0.0	E	
FRE009	133	Thokozile Mbuli	Free State Province	8	00:14.67	718	0.0	E	

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55	G-10	1200 m	/ 1200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP007	7	Nolufefe Pakosi	Eastern Cape Province	1	04:11.42	644		E	
FRE014	138	Carien Sander	Free State Province	1	04:09.52	663		E	
KZN001	529	Londiwe Dlamini	KwaZulu Natal	2	04:12.65	632		E	
LIM001	619	Betty Kgosana	Limpopo Province	2	04:09.79	660		E	
LIM009	627	Lara Schutte	Limpopo Province	3	04:13.38	625		E	
LIM003	621	Germinah Malatjie	Limpopo Province	3	04:10.17	656		E	
NWP004	893	Dominique Barnard	North West Province	4	04:14.60	613		E	
WCP001	1008	Lelanie Afrika	Western Cape Province	4	04:13.01	628		E	
GAU008	308	Natasha Steinberg	Gauteng Province	5	04:15.50	605		E	
WCP013	1020	Githe Stander	Western Cape Province	5	04:14.48	614		E	
ECP002	2	Esethu Hlazo	Eastern Cape Province	6	04:16.20	598		E	
KZN002	530	Ayanda Nxumalo	KwaZulu Natal	6	04:19.21	571		E	
GAU002	302	Katrin Henzen	Gauteng Province	7	04:20.14	563		E	
LIM011	629	Gizelda Strauss	Limpopo Province	7	04:16.73	593		E	
FRE005	129	Anche Horak	Free State Province	8	04:16.74	593		E	
KZN003	531	Anele Khumalo	KwaZulu Natal	8	04:24.11	529		E	

120	G-10	1200 m	/ 1200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP007	7	Nolufefe Pakosi	Eastern Cape Province	1	04:03.17	730		E	
KZN002	530	Ayanda Nxumalo	KwaZulu Natal	2	04:03.98	721		E	
FRE014	138	Carien Sander	Free State Province	3	04:05.20	708		E	
KZN003	531	Anele Khumalo	KwaZulu Natal	4	04:08.34	675		E	
FRE005	129	Anche Horak	Free State Province	5	04:11.50	643		E	
GAU008	308	Natasha Steinberg	Gauteng Province	6	04:12.90	629		E	
LIM009	627	Lara Schutte	Limpopo Province	7	04:14.13	618		E	
LIM011	629	Gizelda Strauss	Limpopo Province	8	04:15.28	607		E	

22	G-10	70 m Hekkies	/ 70 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE002	126	Ané Erasmus	Free State Province	1	00:12.64	817	2.5	E	
GAU011	311	Daniëlle v Zyl	Gauteng Province	1	00:12.29	905	2.5	E	
FRE007	131	Anja Kotze	Free State Province	2	00:13.07	723		E	
GAU004	304	Kayla Koch	Gauteng Province	2	00:12.37	884		E	
FRE003	127	Simone Gouws	Free State Province	3	00:13.29	680		E	
GAU015	315	Velmein Hendricks	Gauteng Province	3	00:12.75	791		E	
MPU010	720	Inge vd Merwe	Mpumalanga Province	4	00:12.79	782		E	
WCP014	1021	Janet Stander	Western Cape Province	5	00:12.93	752		E	

57	G-10	70 m Hekkies	/ 70 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU011	311	Daniëlle v Zyl	Gauteng Province	1	00:12.40	876	0.7	E	
FRE002	126	Ané Erasmus	Free State Province	2	00:12.56	836		E	
GAU004	304	Kayla Koch	Gauteng Province	3	00:12.60	826		E	
WCP014	1021	Janet Stander	Western Cape Province	4	00:12.97	744		E	
MPU010	720	Inge vd Merwe	Mpumalanga Province	5	00:12.99	739		E	
FRE007	131	Anja Kotze	Free State Province	6	00:13.02	733		E	
FRE003	127	Simone Gouws	Free State Province	7	00:13.25	687		E	
GAU015	315	Velmein Hendricks	Gauteng Province	8	00:13.49	642		E	

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69	G-10	4X100 m Aflos	/ 4X100 m Relay		00:00.00	Heats			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FREA01	294	Free State	Free State Province	1	00:58.68	838		E	
GAUA01	521	Gauteng	Gauteng Province	1	00:57.44	906		E	
KZNA01	611	KwaZulu Natal	KwaZulu Natal	2	00:60.61	745		E	
NWPA01	1000	North West	North West Province	2	00:58.54	845		E	
MPUA01	823	Mpumalanga	Mpumalanga Province	3	00:61.29	715		E	
WCPA01	1172	Western Cape	Western Cape Province	3	00:60.24	762		E	
LIMA01	703	Limpopo	Limpopo Province	4	00:61.81	693		E	
NCPA01	883	Northern Cape	Northern Cape Province	4	00:61.52	705		E	

133	G-10	4X100 m Aflos	/ 4X100 m Relay		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA01	521	Gauteng	Gauteng Province	1	00:56.34	971		E	
FREA01	294	Free State	Free State Province	2	00:57.25	917		E	
NWPA01	1000	North West	North West Province	3	00:58.18	864		E	
WCPA01	1172	Western Cape	Western Cape Province	4	00:58.87	828		E	
MPUA01	823	Mpumalanga	Mpumalanga Province	5	00:60.28	760		E	
KZNA01	611	KwaZulu Natal	KwaZulu Natal	6	00:60.36	756		E	

28	G-10	Hoogspring	/ High Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU008	718	Katelyn Rothballer	Mpumalanga Province	1	1.39	952		E	R
MPU007	717	Lizandé Pretorius	Mpumalanga Province	2	1.30	900		E	
NWP008	897	G Buys	North West Province	3	1.24	805		E	
FRE008	132	Marlene Lebeko	Free State Province	4	1.24	805		E	
NCP006	836	Jeanne Smith	Northern Cape Province	5	1.24	805		E	
FRE011	135	Mapaseka Mofokeng	Free State Province	6	1.21	757		E	
GAU013	313	Amy Wiggett	Gauteng Province	7	1.18	709		E	
ECP003	3	Wilmi Koen	Eastern Cape Province	8	1.15	661		E	
FRE013	137	Simoné Ras	Free State Province	8	1.15	661		E	
GAU012	312	Sume v Blerk	Gauteng Province	8	1.15	661		E	
LIM002	620	Tsireledzi Madoba	Limpopo Province	8	1.15	661		E	

106	G-10	Verspring	/ Long Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP004	1011	Annuske Coertse	Western Cape Province	1	4.35	904	1.6	E	
NCP008	838	Robin Vorster	Northern Cape Province	2	4.19	838		E	
GAU004	304	Kayla Koch	Gauteng Province	3	4.17	828		E	
GAU010	310	Maryna v Staden	Gauteng Province	4	4.16	824		E	
GAU005	305	Amogelang Motloug	Gauteng Province	5	4.15	819		E	
WCP012	1019	Elene Rudolph	Western Cape Province	6	4.15	819		E	
NCP007	837	Sherine vd Westhuizen	Northern Cape Province	7	4.15	819		E	
WCP014	1021	Janet Stander	Western Cape Province	8	4.04	766		E	

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9	G-11	80 m		/ 80 m		00:00.00		Heats	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP014	14	Amber Luck	Eastern Cape Province	1	00:11.16	764	0.1	E	
ECP016	16	Vuyiseka Mtolo	Eastern Cape Province	1	00:11.38	711	0.9	E	
NWP013	902	Lisa Swanepoel	North West Province	1	00:11.50	684	-0.9	E	
WCP019	1026	Michelynn Daniëls	Western Cape Province	1	00:11.52	680	-0.9	E	
GAU023	323	Itumeleng Mosia	Gauteng Province	2	00:11.23	747		E	
NWP017	906	Chane Steyn	North West Province	2	00:11.71	639		E	
NCP012	842	Mikayla Malala	Northern Cape Province	2	00:11.73	635		E	
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	2	00:11.41	704		E	
KZN013	541	Nelisiwe Mthanti	KwaZulu Natal	3	00:11.83	615		E	
LIM014	632	Wendy Makgeta	Limpopo Province	3	00:11.41	704		E	
LIM018	636	Tumelo Matladi	Limpopo Province	3	00:11.34	721		E	
WCP028	1033	Michayla Marthinus	Western Cape Province	3	00:11.80	621		E	
FRE023	147	Olerato Molapo	Free State Province	4	00:11.54	675		E	
FRE029	153	Elucia van Staden	Free State Province	4	00:11.38	711		E	
GAU038	338	Disemelo Mokoena	Gauteng Province	5	00:11.52	680		E	
KZN015	543	Mbali Shusha	KwaZulu Natal	5	00:11.63	656		E	

39	G-11	80 m		/ 80 m		00:00.00		Semi-Finals	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE029	153	Elucia van Staden	Free State Province	1	00:11.15	766	1.4	E	
LIM014	632	Wendy Makgeta	Limpopo Province	1	00:11.18	759	1.4	E	
ECP014	14	Amber Luck	Eastern Cape Province	2	00:11.18	759		E	
GAU023	323	Itumeleng Mosia	Gauteng Province	2	00:11.25	742		E	
ECP016	16	Vuyiseka Mtolo	Eastern Cape Province	3	00:11.27	737		E	
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	3	00:11.26	739		E	
LIM018	636	Tumelo Matladi	Limpopo Province	4	00:11.27	737		E	
NWP013	902	Lisa Swanepoel	North West Province	4	00:11.27	737		E	

48	G-11	80 m		/ 80 m		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP014	14	Amber Luck	Eastern Cape Province	1	00:11.20	754	0.1	E	
LIM014	632	Wendy Makgeta	Limpopo Province	2	00:11.24	744		E	
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	3	00:11.25	742		E	
GAU023	323	Itumeleng Mosia	Gauteng Province	4	00:11.27	737		E	
FRE029	153	Elucia van Staden	Free State Province	5	00:11.35	718		E	
NWP013	902	Lisa Swanepoel	North West Province	6	00:11.36	716		E	
ECP016	16	Vuyiseka Mtolo	Eastern Cape Province	7	00:11.37	714		E	
LIM018	636	Tumelo Matladi	Limpopo Province	8	00:11.42	702		E	

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85	G-11	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU023	323	Itumeleng Mosia	Gauteng Province	1	00:13.85	787	-0.4	E	
KZN016	544	Nontobeko Sishange	KwaZulu Natal	1	00:14.03	751	0	E	
MPU018	728	Goodness Nonyane	Mpumalanga Province	1	00:14.02	753	0.1	E	
WCP017	1024	Ashlene Adams	Western Cape Province	1	00:13.72	814	0.1	E	
ECP020	20	Saile Shamanique	Eastern Cape Province	2	00:14.05	747		E	
LIM013	631	Matelele Mafa	Limpopo Province	2	00:14.10	737		E	
LIM018	636	Tumelo Matladi	Limpopo Province	2	00:14.02	753		E	
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	2	00:13.89	779		E	
ECP014	14	Amber Luck	Eastern Cape Province	3	00:13.94	769		E	
ECP016	16	Vuyiseka Mtolo	Eastern Cape Province	3	00:14.16	726		E	
FRE029	153	Elucia van Staden	Free State Province	3	00:14.14	730		E	
NCP013	843	Lezaan van Rooyen	Northern Cape Province	3	00:14.34	693		E	
FRE032	156	Angelique Weldhagen	Free State Province	4	00:14.28	704		E	
GAU036	336	Sherise Henderson	Gauteng Province	4	00:14.40	682		E	
NWP013	902	Lisa Swanepoel	North West Province	4	00:14.09	739		E	
WCP019	1026	Michelynn Daniëls	Western Cape Province	4	00:14.26	707		E	

103	G-11	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP020	20	Saile Shamanique	Eastern Cape Province	1	00:14.09	739	-0.6	E	
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	1	00:13.97	763	-0.4	E	
GAU023	323	Itumeleng Mosia	Gauteng Province	2	00:14.13	732		E	
KZN016	544	Nontobeko Sishange	KwaZulu Natal	2	00:14.09	739		E	
ECP014	14	Amber Luck	Eastern Cape Province	3	00:14.36	689		E	
WCP017	1024	Ashlene Adams	Western Cape Province	3	00:14.10	737		E	
WCP019	1026	Michelynn Daniëls	Western Cape Province	4	00:14.23	713		E	
LIM018	636	Tumelo Matladi	Limpopo Province	5	00:14.24	711		E	

124	G-11	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	1	00:13.85	787	0.8	E	
ECP014	14	Amber Luck	Eastern Cape Province	2	00:13.93	771	0.8	E	
ECP020	20	Saile Shamanique	Eastern Cape Province	3	00:13.97	763	0.8	E	
GAU023	323	Itumeleng Mosia	Gauteng Province	4	00:13.98	761	0.8	E	
KZN016	544	Nontobeko Sishange	KwaZulu Natal	5	00:14.12	733	0.8	E	
WCP019	1026	Michelynn Daniëls	Western Cape Province	6	00:14.13	732	0.8	E	
LIM018	636	Tumelo Matladi	Limpopo Province	7	00:14.14	730	0.8	E	
WCP017	1024	Ashlene Adams	Western Cape Province	8	00:14.16	726	0.8	E	

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1	G-11	1200 m	/ 1200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN009	537	Phumzile Nsibande	KwaZulu Natal	1	03:55.96	717		E
KZN010	538	Hloniphile Gumede	KwaZulu Natal	1	04:01.23	660		E
ECP021	21	Sinekhaya Tamsanqa	Eastern Cape Province	2	04:03.03	642		E
LIM020	638	Rinah Molekwa	Limpopo Province	2	04:01.32	659		E
ECP017	17	Asiphe Mtshewu	Eastern Cape Province	3	04:05.46	617		E
LIM019	637	Choene Mokoatedi	Limpopo Province	3	04:10.57	569		E
FRE024	148	Makhantshe Monelo	Free State Province	4	04:06.02	612		E
MPU017	727	Sbusisiwe Nkasa	Mpumalanga Province	4	04:12.59	550		E
LIM015	633	Dineo Manamela	Limpopo Province	5	04:07.36	599		E
WCP033	1037	Anchin van Wyk	Western Cape Province	5	04:16.07	520		E
GAU041	341	Nomsa Sibanda	Gauteng Province	6	04:07.42	598		E
MPU011	721	Cheron de Waal	Mpumalanga Province	6	04:17.66	506		E
GAU039	339	Hlezphi Nhleko	Gauteng Province	7	04:18.18	502		E
LIM025	643	Tshepiso Tsela	Limpopo Province	7	04:10.45	570		E
FRE016	140	Sonja Cronje	Free State Province	8	04:18.82	497		E
GAU034	334	Carla du Randt	Gauteng Province	8	04:10.55	569		E

93	G-11	1200 m	/ 1200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN009	537	Phumzile Nsibande	KwaZulu Natal	1	03:52.47	758		E
ECP021	21	Sinekhaya Tamsanqa	Eastern Cape Province	2	03:53.45	747		E
LIM020	638	Rinah Molekwa	Limpopo Province	3	03:55.61	721		E
ECP017	17	Asiphe Mtshewu	Eastern Cape Province	4	04:02.53	647		E
GAU034	334	Carla du Randt	Gauteng Province	5	04:03.69	635		E
LIM025	643	Tshepiso Tsela	Limpopo Province	6	04:03.75	634		E
LIM015	633	Dineo Manamela	Limpopo Province	7	04:05.02	622		E
WCP033	1037	Anchin van Wyk	Western Cape Province	8	04:08.76	586		E
KZN010	538	Hloniphile Gumede	KwaZulu Natal	9	04:13.70	541		E
MPU017	727	Sbusisiwe Nkasa	Mpumalanga Province	10	04:14.90	530		E

20	G-11	70 m Hekkie	/ 70 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE023	147	Olerato Molapo	Free State Province	1	00:12.11	762	-1.2	E
GAU031	331	Chane Viviers	Gauteng Province	1	00:12.27	726	-0.2	E
NWP016	905	Joné Kruger	North West Province	1	00:11.84	827	-2.3	E
FRE015	139	Hesmari Coetzee	Free State Province	2	00:12.27	726		E
KZN007	535	Dominique Skinner	KwaZulu Natal	2	00:11.94	802		E
GAU033	333	Carmen Cronje	Gauteng Province	2	00:12.44	690		E
FRE030	154	Maryna van Wyk	Free State Province	3	00:12.50	678		E
GAU040	340	Thea Penberthy	Gauteng Province	3	00:12.13	757		E

59	G-11	70 m Hekkie	/ 70 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE023	147	Olerato Molapo	Free State Province	1	00:11.70	863	+2.3	E
GAU031	331	Chane Viviers	Gauteng Province	2	00:11.72	858	+2.3	E
KZN007	535	Dominique Skinner	KwaZulu Natal	3	00:11.72	858	+2.3	E
GAU040	340	Thea Penberthy	Gauteng Province	4	00:11.76	847	+2.3	E
NWP016	905	Joné Kruger	North West Province	5	00:11.78	842	+2.3	E
FRE015	139	Hesmari Coetzee	Free State Province	6	00:12.21	739	+2.3	E
GAU033	333	Carmen Cronje	Gauteng Province	7	00:12.23	735	+2.3	E
FRE030	154	Maryna van Wyk	Free State Province	8	00:12.46	686	+2.3	E

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71	G-11	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZNA02	612	KwaZulu Natal	KwaZulu Natal	1	00:56.93	846		E	
WCPA02	1173	Western Cape	Western Cape Province	1	00:56.85	851		E	
FREA02	295	Free State	Free State Province	2	00:57.82	800		E	
GAUA02	522	Gauteng	Gauteng Province	2	00:57.04	841		E	
LIMA02	704	Limpopo	Limpopo Province	3	00:57.63	810		E	
MPUA02	824	Mpumalanga	Mpumalanga Province	3	00:57.92	795		E	
NWPA02	1001	North West	North West Province	4	00:58.64	760		E	
ECPA02	118	Eastern Cape	Eastern Cape Province	5	00:58.76	755		E	

135	G-11	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA02	522	Gauteng	Gauteng Province	1	00:55.31	940		E	
FREA02	295	Free State	Free State Province	2	00:55.78	912		E	
LIMA02	704	Limpopo	Limpopo Province	3	00:56.07	895		E	
WCPA02	1173	Western Cape	Western Cape Province	4	00:56.87	850		E	
ECPA02	118	Eastern Cape	Eastern Cape Province	5	00:57.01	842		E	
MPUA02	824	Mpumalanga	Mpumalanga Province	6	00:57.15	835		E	

62	G-11	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU030	330	Renate v Tonder	Gauteng Province	1	1.46	914		E	
MPU013	723	Mia Kühn	Mpumalanga Province	2	1.43	900		E	
LIM023	641	Tanya Prinsloo	Limpopo Province	3	1.40	857		E	
WCP020	1027	Monique de Klerk	Western Cape Province	3	1.40	857		E	
WCP027	1032	Nadine Manuel	Western Cape Province	5	1.37	813		E	
NCP010	840	Mariska Blom	Northern Cape Province	6	1.37	813		E	
ECP011	11	Bianca Claassen	Eastern Cape Province	7	1.34	770		E	
FRE031	155	Leonie Wehrmeyer	Free State Province	8	1.34	770		E	

24	G-11	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP016	905	Joné Kruger	North West Province	1	4.66	902	0.39	E	
WCP030	1035	Lois Petersen	Western Cape Province	2	4.52	847		E	
ECP014	14	Amber Luck	Eastern Cape Province	3	4.49	833		E	
FRE030	154	Maryna van Wyk	Free State Province	4	4.47	824		E	
MPU019	729	Moya Sihle	Mpumalanga Province	5	4.33	762		E	
GAU029	329	Cindy v Ahlefeldt	Gauteng Province	6	4.32	758		E	
KZN008	536	Savannah Fyall	KwaZulu Natal	7	4.15	682		E	
NCP014	844	Jean-Marie Vermeulen	Northern Cape Province	8	4.12	668		E	

6	G-11	Gewigstoot	/ Shot Put	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU020	320	Nicole Fourie	Gauteng Province	1	10.85	848		E	
ECP013	13	Anneke Kapp	Eastern Cape Province	2	10.82	843		E	
GAU019	319	Chante Christie	Gauteng Province	3	10.79	838		E	
LIM022	640	Johane Pristorius	Limpopo Province	4	10.26	755		E	
LIM026	644	Michelle vd Sandt	Limpopo Province	5	9.86	696		E	
FRE019	143	Andri-Marie Gardner	Free State Province	6	9.54	651		E	
NWP019	908	Marilet Schoeman	North West Province	7	9.45	639		E	
NWP020	909	Rhodine Botha	North West Province	8	9.26	613		E	

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89	G-12	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU068	368	Ndaenzdo Mukhangare	Gauteng Province	1	00:13.10	877	1.2	E
MPU025	735	Laniel Claasen	Mpumalanga Province	1	00:13.43	801	1.1	E
NCP016	846	Kerika Botha	Northern Cape Province	1	00:13.44	799	1.2	E
WCP040	1044	Shannon Fredericks	Western Cape Province	1	00:13.04	892	1.1	E
ECP034	34	Busiswa Swelindawo	Eastern Cape Province	2	00:13.40	808		E
ECP024	24	Cleo-Tasha Claasen	Eastern Cape Province	2	00:13.39	810		E
NWP024	913	C Daffie	North West Province	2	00:13.47	793		E
NWP023	912	Sito Basetsana	North West Province	2	00:13.66	753		E
MPU037	747	Michelle Kolver	Mpumalanga Province	3	00:13.53	780		E
WCP036	1040	Kayla Azevedo	Western Cape Province	3	00:13.69	747		E
LIM036	654	Dineo Nkuna	Limpopo Province	3	00:13.80	726		E
LIM039	657	Hlulani Sithole	Limpopo Province	3	00:13.47	793		E
FRE039	163	Carla Dippenaar	Free State Province	4	00:13.76	734		E
GAU069	369	Drishane Pillay	Gauteng Province	4	00:13.54	778		E
NWP025	914	A Groenewald	North West Province	4	00:13.78	730		E
WCP180	1183	Jamie Pieters	Western Cape Province	5	00:13.59	768		E

107	G-12	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU068	368	Ndaenzdo Mukhangare	Gauteng Province	1	00:13.39	810	-1.2	E
WCP040	1044	Shannon Fredericks	Western Cape Province	1	00:13.51	784	-2.4	E
ECP034	34	Busiswa Swelindawo	Eastern Cape Province	2	00:13.61	763		E
MPU037	747	Michelle Kolver	Mpumalanga Province	2	00:13.62	761		E
ECP024	24	Cleo-Tasha Claasen	Eastern Cape Province	3	00:13.74	737		E
NCP016	846	Kerika Botha	Northern Cape Province	3	00:13.69	747		E
GAU069	369	Drishane Pillay	Gauteng Province	4	00:13.75	735		E
MPU025	735	Laniel Claasen	Mpumalanga Province	4	00:13.75	735		E

126	G-12	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP040	1044	Shannon Fredericks	Western Cape Province	1	00:13.16	863	-0.8	E
GAU068	368	Ndaenzdo Mukhangare	Gauteng Province	2	00:13.28	835	-0.8	E
MPU025	735	Laniel Claasen	Mpumalanga Province	3	00:13.52	782	-0.8	E
GAU069	369	Drishane Pillay	Gauteng Province	4	00:13.57	772	-0.8	E
MPU037	747	Michelle Kolver	Mpumalanga Province	5	00:13.62	761	-0.8	E
ECP024	24	Cleo-Tasha Claasen	Eastern Cape Province	6	00:13.65	755	-0.8	E
NCP016	846	Kerika Botha	Northern Cape Province	7	00:13.73	739	-0.8	E
ECP034	34	Busiswa Swelindawo	Eastern Cape Province	8	00:13.83	720	-0.8	E

12	G-12	150 m	/ 150 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP024	24	Cleo-Tasha Claasen	Eastern Cape Province	1	00:20.54	664	-1.8	E
GAU068	368	Ndaenzdo Mukhangare	Gauteng Province	1	00:19.84	754	0.6	E
NWP026	915	Esline Prinsloo	North West Province	1	00:20.57	660	-0.3	E
MPU025	735	Laniel Claasen	Mpumalanga Province	2	00:20.41	679		E
MPU037	747	Michelle Kolver	Mpumalanga Province	2	00:20.67	648		E
WCP054	1057	Marita van Niekerk	Western Cape Province	2	00:20.36	686		E
GAU069	369	Drishane Pillay	Gauteng Province	3	00:20.70	644		E
NCP016	846	Kerika Botha	Northern Cape Province	3	00:20.51	667		E

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35	G-12	150 m	/ 150 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP024	24	Cleo-Tasha Claasen	Eastern Cape Province	1	00:20.54	664		E	
GAU068	368	Ndaenzo Mukhangare	Gauteng Province	1	00:19.84	754		E	
NWP026	915	Esline Prinsloo	North West Province	1	00:20.15	712		E	
MPU025	735	Laniel Claasen	Mpumalanga Province	2	00:20.41	679		E	
MPU037	747	Michelle Kolver	Mpumalanga Province	2	00:20.67	648		E	
WCP054	1057	Marita van Niekerk	Western Cape Province	2	00:20.36	686		E	
GAU069	369	Drishane Pillay	Gauteng Province	3	00:20.70	644		E	
NCP016	846	Kerika Botha	Northern Cape Province	3	00:20.51	667		E	

50	G-12	150 m	/ 150 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU068	368	Ndaenzo Mukhangare	Gauteng Province	1	00:20.01	731	0.3	E	
MPU037	747	Michelle Kolver	Mpumalanga Province	2	00:20.12	716	0.3	E	
NWP026	915	Esline Prinsloo	North West Province	3	00:20.15	712	0.3	E	
MPU025	735	Laniel Claasen	Mpumalanga Province	4	00:20.29	694	0.3	E	
WCP054	1057	Marita van Niekerk	Western Cape Province	5	00:20.29	694	0.3	E	
NCP016	846	Kerika Botha	Northern Cape Province	6	00:20.31	692	0.3	E	
GAU069	369	Drishane Pillay	Gauteng Province	7	00:20.65	650	0.3	E	
ECP024	24	Cleo-Tasha Claasen	Eastern Cape Province	8	00:20.65	650	0.3	E	

42	G-12	1200 m	/ 1200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	363	Jana vd Merwe	Gauteng Province	1	03:57.21	595		E	
GAU055	355	Jessica Bezuidenhoudt	Gauteng Province	1	03:50.42	666		E	
ECP026	26	Pelokazi Fadane	Eastern Cape Province	2	03:57.55	592		E	
NWP028	917	D Cilliers	North West Province	2	03:56.68	600		E	
GAU060	360	Megan Odendaal	Gauteng Province	3	03:56.80	599		E	
KZN024	552	Nonkazimulo Shoba	KwaZulu Natal	3	03:58.38	583		E	
FRE033	157	Danica Botes	Free State Province	4	03:58.84	579		E	
LIM033	651	Juane Moolman	Limpopo Province	4	03:57.81	589		E	
KZN077	605	Zeleney Louw	KwaZulu Natal	5	04:05.43	517		E	
NWP027	916	M Nel	North West Province	5	03:59.46	573		E	
LIM040	658	Precious Thapa	Limpopo Province	6	04:01.67	552		E	
WCP052	1055	Emeri Stoffels	Western Cape Province	6	04:06.96	504		E	
FRE042	166	Sibongile Hlanjwa	Free State Province	7	04:01.71	551		E	
MPU027	737	Heideli du Plessis	Mpumalanga Province	7	04:07.70	497		E	
MPU024	734	Inge Brewis	Mpumalanga Province	8	04:06.85	505		E	
WCP044	1048	Marrida Leen	Western Cape Province	8	04:08.62	489		E	

111	G-12	1200 m	/ 1200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU055	355	Jessica Bezuidenhoudt	Gauteng Province	1	03:44.73	732		E	
NWP027	916	M Nel	North West Province	2	03:46.17	714		E	
GAU060	360	Megan Odendaal	Gauteng Province	3	03:48.07	692		E	
LIM033	651	Juane Moolman	Limpopo Province	4	03:50.87	661		E	
NWP028	917	D Cilliers	North West Province	5	03:51.77	651		E	
GAU063	363	Jana vd Merwe	Gauteng Province	6	03:54.24	625		E	
ECP026	26	Pelokazi Fadane	Eastern Cape Province	7	03:57.30	594		E	
LIM040	658	Precious Thapa	Limpopo Province	8	03:57.88	588		E	

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26	G-12	75 m Hekkies	/ 75 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU057	357	Ta-mar Diamond	Gauteng Province	1	00:11.89	735	0.2	E	
GAU059	359	Helena Hattingh	Gauteng Province	1	00:12.26	656	-0.8	E	
NWP026	915	Esline Prinsloo	North West Province	1	00:12.13	683	1.5	E	
MPU035	745	Elmé Rothman	Mpumalanga Province	2	00:12.29	650		E	
NWP024	913	C Daffie	North West Province	2	00:12.28	652		E	
WCP036	1040	Kayla Azevedo	Western Cape Province	2	00:12.22	664		E	
FRE041	165	Marinelle Griessel	Free State Province	3	00:12.26	656		E	
WCP047	1051	Gezelle Magerman	Western Cape Province	3	00:12.32	644		E	

61	G-12	75 m Hekkies	/ 75 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU057	357	Ta-mar Diamond	Gauteng Province	1	00:11.37	802		H	
NWP026	915	Esline Prinsloo	North West Province	2	00:11.51	768		H	
MPU035	745	Elmé Rothman	Mpumalanga Province	3	00:11.53	763		H	
NWP024	913	C Daffie	North West Province	4	00:11.55	758		H	
GAU059	359	Helena Hattingh	Gauteng Province	5	00:11.88	685		H	
WCP036	1040	Kayla Azevedo	Western Cape Province	6	00:11.91	679		H	
WCP047	1051	Gezelle Magerman	Western Cape Province	7	00:12.20	621		H	
FRE041	165	Marinelle Griessel	Free State Province	8	00:12.63	543		H	

95	G-12	150 m Hekkies	/ 150 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU031	741	Marichelle Nortje	Mpumalanga Province	1	00:23.57	697	-2.3	E	
NWP026	915	Esline Prinsloo	North West Province	1	00:22.88	777	-2.4	E	
WCP047	1051	Gezelle Magerman	Western Cape Province	1	00:23.87	665	-3.4	E	
FRE047	171	Solani Makamu	Free State Province	2	00:24.32	620		E	
GAU047	347	Hestia Hanekom	Gauteng Province	2	00:23.80	672		E	
MPU035	745	Elmé Rothman	Mpumalanga Province	2	00:23.58	696		E	
FRE041	165	Marinelle Griessel	Free State Province	3	00:24.04	648		E	
GAU057	357	Ta-mar Diamond	Gauteng Province	3	00:23.73	680		E	

113	G-12	150 m Hekkies	/ 150 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU057	357	Ta-mar Diamond	Gauteng Province	1	00:22.19	869	-1.1	E	
NWP026	915	Esline Prinsloo	North West Province	2	00:22.61	812		E	
MPU031	741	Marichelle Nortje	Mpumalanga Province	3	00:22.85	781		E	
MPU035	745	Elmé Rothman	Mpumalanga Province	4	00:22.92	772		E	
GAU047	347	Hestia Hanekom	Gauteng Province	5	00:22.93	771		E	
FRE041	165	Marinelle Griessel	Free State Province	6	00:23.90	662		E	
FRE047	171	Solani Makamu	Free State Province	7	00:25.15	543		E	
WCP047	1051	Gezelle Magerman	Western Cape Province	8	00:25.15	543		E	

73	G-12	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPUA03	825	Mpumalanga	Mpumalanga Province	1	00:53.25	969		E	
WCPA03	1174	Western Cape	Western Cape Province	1	00:53.44	957		E	
FREA03	296	Free State	Free State Province	2	00:55.58	830		E	
GAUA03	523	Gauteng	Gauteng Province	2	00:54.07	917		E	
NWPA03	1002	North West	North West Province	3	00:55.06	858		E	
NCPA03	885	Northern Cape	Northern Cape Province	3	00:56.34	790		E	
ECPA03	119	Eastern Cape	Eastern Cape Province	4	00:56.19	797		E	
LIMA03	705	Limpopo	Limpopo Province	5	00:56.56	779		E	

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137	G-12	4X100 m Aflos	/ 4X100 m Relay			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA03	1174	Western Cape	Western Cape Province	1	00:52.50	1018		E	
GAUA03	523	Gauteng	Gauteng Province	2	00:52.50	1018		E	
MPUA03	825	Mpumalanga	Mpumalanga Province	3	00:52.64	1009		E	
FREA03	296	Free State	Free State Province	4	00:55.35	842		E	

5	G-12	Hoogspring	/ High Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP023	23	Ami Claassen	Eastern Cape Province	1	1.62	943		E	
GAU043	343	Daniëlle Carstens	Gauteng Province	2	1.56	913		E	
WCP042	1046	Carla Johnson	Western Cape Province	3	1.50	859		E	
FRE048	172	Mcayla Mienie	Free State Province	4	1.50	859		E	
FRE050	174	Moleboheng Pherane	Free State Province	4	1.50	859		E	
NWP035	924	Ione Reniere	North West Province	6	1.50	859		E	
GAU049	349	Nadine le Roux	Gauteng Province	7	1.47	819		E	
KZN019	547	Jani Germishuys	KwaZulu Natal	8	1.44	779		E	

81	G-12	Verspring	/ Long Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU065	365	Carla Wagner	Gauteng Province	1	4.81	862	1.49	E	
GAU067	367	Chamelle Witshire	Gauteng Province	2	4.62	782		E	
GAU064	364	Megan v Rooyen	Gauteng Province	3	4.57	761		E	
WCP042	1046	Carla Johnson	Western Cape Province	4	4.51	736		E	
WCP047	1051	Gezelle Magerman	Western Cape Province	5	4.49	727		E	
FRE039	163	Carla Dippenaar	Free State Province	6	4.46	715		E	
FRE037	161	Soph-Mari Cronje	Free State Province	7	4.41	693		E	
LIM035	653	Amukelani Ndlovu	Limpopo Province	8	4.36	672		E	

119	G-12	Gewigstoot	/ Shot Put			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP030	30	Nadia Meiring	Eastern Cape Province	1	10.48	706		E	
GAU054	354	Monique Wagner	Gauteng Province	2	10.38	692		E	
WCP177	1180	Zandre Weyers	Western Cape Province	3	10.36	689		E	
MPU029	739	Selesia Hennop	Mpumalanga Province	4	10.02	644		E	
MPU038	748	Alisia vd Merwe	Mpumalanga Province	5	9.99	640		E	
LIM029	647	J.Fourie	Limpopo Province	6	9.57	587		E	
GAU050	350	Megan Lingerfelder	Gauteng Province	7	9.57	587		E	
NWP031	920	Tyla Higte	North West Province	8	9.50	578		E	

44	G-12	Diskusgooi	/ Discus Throw			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE045	169	Rozanne Kruger	Free State Province	1	32.93	901		E	
NWP032	921	Diane Pretorius	North West Province	2	30.82	783		E	
FRE034	158	Huibré-Maré Botes	Free State Province	3	29.84	733		E	
GAU053	353	Cheyenne Theron	Gauteng Province	4	29.13	698		E	
NWP033	922	Chene Hennings	North West Province	5	28.23	655		E	
GAU044	344	Dorelde Erasmus	Gauteng Province	6	26.76	588		E	
ECP030	30	Nadia Meiring	Eastern Cape Province	7	26.24	564		E	
WCP049	1053	Anushke Odendaal	Western Cape Province	8	26.05	556		E	

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19	G-12	Spiesgooi		/ Javelin		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP053	1056	Jo-Ane van Dyk	Western Cape Province	1	34.85	900		E	
FRE036	160	Izel Cilliers	Free State Province	2	28.40	590		E	
GAU050	350	Megan Lingerfelder	Gauteng Province	3	28.31	586		E	
MPU032	742	Genevieve P Parker	Mpumalanga Province	4	28.16	580		E	
FRE044	168	Belinda Kruger	Free State Province	5	25.79	481		E	
FRE045	169	Rozanne Kruger	Free State Province	6	23.06	370		E	
WCP043	1047	Lauren Klaase	Western Cape Province	7	22.97	366		E	
GAU048	348	Nikita Joubert	Gauteng Province	8	22.59	350		E	

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87	G-13	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE061	185	Anelda Hattingh	Free State Province	1	00:13.05	819	0.4	E	
GAU097	397	Bianca Jones	Gauteng Province	1	00:12.93	847	0	E	
GAU105	405	Shannon Spires	Gauteng Province	1	00:13.14	799	-0.3	E	
GAU102	402	Bernice Niewoudt	Gauteng Province	1	00:12.96	840	1.1	E	
FRE072	196	Paballo Moleko	Free State Province	2	00:13.14	799		E	
NWP040	929	Adriane Nel	North West Province	2	00:13.25	775		E	
NWP039	928	Elize van Rooyen	North West Province	2	00:13.15	797		E	
WCP070	1071	Nadia Nell	Western Cape Province	2	00:13.20	786		E	
FRE074	198	Busisiwe Motshumi	Free State Province	3	00:13.22	782		E	
GAU098	398	Natasha Kotzee	Gauteng Province	3	00:13.23	780		E	
NWP046	935	V Kemp	North West Province	3	00:13.19	788		E	
NWP041	930	M Ackerman	North West Province	3	00:13.49	726		E	
ECP041	41	Thandiswa Makeleni	Eastern Cape Province	4	00:13.55	715		E	
MPU039	749	Almi Broekman	Mpumalanga Province	4	00:13.40	744		E	
WCP060	1062	Anecia Badenhorst	Western Cape Province	4	00:13.46	732		E	
MPU051	761	Cherise Smith	Mpumalanga Province	5	00:13.42	740		E	

109	G-13	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE061	185	Anelda Hattingh	Free State Province	1	00:13.12	804	-1.1	E	
GAU102	402	Bernice Niewoudt	Gauteng Province	1	00:13.22	782	-1.3	E	
GAU097	397	Bianca Jones	Gauteng Province	2	00:13.16	795		E	
WCP070	1071	Nadia Nell	Western Cape Province	2	00:13.54	716		E	
NWP046	935	V Kemp	North West Province	3	00:13.45	734		E	
NWP039	928	Elize van Rooyen	North West Province	3	00:13.57	711		E	
NWP040	929	Adriane Nel	North West Province	4	00:13.46	732		E	
GAU105	405	Shannon Spires	Gauteng Province	5	00:13.46	732		E	

128	G-13	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE061	185	Anelda Hattingh	Free State Province	1	00:12.78	884	0.3	E	
GAU102	402	Bernice Niewoudt	Gauteng Province	2	00:12.90	855	0.3	E	
GAU097	397	Bianca Jones	Gauteng Province	3	00:12.93	847	0.3	E	
NWP040	929	Adriane Nel	North West Province	4	00:13.04	822	0.3	E	
WCP070	1071	Nadia Nell	Western Cape Province	5	00:13.20	786	0.3	E	
GAU105	405	Shannon Spires	Gauteng Province	6	00:13.31	763	0.3	E	
NWP039	928	Elize van Rooyen	North West Province	7	00:13.32	761	0.3	E	
NWP046	935	V Kemp	North West Province	8	00:13.32	761	0.3	E	

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14	G-13	200 m	/ 200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU097	397	Bianca Jones	Gauteng Province	1	00:26.33	836	-1.2	E	
GAU105	405	Shannon Spires	Gauteng Province	1	00:27.35	729	-0.9	E	
NWP040	929	Adriane Nel	North West Province	1	00:26.41	827	0.6	E	
WCP085	1085	Taylia Visagie	Western Cape Province	1	00:26.63	803		E	
GAU098	398	Natasha Kotzee	Gauteng Province	2	00:26.87	777		E	
GAU106	406	Ane vd Westhuizen	Gauteng Province	2	00:27.52	712		E	
NWP039	928	Elize van Rooyen	North West Province	2	00:27.28	735		E	
WCP076	1077	Shaylin Simons	Western Cape Province	2	00:28.23	648		E	
ECP041	41	Thandiswa Makeleni	Eastern Cape Province	3	00:28.32	640		E	
FRE060	184	Amiskha Hattingh	Free State Province	3	00:27.29	734		E	
MPU039	749	Almi Broekman	Mpumalanga Province	3	00:27.87	680		E	
LIM047	665	Helene Swanepoel	Limpopo Province	3	00:27.66	699		E	
MPU051	761	Cherise Smith	Mpumalanga Province	4	00:27.84	682		E	
WCP057	1059	Micaela Abrahams	Western Cape Province	4	00:27.82	684		E	
LIM041	659	Khanyisa Chawane	Limpopo Province	4	00:28.05	663		E	
KZN033	561	Slungile Mpontshana	KwaZulu Natal	5	00:28.11	658		E	

37	G-13	200 m	/ 200 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP040	929	Adriane Nel	North West Province	1	00:26.42	826	-0.1	E	
WCP085	1085	Taylia Visagie	Western Cape Province	1	00:26.52	815	0.1	E	
GAU097	397	Bianca Jones	Gauteng Province	2	00:26.54	813		E	
GAU098	398	Natasha Kotzee	Gauteng Province	2	00:26.86	778		E	
GAU106	406	Ane vd Westhuizen	Gauteng Province	3	00:27.00	764		E	
NWP039	928	Elize van Rooyen	North West Province	3	00:26.90	774		E	
GAU105	405	Shannon Spires	Gauteng Province	4	00:27.48	716		E	
WCP057	1059	Micaela Abrahams	Western Cape Province	4	00:27.50	714		E	

52	G-13	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU097	397	Bianca Jones	Gauteng Province	1	00:26.08	866	3.5	E	
NWP040	929	Adriane Nel	North West Province	2	00:26.26	845	3.5	E	
WCP085	1085	Taylia Visagie	Western Cape Province	3	00:26.27	843	3.5	E	
NWP039	928	Elize van Rooyen	North West Province	4	00:27.01	763	3.5	E	
GAU106	406	Ane vd Westhuizen	Gauteng Province	5	00:27.08	755	3.5	E	
GAU105	405	Shannon Spires	Gauteng Province	6	00:27.58	706	3.5	E	
GAU098	398	Natasha Kotzee	Gauteng Province	7	00:27.65	700	3.5	E	
WCP057	1059	Micaela Abrahams	Western Cape Province	8	00:27.69	696	3.5	E	

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11	G-13	800 m	/ 800 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP040	40	Dané! Kolver	Eastern Cape Province	1	02:25.31	774		E	
ECP046	46	Zonwabe Noheku	Eastern Cape Province	1	00:00.00	0		E	
FRE062	186	Marise Havenga	Free State Province	1	02:32.34	649		E	
FRE070	194	Senamelo Mlambo	Free State Province	1	02:30.88	673		E	
FRE067	191	Jean-Mari Linde	Free State Province	1	02:31.36	665		E	
GAU101	401	Zanele Miya	Gauteng Province	1	02:25.91	763		E	
GAU100	400	Takalani Managa	Gauteng Province	1	02:29.01	705		E	
GAU086	386	Zune du Plessis	Gauteng Province	1	02:26.30	755		E	
GAU096	396	Jeannie de Beer	Gauteng Province	1	02:24.01	801		E	
KZN082	610	Thandeka Msweli	KwaZulu Natal	1	02:27.30	736		E	
KZN029	557	Vumile Hlantwayo	KwaZulu Natal	1	02:26.60	750		E	
LIM045	663	Carmen Schutte	Limpopo Province	1	24:53.00	0		E	
MPU052	762	Madri Wiid	Mpumalanga Province	1	02:28.38	717		E	
MPU050	760	Terina Serfontein	Mpumalanga Province	1	02:27.91	725		E	
NWP043	932	K Kegakilwe	North West Province	1	02:29.66	694		E	
WCP066	1067	Vadim Jansen	Western Cape Province	1	02:27.80	727		E	
WCP062	1063	Christine Bosch	Western Cape Province	1	02:22.60	830		E	
WCP068	1069	Zani Kruger	Western Cape Province	1	02:22.80	826		E	

67	G-13	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP068	1069	Zani Kruger	Western Cape Province	1	02:20.02	888		H	
GAU086	386	Zune du Plessis	Gauteng Province	2	02:22.62	830		H	
GAU096	396	Jeannie de Beer	Gauteng Province	3	02:25.92	763		E	
WCP062	1063	Christine Bosch	Western Cape Province	4	02:24.10	799		E	
LIM045	663	Carmen Schutte	Limpopo Province	5	02:30.98	671		H	
FRE070	194	Senamelo Mlambo	Free State Province	6	02:31.35	665		H	
KZN029	557	Vumile Hlantwayo	KwaZulu Natal	7	02:32.31	649		H	
ECP040	40	Dané! Kolver	Eastern Cape Province	8	02:33.21	635		H	

77	G-13	1500 m	/ 1500 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU086	386	Zune du Plessis	Gauteng Province	1	04:57.00	844		E	
WCP068	1069	Zani Kruger	Western Cape Province	1	04:53.24	885		E	
GAU085	385	Nokuthula Dlamini	Gauteng Province	2	04:57.82	836		E	
KZN029	557	Vumile Hlantwayo	KwaZulu Natal	2	04:57.82	836		E	
ECP046	46	Zonwabe Noheku	Eastern Cape Province	3	05:03.13	783		E	
KZN031	559	Fakazile Mchunu	KwaZulu Natal	3	05:01.82	796		E	
MPU044	754	Nomsa Mngomezulu	Mpumalanga Province	4	05:04.54	770		E	
WCP071	1072	Anastasia Plaatjies	Western Cape Province	4	04:02.27	1501		E	R
FRE067	191	Jean-Mari Linde	Free State Province	5	05:05.07	765		E	
GAU095	395	Simone Verwey	Gauteng Province	5	05:08.43	734		E	
FRE073	197	Seipati Moopeloa	Free State Province	6	05:12.22	702		E	
NWP045	934	V Reynecke	North West Province	6	05:06.48	752		E	
ECP042	42	Yongama Memani	Eastern Cape Province	7	05:16.62	666		E	
MPU052	762	Madri Wiid	Mpumalanga Province	7	05:07.95	739		E	
FRE081	205	Kgomotso Tau	Free State Province	8	05:19.86	640		E	
LIM045	663	Carmen Schutte	Limpopo Province	8	05:08.35	735		E	

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130	G-13	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP068	1069	Zani Kruger	Western Cape Province	1	04:45.30	979		E	
MPU044	754	Nomsa Mngomezulu	Mpumalanga Province	2	04:53.73	880		E	
KZN029	557	Vumile Hlantwayo	KwaZulu Natal	3	04:55.06	865		E	
ECP046	46	Zonwabe Noheku	Eastern Cape Province	4	04:55.50	860		E	
GAU085	385	Nokuthula Dlamini	Gauteng Province	5	04:59.36	820		E	
WCP071	1072	Anastasia Plaatjies	Western Cape Province	6	05:00.06	813		E	
GAU086	386	Zune du Plessis	Gauteng Province	7	05:04.12	774		E	
ECP042	42	Yongama Memani	Eastern Cape Province	8	05:07.58	742		E	
NWP045	934	V Reynecke	North West Province	9	05:07.80	740		E	
GAU095	395	Simone Verwey	Gauteng Province	10	05:09.39	726		E	

30	G-13	75 m Hekkie	/ 75 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE074	198	Busisiwe Motshumi	Free State Province	1	00:11.68	823	3.2	E	
FRE080	204	Veroeshka Strauss	Free State Province	1	00:11.97	753	0.8	E	
NWP046	935	V Kemp	North West Province	1	00:11.83	786	1.7	E	
GAU091	391	Jeannelle Loubser	Gauteng Province	2	00:12.08	728		E	
MPU042	752	Mignon Hoffman	Mpumalanga Province	2	00:11.77	801		E	
WCP060	1062	Anecia Badenhorst	Western Cape Province	2	00:12.19	704		E	
GAU092	392	Aascan Sonnekus	Gauteng Province	3	00:12.16	711		E	
WCP075	1076	Rochelle Rossouw	Western Cape Province	3	00:11.96	755		E	

65	G-13	75 m Hekkie	/ 75 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE080	204	Veroeshka Strauss	Free State Province	1	00:11.72	813	2.5	E	
NWP046	935	V Kemp	North West Province	2	00:11.77	801	2.5	E	
FRE074	198	Busisiwe Motshumi	Free State Province	3	00:11.86	779	2.5	E	
MPU042	752	Mignon Hoffman	Mpumalanga Province	4	00:11.90	769	2.5	E	
WCP075	1076	Rochelle Rossouw	Western Cape Province	5	00:11.93	762	2.5	E	
GAU092	392	Aascan Sonnekus	Gauteng Province	6	00:11.96	755	2.5	E	
WCP060	1062	Anecia Badenhorst	Western Cape Province	7	00:12.03	739	2.5	E	
GAU091	391	Jeannelle Loubser	Gauteng Province	8	00:12.07	731	2.5	E	

99	G-13	200 m Hekkie	/ 200 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE080	204	Veroeshka Strauss	Free State Province	1	00:30.34	779	-1.5	E	
GAU099	399	D'Jane Kriedemann	Gauteng Province	1	00:29.91	820	0.5	E	
LIM047	665	Helene Swanepoel	Limpopo Province	1	00:31.41	686	-0.7	E	
GAU092	392	Aascan Sonnekus	Gauteng Province	2	00:31.23	700		E	
GAU103	403	Esterien Olivier	Gauteng Province	2	00:30.58	757		E	
LIM041	659	Khanyisa Chawane	Limpopo Province	2	00:33.05	564		E	
WCP075	1076	Rochelle Rossouw	Western Cape Province	3	00:31.31	694		E	
NWP047	936	T Vissagie	North West Province	4	00:32.16	627		E	

115	G-13	200 m Hekkie	/ 200 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE080	204	Veroeshka Strauss	Free State Province	1	00:30.01	810	-1.5	E	
GAU092	392	Aascan Sonnekus	Gauteng Province	2	00:30.02	809		E	
GAU099	399	D'Jane Kriedemann	Gauteng Province	3	00:30.31	781		E	
GAU103	403	Esterien Olivier	Gauteng Province	4	00:30.96	723		E	
NWP047	936	T Vissagie	North West Province	5	00:31.53	676		E	
LIM047	665	Helene Swanepoel	Limpopo Province	6	00:32.35	613		E	
LIM041	659	Khanyisa Chawane	Limpopo Province	7	00:34.24	487		E	
WCP075	1076	Rochelle Rossouw	Western Cape Province	8	00:36.63	353		E	

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54	G-13	1500 m Stap	/ 1500 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU082	382	Juane Wiid	Gauteng Province	1	07:56.11	754		E	
NWP057	946	N Keetseng	North West Province	2	08:02.35	719		E	
WCP065	1066	Kisandra Harmse	Western Cape Province	3	08:05.90	699		E	
KZN025	553	Yolandi Appel	KwaZulu Natal	4	08:19.93	628		E	
FRE064	188	Marilize Kleynhans	Free State Province	5	08:32.76	568		E	
FRE077	201	Tersia Smit	Free State Province	6	08:54.09	478		E	
ECP045	45	Babalwa Mtyapi	Eastern Cape Province	7	09:09.44	420		E	
WCP178	1181	Mariaan Barnard	Western Cape Province	8	09:10.57	416		E	

75	G-13	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECPA04	120	Eastern Cape	Eastern Cape Province	1	00:00.00	0		E	
FREA04	297	Free State	Free State Province	1	00:00.00	0		E	
GAUA04	524	Gauteng	Gauteng Province	1	00:00.00	0		E	
KZNA04	614	KwaZulu Natal	KwaZulu Natal	1	00:00.00	0		E	
LIMA04	706	Limpopo	Limpopo Province	1	00:00.00	0		E	
MPUA04	826	Mpumalanga	Mpumalanga Province	1	00:00.00	0		E	
NWPA04	1003	North West	North West Province	1	00:00.00	0		E	
WCPA04	1175	Western Cape	Western Cape Province	1	00:00.00	0		E	

139	G-13	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA04	524	Gauteng	Gauteng Province	1	00:51.48	993		E	
NWPA04	1003	North West	North West Province	2	00:52.00	958		E	
WCPA04	1175	Western Cape	Western Cape Province	3	00:52.23	943		E	
FREA04	297	Free State	Free State Province	4	00:52.75	910		E	
MPUA04	826	Mpumalanga	Mpumalanga Province	5	00:53.57	860		E	
LIMA04	706	Limpopo	Limpopo Province	6	00:55.00	781		E	
ECPA04	120	Eastern Cape	Eastern Cape Province	7	00:55.10	776		E	

79	G-13	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP085	1085	Taylia Visagie	Western Cape Province	1	1.70	941		E	E
GAU072	372	Julia du Plessis	Gauteng Province	2	1.58	861		E	
KZN028	556	Brittan Uys	KwaZulu Natal	3	1.58	861		E	
WCP072	1073	Cindi Pretorius	Western Cape Province	4	1.55	823		E	
LIM048	666	Elzarie van Wyk	Limpopo Province	5	1.55	823		E	
GAU084	384	Tatiana Devenish	Gauteng Province	6	1.52	785		E	
GAU090	390	Zandri Kruger	Gauteng Province	7	1.52	785		E	
NWP052	941	Tarien Marx	North West Province	7	1.52	785		E	

3	G-13	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP085	1085	Taylia Visagie	Western Cape Province	1	5.17	908		E	
GAU088	388	Gabrielle Kahts	Gauteng Province	2	5.01	859		E	
GAU083	383	Jone Badenhorst	Gauteng Province	3	4.76	759		E	
GAU093	393	Stefanie v Niekerk	Gauteng Province	4	4.70	734		E	
FRE079	203	Rihandré Steyn	Free State Province	5	4.64	710		E	
FRE063	187	Letitia J v Vuuren	Free State Province	6	4.61	698		E	
NWP041	930	M Ackerman	North West Province	7	4.59	690		E	
FRE076	200	Margi Read	Free State Province	8	4.58	686		E	

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17	G-13	Gewigstoot	/ Shot Put	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU080	380	Lezani Vosloo	Gauteng Province	1	11.92	806		E	
GAU070	370	Wanzel Breytenbach	Gauteng Province	2	11.89	801		E	
ECP038	38	Layla Campher	Eastern Cape Province	3	11.71	776		E	
ECP053	53	Yolande Willemse	Eastern Cape Province	4	11.39	733		E	
NWP048	937	Magareta Bernade	North West Province	5	11.37	731		E	
WCP082	1082	Tarinka Truter	Western Cape Province	6	10.89	670		E	
WCP067	1068	Fredeline Jantjies	Western Cape Province	7	10.42	612		E	
NWP049	938	Lana Kruger	North West Province	8	10.24	591		E	

92	G-13	Diskusgooi	/ Discus Throw	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP038	38	Layla Campher	Eastern Cape Province	1	42.11	1120		E	R
GAU074	374	Riëtte Heyns	Gauteng Province	2	34.10	785		E	
WCP063	1064	Mardi Breytenbach	Western Cape Province	3	31.92	686		E	
FRE058	182	Kete Donovan	Free State Province	4	31.17	654		E	
NWP050	939	Bernelee Coen	North West Province	5	30.59	629		E	
ECP053	53	Yolande Willemse	Eastern Cape Province	6	30.41	622		E	
GAU079	379	Ciske vd Heever	Gauteng Province	7	30.31	618		E	
WCP082	1082	Tarinka Truter	Western Cape Province	8	29.77	595		E	

118	G-13	Spiesgooi	/ Javelin	00:00.00		Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP079	1080	Anri Steyn	Western Cape Province	1	39.94	941		E	R
NWP054	943	Christelle Scholts	North West Province	2	35.44	783		E	
GAU076	376	Nicole Ludorf	Gauteng Province	3	33.60	702		E	
NWP055	944	Zanthe de Beer	North West Province	4	31.76	626		E	
FRE083	207	Ané van Rooyen	Free State Province	5	31.15	602		E	
GAU071	371	Marike de Wet	Gauteng Province	6	31.10	600		E	
GAU077	377	Sune Luus	Gauteng Province	7	29.36	532		E	
FRE057	181	Lellandr� de Villiers	Free State Province	8	28.64	505		E	

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8	B-10	80 m	/ 80 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU124	424	Waylin Holt	Gauteng Province	1	00:11.16	713	0.2	E
GAU121	421	Dewald de Klerk	Gauteng Province	1	00:11.20	703	-2.7	E
WCP092	1091	Daniel Kotze	Western Cape Province	1	00:10.92	772	-0.8	E
ECP060	60	Lerato Mduna	Eastern Cape Province	2	00:11.17	710		E
KZN040	568	Siyalo Zulu	KwaZulu Natal	2	00:11.75	586		E
WCP099	1098	Keenan Williams	Western Cape Province	2	00:11.02	747		E
LIM051	669	D.Joubert	Limpopo Province	3	00:11.27	687		E
GAU125	425	Bonaani Mkhize	Gauteng Province	4	00:11.30	681		E

34	B-10	80 m	/ 80 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU124	424	Waylin Holt	Gauteng Province	1	00:11.16	713	0.9	E
GAU121	421	Dewald de Klerk	Gauteng Province	1	00:11.20	703	-2.7	E
WCP092	1091	Daniel Kotze	Western Cape Province	1	00:10.92	772		E
ECP060	60	Lerato Mduna	Eastern Cape Province	2	00:11.17	710		E
KZN040	568	Siyalo Zulu	KwaZulu Natal	2	00:11.75	586		E
WCP099	1098	Keenan Williams	Western Cape Province	2	00:11.02	747		E
LIM051	669	D.Joubert	Limpopo Province	3	00:11.27	687		E
GAU125	425	Bonaani Mkhize	Gauteng Province	4	00:11.30	681		E

47	B-10	80 m	/ 80 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP092	1091	Daniel Kotze	Western Cape Province	1	00:10.72	825	0.7	E
WCP099	1098	Keenan Williams	Western Cape Province	2	00:10.75	817		E
GAU121	421	Dewald de Klerk	Gauteng Province	3	00:10.90	777		E
GAU124	424	Waylin Holt	Gauteng Province	4	00:10.92	772		E
GAU125	425	Bonaani Mkhize	Gauteng Province	5	00:11.41	656		E
ECP060	60	Lerato Mduna	Eastern Cape Province	6	00:11.47	644		E
LIM051	669	D.Joubert	Limpopo Province	7	00:11.57	623		E
KZN040	568	Siyalo Zulu	KwaZulu Natal	8	00:11.59	619		E

84	B-10	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU122	422	Thandolwenkosi Dlodlo	Gauteng Province	1	00:13.54	800	0.6	E
WCP092	1091	Daniel Kotze	Western Cape Province	1	00:13.62	783	-0.4	E
WCP098	1097	Junaid Williams	Western Cape Province	1	00:13.46	817	1.2	E
GAU121	421	Dewald de Klerk	Gauteng Province	2	00:13.52	804		E
MPU057	767	Mthokozi Ntshagase	Mpumalanga Province	2	00:14.17	677		E
WCP095	1094	Ridge-Lee Oosthuizen	Western Cape Province	2	00:14.01	706		E
FRE097	221	Dillan Schultz	Free State Province	3	00:13.70	766		E
GAU124	424	Waylin Holt	Gauteng Province	4	00:13.70	766		E

102	B-10	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP092	1091	Daniel Kotze	Western Cape Province	1	00:13.62	783	-0.4	E
GAU122	422	Thandolwenkosi Dlodlo	Gauteng Province	1	00:13.54	800		E
WCP098	1097	Junaid Williams	Western Cape Province	1	00:13.46	817		E
GAU121	421	Dewald de Klerk	Gauteng Province	2	00:13.52	804		E
MPU057	767	Mthokozi Ntshagase	Mpumalanga Province	2	00:14.17	677		E
WCP095	1094	Ridge-Lee Oosthuizen	Western Cape Province	2	00:14.01	706		E
FRE097	221	Dillan Schultz	Free State Province	3	00:13.70	766		E
GAU124	424	Waylin Holt	Gauteng Province	4	00:13.70	766		E

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123	B-10	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU122	422	Thandolwenkosi Dlodlo	Gauteng Province	1	00:13.32	849	-1.1	E
WCP092	1091	Daniel Kotze	Western Cape Province	2	00:13.59	789		E
GAU121	421	Dewald de Klerk	Gauteng Province	3	00:13.68	770		E
WCP098	1097	Junaid Williams	Western Cape Province	4	00:13.85	737		E
GAU124	424	Waylin Holt	Gauteng Province	5	00:13.85	737		E
FRE097	221	Dillan Schultz	Free State Province	6	00:13.89	729		E
WCP095	1094	Ridge-Lee Oosthuizen	Western Cape Province	7	00:14.50	621		E
MPU057	767	Mthokozi Ntshagase	Mpumalanga Province	8	00:14.58	608		E

56	B-10	1200 m	/ 1200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP065	65	Sandiso Yethu	Eastern Cape Province	1	03:45.96	838		H
ECP061	61	Ayakhanya Mqgam	Eastern Cape Province	1	03:54.97	725		H
GAU116	416	Mogomutsi Nxumalo	Gauteng Province	2	03:51.60	765		H
KZN034	562	Lindokuhle Mbanjwa	KwaZulu Natal	2	03:55.86	715		H
ECP059	59	Kamva Mbulali	Eastern Cape Province	3	03:55.93	714		H
FRE096	220	Elias Qhinebe	Free State Province	3	03:57.94	691		H
LIM053	671	Katlego Matika	Limpopo Province	4	04:00.20	667		H
WCP088	1087	Elvis Botha	Western Cape Province	4	04:01.09	658		H
KZN037	565	Sifiso Gasa	KwaZulu Natal	5	04:01.81	650		H
MPU058	768	Jacobus Roelofse	Mpumalanga Province	5	04:03.12	637		H
NWP060	949	Marco Floritta	North West Province	6	04:06.74	601		H
NWP061	950	Onkaetse Sebela	North West Province	6	04:02.31	645		H
GAU119	419	Kamohelo Zungu	Gauteng Province	7	04:08.85	581		H
GAU112	412	Mzwakhe Mathebula	Gauteng Province	7	04:06.93	599		H
KZN036	564	Thobani Mzobe	KwaZulu Natal	8	04:13.50	539		H
NCP034	863	Levino Visser	Northern Cape Province	8	04:08.53	584		H

121	B-10	1200 m	/ 1200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP065	65	Sandiso Yethu	Eastern Cape Province	1	03:42.31	890		E
ECP061	61	Ayakhanya Mqgam	Eastern Cape Province	2	03:47.77	813		E
GAU116	416	Mogomutsi Nxumalo	Gauteng Province	3	03:50.52	778		E
KZN034	562	Lindokuhle Mbanjwa	KwaZulu Natal	4	03:54.72	728		E
WCP088	1087	Elvis Botha	Western Cape Province	5	03:55.60	718		E
NWP060	949	Marco Floritta	North West Province	6	03:55.76	716		E
LIM053	671	Katlego Matika	Limpopo Province	7	03:58.84	682		E
MPU058	768	Jacobus Roelofse	Mpumalanga Province	8	04:00.08	668		E
FRE096	220	Elias Qhinebe	Free State Province	9	04:02.47	644		E
KZN036	564	Thobani Mzobe	KwaZulu Natal	10	04:04.01	628		E

25	B-10	70 m Hekies	/ 70 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE099	223	Janco van Heyningen	Free State Province	1	00:12.49	766	0.9	E
GAU123	423	Hanlo Esterhuizen	Gauteng Province	1	00:12.13	852	4.0	E
WCP094	1093	Linford Maree	Western Cape Province	1	00:12.30	810	0.5	E
ECP063	63	Waqar Solaan	Eastern Cape Province	2	00:12.47	770		E
MPU055	765	Mphuti Letlolo	Mpumalanga Province	2	00:12.65	731		E
WCP090	1089	Darren Elliot	Western Cape Province	2	00:12.37	793		E
LIM056	674	Nelson Mamabolo	Limpopo Province	3	00:12.51	761		E
MPU062	772	Duvan van Duyker	Mpumalanga Province	3	00:12.53	757		E

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58	B-10	70 m Hekkie	/ 70 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM056	674	Nelson Mamabolo	Limpopo Province	1	00:12.10	859	2.7	E	
GAU123	423	Hanlo Esterhuizen	Gauteng Province	2	00:12.15	847	2.7	E	
WCP090	1089	Darren Elliot	Western Cape Province	3	00:12.22	829	2.7	E	
MPU062	772	Duvan van Duyker	Mpumalanga Province	4	00:12.31	807	2.7	E	
WCP094	1093	Linford Maree	Western Cape Province	5	00:12.32	805	2.7	E	
FRE099	223	Janco van Heyningen	Free State Province	6	00:12.42	782	2.7	E	
MPU055	765	Mphuti Letlolo	Mpumalanga Province	7	00:12.49	766	2.7	E	

70	B-10	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FREA05	298	Free State	Free State Province	1	00:55.75	856		E	
WCPA05	1176	Western Cape	Western Cape Province	1	00:54.83	910		E	
MPUA05	827	Mpumalanga	Mpumalanga Province	2	00:57.15	782		E	
KZNA05	615	KwaZulu Natal	KwaZulu Natal	3	00:58.70	710		E	
LIMA05	707	Limpopo	Limpopo Province	3	00:57.04	788		E	
ECPA05	121	Eastern Cape	Eastern Cape Province	4	00:59.45	677		E	
NCPA04	886	Northern Cape	Northern Cape Province	4	00:58.74	708		E	
GAUA05	525	Gauteng	Gauteng Province	5	00:55.83	852		E	

134	B-10	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA05	525	Gauteng	Gauteng Province	1	00:54.39	937		E	
FREA05	298	Free State	Free State Province	2	00:54.55	927		E	
WCPA05	1176	Western Cape	Western Cape Province	3	00:54.99	900		E	
LIMA05	707	Limpopo	Limpopo Province	4	00:56.21	831		E	
KZNA05	615	KwaZulu Natal	KwaZulu Natal	5	00:57.20	780		E	
MPUA05	827	Mpumalanga	Mpumalanga Province	6	00:58.30	728		E	

27	B-10	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU109	409	Karabo Dhladhla	Gauteng Province	1	1.37	927		E	
GAU108	408	Luvan Bezuidenhout	Gauteng Province	2	1.31	884		E	
WCP092	1091	Daniel Kotze	Western Cape Province	2	1.31	884		E	
ECP063	63	Waqar Solaan	Eastern Cape Province	4	1.31	884		E	
ECP057	57	Aiden Goeda	Eastern Cape Province	5	1.31	884		E	
GAU113	413	Kyle Mathews	Gauteng Province	6	1.31	884		E	
FRE092	216	Jackson Meya	Free State Province	7	1.31	884		E	
FRE087	211	Muller du Plessis	Free State Province	8	1.25	791		E	

105	B-10	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE087	211	Muller du Plessis	Free State Province	1	4.53	900		E	
GAU109	409	Karabo Dhladhla	Gauteng Province	2	4.36	823		E	
ECP063	63	Waqar Solaan	Eastern Cape Province	3	4.29	791		E	
WCP094	1093	Linford Maree	Western Cape Province	4	4.27	782		E	
NWP065	954	Renco van Huyssteen	North West Province	5	4.25	773		E	
GAU115	415	Arno Moller	Gauteng Province	6	4.21	754		E	
FRE097	221	Dillan Schultz	Free State Province	7	4.20	750		E	
ECP055	55	Siphehile Danster	Eastern Cape Province	8	4.10	704		E	

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10	B-11	80 m	/ 80 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU136	436	Brolin Truter	Gauteng Province	1	00:10.87	658	-0.9	E
GAU143	443	Jeremia Nkoane	Gauteng Province	1	00:10.84	665	1.0	E
GAU142	442	Hendrik de Leeuw	Gauteng Province	1	00:10.77	681	-1.1	E
WCP100	1099	Amaan Africa	Western Cape Province	1	00:10.50	748	-0.2	E
ECP074	74	Marius Rheens	Eastern Cape Province	2	00:10.68	703		E
GAU141	441	Ruben Cornelius	Gauteng Province	2	00:10.99	631		E
NCP039	868	Warren Mienies	Northern Cape Province	2	00:10.94	642		E
NWP066	955	Scheran Rayners	North West Province	2	00:11.03	622		E
KZN041	569	Phendulo Makhaya	KwaZulu Natal	3	00:11.08	612		E
MPU073	783	Mpho Tladi	Mpumalanga Province	3	00:11.11	605		E
NWP067	956	Lekoe Moalusi	North West Province	3	00:10.69	700		E
WCP110	1109	Matthew Noemdoe	Western Cape Province	3	00:10.95	640		E
FRE105	229	Tlotliso Leotlela	Free State Province	4	00:10.99	631		E
KZN042	570	Tariro Phiri	KwaZulu Natal	4	00:10.92	647		E
KZN043	571	Sanele Mokoena	KwaZulu Natal	4	00:11.13	601		E
WCP109	1108	Peter Machel	Western Cape Province	5	00:10.93	644		E

40	B-11	80 m	/ 80 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP074	74	Marius Rheens	Eastern Cape Province	1	00:10.47	756	2.1	E
WCP100	1099	Amaan Africa	Western Cape Province	1	00:10.52	743	0	E
GAU142	442	Hendrik de Leeuw	Gauteng Province	2	00:10.57	730		E
MPU073	783	Mpho Tladi	Mpumalanga Province	2	00:10.58	727		E
GAU136	436	Brolin Truter	Gauteng Province	3	00:10.64	712		E
NWP066	955	Scheran Rayners	North West Province	3	00:10.62	717		E
GAU143	443	Jeremia Nkoane	Gauteng Province	4	00:10.72	693		E
NCP039	868	Warren Mienies	Northern Cape Province	5	00:10.73	691		E

49	B-11	80 m	/ 80 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU142	442	Hendrik de Leeuw	Gauteng Province	1	00:10.44	764	0.1	E
ECP074	74	Marius Rheens	Eastern Cape Province	2	00:10.47	756	0.1	E
GAU136	436	Brolin Truter	Gauteng Province	3	00:10.68	703	0.1	E
WCP100	1099	Amaan Africa	Western Cape Province	4	00:10.69	700	0.1	E
GAU143	443	Jeremia Nkoane	Gauteng Province	5	00:10.71	695	0.1	E
NWP066	955	Scheran Rayners	North West Province	6	00:10.71	695	0.1	E
MPU073	783	Mpho Tladi	Mpumalanga Province	7	00:10.78	679	0.1	E
NCP039	868	Warren Mienies	Northern Cape Province	8	00:11.00	629	0.1	E

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86	B-11	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP074	74	Marius Rheens	Eastern Cape Province	1	00:13.29	728	-0.2	E	
GAU136	436	Brolin Truter	Gauteng Province	1	00:13.02	785	1.7	E	
GAU142	442	Hendrik de Leeuw	Gauteng Province	1	00:13.12	763	0.4	E	
WCP104	1103	Kristiaan de Wet	Western Cape Province	1	00:12.91	809	1.6	E	
FRE106	230	Lehlohonolo Makhamba	Free State Province	2	00:13.03	782		E	
MPU073	783	Mpho Tladi	Mpumalanga Province	2	00:12.92	807		E	
NCP039	868	Warren Mienies	Northern Cape Province	2	00:13.34	718		E	
WCP100	1099	Amaan Africa	Western Cape Province	2	00:13.21	744		E	
FRE101	225	Jandre de Beer	Free State Province	3	00:13.27	732		E	
GAU143	443	Jeremia Nkoane	Gauteng Province	3	00:13.37	712		E	
NWP067	956	Lekoe Moalusi	North West Province	3	00:13.59	670		E	
NWP066	955	Scheran Rayners	North West Province	3	00:13.12	763		E	
FRE105	229	Tlotliso Leotlela	Free State Province	4	00:13.29	728		E	
GAU141	441	Ruben Cornelius	Gauteng Province	4	00:13.31	724		E	
WCP116	1115	Siphosethu Thobiquynja	Western Cape Province	5	00:13.41	704		E	
MPU067	777	Duke Kuali	Mpumalanga Province	6	00:13.42	702		E	

104	B-11	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP067	956	Lekoe Moalusi	North West Province	1	00:13.27	732	0.1	E	
WCP100	1099	Amaan Africa	Western Cape Province	1	00:13.32	722	-1.0	E	
FRE105	229	Tlotliso Leotlela	Free State Province	2	00:13.28	730		E	
GAU142	442	Hendrik de Leeuw	Gauteng Province	2	00:13.34	718		E	
ECP074	74	Marius Rheens	Eastern Cape Province	3	00:13.38	710		E	
WCP116	1115	Siphosethu Thobiquynja	Western Cape Province	3	00:13.29	728		E	
NWP066	955	Scheran Rayners	North West Province	4	00:13.29	728		E	
NCP039	868	Warren Mienies	Northern Cape Province	5	00:13.30	726		E	

125	B-11	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP067	956	Lekoe Moalusi	North West Province	1	00:13.28	730	-1.4	E	
ECP074	74	Marius Rheens	Eastern Cape Province	2	00:13.28	730	-1.4	E	
WCP100	1099	Amaan Africa	Western Cape Province	3	00:13.32	722	-1.4	E	
GAU142	442	Hendrik de Leeuw	Gauteng Province	4	00:13.36	714	-1.4	E	
NCP039	868	Warren Mienies	Northern Cape Province	5	00:13.51	685	-1.4	E	
NWP066	955	Scheran Rayners	North West Province	6	00:13.54	680	-1.4	E	
FRE105	229	Tlotliso Leotlela	Free State Province	7	00:13.57	674	-1.4	E	
WCP116	1115	Siphosethu Thobiquynja	Western Cape Province	8	00:13.64	661	-1.4	E	

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32	B-11	1200 m	/ 1200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP068	68	Uyaxolisa Dhushana	Eastern Cape Province	1	03:45.01	743	E	
ECP072	72	Lundibabale Nomandla	Eastern Cape Province	1	03:52.11	661	E	
FRE100	224	Shawn Belo	Free State Province	1	03:47.20	716	E	
FRE113	237	Pule Sibeko	Free State Province	1	03:59.29	587	E	
FRE109	233	Lebohang Motsoeneng	Free State Province	1	03:57.38	606	E	
GAU146	446	Sifiso Radebe	Gauteng Province	1	03:47.61	711	E	
GAU151	451	Bheki Tshabalala	Gauteng Province	1	03:52.61	655	E	
GAU144	444	Janry Oosthuizen	Gauteng Province	1	03:49.91	685	E	
GAU149	449	Jean-Pierre Steyn	Gauteng Province	1	03:53.71	644	E	
KZN045	573	Xolani Maduna	KwaZulu Natal	1	03:41.16	792	E	
KZN044	572	Mlindelwa Nzimande	KwaZulu Natal	1	03:34.85	881	E	
LIM061	679	Malesiba Maboya	Limpopo Province	1	03:48.92	696	E	
MPU066	776	Bheki Khoza	Mpumalanga Province	1	03:54.47	636	E	
MPU070	780	Simon Nkambule	Mpumalanga Province	1	03:54.16	639	E	
MPU068	778	Evidence Modonsela	Mpumalanga Province	1	03:51.58	667	E	
NCP041	870	Pierre vd Walt	Northern Cape Province	1	03:42.70	772	E	
NWP069	958	Moloiwane Monageng	North West Province	1	03:55.94	620	E	
WCP106	1105	Sydney Jansen	Western Cape Province	1	03:50.50	678	E	
WCP108	1107	Lee-Shade King	Western Cape Province	1	03:50.10	683	E	
WCP113	1112	Razwenn Prins	Western Cape Province	1	03:50.60	677	E	

94	B-11	1200 m	/ 1200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP068	68	Uyaxolisa Dhushana	Eastern Cape Province	1	03:32.09	924	E	
KZN044	572	Mlindelwa Nzimande	KwaZulu Natal	2	03:33.76	898	E	
KZN045	573	Xolani Maduna	KwaZulu Natal	3	03:34.21	891	E	
ECP072	72	Lundibabale Nomandla	Eastern Cape Province	4	03:34.25	890	E	
FRE100	224	Shawn Belo	Free State Province	5	03:42.53	774	E	
NCP041	870	Pierre vd Walt	Northern Cape Province	6	03:48.67	699	E	
GAU146	446	Sifiso Radebe	Gauteng Province	7	03:51.30	670	E	
FRE109	233	Lebohang Motsoeneng	Free State Province	8	03:52.39	658	E	
FRE113	237	Pule Sibeko	Free State Province	9	03:53.78	643	E	
GAU151	451	Bheki Tshabalala	Gauteng Province	10	03:55.85	621	E	

21	B-11	70 m Hekkies	/ 70 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU074	784	Fredo Viviers	Mpumalanga Province	1	00:11.56	761	1.7	E
NWP070	959	Alwyn Bothman	North West Province	1	00:11.77	712	3.0	E
NWP071	960	Rinus Prinsloo	North West Province	1	00:11.91	682	1.5	E
FRE111	235	Nico Prinsloo	Free State Province	2	00:11.77	712	E	
GAU148	448	Francois Spies	Gauteng Province	2	00:11.93	677	E	
GAU150	450	Johannes Strydom	Gauteng Province	2	00:11.83	699	E	
FRE115	239	Xander vd Walt	Free State Province	3	00:11.97	669	E	
LIM060	678	Pieter Kruger	Limpopo Province	4	00:11.83	699	E	

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60	B-11	70 m Hekkies	/ 70 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE111	235	Nico Prinsloo	Free State Province	1	00:11.13	873	0.5	E	
NWP070	959	Alwyn Bothman	North West Province	2	00:11.53	768	0.5	E	
GAU150	450	Johannes Strydom	Gauteng Province	3	00:11.55	763	0.5	E	
MPU074	784	Fredo Viviers	Mpumalanga Province	4	00:11.72	723	0.5	E	
FRE115	239	Xander vd Walt	Free State Province	5	00:11.74	719	0.5	E	
NWP071	960	Rinus Prinsloo	North West Province	6	00:11.82	701	0.5	E	
GAU148	448	Francois Spies	Gauteng Province	7	00:11.92	679	0.5	E	
LIM060	678	Pieter Kruger	Limpopo Province	8	00:12.05	652	0.5	E	

72	B-11	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FREA06	299	Free State	Free State Province	1	00:53.40	838		E	
GAUA06	526	Gauteng	Gauteng Province	1	00:52.45	895		E	
NCPA05	887	Northern Cape	Northern Cape Province	2	00:55.63	723		E	
WCPA06	1177	Western Cape	Western Cape Province	2	00:52.71	879		E	
ECPA06	122	Eastern Cape	Eastern Cape Province	3	00:54.20	794		E	
KZNA06	616	KwaZulu Natal	KwaZulu Natal	3	00:55.80	715		E	
MPUA06	828	Mpumalanga	Mpumalanga Province	4	00:56.57	679		E	
NWPA06	1005	North West	North West Province	4	00:55.53	727		E	

136	B-11	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA06	526	Gauteng	Gauteng Province	1	00:51.24	974		E	R
WCPA06	1177	Western Cape	Western Cape Province	2	00:51.86	933		E	R
FREA06	299	Free State	Free State Province	3	00:52.74	877		E	
ECPA06	122	Eastern Cape	Eastern Cape Province	4	00:53.87	812		E	
KZNA06	616	KwaZulu Natal	KwaZulu Natal	5	00:54.23	793		E	
NCPA05	887	Northern Cape	Northern Cape Province	6	00:55.00	753		E	

97	B-11	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU133	433	Frederik Page	Gauteng Province	1	1.45	904		E	
GAU130	430	Wesley Frisby	Gauteng Province	2	1.42	871		E	
LIM060	678	Pieter Kruger	Limpopo Province	2	1.42	871		E	
FRE102	226	Janus du Plessis	Free State Province	4	1.42	871		E	
WCP112	1111	Chad-Lee Paulse	Western Cape Province	5	1.39	828		E	
LIM064	682	Herman Mmola	Limpopo Province	6	1.36	785		E	
GAU140	440	Reino Wiese	Gauteng Province	7	1.33	742		E	
GAU128	428	Dylan de Koning	Gauteng Province	7	1.33	742		E	

23	B-11	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP076	965	L Richter	North West Province	1	4.87	887	2.93	E	
WCP117	1116	Didas Wabahombwa	Western Cape Province	2	4.87	887		E	
WCP111	1110	Shaine Orderson	Western Cape Province	3	4.69	812		E	
WCP109	1108	Peter Machel	Western Cape Province	4	4.68	807		E	
NCP039	868	Warren Mienies	Northern Cape Province	5	4.62	782		E	
ECP073	73	Nkosithethile Nongogo	Eastern Cape Province	6	4.58	765		E	
GAU131	431	Ronaldo Fitzpatrick	Gauteng Province	7	4.49	727		E	
GAU137	437	Johan vd Merwe	Gauteng Province	8	4.47	719		E	

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64	B-11	Gewigstoot	/ Shot Put		00:00.00		Final		
			Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU129	429	Patrick Duvenage	Gauteng Province	1	12.55	907		E	
WCP118	1117	Marco Whitmore	Western Cape Province	2	12.51	905		E	
FRE104	228	Ryan Koen	Free State Province	3	11.82	809		E	
WCP115	1114	Jared Swanepoel	Western Cape Province	4	11.68	789		E	
GAU139	439	Andries Venter	Gauteng Province	5	11.56	772		E	
FRE114	238	Knocks Stevens	Free State Province	6	11.55	771		E	
WCP101	1100	Riaan Barnard	Western Cape Province	7	11.32	740		E	
FRE103	227	Gerrie Koegelenberg	Free State Province	8	11.30	737		E	

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90	B-12	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP085	85	Amakele Mandumbu	Eastern Cape Province	1	00:12.88	695	-0.8	E	
FRE123	247	Dian Gouws	Free State Province	1	00:13.14	645	-1.0	E	
GAU181	481	Mbobbo Moahlodi	Gauteng Province	1	00:12.71	730	-0.7	E	
WCP122	1121	Jason Davids	Western Cape Province	1	00:12.91	689	-0.1	E	
GAU179	479	Prince Gama	Gauteng Province	2	00:12.94	683		E	
GAU182	482	Kefilwe Mogawane	Gauteng Province	2	00:13.23	628		E	
KZN053	581	Nala Msomi	KwaZulu Natal	2	00:13.00	671		E	
WCP120	1119	Aden Ajam	Western Cape Province	2	00:13.07	658		E	
KZN048	576	Jeandre Bekker	KwaZulu Natal	3	00:12.97	677		E	
NCP048	876	Ruan Willemse	Northern Cape Province	3	00:13.16	641		E	
NWP078	967	Jeneile Office	North West Province	3	00:13.17	639		E	
NWP080	969	Christiaane Joubert	North West Province	3	00:13.23	628		E	
ECP086	86	Athini Magodla	Eastern Cape Province	4	00:13.06	660		E	
FRE126	250	Danie Hendricks	Free State Province	4	00:13.18	638		E	
WCP143	1142	Henley Solomons	Western Cape Province	5	00:13.08	656		E	
ECP084	84	Leonardo Kok	Eastern Cape Province	6	00:13.16	641		E	

108	B-12	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU181	481	Mbobbo Moahlodi	Gauteng Province	1	00:12.63	747	0.1	E	
KZN053	581	Nala Msomi	KwaZulu Natal	1	00:12.83	705		E	
GAU179	479	Prince Gama	Gauteng Province	2	00:12.86	699		E	
WCP122	1121	Jason Davids	Western Cape Province	2	00:12.85	701		E	
ECP085	85	Amakele Mandumbu	Eastern Cape Province	3	00:12.97	677		E	
KZN048	576	Jeandre Bekker	KwaZulu Natal	3	00:12.87	697		E	
ECP086	86	Athini Magodla	Eastern Cape Province	4	00:12.94	683		E	
WCP120	1119	Aden Ajam	Western Cape Province	4	00:13.07	658		E	

127	B-12	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU181	481	Mbobbo Moahlodi	Gauteng Province	1	00:12.74	723	0.6	E	
ECP086	86	Athini Magodla	Eastern Cape Province	2	00:12.77	717	0.6	E	
ECP085	85	Amakele Mandumbu	Eastern Cape Province	3	00:12.87	697	0.6	E	
WCP122	1121	Jason Davids	Western Cape Province	4	00:12.87	697	0.6	E	
KZN053	581	Nala Msomi	KwaZulu Natal	5	00:12.94	683	0.6	E	
GAU179	479	Prince Gama	Gauteng Province	6	00:12.96	679	0.6	E	
KZN048	576	Jeandre Bekker	KwaZulu Natal	7	00:12.98	675	0.6	E	
WCP120	1119	Aden Ajam	Western Cape Province	8	00:13.14	645	0.6	E	

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13	B-12	150 m	/ 150 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE141	265	Rico Viljoen	Free State Province	1	00:19.16	769	0	E
FRE136	260	Rudy Oliphant	Free State Province	1	00:19.46	727	2.6	E
GAU179	479	Prince Gama	Gauteng Province	1	00:19.38	738	-0.7	E
GAU181	481	Mbobbo Moahlodi	Gauteng Province	1	00:18.72	836	0.6	E
ECP085	85	Amakele Mandumbu	Eastern Cape Province	2	00:19.49	722		E
KZN080	608	Lebohlang Motloung	KwaZulu Natal	2	00:19.87	673		E
MPU091	801	David Sibiya	Mpumalanga Province	2	00:19.57	712		E
NCP043	871	Xavier Cloete	Northern Cape Province	2	00:19.53	717		E
GAU168	468	Brian Duvenhage	Gauteng Province	3	00:19.64	702		E
NCP048	876	Ruan Willemse	Northern Cape Province	3	00:19.19	765		E
NWP078	967	Jeneile Office	North West Province	3	00:19.81	680		E
WCP119	1118	Keenan Abrahams	Western Cape Province	3	00:19.57	712		E
ECP092	92	Zipho Nxusani	Eastern Cape Province	4	00:19.58	710		E
FRE137	261	Ronald Rakaku	Free State Province	4	00:19.78	684		E
LIM072	690	L. Spykes	Limpopo Province	5	00:19.59	709		E
GAU183	483	Jan-Hendrik Nieuwoudt	Gauteng Province	6	00:19.83	678		E

36	B-12	150 m	/ 150 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE141	265	Rico Viljoen	Free State Province	1	00:18.97	797	1.5	E
GAU181	481	Mbobbo Moahlodi	Gauteng Province	1	00:18.53	868	1.7	E
GAU179	479	Prince Gama	Gauteng Province	2	00:18.98	796		E
WCP119	1118	Keenan Abrahams	Western Cape Province	2	00:19.25	756		E
ECP092	92	Zipho Nxusani	Eastern Cape Province	3	00:19.04	787		E
FRE137	261	Ronald Rakaku	Free State Province	3	00:19.40	735		E
NCP043	871	Xavier Cloete	Northern Cape Province	4	00:19.41	733		E
NWP078	967	Jeneile Office	North West Province	4	00:19.25	756		E

51	B-12	150 m	/ 150 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU181	481	Mbobbo Moahlodi	Gauteng Province	1	00:18.54	866	0.7	E
FRE141	265	Rico Viljoen	Free State Province	2	00:18.81	822	0.7	E
GAU179	479	Prince Gama	Gauteng Province	3	00:19.08	781	0.7	E
ECP092	92	Zipho Nxusani	Eastern Cape Province	4	00:19.09	779	0.7	E
WCP119	1118	Keenan Abrahams	Western Cape Province	5	00:19.55	714	0.7	E
NCP043	871	Xavier Cloete	Northern Cape Province	6	00:19.70	694	0.7	E
NWP078	967	Jeneile Office	North West Province	7	00:19.82	679	0.7	E
FRE137	261	Ronald Rakaku	Free State Province	8	00:20.35	615	0.7	E

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45	B-12	1200 m	/ 1200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN056	584	Samkelo Sosiba	KwaZulu Natal	1	03:34.96	769	E	
KZN057	585	Sandiso Buthelizi	KwaZulu Natal	1	03:36.83	745	E	
ECP089	89	Ayabonga Mtshoniswa	Eastern Cape Province	2	03:38.50	724	E	
NCP049	877	Andrico Williams	Northern Cape Province	2	03:37.48	737	E	
ECP090	90	Thando Namntu	Eastern Cape Province	3	03:40.70	697	E	
FRE121	245	Lesley Fischat	Free State Province	3	03:38.50	724	E	
ECP078	78	Sinoxolo Dingiso	Eastern Cape Province	4	03:38.55	723	E	
WCP139	1138	Ntongo Salamau	Western Cape Province	4	03:43.85	661	E	
GAU177	477	Lesibane Rafaba	Gauteng Province	5	03:43.79	661	E	
NWP078	967	Jeneile Office	North West Province	5	03:44.67	652	E	
GAU173	473	Tiaan le Roux	Gauteng Province	6	03:45.01	648	E	
WCP131	1130	Keeno Maarman	Western Cape Province	6	03:45.60	641	E	
LIM072	690	L. Spykes	Limpopo Province	7	03:47.15	624	E	
LIM068	686	Phineas Mabotja	Limpopo Province	7	03:45.08	647	E	
FRE131	255	Sello Mlangeni	Free State Province	8	03:47.28	623	E	
GAU176	476	William Potgieter	Gauteng Province	8	03:45.30	645	E	

112	B-12	1200 m	/ 1200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN056	584	Samkelo Sosiba	KwaZulu Natal	1	03:28.54	860	E	
WCP139	1138	Ntongo Salamau	Western Cape Province	2	03:32.63	801	E	
ECP089	89	Ayabonga Mtshoniswa	Eastern Cape Province	3	03:33.63	787	E	
ECP078	78	Sinoxolo Dingiso	Eastern Cape Province	4	03:36.15	754	E	
FRE121	245	Lesley Fischat	Free State Province	5	03:36.23	753	E	
NCP049	877	Andrico Williams	Northern Cape Province	6	03:36.26	752	E	
GAU177	477	Lesibane Rafaba	Gauteng Province	7	03:39.37	713	E	
LIM068	686	Phineas Mabotja	Limpopo Province	8	03:39.47	712	E	
LIM072	690	L. Spykes	Limpopo Province	9	03:41.32	690	E	
ECP090	90	Thando Namntu	Eastern Cape Province	10	03:42.32	678	E	

29	B-12	75 m Hekkie	/ 75 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE123	247	Dian Gouws	Free State Province	1	00:12.11	793	-3.0	E
WCP129	1128	Jody Jansen	Western Cape Province	1	00:12.00	820	2.5	E
WCP146	1143	Joshua Vermeulen	Western Cape Province	1	00:12.04	810	1.5	E
FRE130	254	Joel Mbisha	Free State Province	2	00:12.15	784		E
FRE133	257	Karabo Moleli	Free State Province	2	00:12.19	775		E
GAU170	470	Nicholas Ferns	Gauteng Province	2	00:12.35	739		E
GAU165	465	Irvin Ali	Gauteng Province	3	00:12.22	768		E
GAU172	472	Dean Koch	Gauteng Province	3	00:12.24	763		E

63	B-12	75 m Hekkie	/ 75 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE123	247	Dian Gouws	Free State Province	1	00:11.60	928	0.6	E
FRE130	254	Joel Mbisha	Free State Province	2	00:11.91	843	0.6	E
WCP146	1143	Joshua Vermeulen	Western Cape Province	3	00:12.01	818	0.6	E
WCP129	1128	Jody Jansen	Western Cape Province	4	00:12.08	801	0.6	E
GAU172	472	Dean Koch	Gauteng Province	5	00:12.15	784	0.6	E
GAU170	470	Nicholas Ferns	Gauteng Province	6	00:12.17	779	0.6	E
FRE133	257	Karabo Moleli	Free State Province	7	00:12.62	682	0.6	E
GAU165	465	Irvin Ali	Gauteng Province	8	00:12.73	660	0.6	E

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98	B-12	150 m Hekkie	/ 150 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU172	472	Dean Koch	Gauteng Province	1	00:21.70	832	0	E
NWP083	972	Eswee vd Merwe	North West Province	1	00:21.83	814	-2.0	E
WCP146	1143	Joshua Vermeulen	Western Cape Province	1	00:21.63	842	-1.6	E
FRE132	256	Tokelo Mokoena	Free State Province	2	00:22.17	770		E
GAU170	470	Nicholas Ferns	Gauteng Province	2	00:21.73	828		E
WCP140	1139	Nathan Samuels	Western Cape Province	2	00:22.49	730		E
FRE141	265	Rico Viljoen	Free State Province	3	00:22.00	792		E
GAU178	478	Daniel Fourie	Gauteng Province	4	00:23.02	670		E

114	B-12	150 m Hekkie	/ 150 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU170	470	Nicholas Ferns	Gauteng Province	1	00:21.44	869		E
FRE141	265	Rico Viljoen	Free State Province	2	00:21.52	857		E
WCP146	1143	Joshua Vermeulen	Western Cape Province	3	00:21.60	846		E
GAU172	472	Dean Koch	Gauteng Province	4	00:21.84	813		E
FRE132	256	Tokelo Mokoena	Free State Province	5	00:21.87	809		E
NWP083	972	Eswee vd Merwe	North West Province	6	00:21.91	803		E
WCP140	1139	Nathan Samuels	Western Cape Province	7	00:22.85	689		E
GAU178	478	Daniel Fourie	Gauteng Province	8	00:23.99	572		E

74	B-12	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FREA07	300	Free State	Free State Province	1	00:51.49	813		E
GAUA07	527	Gauteng	Gauteng Province	1	00:51.90	790		E
LIMA07	709	Limpopo	Limpopo Province	2	00:52.90	737		E
MPUA07	829	Mpumalanga	Mpumalanga Province	2	00:51.87	792		E
NWPA07	1006	North West	North West Province	3	00:53.19	722		E
NCPA06	888	Northern Cape	Northern Cape Province	3	00:53.75	695		E
WCPA07	1178	Western Cape	Western Cape Province	4	00:53.26	719		E
ECPA07	123	Eastern Cape	Eastern Cape Province	5	00:54.82	646		E

138	B-12	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FREA07	300	Free State	Free State Province	1	00:50.99	842		E
GAUA07	527	Gauteng	Gauteng Province	2	00:51.63	805		E
MPUA07	829	Mpumalanga	Mpumalanga Province	3	00:51.64	805		E
LIMA07	709	Limpopo	Limpopo Province	4	00:52.02	783		E
NWPA07	1006	North West	North West Province	5	00:52.57	754		E
NCPA06	888	Northern Cape	Northern Cape Province	6	00:53.93	687		E

4	B-12	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE139	263	Riekert Redelinghuys	Free State Province	1	1.60	913		E
FRE119	243	Pieter Coetzer	Free State Province	2	1.57	900		E
ECP081	81	Andrew Healey	Eastern Cape Province	3	1.54	860		E
LIM074	692	Ernisto J v Heerden	Limpopo Province	4	1.54	860		E
WCP135	1134	Wyers Meintjies	Western Cape Province	5	1.51	821		E
GAU160	460	Ivan Smit	Gauteng Province	6	1.45	742		E
WCP128	1127	Gerald Igbokwe	Western Cape Province	7	1.42	703		E
FRE125	249	Duncan Halliday	Free State Province	8	1.42	703		E

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80	B-12	Verspring	/ Long Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP120	1119	Aden Ajam	Western Cape Province	1	5.33	906	2.27	E	
ECP079	79	Siviwe Fudumele	Eastern Cape Province	2	5.29	901		E	
GAU168	468	Brian Duvenhage	Gauteng Province	3	5.04	806		E	
WCP121	1120	Kyle Ballakistan	Western Cape Province	4	5.02	798		E	
NCP048	876	Ruan Willemse	Northern Cape Province	5	4.92	759		E	
FRE127	251	Rian Heyman	Free State Province	6	4.92	759		E	
FRE120	244	Niel Durow	Free State Province	7	4.89	748		E	
GAU174	474	Erwin Loots	Gauteng Province	8	4.85	732		E	

96	B-12	Gewigstoot	/ Shot Put			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU164	464	Jason v Rooyen	Gauteng Province	1	15.15	993		E	R
WCP138	1137	Daniel Rust	Western Cape Province	2	12.22	715		E	
MPU092	802	Telvin Mhlongo	Mpumalanga Province	3	12.21	714		E	
GAU153	453	Wernich Human	Gauteng Province	4	11.85	672		E	
KZN048	576	Jeandre Bekker	KwaZulu Natal	5	11.43	625		E	
WCP132	1131	Niyaaz Manuel	Western Cape Province	6	11.14	593		E	
NWP086	975	D Smith Bruce	North West Province	7	10.95	572		E	
WCP126	1125	Wikus Groenewald	Western Cape Province	8	10.94	571		E	

18	B-12	Diskusgooi	/ Discus Throw			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE118	242	Wayne Bosch	Free State Province	1	42.90	1022		E	
FRE129	253	Stevens Knocks	Free State Province	2	38.84	913		E	
NWP087	976	S Henderson	North West Province	3	37.69	878		E	
NWP085	974	Jandré Joubert	North West Province	4	36.77	832		E	
FRE122	246	Ruben Fraser	Free State Province	5	36.30	810		E	
FRE134	258	Rowland Mollentze	Free State Province	6	35.05	753		E	
ECP094	94	Johannes Schutte	Eastern Cape Province	7	33.38	682		E	
MPU087	797	Christiaan Oelofse	Mpumalanga Province	8	33.25	676		E	

43	B-12	Spiesgooi	/ Javelin			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN048	576	Jeandre Bekker	KwaZulu Natal	1	43.12	1157		E	
KZN049	577	Tristan Rothman	KwaZulu Natal	2	36.80	900		E	
NWP089	978	Tiaan Esterhuizen	North West Province	3	35.66	839		E	
NWP091	980	Jandré Dreyer	North West Province	4	35.38	825		E	
GAU152	452	Johannes Grobler	Gauteng Province	5	35.24	818		E	
FRE124	248	Zander Gouws	Free State Province	6	34.48	782		E	
WCP141	1140	Kevin Singleton	Western Cape Province	7	34.14	766		E	
GAU154	454	John J v Rensburg	Gauteng Province	8	33.54	739		E	

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88	B-13	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP051	879	Llewellyn Hein	Northern Cape Province	1	00:11.94	800	1.8	E	
WCP149	1146	Malcolm Don	Western Cape Province	1	00:11.98	790	0.1	E	
WCP152	1149	Leaviel Gouws	Western Cape Province	1	00:11.57	897	1.5	E	
WCP156	1153	Niven Langdown	Western Cape Province	1	00:11.71	858	0.4	E	
FRE161	285	Hlapho Rantabane	Free State Province	2	00:12.09	764		E	
GAU218	518	Katleho Tsotetsi	Gauteng Province	2	00:11.96	795		E	
LIM077	695	Monama Molefe	Limpopo Province	2	00:12.21	737		E	
NWP093	982	Waldo Kriel	North West Province	2	00:11.93	802		E	
GAU210	510	Fallert Khuco	Gauteng Province	3	00:12.29	720		E	
GAU214	514	Keketso Maphathe	Gauteng Province	3	00:12.11	760		E	
MPU105	815	Thyle Nortje	Mpumalanga Province	3	00:12.15	751		E	
NWP094	983	K vd Merwe	North West Province	3	00:12.22	735		E	
ECP105	105	Athenkosi Mayinje	Eastern Cape Province	4	00:12.34	709		E	
GAU195	495	Petrus v Wyk	Gauteng Province	4	00:12.38	701		E	
MPU100	810	Mzwandile Mashele	Mpumalanga Province	4	00:12.45	686		E	
FRE149	273	Mpho Lesholi	Free State Province	5	00:12.49	678		E	

110	B-13	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP152	1149	Leaviel Gouws	Western Cape Province	1	00:11.91	807	-1.4	E	
WCP156	1153	Niven Langdown	Western Cape Province	1	00:11.95	797	-0.5	E	
GAU218	518	Katleho Tsotetsi	Gauteng Province	2	00:12.17	746		E	
WCP149	1146	Malcolm Don	Western Cape Province	2	00:12.07	769		E	
NWP093	982	Waldo Kriel	North West Province	3	00:12.26	726		E	
NCP051	879	Llewellyn Hein	Northern Cape Province	3	00:12.30	718		E	
GAU214	514	Keketso Maphathe	Gauteng Province	4	00:12.13	755		E	
MPU105	815	Thyle Nortje	Mpumalanga Province	4	00:12.37	703		E	

129	B-13	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP152	1149	Leaviel Gouws	Western Cape Province	1	00:11.77	842	-2.0	E	
WCP156	1153	Niven Langdown	Western Cape Province	2	00:11.87	817	-2.0	E	
WCP149	1146	Malcolm Don	Western Cape Province	3	00:12.09	764	-2.0	E	
GAU218	518	Katleho Tsotetsi	Gauteng Province	4	00:12.15	751	-2.0	E	
NCP051	879	Llewellyn Hein	Northern Cape Province	5	00:12.26	726	-2.0	E	
NWP093	982	Waldo Kriel	North West Province	6	00:12.38	701	-2.0	E	
MPU105	815	Thyle Nortje	Mpumalanga Province	7	00:12.57	662	-2.0	E	
GAU214	514	Keketso Maphathe	Gauteng Province	8	00:12.58	660	-2.0	E	

15	B-13	200 m	/ 200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP149	1146	Malcolm Don	Western Cape Province	1	00:24.88	755	0	E	
WCP152	1149	Leaviel Gouws	Western Cape Province	1	00:23.71	900	-0.5	E	
WCP156	1153	Niven Langdown	Western Cape Province	1	00:24.22	832	-0.2	E	
GAU195	495	Petrus v Wyk	Gauteng Province	2	00:25.28	712		E	
NWP093	982	Waldo Kriel	North West Province	2	00:24.03	857		E	
NCP051	879	Llewellyn Hein	Northern Cape Province	2	00:24.35	816		E	
GAU218	518	Katleho Tsotetsi	Gauteng Province	3	00:24.84	760		E	
NCP052	880	Austin Jooste	Northern Cape Province	3	00:24.79	765		E	

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38	B-13	200 m	/ 200 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP149	1146	Malcolm Don	Western Cape Province	1	00:24.88	755	0	E	
WCP152	1149	Leaviel Gouws	Western Cape Province	1	00:23.71	900	-0.5	E	
WCP156	1153	Niven Langdown	Western Cape Province	1	00:24.22	832	-0.2	E	
GAU195	495	Petrus v Wyk	Gauteng Province	2	00:25.28	712		E	
NWP093	982	Waldo Kriel	North West Province	2	00:24.01	859		E	
NCP051	879	Llewellyn Hein	Northern Cape Province	2	00:24.35	816		E	
GAU218	518	Katleho Tsotetsi	Gauteng Province	3	00:24.84	760		E	
NCP052	880	Austin Jooste	Northern Cape Province	3	00:24.79	765		E	

53	B-13	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP152	1149	Leaviel Gouws	Western Cape Province	1	00:23.59	916	-0.2	E	
NWP093	982	Waldo Kriel	North West Province	2	00:24.05	854	-0.2	E	
WCP149	1146	Malcolm Don	Western Cape Province	3	00:24.34	818	-0.2	E	
WCP156	1153	Niven Langdown	Western Cape Province	4	00:24.37	814	-0.2	E	
GAU218	518	Katleho Tsotetsi	Gauteng Province	5	00:24.39	812	-0.2	E	
NCP051	879	Llewellyn Hein	Northern Cape Province	6	00:24.41	809	-0.2	E	
NCP052	880	Austin Jooste	Northern Cape Province	7	00:24.72	773	-0.2	E	
GAU195	495	Petrus v Wyk	Gauteng Province	8	00:25.50	690	-0.2	E	

16	B-13	800 m	/ 800 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN058	586	Bongani Khumalo	KwaZulu Natal	1	02:08.52	909		E	
KZN059	587	Thabiso Nofemele	KwaZulu Natal	1	02:07.90	926		E	
ECP112	111	Mzukisi Saqu	Eastern Cape Province	2	02:08.96	898		E	
WCP175	1170	Okuhle Tose	Western Cape Province	2	02:11.78	829		E	
FRE160	284	Neo Radile	Free State Province	3	02:12.67	808		E	
NWP096	985	Samuel Matlhaku	North West Province	3	02:12.45	813		E	
FRE155	279	Paseka Mokubung	Free State Province	4	02:13.47	791		E	
LIM083	701	Khutso Thobejane	Limpopo Province	4	02:13.94	780		E	
ECP103	103	Lukas Knoetze	Eastern Cape Province	5	02:16.28	732		E	
WCP151	1148	Ruaan Gomes	Western Cape Province	5	02:14.67	765		E	
GAU212	512	Siyabulela Lala	Gauteng Province	6	02:18.57	687		E	
KZN060	588	Sanelo Sithole	KwaZulu Natal	6	02:15.29	752		E	
FRE156	280	Samuel Molibeli	Free State Province	7	02:22.78	613		E	
NCP053	881	Warnick Nielton	Northern Cape Province	7	02:16.83	721		E	
GAU215	515	Nkosana Nhlapo	Gauteng Province	8	02:16.87	720		E	
NWP097	986	Lentswe Mere	North West Province	8	02:22.93	610		E	

68	B-13	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN058	586	Bongani Khumalo	KwaZulu Natal	1	02:09.03	896		E	
ECP112	111	Mzukisi Saqu	Eastern Cape Province	2	02:09.63	881		E	
KZN059	587	Thabiso Nofemele	KwaZulu Natal	3	02:11.42	837		E	
FRE155	279	Paseka Mokubung	Free State Province	4	02:14.48	769		E	
WCP175	1170	Okuhle Tose	Western Cape Province	5	02:14.58	767		E	
FRE160	284	Neo Radile	Free State Province	6	02:14.62	766		E	
NWP096	985	Samuel Matlhaku	North West Province	7	02:16.30	731		E	
WCP151	1148	Ruaan Gomes	Western Cape Province	8	02:18.35	692		E	

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82	B-13	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN067	595	Thabiso Shoba	KwaZulu Natal	1	04:20.82	1035	E	
KZN068	596	Nkanyiso Nzimande	KwaZulu Natal	1	04:18.38	1067	E	
GAU190	490	Olebogeng Masetlhe	Gauteng Province	2	04:30.42	910	E	
KZN069	597	Nkululeko Mazongolo	KwaZulu Natal	2	04:24.65	985	E	
ECP115	114	Solethu Tamsanqa	Eastern Cape Province	3	04:33.89	868	E	
NWP096	985	Samuel Matlhaku	North West Province	3	04:26.07	966	E	
ECP113	112	Lunga Simayile	Eastern Cape Province	4	04:28.43	935	E	
FRE148	272	Lebohang Lengana	Free State Province	4	04:34.96	856	E	
FRE155	279	Paseka Mokubung	Free State Province	5	04:29.13	926	E	
KZN070	598	Mduduzi Nxumalo	KwaZulu Natal	5	04:37.28	829	E	
GAU209	509	Siyabonga Zwane	Gauteng Province	6	04:42.40	775	E	
GAU193	493	Asekwa Nobgolina	Gauteng Province	6	04:34.64	859	E	
NWP098	987	Tommie le Roux	North West Province	7	04:44.56	754	E	
WCP171	1166	Buren Sampson	Western Cape Province	7	04:35.37	851	E	
FRE167	291	Mojalefa Tsotetsi	Free State Province	8	04:40.78	792	E	
LIM078	696	Amos Monyeki	Limpopo Province	8	05:09.03	548	E	

131	B-13	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN068	596	Nkanyiso Nzimande	KwaZulu Natal	1	04:11.28	1164	E	R
KZN067	595	Thabiso Shoba	KwaZulu Natal	2	04:14.94	1113	E	
KZN069	597	Nkululeko Mazongolo	KwaZulu Natal	3	04:21.68	1024	E	
ECP113	112	Lunga Simayile	Eastern Cape Province	4	04:28.03	941	E	
FRE155	279	Paseka Mokubung	Free State Province	5	04:29.37	923	E	
GAU190	490	Olebogeng Masetlhe	Gauteng Province	6	04:29.79	918	E	
KZN070	598	Mduduzi Nxumalo	KwaZulu Natal	7	04:34.93	856	E	
NWP096	985	Samuel Matlhaku	North West Province	8	04:37.41	828	E	
FRE148	272	Lebohang Lengana	Free State Province	9	04:40.12	799	E	
WCP171	1166	Buren Sampson	Western Cape Province	10	04:40.59	794	E	

31	B-13	80 m Hekies	/ 80 m Hurdles	00:00.00	Heats				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECP105	105	Athenkosi Mayinje	Eastern Cape Province	1	00:11.05	969	2.2	E	R
GAU198	498	Samuel Botha	Gauteng Province	1	00:11.44	854	-0.3	E	
WCP156	1153	Niven Langdown	Western Cape Province	1	00:11.63	805	0.5	E	
GAU207	507	Kennett Sinclair	Gauteng Province	2	00:11.63	805		E	
MPU098	808	Daniël Griesel	Mpumalanga Province	2	00:11.07	963		E	R
NWP099	988	Ruan de Beer	North West Province	2	00:11.69	790		E	
FRE162	286	Sean Reynolds	Free State Province	3	00:12.12	692		E	
GAU216	516	Fenton Smit	Gauteng Province	3	00:11.58	817		E	

66	B-13	80 m Hekies	/ 80 m Hurdles	00:00.00	Final				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NWP099	988	Ruan de Beer	North West Province	1	00:11.40	865	-0.5	E	
GAU198	498	Samuel Botha	Gauteng Province	2	00:11.49	841	-0.5	E	
WCP156	1153	Niven Langdown	Western Cape Province	3	00:11.50	838	-0.5	E	
ECP105	105	Athenkosi Mayinje	Eastern Cape Province	4	00:11.74	778	-0.5	E	
GAU207	507	Kennett Sinclair	Gauteng Province	5	00:11.76	773	-0.5	E	
MPU098	808	Daniël Griesel	Mpumalanga Province	6	00:12.06	705	-0.5	E	
FRE162	286	Sean Reynolds	Free State Province	7	00:12.24	667	-0.5	E	
GAU216	516	Fenton Smit	Gauteng Province	8	00:12.25	665	-0.5	E	

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100	B-13	200 m Hekkie	/ 200 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU216	516	Fenton Smit	Gauteng Province	1	00:28.62	709	-1.5	E	
GAU198	498	Samuel Botha	Gauteng Province	1	00:27.48	822	-0.5	E	
ECP114	113	A Swarts	Eastern Cape Province	1	00:28.80	693	-1.1	E	
GAU207	507	Kennett Sinclair	Gauteng Province	2	00:29.05	671		E	
WCP147	1144	Dean Adam	Western Cape Province	2	00:29.07	669		E	
WCP157	1154	David Laubser	Western Cape Province	2	00:28.46	724		E	
LIM077	695	Monama Molefe	Limpopo Province	3	00:28.48	722		E	
NWP094	983	K vd Merwe	North West Province	4	00:28.91	683		E	

116	B-13	200 m Hekkie	/ 200 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU198	498	Samuel Botha	Gauteng Province	1	00:27.23	850	1.2	E	
GAU216	516	Fenton Smit	Gauteng Province	2	00:28.05	763		E	
LIM077	695	Monama Molefe	Limpopo Province	3	00:28.20	748		E	
GAU207	507	Kennett Sinclair	Gauteng Province	4	00:28.44	726		E	
WCP157	1154	David Laubser	Western Cape Province	5	00:28.56	715		E	
ECP114	113	A Swarts	Eastern Cape Province	6	00:29.17	661		E	
NWP094	983	K vd Merwe	North West Province	7	00:29.37	644		E	
WCP147	1144	Dean Adam	Western Cape Province	8	00:29.65	621		E	

132	B-13	1500 m Stap	/ 1500 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP155	1152	Quewin-Earl Krotz	Western Cape Province	1	07:18.09	1032		E	R
KZN065	593	Mandla Shezi	KwaZulu Natal	2	07:26.07	970		E	R
FRE165	289	Stefan Strydom	Free State Province	3	07:27.03	962		E	R
WCP165	1161	Algero Moses	Western Cape Province	4	07:57.93	752		E	
NWP106	995	Louis Barnard	North West Province	5	08:10.28	684		E	
FRE154	278	Mpho Mohapi	Free State Province	6	08:11.56	678		E	
KZN064	592	Mthandeni Khumalo	KwaZulu Natal	7	08:30.66	585		E	
GAU185	485	Ruan de Jager	Gauteng Province	8	08:35.04	565		E	
FRE157	281	Teboho Mnyongula	Free State Province	9	08:43.86	527		E	

76	B-13	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECPA08	124	Eastern Cape	Eastern Cape Province	1	00:00.00	0		E	
FREA08	301	Free State	Free State Province	1	00:00.00	0		E	
GAUA08	528	Gauteng	Gauteng Province	1	00:00.00	0		E	
KZNA08	618	KwaZulu Natal	KwaZulu Natal	1	00:00.00	0		E	
LIMA08	710	Limpopo	Limpopo Province	1	00:00.00	0		E	
MPUA08	830	Mpumalanga	Mpumalanga Province	1	00:00.00	0		E	
NWPA08	1007	North West	North West Province	1	00:00.00	0		E	
WCPA08	1179	Western Cape	Western Cape Province	1	00:00.00	0		E	

140	B-13	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA08	528	Gauteng	Gauteng Province	1	00:47.70	909		E	
FREA08	301	Free State	Free State Province	2	00:48.43	860		E	
WCPA08	1179	Western Cape	Western Cape Province	3	00:48.48	857		E	
MPUA08	830	Mpumalanga	Mpumalanga Province	4	00:49.12	817		E	
LIMA08	710	Limpopo	Limpopo Province	5	00:49.29	807		E	
NWPA08	1007	North West	North West Province	6	00:49.36	803		E	
ECPA08	124	Eastern Cape	Eastern Cape Province	7	00:49.49	795		E	
KZNA08	618	KwaZulu Natal	KwaZulu Natal	8	00:51.26	700		E	

SASA National Primary Schools Track & Field Championships
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Result per Age

B-13

78	B-13	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP051	879	Llewellyn Hein	Northern Cape Province	1	1.70	912	E	
GAU204	504	Tristan Nel	Gauteng Province	2	1.70	912	E	
WCP172	1167	Carlton Soldaat	Western Cape Province	3	1.67	900	E	
WCP160	1157	Wesley Mack	Western Cape Province	4	1.64	863	E	
GAU199	499	Rijnard Hartman	Gauteng Province	5	1.64	863	E	
NWP107	996	Danick Pheiffer	North West Province	6	1.61	826	E	
MPU107	817	Kimon Pretorius	Mpumalanga Province	7	1.58	789	E	
FRE150	274	Danie Marais	Free State Province	8	1.58	789	E	
MPU097	807	Warren Graham	Mpumalanga Province	8	1.58	789	E	

2	B-13	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU206	506	Katleho Sekonyela	Gauteng Province	1	5.67	889	2.44	E
GAU205	505	Nicolas Scholtz	Gauteng Province	2	5.67	889		E
NWP102	991	Keshi Osuala	North West Province	3	5.62	871		E
GAU201	501	Francois Malan	Gauteng Province	4	5.40	791		E
MPU111	821	Andile Zitha	Mpumalanga Province	5	5.35	773		E
WCP173	1168	Dylan Stander	Western Cape Province	6	5.31	759		E
ECP100	100	David Armstrong	Eastern Cape Province	7	5.30	755		E
FRE169	293	Jovan van Vuuren	Free State Province	8	5.22	726		E

41	B-13	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM084	702	Sven v Niekerk	Limpopo Province	1	13.44	713		E
GAU191	491	Arthur Matthee	Gauteng Province	2	13.20	688		E
FRE168	292	JC J v Vuuren	Free State Province	3	12.49	615		E
MPU098	808	Daniël Griesel	Mpumalanga Province	4	12.29	595		E
FRE147	271	Juan-Pierre Kalp	Free State Province	5	12.13	579		E
ECP104	104	Robert Lyons	Eastern Cape Province	6	12.12	578		E
GAU186	486	Jakobus de Villiers	Gauteng Province	7	12.06	572		E
MPU110	820	Armand van Wyk	Mpumalanga Province	8	11.79	546		E

117	B-13	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE168	292	JC J v Vuuren	Free State Province	1	41.47	913		E
LIM084	702	Sven v Niekerk	Limpopo Province	2	39.60	847		E
ECP104	104	Robert Lyons	Eastern Cape Province	3	37.45	753		E
GAU195	495	Petrus v Wyk	Gauteng Province	4	36.02	696		E
WCP162	1159	Daniel Maree	Western Cape Province	5	34.65	643		E
FRE163	287	Louis Spershott	Free State Province	6	34.61	642		E
GAU187	487	Henk Esterhuysen	Gauteng Province	7	33.89	615		E
WCP170	1165	Christopher Roelfse	Western Cape Province	8	32.04	548		E

91	B-13	Spiesgooi	/ Javelin	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP174	1169	Tiaan Swanepoel	Western Cape Province	1	53.25	1501		E R
MPU110	820	Armand van Wyk	Mpumalanga Province	2	43.47	948		E
FRE166	290	JD Swanepoel	Free State Province	3	40.26	873		E
GAU189	489	Evan Jones	Gauteng Province	4	39.48	837		E
FRE163	287	Louis Spershott	Free State Province	5	38.97	814		E
WCP167	1162	Samuel Odendaal	Western Cape Province	6	37.36	746		E
ECP098	98	Matt Ackerman	Eastern Cape Province	7	36.81	723		E
GAU184	484	Zach de Beer	Gauteng Province	8	36.22	700		E