

Cossasa Athletics 2010
2010/04/23

Records Broken

	Athlete	Team	Place	Performance	Table point	Wind	H/E		
33	G-17	400 m		400 m					
	RSA005	LIZE STEYN	South Africa	1	00:55.70	R	869	H	
	RSA004	IZELLE NEUHOFF	South Africa	3	00:56.40	R	852	H	
12	G-17	Diskusgooi		Discus Throw					
	RSA018	SIMONE MEYER	South Africa	1	46.00	R	927	E	
4	B-17	200 m		200 m					
	RSA030	RUDOLF ERASMUS	South Africa	1	00:20.70	R	952	2.3	H
	RSA032	SIPHELO NGQUBAZA	South Africa	2	00:20.80	R	939		H