

Cossasa Athletics 2010
2010/04/23

Result per Age

G-17

25	G-17	100 m	/ 100 m	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA001	CHANTE VAN TONDER	South Africa	1	00:12.07	851		E	
RSA002	STACEY WELSCH	South Africa	1	00:12.13	843		E	
NAM043	RINOZUEU MBUNGA	Namibia	1	00:12.59	785		E	
RSA025	NATASHA TE BAERTS	South Africa	1	00:00.00	0		E	
SWA003	SANGWENI NOTHANDO	Swaziland	1	00:00.00	0		E	
SWA001	NELISWA ZWANE	Swaziland	1	00:00.00	0		E	
NAM044	VIVIAN KAMUSUVISE	Namibia	1	00:00.00	0		E	
NAM042	CORNEL BRITZ	Namibia	1	00:00.00	0		E	
LES002	NTSOAKI MASHEA	Lesotho	1	00:00.00	0		E	
LES003	NTEBOHELENG RAMAILE	Lesotho	1	00:00.00	0		E	
LES001	PUSELETSO DOTI	Lesotho	1	00:00.00	0		E	
BOT037	LEUNGO MATLHAKU	Botswana	1	00:00.00	0		E	
BOT044	LEBOGANG SEBUENG	Botswana	1	00:00.00	0		E	
BOT042	THIMENGO NJUNGA	Botswana	1	00:00.00	0		E	
BOT040	ONTIRETSE MOLAPISI	Botswana	1	00:00.00	0		E	

35	G-17	100 m	/ 100 m	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA001	CHANTE VAN TONDER	South Africa	1	00:12.00	862	1.1	E	
BOT037	LEUNGO MATLHAKU	Botswana	2	00:12.25	826		E	
RSA002	STACEY WELSCH	South Africa	3	00:12.42	805		E	
NAM042	CORNEL BRITZ	Namibia	4	00:12.76	766		E	
RSA025	NATASHA TE BAERTS	South Africa	5	00:12.80	762		E	
BOT042	THIMENGO NJUNGA	Botswana	6	00:12.91	751		E	
NAM044	VIVIAN KAMUSUVISE	Namibia	7	00:13.03	739		E	
BOT044	LEBOGANG SEBUENG	Botswana	8	00:13.14	729		E	
BOT040	ONTIRETSE MOLAPISI	Botswana	9	00:13.23	720		E	
LES002	NTSOAKI MASHEA	Lesotho	10	00:13.33	712		E	
LES001	PUSELETSO DOTI	Lesotho	11	00:13.44	702		E	
NAM043	RINOZUEU MBUNGA	Namibia	12	00:13.87	667		E	

1	G-17	200 m	/ 200 m	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA003	NADIA JOOSTE	South Africa	1	00:24.50	863	1.75	H	
RSA001	CHANTE VAN TONDER	South Africa	1	00:24.00	897	1.5	H	E
NAM042	CORNEL BRITZ	Namibia	2	00:25.50	808		H	
BOT037	LEUNGO MATLHAKU	Botswana	2	00:24.90	840		H	
BOT040	ONTIRETSE MOLAPISI	Botswana	3	00:26.20	776		H	
BOT041	NONSA NGUASENA	Botswana	3	00:25.00	834		H	

23	G-17	400 m	/ 400 m	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA006	RAHAB MABINA	South Africa	1	00:00.00	0		E	
RSA005	LIZE STEYN	South Africa	1	00:00.00	0		E	
RSA004	IZELLE NEUHOFF	South Africa	1	00:00.00	0		E	
SWA010	SAMKELSIWE PHIRI	Swaziland	1	00:00.00	0		E	
SWA009	NKAMBULE LUNGELO'	Swaziland	1	00:00.00	0		E	
NAM025	NADINE MOOLMAN	Namibia	1	00:00.00	0		E	
NAM024	OTILIE SHIYAKELA	Namibia	1	00:00.00	0		E	
LES006	MAMOTOANA LEFISA	Lesotho	1	00:00.00	0		E	
LES007	MOTSELISI PHOKA	Lesotho	1	00:00.00	0		E	
BOT028	WINNIE GEORGE	Botswana	1	00:00.00	0		E	
BOT029	GOITSEONE KEBONYETHEBE	Botswana	1	00:00.00	0		E	
BOT041	NONSA NGUASENA	Botswana	1	00:00.00	0		E	

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33	G-17	400 m	/ 400 m	00:25.95		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA005	LIZE STEYN	South Africa	1	00:55.70	869		H	R
BOT041	NONSA NGUASENA	Botswana	2	00:55.90	864		H	R
RSA004	IZELLE NEUHOFF	South Africa	3	00:56.40	852		H	R
RSA006	RAHAB MABINA	South Africa	4	00:58.40	809		H	
BOT028	WINNIE GEORGE	Botswana	4	00:58.40	809		H	
BOT029	GOITSEONE KEBONYETHEBE	Botswana	4	00:58.40	809		H	
NAM024	OTILIE SHIYAKELA	Namibia	7	00:59.10	796		H	
NAM025	NADINE MOOLMAN	Namibia	8	00:64.90	706		H	
LES006	MAMOTOANA LEFISA	Lesotho	9	00:65.00	705		H	
LES007	MOTSELISI PHOKA	Lesotho	10	00:67.20	677		H	

8	G-17	800 m	/ 800 m	00:25.95		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA008	FELICIA MOFOKENG	South Africa	1	02:12.52	840		E	
BOT028	WINNIE GEORGE	Botswana	2	02:13.12	834		E	
RSA007	MARIKE VERMAAK	South Africa	3	02:13.62	830		E	
BOT023	CHRISTINE BOTLOGETSWE	Botswana	4	02:15.01	817		E	
BOT036	GAOTLHOWOGWE MAKHITLISO	Botswana	5	02:15.33	814		E	
NAM047	JULIA HANDJENE	Namibia	6	02:18.12	790		E	
NAM046	JOHANNA SHIWEDA	Namibia	7	02:27.20	725		E	
SWA013	NONTSIKELELO FAKUDZE	Swaziland	8	02:27.30	724		E	
LES008	THAKANE SELLO	Lesotho	9	02:30.26	706		E	
LES035	NTHABISENG RAMOLOKO	Lesotho	10	02:31.74	697		E	

39	G-17	1500 m	/ 1500 m	00:25.95		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LES010	MANNINI PITSO	Lesotho	1	04:34.60	814		E	
BOT036	GAOTLHOWOGWE MAKHITLISO	Botswana	2	04:39.20	792		E	
BOT026	KEFILWE DITSHOTLO	Botswana	3	04:43.00	775		E	
BOT027	KEFILWE GALETSEWE	Botswana	4	04:43.30	773		E	
NAM046	JOHANNA SHIWEDA	Namibia	5	00:00.00	0		E	
LES009	MPHO MOETI	Lesotho	6	00:00.00	0		E	
NAM026	KLAUDIA MOSES	Namibia	7	00:00.00	0		E	
RSA010	SYLVIA DIBAKWANE	South Africa	8	00:00.00	0		E	
NAM047	JULIA HANDJENE	Namibia	9	00:00.00	0		E	
LES011	LINEO LEMPE	Lesotho	10	00:00.00	0		E	
RSA011	LEBOHANG DHLAMINI	South Africa	11	00:00.00	0		E	
NAM027	MARIA NAKALE	Namibia	12	00:00.00	0		E	
SWA014	NGWENYA LINDIWE	Swaziland	14	00:00.00	0		E	

17	G-17	3000 m	/ 3000 m	00:25.95		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NAM028	NDAPANDULA NGHINAUNYE	Namibia	1	09:55.22	599		E	
LES012	MOKULUBETE MAKATISE	Lesotho	2	09:57.98	592		E	
LES009	MPHO MOETI	Lesotho	3	09:58.04	592		E	
BOT027	KEFILWE GALETSEWE	Botswana	4	10:08.03	569		E	
BOT026	KEFILWE DITSHOTLO	Botswana	5	10:20.29	543		E	
RSA012	BIANCA VAN NIEKERK	South Africa	6	10:20.81	542		E	
NAM029	THEOPOLINA MWATOTELE	Namibia	7	10:36.29	512		E	
BOT046	THAMANI TAWANDA	Botswana	8	10:37.43	509		E	

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31	G-17	100 m Hekkie	/ 100 m Hurdles	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
	BOT033	DITHAPELO MABANDA	Botswana	1	00:00.00	0	E	
	RSA013	MARYKE BRITS	South Africa	1	00:00.00	0	E	
	RSA014	LIRISKA BOTHA	South Africa	1	00:00.00	0	E	
	NAM030	MICHELLE PRETORIUS	Namibia	1	00:00.00	0	E	
	BOT034	CHEDZA MAJORE	Botswana	1	00:00.00	0	E	

5	G-17	400 m Hekkie	/ 400 m Hurdles	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
	RSA014	LIRISKA BOTHA	South Africa	1	00:00.00	0	E	
	RSA004	IZELLE NEUHOFF	South Africa	1	00:00.00	0	E	
	NAM031	LISA DE KLERK	Namibia	1	00:00.00	0	E	
	NAM032	LIZ-MARI ENGELS	Namibia	1	00:00.00	0	E	
	BOT034	CHEDZA MAJORE	Botswana	1	00:00.00	0	E	
	BOT033	DITHAPELO MABANDA	Botswana	1	00:00.00	0	E	

19	G-17	4X100 m Aflos	/ 4X100 m Relay	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
	RSAA01	SOUTH AFRICA	South Africa	1	00:47.79	891	E	
	BOTA01	BOTSWANA	Botswana	2	00:48.29	870	E	
	NAMA01	NAMIBIA	Namibia	3	00:49.32	833	E	
	LESA01	LESOTHO	Lesotho	4	00:53.44	721	E	
	SWAA01	SWAZILAND	Swaziland	5	00:53.66	716	E	

41	G-17	4 X400 m Aflos	/ 4X400 m Relay	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
	RSAA02	SOUTH AFRICA	South Africa	1	03:50.95	881	E	
	BOTA02	BOTSWANA	Botswana	2	03:51.75	874	E	
	NAMA02	NAMIBIA	Namibia	3	04:08.44	764	E	
	SWAA02	SWAZILAND	Swaziland	4	04:27.49	676	E	
	LESA02	LESOTHO	Lesotho	5	04:33.23	654	E	

2	G-17	Hoogspring	/ High Jump	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
	RSA029	ROCHELLE COETZEE	South Africa	1	1.70	918	E	
	NAM030	MICHELLE PRETORIUS	Namibia	2	1.70	918	E	
	RSA028	FRANCES SEELIGER	South Africa	3	1.65	887	E	
	RSA026	VALENTINA DA ROCHA	South Africa	4	1.60	821	E	
	BOT043	REBAKAONE RALEBELWANA	Botswana	5	1.60	821	E	
	NAM033	MIJON POTGIETER	Namibia	6	1.60	821	E	
	BOT039	KEAMOGETSE MOKGELE	Botswana	7	1.55	756	E	

7	G-17	Verspring	/ Long Jump	00:25.95	Final				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
	RSA013	MARYKE BRITS	South Africa	1	5.78	928	1.2	E	E
	NAM034	PENNY HAMUNYELA	Namibia	2	5.52	902		E	
	BOT024	KARABO BUDZWANE	Botswana	3	5.44	883		E	
	RSA024	DANELLE ERWEE	South Africa	4	5.36	860		E	
	RSA025	NATASHA TE BAERTS	South Africa	5	5.30	842		E	
	BOT025	TITOSE CHILUME	Botswana	6	5.22	819		E	
	BOT031	EUNICE KHUTLO	Botswana	7	5.11	786		E	
	NAM030	MICHELLE PRETORIUS	Namibia	8	4.90	724		E	

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29	G-17	Gewigstoot	/ Shot Put		00:25.95		Final		
			Athlete	Team	Place	Performance	Table point	Wind	H/E
RSA015		ISCHKE SENEKAL	South Africa	1	12.56	894		E	
RSA016		CECILE MEYER	South Africa	2	12.37	887		E	
NAM037		CHARLENE ENGELBRECHT	Namibia	3	12.21	880		E	
RSA017		LIETTE VAN SCHALKWYK	South Africa	4	11.78	862		E	
NAM038		JOLENE LE ROUX	Namibia	5	11.30	842		E	
BOT022		KUDA BAKGETHISI	Botswana	6	9.26	748		E	
BOT032		COLLIN LEPOTOKISI	Botswana	7	8.97	733		E	
LES017		MOTSELISI ABIEL	Lesotho	8	7.10	630		E	
LES016		MOIPONE MASOPHA	Lesotho	9	6.92	619		E	

12	G-17	Diskusgooi	/ Discus Throw		00:25.95		Final		
			Athlete	Team	Place	Performance	Table point	Wind	H/E
RSA018		SIMONE MEYER	South Africa	1	46.00	927		E	R
RSA017		LIETTE VAN SCHALKWYK	South Africa	2	36.85	832		E	
RSA019		DANELLE WILLEMSE	South Africa	3	36.35	824		E	
BOT045		BOITSHWARELO SEFO	Botswana	4	33.53	781		E	
NAM038		JOLENE LE ROUX	Namibia	5	32.75	768		E	
NAM037		CHARLENE ENGELBRECHT	Namibia	6	31.53	748		E	
BOT032		COLLIN LEPOTOKISI	Botswana	7	29.55	715		E	

21	G-17	Spiesgooi	/ Javelin		00:25.95		Final		
			Athlete	Team	Place	Performance	Table point	Wind	H/E
RSA021		LEANDRI SWIEGERS	South Africa	1	43.00	868		E	
NAM039		SUNé WITTMAN	Namibia	2	41.40	843		E	
RSA023		JANIKE KOTZE	South Africa	3	38.30	793		E	
NAM041		HANNEKE VAN DER WATH	Namibia	4	36.39	761		E	
BOT030		KEDIEMETSE KGANGYAROMA	Botswana	5	36.21	758		E	
RSA022		CHRISTELLE DE KLERK	South Africa	6	33.61	713		E	
BOT038		THATAYAONE MMOLAWA	Botswana	7	29.49	636		E	

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28	B-17	100 m	/ 100 m	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA031	N TITI	South Africa	1	00:10.76	849		E	
RSA030	RUDOLF ERASMUS	South Africa	1	00:10.53	900		E	
RSA032	SIPHELO NGQUBAZA	South Africa	1	00:00.00	0		E	
SWA017	MAZIBUKO CELUMUSA	Swaziland	1	00:00.00	0		E	
SWA016	SIHLONGANYAN SIBONISO	Swaziland	1	00:00.00	0		E	
NAM002	KEVII MITJIVIKWA	Namibia	1	00:00.00	0		E	
NAM001	FRED CHARLES PIETERS	Namibia	1	00:00.00	0		E	
NAM023	ASHTON NASH	Namibia	1	00:00.00	0		E	
LES019	RELEBOHILE BLOEM	Lesotho	1	00:00.00	0		E	
LES018	PHUTHI MAKHALE	Lesotho	1	00:00.00	0		E	
BOT007	WANE KHALALO	Botswana	1	00:00.00	0		E	
BOT011	OBONWE MOOKETSI	Botswana	1	00:00.00	0		E	
BOT017	KUTLO SEBIFELO	Botswana	1	00:00.00	0		E	

36	B-17	100 m	/ 100 m	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA030	RUDOLF ERASMUS	South Africa	1	00:10.72	857	0.3	E	
RSA031	N TITI	South Africa	2	00:11.06	793	0.3	E	
NAM023	ASHTON NASH	Namibia	3	00:11.25	762	0.3	E	
BOT011	OBONWE MOOKETSI	Botswana	4	00:11.31	753	0.3	E	
BOT017	KUTLO SEBIFELO	Botswana	5	00:11.40	739	0.3	E	
SWA016	SIHLONGANYAN SIBONISO	Swaziland	6	00:11.44	733	0.3	E	
NAM001	FRED CHARLES PIETERS	Namibia	7	00:11.59	712	0.3	E	
BOT007	WANE KHALALO	Botswana	8	00:11.66	703	0.3	E	
LES018	PHUTHI MAKHALE	Lesotho	9	00:11.70	697	0.3	E	
NAM002	KEVII MITJIVIKWA	Namibia	10	00:11.73	693	0.3	E	
LES019	RELEBOHILE BLOEM	Lesotho	11	00:12.00	659	0.3	E	

4	B-17	200 m	/ 200 m	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA033	KURTLEY DU PLESSIS	South Africa	1	00:21.40	873	2.2	H	
RSA030	RUDOLF ERASMUS	South Africa	1	00:20.70	952	2.3	H	R
RSA032	SIPHELO NGQUBAZA	South Africa	2	00:20.80	939		H	R
NAM003	PIERRE CRONJE	Namibia	2	00:21.70	845		H	
NAM001	FRED CHARLES PIETERS	Namibia	3	00:21.90	828		H	
BOT011	OBONWE MOOKETSI	Botswana	3	00:22.30	796		H	

24	B-17	400 m	/ 400 m	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA034	RUAN GREYLING	South Africa	1	00:00.00	0		E	
SWA020	CELINHLANHLA MAVIMBELA	Swaziland	1	00:00.00	0		E	
SWA019	SIBONGAKONKE MATSENJWA	Swaziland	1	00:00.00	0		E	
NAM003	PIERRE CRONJE	Namibia	1	00:00.00	0		E	
NAM004	YORIN MARTIN	Namibia	1	00:00.00	0		E	
LES023	RELEBELETSE NTAULI	Lesotho	1	00:00.00	0		E	
LES022	MOKATI KALI	Lesotho	1	00:00.00	0		E	
BOT009	BAFETOLENG MOGANI	Botswana	1	00:00.00	0		E	
BOT006	TLOTLO KEDINAKGABO	Botswana	1	00:00.00	0		E	
BOT010	MOJEREMANE MOJEREMANE	Botswana	1	00:00.00	0		E	

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34	B-17	400 m	/ 400 m	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA035	LORENZO ADAMS	South Africa	1	00:48.78	827		E	
RSA034	RUAN GREYLING	South Africa	2	00:48.87	824		E	
NAM003	PIERRE CRONJE	Namibia	3	00:49.95	789		E	
BOT009	BAFETOLENG MOGANI	Botswana	4	00:50.74	766		E	
SWA019	SIBONGAKONKE MATSENJWA	Swaziland	5	00:51.80	737		E	
BOT010	MOJEREMANE MOJEREMANE	Botswana	6	00:52.55	718		E	
NAM004	YORIN MARTIN	Namibia	7	00:52.61	717		E	
LES023	RELEBELETSE NTAULI	Lesotho	8	00:54.90	664		E	
LES022	MOKATI KALI	Lesotho	9	00:56.35	634		E	

9	B-17	800 m	/ 800 m	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
BOT015	ONKABETSE NKOBOLO	Botswana	1	01:57.56	743		E	
RSA040	JOHAN BERRENCE	South Africa	2	01:58.07	733		E	
BOT004	LAONE JAPPIE	Botswana	3	01:58.80	719		E	
BOT006	TLOTLO KEDINAKGABO	Botswana	4	02:00.04	698		E	
RSA038	HENDRIK KOEKEMOER	South Africa	5	02:00.40	692		E	
NAM021	RODNEY LINKS	Namibia	6	02:04.85	622		E	
LES025	RANTSO PEO	Lesotho	7	02:04.96	621		E	
LES024	MAKO RAMAFOLE	Lesotho	8	02:07.71	583		E	
NAM022	EBEN-ESER HAUFIKU	Namibia	9	02:13.55	512		E	

40	B-17	1500 m	/ 1500 m	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA040	JOHAN BERRENCE	South Africa	1	04:06.80	803		E	
BOT014	AMOS NIGEL	Botswana	2	04:07.80	797		E	
BOT004	LAONE JAPPIE	Botswana	3	04:09.80	785		E	
NAM006	FAUSTINUS MBAMBA	Namibia	4	04:11.00	778		E	
SWA021	PHILA TFUMBATSI	Swaziland	5	00:00.00	0		E	
SWA022	MPHILO SHABUNGU	Swaziland	6	00:00.00	0		E	
BOT013	KEALEBOGA MOTSHOREGANYI	Botswana	7	00:00.00	0		E	
RSA041	REGGIE MAPHELELA	South Africa	8	00:00.00	0		E	
LES028	TANKISO NTOAMPE	Lesotho	9	00:00.00	0		E	
RSA043	ANASTACIUS ONTONG	South Africa	10	00:00.00	0		E	
LES026	POTSANE LERATO	Lesotho	11	00:00.00	0		E	
LES027	MATSIELI MALITSE	Lesotho	12	00:00.00	0		E	

18	B-17	3000 m	/ 3000 m	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
BOT020	ONKARABILE SWIMBO	Botswana	1	10:02.10	680		E	
RSA039	SITHEMBILE DONDOLO	South Africa	2	10:02.48	679		E	
BOT013	KEALEBOGA MOTSHOREGANYI	Botswana	3	10:02.80	679		E	
BOT014	AMOS NIGEL	Botswana	4	10:06.49	673		E	
LES031	MAKHALE MASELI	Lesotho	5	10:13.13	664		E	
RSA042	MORENA MOKOENA	South Africa	6	10:31.71	639		E	
NAM008	JOHANNES SHIKONGO	Namibia	7	10:35.46	634		E	
LES029	MAHLOKO MapeSela	Lesotho	8	10:36.38	633		E	
LES030	LETSEKANG SEKONYELA	Lesotho	9	10:37.50	631		E	
RSA043	ANASTACIUS ONTONG	South Africa	10	10:46.22	620		E	

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6	B-17	400 m Hekkie	/ 400 m Hurdles	00:25.95	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA046	TAARIQ SOLOMON	South Africa	1	00:51.87	942		E	
RSA047	SCHALK BURGER	South Africa	1	00:51.90	940		E	
NAM009	ROUSSAUW VAN VUUREN	Namibia	1	00:61.96	615		E	
NAM010	FRANS VAN STADEN	Namibia	1	00:64.71	559		E	
BOT019	MOSES SEKGWAMA	Botswana	1	00:00.00	0		E	
BOT008	TSHEPO MATSIETSA	Botswana	1	00:00.00	0		E	

14	B-17	400 m Hekkie	/ 400 m Hurdles	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA046	TAARIQ SOLOMON	South Africa	1	00:52.89	889		E	
RSA047	SCHALK BURGER	South Africa	2	00:53.10	879		E	
BOT019	MOSES SEKGWAMA	Botswana	3	00:55.99	770		E	
NAM009	ROUSSAUW VAN VUUREN	Namibia	4	00:59.94	661		E	
BOT008	TSHEPO MATSIETSA	Botswana	5	00:64.35	566		E	
NAM010	FRANS VAN STADEN	Namibia	6	00:64.68	560		E	

20	B-17	4X100 m Aflos	/ 4X100 m Relay	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSAA03	SOUTH AFRICA	South Africa	1	00:42.26	771		E	
BOTA03	BOTSWANA	Botswana	2	00:42.26	771		E	
NAMA03	NAMIBIA	Namibia	3	00:43.17	734		E	
SWAA03	SWAZILAND	Swaziland	4	00:44.49	687		E	
LESA03	LESOTHO	Lesotho	5	00:48.39	572		E	

42	B-17	4 X400 m Aflos	/ 4X400 m Relay	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSAA04	SOUTH AFRICA	South Africa	1	03:17.97	797		E	
BOTA04	BOTSWANA	Botswana	2	03:25.46	731		E	
NAMA04	NAMIBIA	Namibia	3	03:28.91	704		E	
LESA04	LESOTHO	Lesotho	4	03:36.45	651		E	

10	B-17	Hoogspring	/ High Jump	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA058	CLYDE RUITERS	South Africa	1	2.00	829		E	E
RSA059	TIRO MOSETE	South Africa	2	2.00	829		E	E
BOT002	MMILILI DUBE	Botswana	3	1.95	771		E	
BOT001	TSHWANELO AOBOBE	Botswana	4	1.90	716		E	
SWA024	NGOBOSE PHUMLANE	Swaziland	5	1.85	662		E	
NAM011	AMALDUS TJIVERA	Namibia	6	1.80	609		E	
NAM012	WARREN NTELAMO	Namibia	7	1.80	609		E	

3	B-17	Verspring	/ Long Jump	00:25.95	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA054	ROELOF PIENAAR	South Africa	1	7.16	933	1.3	E	
RSA056	MPHO MAPHUTHA	South Africa	2	7.16	933		E	
RSA055	FRANCOIS COETZEE	South Africa	3	6.72	812		E	
BOT012	GOABAONE MOSHELEKETI	Botswana	4	6.06	526		E	
NAM014	SERGIO KLEIN	Namibia	5	6.16	567		E	
BOT018	OBAKENG SEBONYE	Botswana	6	5.99	498		E	
NAM013	ZHIVAGO GROENEWALDT	Namibia	7	5.77	411		E	
BOT016	BRADLEY RAMKOLEA	Botswana	8	5.61	349		E	
LES032	JOHANNES CHELE	Lesotho	9	4.86	67		E	
LES033	KHOTSO MATSOSO	Lesotho	10	3.61	0		E	

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11	B-17	Gewigstoot	/ Shot Put	00:25.95		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA049	JOHNNY BOTHA	South Africa	1	18.12	906		E	
RSA050	JACQUES DU PLESSIS	South Africa	2	17.27	867		E	
NAM018	DIVAN VISSER	Namibia	3	14.37	712		E	
BOT003	MOTSHEREGANYI GWAMULUMBA	Botswana	4	13.89	687		E	
NAM017	WILHELM RADEMEYER	Namibia	5	13.83	684		E	
BOT021	EMMANUEL THOMAS	Botswana	6	11.31	553		E	
LES034	BOKANG HLEPHE	Lesotho	7	10.02	484		E	
LES022	MOKATI KALI	Lesotho	8	4.42	114		E	

30	B-17	Spiesgooi	/ Javelin	00:25.95		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
RSA052	DYLAN JACOBS	South Africa	1	69.30	909		E	
RSA053	RUAAN ERASMUS	South Africa	2	56.54	684		E	
BOT016	BRADLEY RAMKOLEA	Botswana	3	55.70	669		E	
BOT005	KAVETO JOAO	Botswana	4	52.62	616		E	
NAM019	JANDRE SMIT	Namibia	5	47.44	529		E	
NAM020	STEFANUS POGGENPOEL	Namibia	6	45.30	493		E	