

National Secondary School Athletics Championships 2009/04/06

Result per Age

G-15

83	G-15	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP023	1158	NABEELAH PARKER	Western Cape	1	00:12.42	858	-0.7	E	
WCP003	1138	MARYKE BRITS	Western Cape	2	00:12.44	853	-0.7	E	
NCP044	980	PHILIPPA VAN DER MERWE	Northern Cape Province	3	00:12.46	848	-0.7	E	
GAU023	362	AMANDA NAGEL	Gauteng	4	00:12.64	805	-0.7	E	
WCP026	1161	STACEY WELSH	Western Cape	5	00:12.77	776	-0.7	E	
NWP086	1079	ULDRI VD MERWE	North West Province	6	00:12.84	760	-0.7	E	
NWP066	1059	LIEZL HECHTER	North West Province	7	00:12.84	760	-0.7	E	
LIM067	749	TANYA MARAIS	Limpopo	8	00:13.05	717	-0.7	E	

166	G-15	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	353	STEPHNIE WICKSELL	Gauteng	1	00:25.16	881	-2.3	E	
GAU023	362	AMANDA NAGEL	Gauteng	2	00:25.26	869		E	
NCP044	980	PHILIPPA VAN DER MERWE	Northern Cape Province	3	00:25.30	864		E	
LIM067	749	TANYA MARAIS	Limpopo	4	00:25.68	818		E	
FSA099	249	MICHANNE WESSELS	Free State	5	00:25.83	801		E	
FSA106	256	LIZZY KRIEL	Free State	6	00:26.11	770		E	
WCP026	1161	STACEY WELSH	Western Cape	7	00:26.12	769		E	
LSE001	801	MAREIKE WOLHÜTER	LSEN	8	00:27.12	670		E	

61	G-15	400 m	/ 400 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	353	STEPHNIE WICKSELL	Gauteng	1	00:56.63	911		E	
GAU011	350	IZELLE NEUHOFF	Gauteng	2	00:57.12	882		E	
LIM074	756	LIEZEL SCHOLTZ	Limpopo	3	00:58.12	828		E	
GAU002	341	CHARLIZE JONKER	Gauteng	4	00:58.14	827		E	
NWP067	1060	SHIREEN WELMAN	North West Province	5	00:59.05	782		E	
LIM076	758	MARINA SWANEPOEL	Limpopo	6	00:60.40	720		E	
FSA112	262	SUNE ALBERTS	Free State	7	00:60.66	709		E	
WCP001	1136	CARLA ACKERMAN	Western Cape	8	00:62.55	632		E	

154	G-15	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA114	264	FELICIA MOFOKENG	Free State	1	02:14.63	903		E	
GAU007	346	THATO MAKHAFOLA	Gauteng	2	02:15.31	886		E	
MPU011	818	CHERI SMITH	Mpumalanga	3	02:17.32	839		E	
GAU032	371	EUGENIE LOMBARD	Gauteng	4	02:17.50	835		E	
GAU004	343	DORICIA LE ROUX	Gauteng	5	02:18.60	811		E	
FSA115	265	ARNE VAN ZYL	Free State	6	02:19.00	802		E	
KZN008	581	LUSHANA SMIT	Kwazulu Natal	7	02:20.18	778		E	

67	G-15	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA114	264	FELICIA MOFOKENG	Free State	1	04:38.28	908		E	
GAU007	346	THATO MAKHAFOLA	Gauteng	2	04:38.54	905		E	
ECA009	9	NASIPHI NOBHANGAYE	Eastern Cape	3	04:44.18	840		E	
FSA115	265	ARNE VAN ZYL	Free State	4	04:45.84	822		E	
FSA113	263	LEONA BERGOOR	Free State	5	04:48.67	793		E	
FSA116	266	SYLVIA DIBAHWANE	Free State	6	04:50.50	775		E	
GAU004	343	DORICIA LE ROUX	Gauteng	7	04:51.05	769		E	
ECA003	3	KHONZENI GWEGWE	Eastern Cape	8	05:05.62	640		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

G-15

77	G-15	90 m Hekkie	/ 90 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP003	1138	MARYKE BRITS	Western Cape	1	00:13.17	875	-3.5	E	
FSA107	257	MINETTE KLEYNHANS	Free State	2	00:13.66	766	-3.5	E	
GAU017	356	TRACY-LEIGH CULLIS	Gauteng	3	00:13.93	713	-3.5	E	
ECA017	17	MERISSA JANSE V RENSBURG	Eastern Cape	4	00:13.94	711	-3.5	E	
WCP026	1161	STACEY WELSH	Western Cape	5	00:13.99	702	-3.5	E	
GAU020	359	BARBARA HATTINGH	Gauteng	6	00:14.06	689	-3.5	E	
GAU016	355	SHAAN-MARIE BODENSTEIN	Gauteng	7	00:14.19	666	-3.5	E	
NWP074	1067	JUMANE BLOM	North West Province	8	00:14.68	584	-3.5	E	

145	G-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU011	350	IZELLE NEUHOFF	Gauteng	1	00:44.72	760		E	
FSA107	257	MINETTE KLEYNHANS	Free State	2	00:45.12	735		E	
WCP014	1149	ROZAAN JOUBERT	Western Cape	3	00:45.31	724		E	
LIM076	758	MARINA SWANEPOEL	Limpopo	4	00:45.75	699		E	
GAU026	365	MARISSA VILJOEN	Gauteng	5	00:45.83	694		E	
GAU027	366	LUCIA WILBERS	Gauteng	6	00:46.19	674		E	
NWP075	1068	Z BEYLEVELDT	North West Province	7	00:46.36	665		E	
MPU002	809	ROCHELLE BOON	Mpumalanga	8	00:47.09	627		E	

4	G-15	5000 m Stap	/ 5000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP022	1157	ANEL OOSTHUIZEN	Western Cape	1	26:13.40	1188		H	R
WCP018	1153	ALIDA KRUGER	Western Cape	2	26:20.30	1173		H	R
WCP024	1159	ROBYN PAULSE	Western Cape	3	27:04.80	1077		H	R
KZN006	579	BUSANGANI MTHIMKHULU	Kwazulu Natal	4	28:41.60	880		H	
NWP084	1077	LECHI VAN ROOYEN	North West Province	5	29:55.30	754		H	
FSA129	279	KGANYE KHUMALO	Free State	6	31:50.90	595		H	
KZN003	576	XOLISILE MAHLANGU	Kwazulu Natal	7	33:19.50	494		H	
GAU012	351	MICHELLE STRYDOM	Gauteng	8	35:10.60	384		H	
NWP085	1078	SYMANE ERASMUS	North West Province	9	36:05.80	335		H	
GAU005	344	KENEILWE LEKALA	Gauteng	10	36:07.50	333		H	

173	G-15	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA01	1323	WESTERN CAPE	Western Cape	1	00:48.86	995		E	
GAUA01	562	GAUTENG	Gauteng	2	00:49.13	976		E	
NWPA01	1124	NORTH WEST	North West Province	3	00:50.06	912		E	
FSAA08	334	FREE STATE	Free State	4	00:50.73	869		E	
KZNA01	671	KWAZULU NATAL	Kwazulu Natal	5	00:50.74	868		E	
NCPA01	990	NORTHERN CAPE	Northern Cape Province	6	00:50.76	867		E	
LIMA01	789	LIMPOPO	Limpopo	7	00:52.04	792		E	
ECAA07	146	EASTERN CAPE	Eastern Cape	8	00:52.04	792		E	

92	G-15	1000m Medley	/ 1000m Medley	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA02	563	GAUTENG	Gauteng	1	02:18.30	1022		H	R
WCPA02	1324	WESTERN CAPE	Western Cape	2	02:21.80	937		H	
FSAA09	335	FREE STATE	Free State	3	02:23.30	902		H	
LIMA02	790	LIMPOPO	Limpopo	4	02:24.50	874		H	
NWPA02	1125	NORTH WEST	North West Province	5	02:29.40	775		H	
ECAA01	140	EASTERN CAPE	Eastern Cape	6	02:37.80	633		H	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

G-15

157	G-15	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU034	373	FRANCES SEELIGER	Gauteng	1	1.69	876	E	
WCP020	1155	SHANNON MOLOTANI	Western Cape	2	1.64	816	E	
WCP016	1151	JEAN-MARIE KELLERMAN	Western Cape	3	1.59	755	E	
KZN001	574	ROCHELLE COETZEE	Kwazulu Natal	4	1.59	755	E	
MPU006	813	MONTAU LENTSEA	Mpumalanga	5	1.59	755	E	
ECA012	12	MIEKE STANDER	Eastern Cape	6	1.54	695	E	
ECA014	14	IRMA STRUWIG	Eastern Cape	7	1.49	634	E	
NWP087	1080	MMAPASEKA MPHOFU	North West Province	8	1.49	634	E	
GAU029	368	LAUREN BOTHMA	Gauteng	9	1.49	634	E	
NWP089	1082	V DLAMINI	North West Province	10	1.44	572	E	
NCP041	977	INA-MARI MULLER	Northern Cape Province	10	1.44	572	E	
GAU031	370	CHANELLE J VAN RENSBURG	Gauteng	13	1.44	572	E	
NWP088	1081	M BESTER	North West Province	13	1.44	572	E	
FSA130	280	CHARLOTTE MOREMOHOLO	Free State	14	1.44	572	E	

117	G-15	Paalspring	/ Pole Vault	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP009	1144	KULTHOOM GAIDIEN	Western Cape	1	3.00	911	E	
WCP011	1146	NADIA GILIOMEE	Western Cape	2	2.80	795	E	
FSA128	278	MAR-LEZE VOS	Free State	3	2.60	654	E	
WCP002	1137	HIBRE ARRIES	Western Cape	4	2.40	511	E	
FSA127	277	SURIKA PIATER	Free State	5	2.30	438	E	
FSA125	275	NADIA VOGESANG	Free State	6	2.30	438	E	
FSA124	274	JOANE BASSON	Free State	7	2.20	363	E	

73	G-15	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP003	1138	MARYKE BRITS	Western Cape	1	5.57	900	4.5	E
FSA103	253	CHRISTI-MARI GERBER	Free State	2	5.46	859	5.0	E
GAU024	363	CARINA SWIEGERS	Gauteng	3	5.44	852	2.6	E
GAU028	367	LEANDRI WILLIS	Gauteng	4	5.33	811	1.4	E
GAU018	357	MARTHA DIAMOND	Gauteng	5	5.31	804	2.2	E
GAU017	356	TRACY-LEIGH CULLIS	Gauteng	6	5.10	726	3.5	E
NWP081	1074	CARINA MEYER	North West Province	7	5.08	718	4.6	E
NWP080	1073	ELRI VD BERG	North West Province	8	4.98	681	4.7	E
ECA013	13	I STEYN	Eastern Cape	9	4.98	681		E
LIM067	749	TANYA MARAIS	Limpopo	10	4.97	677		E
WCP006	1141	TAMARYN CUPIDO	Western Cape	11	4.96	674		E
NCP042	978	AMORE SERFONTEIN	Northern Cape Province	12	4.95	670		E
WCP008	1143	YUSRAH DE LILY	Western Cape	13	4.90	651		E
LIM070	752	HELENE PEENS	Limpopo	14	4.88	644		E
NCP038	974	JODINE JONAS	Northern Cape Province	15	4.87	640		E
MPU004	811	JUNE GEYER	Mpumalanga	16	4.85	632		E
ECA011	11	C RENS	Eastern Cape	17	4.79	610		E
ECA007	7	TARA MUNRO	Eastern Cape	18	4.78	606		E
NWP083	1076	SANE VAN ZYL	North West Province	19	4.74	591		E
MPU009	816	DINEO NGWENYA	Mpumalanga	20	4.61	541		E
LIM069	751	ADELE NIENABER	Limpopo	21	4.57	526		E
KZN002	575	KIRSTY GIBBINGS	Kwazulu Natal	22	4.56	522		E
NCP041	977	INA-MARI MULLER	Northern Cape Province	23	4.55	518		E
FSA122	272	PERTUNIA MABULA	Free State	24	4.44	476		E
FSA123	273	ANDREA GOODMAN	Free State	25	4.40	460		E

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-15

114	G-15	Driesprong	/ Triple Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU015	354	HELGA-WENDY BENSUSAN	Gauteng	1	10.64	890	-1.1	E	
WCP005	1140	CANDICE COZETTE	Western Cape	2	10.30	825	-1.3	E	
FSA123	273	ANDREA GOODMAN	Free State	3	10.15	796	-0.5	E	
NWP082	1075	ITEBOGENG TUMANE	North West Province	4	9.90	748	-0.2	E	
GAU025	364	NETASHA VAN JAARVELD	Gauteng	5	9.73	715	-0.2	E	
LIM068	750	LORRAINE MASHISHI	Limpopo	6	9.66	701	-1.0	E	
ECA015	15	SIMONE VAN DER MERWE	Eastern Cape	7	9.63	695	-1.0	E	
WCP028	1163	ANNUSCHKA ZAAIMAN	Western Cape	8	9.29	629	-0.2	E	

164	G-15	Gewigstoot	/ Shot Put	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA006	6	CECILE MEYER	Eastern Cape	1	11.45	721		E	
ECA019	19	K WILLEMSE	Eastern Cape	2	11.07	674		E	
ECA002	2	SOMARI ELS	Eastern Cape	3	10.99	664		E	
WCP027	1162	ANNEMARIE WESSELS	Western Cape	4	10.57	613		E	
FSA118	268	EMMERENTIA MEINTJIES	Free State	5	10.36	589		E	
GAU008	347	S MALAN	Gauteng	6	10.33	585		E	
WCP017	1152	TAMARYN KIEWIETZ	Western Cape	7	10.29	581		E	
GAU006	345	CHANE LOOTS	Gauteng	8	10.26	577		E	
GAU010	349	MELISSA MEYER	Gauteng	9	10.12	561		E	
FSA117	267	AMORINE FERREIRA	Free State	10	9.76	520		E	
MPU001	808	BELINDA BOER	Mpumalanga	11	9.51	491		E	
FSA102	252	RENE VAN ASWEGEN	Free State	12	9.29	467		E	
KZN009	582	SUNELLE VON MOLENDORF	Kwazulu Natal	13	9.21	458		E	
NWP078	1071	SANRIE VISAGIE	North West Province	14	9.07	442		E	
LIM065	747	SHUMARI HALL	Limpopo	15	8.74	405		E	
LIM074	756	LIEZEL SCHOLTZ	Limpopo	16	8.45	373		E	

31	G-15	Diskusgooi	/ Discus Throw	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA002	2	SOMARI ELS	Eastern Cape	1	41.07	994		E	
GAU010	349	MELISSA MEYER	Gauteng	2	38.86	939		E	
GAU001	340	MANDIE HUMAN	Gauteng	3	36.29	867		E	
GAU003	342	CARMEN KILIAN	Gauteng	4	36.26	866		E	
FSA121	271	MARILIZE VAN ZYL	Free State	5	34.11	761		E	
MPU001	808	BELINDA BOER	Mpumalanga	6	32.32	682		E	
ECA019	19	K WILLEMSE	Eastern Cape	7	31.93	665		E	
LIM065	747	SHUMARI HALL	Limpopo	8	25.76	420		E	
FSA117	267	AMORINE FERREIRA	Free State	9	24.92	388		E	

139	G-15	Spiesgooi	/ Javelin	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU013	352	DANUSHKA VAN JAARVELDT	Gauteng	1	35.07	722		E	
ECA016	16	M VAN GRUNING	Eastern Cape	2	34.00	678		E	
GAU030	369	LARUSCHKA JOUBERT	Gauteng	3	33.82	671		E	
WCP012	1147	MARINA GRIEBENAUW	Western Cape	4	33.79	670		E	
LIM073	755	LECTACIA RASEBOJA	Limpopo	5	32.98	638		E	
NCP040	976	JANA KIRSTEN	Northern Cape Province	6	32.93	636		E	
FSA100	250	CHANTELLE BREDEKAMP	Free State	7	32.09	603		E	
FSA120	270	BRENDA NAUDE	Free State	8	31.43	578		E	
GAU033	372	ZHANE NEL	Gauteng	9	30.41	540		E	
FSA119	269	ANIKA LINDE	Free State	10	30.10	528		E	
FSA121	271	MARILIZE VAN ZYL	Free State	11	29.69	513		E	
NWP083	1076	SANE VAN ZYL	North West Province	12	28.52	470		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-17

85	G-17	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	594	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:12.47	763	-3.2	E
GAU121	435	CHANTE VAN TONDER	Gauteng	2	00:12.52	752	-3.2	E
GAU097	421	ZANRI VAN DER MERWE	Gauteng	3	00:12.64	727	-3.2	E
GAU115	431	SANMARIE MALAN	Gauteng	4	00:12.69	716	-3.2	E
KZN022	595	KATELYN PALFRAMAN	Kwazulu Natal	5	00:12.89	676	-3.2	E
KZN018	591	SAMANTHA MURISON	Kwazulu Natal	6	00:12.90	674	-3.2	E
WCP078	1213	SIOBHAN LOOTS	Western Cape	7	00:12.92	670	-3.2	E
MPU015	822	JANINE FAUHILA	Mpumalanga	8	00:13.10	636	-3.2	E

168	G-17	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	594	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:24.19	927	0.4	E
WCP097	1232	SONJA VAN DER MERWE	Western Cape	2	00:24.80	846	0.4	E
GAU116	432	RIKENETTE STEENKAMP	Gauteng	3	00:24.86	839	0.4	E
GAU121	435	CHANTE VAN TONDER	Gauteng	4	00:24.92	832	0.4	E
GAU097	421	ZANRI VAN DER MERWE	Gauteng	5	00:25.00	822	0.4	E
KZN022	595	KATELYN PALFRAMAN	Kwazulu Natal	6	00:25.58	757	0.4	E
FSA142	292	MIHANDRA DORFLING	Free State	7	00:25.71	743	0.4	E
KZN012	585	ZOE ENGLER	Kwazulu Natal	8	00:25.91	722		E

63	G-17	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN021	594	JUSTINE PALFRAMAN	Kwazulu Natal	1	00:54.31	966		E
GAU093	419	ANRI STEYN	Gauteng	2	00:54.65	945		E
WCP097	1232	SONJA VAN DER MERWE	Western Cape	3	00:56.06	861		E
GAU083	412	CHANEL FOURIE	Gauteng	4	00:57.37	792		E
ECA036	35	LEA STEYN	Eastern Cape	5	00:57.76	772		E
FSA135	285	ANTOINETTE GOUWS	Free State	6	00:58.45	740		E
KZN012	585	ZOE ENGLER	Kwazulu Natal	7	00:58.94	717		E
GAU089	416	SURETHA MULLER	Gauteng	8	00:60.14	666		E

158	G-17	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU093	419	ANRI STEYN	Gauteng	1	02:10.90	920		E
GAU086	414	MASABATA MATOANE	Gauteng	2	02:11.68	900		E
FSA144	294	LEBOHANG DLAMINI	Free State	3	02:11.76	897		E
KZN015	588	HAPPINESS MKHIZE	Kwazulu Natal	4	02:12.18	887		E
ECA037	36	LIZE-ANNE STEYN	Eastern Cape	5	02:13.12	864		E
FSA132	282	DANEL PRINSLOO	Free State	6	02:17.37	769		E
WCP073	1208	MARLISE JORDAAN	Western Cape	7	02:20.17	713		E
GAU119	434	RIZANI VAN ASWEGEN	Gauteng	8	02:21.40	690		E
WCP081	1216	HELEEN MALAN	Western Cape	9	02:23.75	648		E

69	G-17	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP086	1221	DOMINIQUE SCOTT	Western Cape	1	04:36.40	812		H
GAU095	420	SILVIA TSETLANYANE	Gauteng	2	04:36.90	806		H
FSA144	294	LEBOHANG DLAMINI	Free State	3	04:37.60	799		H
FSA145	295	BABY MOKONE	Free State	4	04:38.70	787		H
KZN015	588	HAPPINESS MKHIZE	Kwazulu Natal	5	04:40.50	769		H
GAU124	438	ANNEKE GILDENHUYS	Gauteng	6	04:44.60	728		H
MPU032	839	MARIKE VERMAAK	Mpumalanga	7	04:58.90	604		H
GAU091	418	MAMPIELO SIBANDA	Gauteng	8	05:03.50	568		H

National Secondary School Athletics Championships 2009/04/06

Result per Age

G-17

110	G-17	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU095	420	SILVIA TSETLANYANE	Gauteng	1	09:42.64	968	E	
WCP086	1221	DOMINIQUE SCOTT	Western Cape	2	09:45.28	952	E	
GAU091	418	MAMPIELO SIBANDA	Gauteng	3	09:47.32	940	E	
FSA145	295	BABY MOKONE	Free State	4	09:52.33	911	E	
GAU124	438	ANNEKE GILDENHUYS	Gauteng	5	09:55.10	895	E	
NWP096	1089	LARISSA BREEDT	North West Province	6	10:05.36	840	E	
ECA025	24	ANNICA COETZEE	Eastern Cape	7	10:09.10	821	E	
GAU129	443	CHANTE VENTER	Gauteng	8	10:20.63	766	E	
NWP098	1091	B VAN MULLER	North West Province	9	10:21.46	762	E	
GAU126	440	E MYNHARDT	Gauteng	10	10:25.41	745	E	
FSA178	327	SYLVIA DIBAHWANE	Free State	11	10:25.67	744	E	
GAU125	439	C MARANDELA	Gauteng	12	10:34.91	704	E	
WCP077	1212	MONICUEANN LOMBAARD	Western Cape	13	10:40.52	681	E	
KZN016	589	MBALI MOKOANA	Kwazulu Natal	14	10:41.68	676	E	
KZN017	590	ZINHLE MTSHALI	Kwazulu Natal	15	10:42.12	675	E	
WCP083	1218	RENTIA RETIEF	Western Cape	16	10:57.13	617	E	
MPU025	832	MAVIS NKABINDE	Mpumalanga	17	10:57.39	616	E	
NWP097	1090	A BURGER	North West Province	18	10:59.45	609	E	
ECA033	32	NOSISA NKASAYIYA	Eastern Cape	19	11:13.23	561	E	
KZN024	596	NOMAHEMBA THUSI	Kwazulu Natal	20	11:31.48	501	E	

78	G-17	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU116	432	RIKENETTE STEENKAMP	Gauteng	1	00:14.30	794	-4.6	E
FSA142	292	MIHANDRA DORFLING	Free State	2	00:14.80	701	-4.6	E
FSA139	289	LIRISKA BOTHA	Free State	3	00:15.20	634	-4.6	E
WCP087	1222	JEAN-MARE SENEKAL	Western Cape	4	00:15.50	588	-4.6	E
MPU016	823	JACQUELINE GOOSEN	Mpumalanga	5	00:15.70	559	-4.6	E
NWP099	1092	MARION-ANNE DUVENHAGE	North West Province	6	00:15.90	531	-4.6	E
FSA136	286	CHANE BURGERS	Free State	7	00:16.00	517	-4.6	E
WCP096	1231	TANYA VAN DEN BERG	Western Cape	8	00:16.30	478	-4.6	E

147	G-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP099	1092	MARION-ANNE DUVENHAGE	North West Province	1	00:61.75	880		E
WCP087	1222	JEAN-MARE SENEKAL	Western Cape	2	00:61.97	869		E
GAU127	441	TANIA RAS	Gauteng	3	00:63.23	808		E
NWP100	1093	ULRIKE RAUTENBACH	North West Province	4	00:63.54	794		E
FSA139	289	LIRISKA BOTHA	Free State	5	00:64.61	747		E
MPU032	839	MARIKE VERMAAK	Mpumalanga	6	00:65.45	712		E
MPU019	826	TESSA HEYSTEK	Mpumalanga	7	00:66.13	686		E
WCP069	1204	SUSANNA CLAASSEN	Western Cape	8	00:67.98	618		E

91	G-17	5000 m Stap	/ 5000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP085	1220	ZELDA SCHULTZ	Western Cape	1	26:56.40	1080		H
WCP074	1209	DANELLE KOEGELEBERG	Western Cape	2	27:12.20	1047		H
WCP075	1210	INGE KOTZE	Western Cape	3	27:14.00	1043		H
ECA026	25	JANRI DE KLERK	Eastern Cape	4	27:23.90	1023		H
NWP112	1105	L ARISHA ERASMUS	North West Province	5	30:07.20	724		H
ECA027	26	MAROLENE GOUWS	Eastern Cape	6	30:30.80	690		H
GAU090	417	ROSE SHABALALA	Gauteng	7	31:58.90	575		H
FSA156	305	AMOR NEL	Free State	8	32:24.80	545		H

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-17

175	G-17	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA03	564	GAUTENG	Gauteng	1	00:48.02	908		E	
KZNA03	673	KWAZULU NATAL	Kwazulu Natal	2	00:48.78	858		E	
WCPA03	1325	WESTERN CAPE	Western Cape	3	00:49.27	827		E	
FSAA10	336	FREE STATE	Free State	4	00:49.79	796		E	
MPUA01	928	MPUMALANGA	Mpumalanga	5	00:50.31	767		E	

94	G-17	1000m Medley	/ 1000m Medley	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA04	565	GAUTENG	Gauteng	1	02:16.94	873		E	
FSAA11	337	FREE STATE	Free State	2	02:18.84	831		E	
WCPA04	1326	WESTERN CAPE	Western Cape	3	02:20.86	788		E	
NWPA04	1127	NORTH WEST	North West Province	4	02:20.82	789		E	
KZNA04	674	KWAZULU NATAL	Kwazulu Natal	5	02:25.29	704		E	
ECAA03	142	EASTERN CAPE	Eastern Cape	6	02:27.87	659		E	
LIMA04	792	LIMPOPO	Limpopo	7	02:32.92	580		E	

116	G-17	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU114	430	CHANEY LINDNER	Gauteng	1	1.70	807		E	
WCP092	1227	REMINA STEPHAN	Western Cape	2	1.70	807		E	
WCP088	1223	ALISHA SMALL	Western Cape	3	1.70	807		E	
GAU128	442	JUNE ROELOFSE	Gauteng	4	1.65	749		E	
WCP070	1205	VALENTINA DE ROCHA	Western Cape	5	1.65	749		E	
ECA022	21	AIDAN BATTISON	Eastern Cape	6	1.60	691		E	
NWP104	1097	SALOME VAN HEERDEN	North West Province	7	1.60	691		E	
KZN025	597	LARA VAN HEERDEN	Kwazulu Natal	8	1.60	691		E	
FSA131	281	MICHELLE DOUBELL	Free State	9	1.60	691		E	
NWP105	1098	DANIKA MITCHELL	North West Province	10	1.60	691		E	
FSA151	301	ANICIA MYBURGH	Free State	11	1.55	632		E	
GAU123	437	KIM DIPPENAAR	Gauteng	12	1.55	632		E	
KZN011	584	TONI CANHAM	Kwazulu Natal	13	1.55	632		E	

99	G-17	Paalspring	/ Pole Vault	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA038	37	JEANNIE VAN DYK	Eastern Cape	1	3.10	758		E	
WCP076	1211	TAHIRAH KOZAIN	Western Cape	2	3.00	695		E	
WCP090	1225	JANI SMIT	Western Cape	3	2.90	633		E	
GAU105	425	RAUGME BRINK	Gauteng	4	2.80	569		E	
FSA155	304	COLETTE SCHWIM	Free State	5	2.70	505		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-17

52	G-17	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP067	1202	BIRDIE CARSTENS	Western Cape	1	5.48	773	-3.4	E
GAU097	421	ZANRI VAN DER MERWE	Gauteng	2	5.45	762	-5.5	E
GAU107	427	GIOLA DALLA-PRIA	Gauteng	3	5.41	748	-1.4	E
FSA136	286	CHANE BURGERS	Free State	4	5.37	734	0.3	E
ECA029	28	ANJA JONKER	Eastern Cape	5	5.21	677	-3.2	E
ECA022	21	AIDAN BATTISON	Eastern Cape	6	5.20	673	-2.8	E
WCP079	1214	CATHERINE LOUBSER	Western Cape	7	5.17	663	-1.5	E
NWP103	1096	LUHELLE PRINSLOO	North West Province	8	5.09	634	-2.7	E
GAU102	423	MICHELLE BAHLAMANN	Gauteng	9	4.96	587		E
FSA152	302	DANELLE ERWEE	Free State	10	4.96	587		E
MPU018	825	BIANCE HAASBROEK	Mpumalanga	11	4.74	507		E
MPU027	834	CHRISSIE PRETORIUS	Mpumalanga	12	4.74	507		E
NWP106	1099	ZANTE CAMPHER	North West Province	13	4.45	399		E
LIM080	762	ANTOINETTE HUMAN	Limpopo	14	4.34	358		E

151	G-17	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP103	1096	LUHELLE PRINSLOO	North West Province	1	12.09	932	-0.8	E
WCP070	1205	VALENTINA DE ROCHA	Western Cape	2	11.52	891	-0.4	E
FSA152	302	DANELLE ERWEE	Free State	3	11.48	884	-1.1	E
WCP071	1206	COURTNEY DU PLESSIS	Western Cape	4	11.27	846	-0.6	E
GAU107	427	GIOLA DALLA-PRIA	Gauteng	5	11.25	843	-0.3	E
GAU106	426	HANNELORE DAGUTAT	Gauteng	6	11.22	838	-1.9	E
WCP079	1214	CATHERINE LOUBSER	Western Cape	7	11.11	818	-1.1	E
GAU102	423	MICHELLE BAHLAMANN	Gauteng	8	10.85	772	-1.3	E
NWP108	1101	ROSEMARY RUSSEL	North West Province	9	10.52	713		E
ECA028	27	NICOLA GROBBELAAR	Eastern Cape	10	10.40	691		E
MPU018	825	BIANCE HAASBROEK	Mpumalanga	11	10.37	686		E
FSA154	303	MADRE GREYLING	Free State	12	10.25	664		E
NWP107	1100	HJ VAN GESSELEN	North West Province	13	10.19	653		E
FSA143	293	MARLI ODENDAAL	Free State	14	10.18	651		E
MPU021	828	ZANELE MABUZA	Mpumalanga	15	10.10	637		E
MPU027	834	CHRISSIE PRETORIUS	Mpumalanga	16	9.90	601		E
LIM084	766	LILLIAN MOYO	Limpopo	17	9.09	451		E

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

G-17

75	G-17	Gewigstoot	/ Shot Put	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA148	298	LIETTE VAN SCHALKWYK	Free State	1	12.15	699	E	
GAU104	424	YOLANDI-MARI BOTHMA	Gauteng	2	11.78	656	E	
MPU020	827	LIZELLE LEE	Mpumalanga	3	11.66	643	E	
FSA133	283	JOANE BREDEKAMP	Free State	4	11.46	621	E	
MPU033	840	DANELLE WILLEMSE	Mpumalanga	5	11.42	616	E	
WCP066	1201	JOLENE BOOYSEN	Western Cape	6	11.38	612	E	
KZN014	587	SIMONE MEYER	Kwazulu Natal	7	11.12	584	E	
GAU100	422	MARGA VERMAAK	Gauteng	8	11.10	581	E	
ECA034	33	ISCHKE SENEKAL	Eastern Cape	9	11.05	576	E	
NWP101	1094	MONIQUE POTGIETER	North West Province	10	10.86	556	E	
GAU080	411	CARIEN DREYER	Gauteng	11	10.83	552	E	
WCP084	1219	BIANCA SCANAVINO	Western Cape	12	10.72	541	E	
FSA149	299	ALME COETZEE	Free State	13	10.62	530	E	
NCP048	984	RACHELLE POTTAS	Northern Cape Province	14	10.61	529	E	
NCP047	983	EUNICE OLEVANO	Northern Cape Province	15	10.35	502	E	
FSA147	297	Y UYS	Free State	16	10.15	481	E	
FSA138	288	BIANKA WILLEMSE	Free State	17	9.74	438	E	
WCP093	1228	ALETTA SWART	Western Cape	18	9.54	417	E	
LIM088	770	LIZELLE SWANEPOEL	Limpopo	19	9.21	383	E	

8	G-17	Diskusgooi	/ Discus Throw	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN014	587	SIMONE MEYER	Kwazulu Natal	1	47.53	1062	E	R
GAU077	409	SURIETTE BOTHA	Gauteng	2	44.18	944	E	
FSA149	299	ALME COETZEE	Free State	3	43.01	922	E	
FSA147	297	Y UYS	Free State	4	42.38	911	E	
MPU033	840	DANELLE WILLEMSE	Mpumalanga	5	42.30	909	E	
GAU080	411	CARIEN DREYER	Gauteng	6	40.52	844	E	
GAU100	422	MARGA VERMAAK	Gauteng	7	38.92	775	E	
NWP102	1095	ELISMA HAARHOFF	North West Province	8	37.22	708	E	
FSA133	283	JOANE BREDEKAMP	Free State	9	35.40	640	E	
WCP080	1215	ILSE LOUW	Western Cape	10	35.22	633	E	
ECA034	33	ISCHKE SENEKAL	Eastern Cape	11	35.19	632	E	
NCP048	984	RACHELLE POTTAS	Northern Cape Province	12	33.85	584	E	
LIM079	761	NALIZE GROENEWALD	Limpopo	13	32.12	523	E	
MPU020	827	LIZELLE LEE	Mpumalanga	14	29.74	441	E	

152	G-17	Spiesgooi	/ Javelin	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP109	1102	L DE SWART	North West Province	1	46.17	945	E	
GAU118	433	LEANDRI SWIEGERS	Gauteng	2	42.39	849	E	
GAU122	436	ALETTA CLAASSENS	Gauteng	3	39.08	717	E	
WCP094	1229	CARI SWART	Western Cape	4	38.07	680	E	
LIM085	767	CINDY PIENAAR	Limpopo	5	37.00	642	E	
ECA020	20	M ANKER	Eastern Cape	6	36.60	628	E	
NWP110	1103	CHRISTELLE DE KLERK	North West Province	7	36.48	624	E	
MPU020	827	LIZELLE LEE	Mpumalanga	8	35.68	596	E	
FSA140	290	JANIKE KOTZE	Free State	9	35.17	579	E	
GAU080	411	CARIEN DREYER	Gauteng	10	34.20	546	E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

G-17

19	G-17	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP089	1224	ANNEMIE SMIT	Western Cape	1	48.30	1374		E	
ECA031	30	MAGDALEEN LOUW	Eastern Cape	2	47.63	1317		E	
ECA040	39	SIMONE VIVIERS	Eastern Cape	3	41.62	951		E	
NWP101	1094	MONIQUE POTGIETER	North West Province	4	40.12	920		E	
WCP100	1235	SUNETT VOIGT	Western Cape	5	37.72	837		E	
WCP095	1230	ANKE UYS	Western Cape	6	35.70	746		E	
FSA150	300	SAIRA-LEE NEL	Free State	7	33.15	642		E	
GAU079	410	JEANNIE CLOETE	Gauteng	8	30.21	530		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-19

87	G-19	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP143	1277	MELISSA HEWITT	Western Cape	1	00:12.50	711	-1.7	E	
ECA049	48	ARLENE GOWAR	Eastern Cape	2	00:12.57	697	-1.7	E	
KZN031	603	ELZAAN LYCNH	Kwazulu Natal	3	00:12.91	631	-1.7	E	
GAU182	496	ANNIKA VAN HUSSTEEN	Gauteng	4	00:12.95	623	-1.7	E	
WCP158	1291	CELESTE RIETELS	Western Cape	5	00:13.04	607	-1.7	E	
NWP115	1108	JANINE PIETERS	North West Province	6	00:13.10	596	-1.7	E	
FSA171	320	CHERIE STRYDOM	Free State	7	00:13.15	587	-1.7	E	
LIM098	780	LAUREEN ELS	Limpopo	8	00:13.40	545	-1.7	E	

170	G-19	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP143	1277	MELISSA HEWITT	Western Cape	1	00:24.86	800	0.6	E	
NWP114	1107	SHARON PATTISSON	North West Province	2	00:25.16	766	0.6	E	
ECA049	48	ARLENE GOWAR	Eastern Cape	3	00:25.20	761	0.6	E	
FSA165	314	ANSULET POTGIETER	Free State	4	00:25.43	737	0.6	E	
WCP152	1286	LYNETTE MORGAN	Western Cape	5	00:25.52	727	0.6	E	
KZN031	603	ELZAAN LYCNH	Kwazulu Natal	6	00:25.86	693	0.6	E	
NWP115	1108	JANINE PIETERS	North West Province	7	00:25.91	688	0.6	E	
FSA171	320	CHERIE STRYDOM	Free State	8	00:26.36	645	0.6	E	

65	G-19	400 m	/ 400 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU183	497	MONIQUE VOSLOO	Gauteng	1	00:56.81	775		E	
NWP115	1108	JANINE PIETERS	North West Province	2	00:56.91	770		E	
WCP148	1282	ELZETTE LOUW	Western Cape	3	00:57.51	741		E	
GAU171	485	LIZERI ERASMUS	Gauteng	4	00:58.01	718		E	
WCP142	1276	MEGAN GODDARD	Western Cape	5	00:58.73	686		E	
LIM095	777	ANNUSCHA DE BEER	Limpopo	6	00:59.79	642		E	
NWP116	1109	YOLANDE PIENAAR	North West Province	7	00:60.04	632		E	

160	G-19	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU037	844	ELANDRIE DROTSKY	Mpumalanga	1	02:11.90	864		E	
GAU178	492	ANELDA PYPERS	Gauteng	2	02:12.25	855		E	
KZN030	602	NATANYA LUTHER	Kwazulu Natal	3	02:14.66	800		E	
GAU207	521	MEGAN WILLIAMS	Gauteng	4	02:14.94	794		E	
FSA172	321	MATSHEDISO MASEDI	Free State	5	02:18.95	712		E	
NWP117	1110	MIEKE GRABE	North West Province	6	02:18.95	712		E	
WCP150	1284	ADRI MEYER	Western Cape	7	02:19.79	696		E	
WCP137	1272	TONIA ANTHONISSEN	Western Cape	8	02:23.24	634		E	
GAU198	512	ESTIE BESTER	Gauteng	9	02:25.11	603		E	
WCP138	1273	JU-RANDA BASSON	Western Cape	10	02:28.14	555		E	
LIM101	783	TENDAMUDZIMO NDADZA	Limpopo	11	02:35.16	455		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-19

89	G-19	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU178	492	ANELDA PYPERS	Gauteng	1	04:36.48	771		E
GAU195	509	ASHLEIGH SHNETLER	Gauteng	2	04:44.43	694		E
GAU198	512	ESTIE BESTER	Gauteng	3	04:47.16	669		E
GAU201	515	RELANDI LIGGETT	Gauteng	4	04:49.18	651		E
NWP118	1111	MARI BOTHA	North West Province	5	04:49.66	647		E
LIM100	782	RAMUELO MUHAU	Limpopo	6	04:54.13	610		E
FSA173	322	MAMOLHOLO DHLAMINI	Free State	7	04:55.52	599		E
WCP150	1284	ADRI MEYER	Western Cape	8	05:02.05	548		E
KZN034	606	SLINDILE MYENI	Kwazulu Natal	9	05:05.59	522		E
GAU206	520	RENATE ROSSOUW	Gauteng	10	05:31.14	358		E

162	G-19	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA043	42	LUSANDA BOMVANA	Eastern Cape	1	10:10.91	786		E
NWP119	1112	ALITHA PHIRI	North West Province	2	10:11.23	785		E
FSA173	322	MAMOLHOLO DHLAMINI	Free State	3	10:15.99	763		E
GAU195	509	ASHLEIGH SHNETLER	Gauteng	4	10:16.50	760		E
LIM100	782	RAMUELO MUHAU	Limpopo	5	10:42.92	649		E
WCP153	1287	LOUISE MULLER	Western Cape	6	11:04.14	572		E
ECA048	47	VUYOKAZI GEBE	Eastern Cape	7	11:01.38	581		E
KZN028	600	NOMVULA DLAMINI	Kwazulu Natal	8	11:17.77	526		E
GAU203	517	ITUMELENG MOLOMO	Gauteng	9	11:21.79	513		E
WCP154	1288	NOMAPHELO NTULI	Western Cape	10	11:35.35	471		E
KZN033	605	HLENGIWE MNGOMEZULU	Kwazulu Natal	11	11:44.33	444		E

80	G-19	100 m Hekkies	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP141	1275	CARLI GEY VAN PITTIUS	Western Cape	1	00:15.50	689	-4.7	E
GAU193	507	ZANNE-MARIE PIENAAR	Gauteng	2	00:16.00	611	-4.7	E
GAU190	504	MARIA J VAN RENSBURG	Gauteng	3	00:16.60	528	-4.7	E
NWP120	1113	S SAAYMAN	North West Province	4	00:16.90	489	-4.7	E
NWP121	1114	YANELIA SWART	North West Province	5	00:17.50	418	-4.7	E
LIM104	786	LENE STEYN	Limpopo	6	00:17.90	374	-4.7	E
WCP160	1293	MARESE STOFBERG	Western Cape	7	00:19.30	237	-4.7	E

148	G-19	400 m Hekkies	/ 400 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP122	1115	ANDREA STRAUSS	North West Province	1	00:62.48	738		E
LIM105	787	SANLIE VAN DE BRINK	Limpopo	2	00:62.60	733		E
WCP151	1285	ALIX MOREILLON	Western Cape	3	00:62.91	720		E
WCP142	1276	MEGAN GODDARD	Western Cape	4	00:63.63	690		E
FSA163	312	MARIESA DE WINNAAR	Free State	5	00:64.54	654		E
GAU188	502	DANELLE GREEFF	Gauteng	6	00:65.87	605		E
WCP159	1292	ALICIA STEYN	Western Cape	7	00:65.94	603		E
ECA046	45	BEA BURGER	Eastern Cape	8	00:67.49	550		E

1	G-19	10000 m Stap	/ 10000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA162	311	CORLI SWART	Free State	1	51:30.10	1143		H R
WCP161	1294	BIANCA SWANEPOEL	Western Cape	2	62:43.00	559		H
NWP128	1121	WENDY PRETORIUS	North West Province	3	63:59.00	515		H
FSA170	319	JEANETTE LINDE	Free State	4	64:28.00	498		H
KZN032	604	NTOMBIFUTHI MLAMBO	Kwazulu Natal	5	00:00.00	0		H

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

G-19

96	G-19	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA05	1327	WESTERN CAPE	Western Cape	1	00:48.52	760		E	
ECAA09	148	EASTERN CAPE	Eastern Cape	2	00:48.73	748		E	
FSA012	338	FREE STATE	Free State	3	00:49.20	722		E	
GAUA05	566	GAUTENG	Gauteng	4	00:50.18	672		E	
NWPA05	1128	NORTH WEST	North West Province	5	00:50.33	664		E	
MPUA02	929	MPUMALANGA	Mpumalanga	6	00:52.61	560		E	
LIMA05	793	LIMPOPO	Limpopo	7	00:54.21	495		E	

177	G-19	4 X400 m Aflos	/ 4X400 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECAA05	144	EASTERN CAPE	Eastern Cape	1	03:52.61	817		E	
GAUA06	567	GAUTENG	Gauteng	2	03:53.59	805		E	
NWPA06	1129	NORTH WEST	North West Province	3	03:54.35	795		E	
WCPA06	1328	WESTERN CAPE	Western Cape	4	03:57.68	756		E	
FSA013	339	FREE STATE	Free State	5	03:59.55	734		E	
LIMA06	794	LIMPOPO	Limpopo	6	04:08.46	641		E	

132	G-19	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU187	501	SHANNON FREEMAN	Gauteng	1	1.68	721		E	
GAU205	519	ZIHANCA PRINSLOO	Gauteng	2	1.63	664		E	
WCP144	1278	JOHANEL HUGO	Western Cape	3	1.63	664		E	
GAU199	513	TIFFANY HATTINGH	Gauteng	4	1.63	664		E	
FSA160	309	LEANDRI BOTHA	Free State	5	1.58	607		E	
MPU034	841	DIANNE CHAPMAN	Mpumalanga	5	1.58	607		E	
NWP117	1110	MIEKE GRABE	North West Province	7	1.58	607		E	
ECA059	57	ALTHEA VAN STRAATEN	Eastern Cape	8	1.53	549		E	
LIM106	788	MARIA YEATS	Limpopo	9	1.53	549		E	

37	G-19	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP158	1291	CELESTE RIETELS	Western Cape	1	6.08	904	7.9	E	
GAU177	491	LYNIQUE PRINSLOO	Gauteng	2	5.93	862	6.3	E	
GAU172	486	STOMPIE MAFUA	Gauteng	3	5.42	688	5.4	E	
MPU043	850	ELAINE MBHLABATI	Mpumalanga	4	5.29	643	6.9	E	
GAU173	487	KEITUMETSE MEKGWE	Gauteng	5	5.25	629	5.5	E	
MPU035	842	HANELIE CLAASSEN	Mpumalanga	6	5.18	605	3.6	E	
NCP052	988	ELZAAN VAN WYK	Northern Cape Province	7	5.15	594	5.9	E	
LIM099	781	ESTHER MAMABOLO	Limpopo	8	4.97	531	9.4	E	
ECA047	46	CARLA EDWORTHY	Eastern Cape	9	4.93	517		E	
FSA175	324	ANNEKE OLIVIER	Free State	10	4.85	488		E	
MPU040	847	NATASHA JANSEN	Mpumalanga	11	4.70	434		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

G-19

76	G-19	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU043	850	ELAINE MBHLABATI	Mpumalanga	1	11.21	748	-3.7	E
WCP145	1279	MERIKE JONKER	Western Cape	2	10.93	700	-1.2	E
MPU035	842	HANELIE CLAASSEN	Mpumalanga	3	10.68	657	-1.5	E
GAU173	487	KEITUMETSE MEKGWE	Gauteng	4	10.58	640	-2.0	E
LIM102	784	ANNERIA SCHULENBURG	Limpopo	5	10.56	636	-1.3	E
GAU175	489	ANGELIQUE PEPLER	Gauteng	6	10.55	635	-1.7	E
WCP146	1280	INGE KRUGER	Western Cape	7	10.54	633	-3.0	E
MPU040	847	NATASHA JANSEN	Mpumalanga	8	10.19	572	-0.7	E
FSA176	325	JANDRE FOURIE	Free State	9	9.67	480		E
ECA045	44	AZAANIA BRANDT	Eastern Cape	10	9.46	442		E

138	G-19	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP124	1117	ALLANAH CRAFFORD	North West Province	1	13.03	725		E
GAU180	494	SONIA SMUTS	Gauteng	2	12.19	633		E
FSA168	317	RUZEL VORSTER	Free State	3	12.02	615		E
GAU181	495	JACOBA SUPRA	Gauteng	4	11.82	595		E
ECA050	49	LINDIE LIEBENBERG	Eastern Cape	5	11.70	582		E
MPU047	854	MONIQUE VERMAAK	Mpumalanga	6	11.49	561		E
ECA042	41	GEZELLE BERNARD	Eastern Cape	7	11.45	557		E
GAU186	500	SONETTE EKSTEEN	Gauteng	8	10.52	464		E
NCP051	987	ESTIE VAN STAADEN	Northern Cape Province	9	10.15	427		E
WCP147	1281	LORRIAN KRUGER	Western Cape	10	9.52	366		E

74	G-19	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA050	49	LINDIE LIEBENBERG	Eastern Cape	1	44.10	861		E
NCP051	987	ESTIE VAN STAADEN	Northern Cape Province	2	42.64	801		E
NWP125	1118	MAGDA ERASMUS	North West Province	3	40.89	735		E
FSA169	318	JACOLETTE WILSENACH	Free State	4	39.80	695		E
MPU041	848	TANYA JOUBERT	Mpumalanga	5	39.61	689		E
GAU196	510	TSHEGOFATSO SONO	Gauteng	6	36.95	598		E
GAU184	498	MARIZAN BEZUIDENHOUT	Gauteng	7	35.91	564		E
FSA164	313	NADIA BOTHA	Free State	8	35.85	562		E
MPU047	854	MONIQUE VERMAAK	Mpumalanga	9	30.54	393		E
ECA042	41	GEZELLE BERNARD	Eastern Cape	10	27.46	295		E
GAU180	494	SONIA SMUTS	Gauteng	11	23.96	182		E
LIM103	785	MINDA STEENKAMP	Limpopo	12	23.68	173		E

115	G-19	Spiesgooi	/ Javelin	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP129	1122	TASMIN BRITZ	North West Province	1	55.15	1170		E
ECA042	41	GEZELLE BERNARD	Eastern Cape	2	50.77	963		E
NWP124	1117	ALLANAH CRAFFORD	North West Province	3	42.20	719		E
NCP050	986	A BRAND	Northern Cape Province	4	40.59	665		E
GAU204	518	CHARLOTTE OLIVIER	Gauteng	5	40.11	649		E
LIM097	779	VONE DE LANGE	Limpopo	6	38.51	598		E
MPU039	846	LEZAHN GREEFF	Mpumalanga	7	37.70	572		E
WCP149	1283	LENE MALAN	Western Cape	8	37.19	556		E
FSA161	310	DANIELLE DE KOCK	Free State	9	33.45	441		E

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

G-19

54	G-19	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA164	313	NADIA BOTHA	Free State	1	47.29	995		E	
ECA051	50	ANNEKE LOUW	Eastern Cape	2	45.51	954		E	
GAU179	493	ANGELINE R DE FRANCA	Gauteng	3	42.25	890		E	
FSA158	307	MARINDA LOUW	Free State	4	36.96	673		E	
WCP140	1274	LIZE-MARIE GELDENHUYS	Western Cape	5	36.82	668		E	
FSA159	308	RUMARIE VD WALT	Free State	6	31.96	498		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-15

84	B-15	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP032	1167	BRADLEY BRITZ	Western Cape	1	00:11.03	900	-1.1	E	
WCP046	1181	ANGUS JULIES	Western Cape	2	00:11.16	862	-1.1	E	
ECA080	78	SERGEAL PETERSON	Eastern Cape	3	00:11.31	821	-1.1	E	
GAU058	396	RUANCO PELSER	Gauteng	4	00:11.42	793	-1.1	E	
GAU052	391	CURTLEY DIEDERICHS	Gauteng	5	00:11.62	744	-1.1	E	
KZN063	634	SBUSISO ZINDELA	Kwazulu Natal	6	00:11.70	726	-1.1	E	
NWP005	998	D MOLLIERE	North West Province	7	00:12.05	651	-1.1	E	

167	B-15	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU058	396	RUANCO PELSER	Gauteng	1	00:22.15	958	0.8	E	
WCP046	1181	ANGUS JULIES	Western Cape	2	00:22.17	955	0.8	E	
NWP017	1010	DONOVAN GROBLER	North West Province	3	00:22.64	885	0.8	E	
KZN063	634	SBUSISO ZINDELA	Kwazulu Natal	4	00:22.87	853	0.8	E	
KZN049	620	RICOLENE MOONSAMY	Kwazulu Natal	5	00:23.02	833	0.8	E	
WCP032	1167	BRADLEY BRITZ	Western Cape	6	00:23.12	820	0.8	E	
KZN041	612	NJABULO LANGA	Kwazulu Natal	7	00:23.17	814	0.8	E	
ECA084	82	R VAN HUUYSTEEN	Eastern Cape	8	00:23.43	782	0.8	E	

62	B-15	400 m	/ 400 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP029	1164	LORENZO ADAMS	Western Cape	1	00:50.24	840		E	
GAU036	375	TIAAN BOTHA	Gauteng	2	00:52.08	737		E	
WCP036	1171	ADRIAAN DE JAGER	Western Cape	3	05:52.19	0		E	
GAU039	378	MARCUS KLEINBOOI	Gauteng	4	00:52.44	719		E	
FSA004	155	BENJAMIN BANGO	Free State	5	00:53.97	646		E	
ECA084	82	R VAN HUUYSTEEN	Eastern Cape	6	00:54.04	643		E	
KZN049	620	RICOLENE MOONSAMY	Kwazulu Natal	7	00:54.68	615		E	
LIM014	696	NHLANHLA MTHOMBENI	Limpopo	8	00:54.98	602		E	

155	B-15	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU072	405	TIAAN JACOBS	Gauteng	1	01:59.02	942		E	
WCP053	1188	LURUYO MPUNGA	Western Cape	2	01:59.72	922		E	
FSA005	156	JACOB TSEKO	Free State	3	02:00.13	910		E	
NWP002	995	ESTIAN FOURIE	North West Province	4	02:01.61	869		E	
FSA011	162	LERATO MOSUNYANE	Free State	5	02:01.98	860		E	
GAU042	381	SILVESTER MAKOASHA	Gauteng	6	02:02.83	838		E	
WCP054	1189	THODILE NTANDANE	Western Cape	7	02:06.68	747		E	

68	B-15	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU046	385	JOHANNES SCHOONWINKEL	Gauteng	1	04:11.80	904		H	
KZN037	609	SIZWE CWELE	Kwazulu Natal	2	04:12.00	901		H	
WCP053	1188	LURUYO MPUNGA	Western Cape	3	04:12.80	890		H	
KZN065	636	BONGINKOSI ZWANE	Kwazulu Natal	4	04:13.10	886		H	
LSE003	803	SAEED ZUBER	LSEN	5	04:14.50	868		H	
FSA005	156	JACOB TSEKO	Free State	6	04:15.40	857		H	

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-15

134	B-15	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA081	79	SANELE REVE	Eastern Cape	1	08:53.15	918	E	
ECA062	60	SIPHE BEKIZULU	Eastern Cape	2	08:58.34	885	E	
KZN055	626	MARADONNA NGCONGO	Kwazulu Natal	3	09:03.79	853	E	
KZN061	632	MFUNEKO WELAPHI	Kwazulu Natal	4	09:08.97	823	E	
KZN046	617	XOLANI MHLAKAZA	Kwazulu Natal	5	09:09.54	820	E	
GAU065	399	EVERT RAUTENBACH	Gauteng	6	09:19.88	765	E	
FSA013	164	RANTSO MOKOPANE	Free State	7	09:25.52	737	E	
FSA012	163	ALFEUS MOKOENA	Free State	8	09:26.57	732	E	
GAU057	395	SIKHALO MTHIMKULU	Gauteng	9	09:27.07	730	E	
GAU070	403	TIAAN BOTES	Gauteng	10	09:43.84	654	E	
NWP004	997	RUAN SOEKOE	North West Province	11	09:46.28	644	E	
WCP050	1185	ODWA MENE	Western Cape	12	10:10.50	548	E	
LIM016	698	NDHIVHUDZ NETSHIFHEFHE	Limpopo	13	10:31.69	474	E	

79	B-15	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU066	400	BRENDAN SQUIRES	Gauteng	1	00:13.50	856	-3.9	E
WCP046	1181	ANGUS JULIES	Western Cape	2	00:13.60	834	-3.9	E
MPU049	856	PIETER CARTER	Mpumalanga	3	00:13.60	834	-3.9	E
GAU069	402	ANDRIES VAN DER MERWE	Gauteng	4	00:13.70	812	-3.9	E
WCP052	1187	CHRISTIAAN MOUTON	Western Cape	5	00:13.90	770	-3.9	E
NWP005	998	D MOLLIERE	North West Province	6	00:13.90	770	-3.9	E
GAU075	408	LEE VAN DER BERG	Gauteng	7	00:14.00	750	-3.9	E

146	B-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	398	CONSTANT PRETORIUS	Gauteng	1	00:38.96	946		E
WCP052	1187	CHRISTIAAN MOUTON	Western Cape	2	00:38.99	943		E
GAU058	396	RUANCO PELSER	Gauteng	3	00:39.10	933		E
NCP012	948	JUSTIN SEQUERA	Northern Cape Province	4	00:39.60	891		E
WCP049	1184	DUNCAN MATTHEWS	Western Cape	5	00:40.01	858		E
NWP007	1000	HUGO RICHTER	North West Province	6	00:41.18	773		E
NWP005	998	D MOLLIERE	North West Province	7	00:41.27	767		E
NCP002	938	LODEWIKUS BYLSMA	Northern Cape Province	8	00:41.65	742		E

3	B-15	5000 m Stap	/ 5000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA064	62	OLWETHU DANISA	Eastern Cape	1	26:25.50	1052		H
KZN057	628	THABANI NKABINDE	Kwazulu Natal	2	27:41.80	891		H
WCP034	1169	GHANTON CEASAR	Western Cape	3	28:41.60	782		H
WCP060	1195	WILLEZANO THERON	Western Cape	4	28:53.00	764		H
FSA025	176	TEBOHO MKHOBO	Free State	5	29:30.90	705		H
GAU035	374	GIDEON BOTHA	Gauteng	6	29:55.30	669		H
WCP031	1166	HILMER BESTER	Western Cape	7	31:29.20	548		H
GAU044	383	MZWAKE MAVUNDHLA	Gauteng	8	31:46.70	528		H

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-15

174	B-15	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA07	568	GAUTENG	Gauteng	1	00:43.78	947		E	
WCPA07	1329	WESTERN CAPE	Western Cape	2	00:43.98	931		E	
KZNA07	677	KWAZULU NATAL	Kwazulu Natal	3	00:44.86	866		E	
ECAA10	149	EASTERN CAPE	Eastern Cape	4	00:45.63	814		E	
NCPA04	993	N ORTHERN CAPE	Northern Cape Province	5	00:46.44	764		E	
FSAA01	328	FREE STATE	Free State	6	00:46.45	764		E	
MPUA03	930	MPUMALANGA	Mpumalanga	7	00:46.48	762		E	
LIMA07	795	LIMPOPO	Limpopo	8	00:49.24	615		E	

93	B-15	1000m Medley	/ 1000m Medley	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA08	1330	WESTERN CAPE	Western Cape	1	02:03.31	878		E	
KZNA08	678	KWAZULU NATAL	Kwazulu Natal	2	02:04.98	836		E	
GAUA08	569	GAUTENG	Gauteng	3	02:05.25	829		E	
FSAA02	329	FREE STATE	Free State	4	02:09.49	735		E	
ECAA02	141	EASTERN CAPE	Eastern Cape	5	02:12.44	676		E	
LIMA08	796	LIMPOPO	Limpopo	6	02:20.35	540		E	

156	B-15	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU074	407	WILLIAM SMITH	Gauteng	1	1.90	903		E	
GAU071	404	LLOYD GREEFF	Gauteng	2	1.90	903		E	
WCP063	1198	WILLEM VAN SCHALKWYK	Western Cape	3	1.90	903		E	
WCP062	1197	MATTHEW VAN NIEKERK	Western Cape	4	1.80	802		E	
FSA015	166	BRANDON PRINSLOO	Free State	5	1.80	802		E	
WCP045	1180	GRANT JAPTHA	Western Cape	6	1.80	802		E	
MPU054	861	ARMAND LENGENHAGE	Mpumalanga	7	1.80	802		E	
GAU075	408	LEE VAN DER BERG	Gauteng	8	1.75	747		E	
NWP018	1011	CHRISTO KRUISE	North West Province	9	1.75	747		E	
NWP019	1012	JOHAN POTGIETER	North West Province	10	1.75	747		E	
NCP005	941	GIOUVANL JOSEPHS	Northern Cape Province	11	1.75	747		E	
FSA010	161	HENNIE DE SWART	Free State	12	1.70	692		E	
MPU062	869	RUAN OSNABRUGGE	Mpumalanga	13	1.70	692		E	
NWP011	1004	CHARL BARRETT	North West Province	13	1.70	692		E	
FSA177	326	RUHAN ALBERTS	Free State	15	1.70	692		E	

39	B-15	Paalspring	/ Pole Vault	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA019	170	ARMANDT LOTTER	Free State	1	3.80	1010		E	
FSA020	171	JAN-HENDRIK MOUTON	Free State	2	3.50	923		E	
WCP048	1183	DIRK LUTZ	Western Cape	3	3.20	784		E	
ECA085	83	LYELL WATSON	Eastern Cape	4	3.20	784		E	
WCP038	1173	ADRIAAN ENGELBRECHT	Western Cape	5	3.20	784		E	
FSA021	172	ERNST PIATER	Free State	6	3.00	662		E	
FSA022	173	EDMOND ELS	Free State	7	2.80	537		E	
ECA075	73	SEBASTIAN LASEVICIUS	Eastern Cape	8	2.80	537		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-15

113	B-15	Verspring	/ Long Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA080	78	SERGEAL PETERSON	Eastern Cape	1	6.74	927	0.5	E	
WCP033	1168	ANVER CARELSE	Western Cape	2	6.66	918	1.4	E	
FSA016	167	FRANCOIS VAN BILJON	Free State	3	6.46	890	-0.5	E	
WCP064	1199	OCTOVAN VAN STADEN	Western Cape	4	6.46	890	0.7	E	
GAU061	397	RYAN POTTINGER	Gauteng	5	6.35	855	0.4	E	
MPU055	862	LUNGA LIBOMBO	Mpumalanga	6	6.32	846	0.1	E	
GAU063	398	CONSTANT PRETORIUS	Gauteng	7	6.28	833	1.6	E	
GAU036	375	TIAAN BOTHA	Gauteng	8	6.12	782	1.3	E	
WCP030	1165	BRENTO APOLLIS	Western Cape	9	6.11	779		E	
GAU041	380	MUNZEER LATIEF	Gauteng	10	5.97	735		E	
NWP011	1004	CHARL BARRETT	North West Province	11	5.94	725		E	
LIM011	693	THABO MATETA	Limpopo	12	5.72	654		E	
NCP013	949	DIMITRIO TIETIES	Northern Cape Province	13	5.55	599		E	

38	B-15	Driesprong	/ Triple Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN047	618	NJABULO MKHWANE	Kwazulu Natal	1	13.28	936	7.5	E	
FSA018	169	ALBERT JANKI	Free State	2	13.21	931	4.5	E	
KZN053	624	NTOKOZO NDLOVU	Kwazulu Natal	3	13.18	930	6.0	E	
MPU055	862	LUNGA LIBOMBO	Mpumalanga	4	13.16	928	4.7	E	
WCP035	1170	GRAMTHAN DAVIDS	Western Cape	5	13.12	926	7.5	E	
GAU047	386	ZINHLE TWALA	Gauteng	6	13.07	923	6.3	E	
WCP057	1192	BENEDICT SAUER	Western Cape	7	12.83	909	6.7	E	
WCP061	1196	JEAN TITUS	Western Cape	8	12.83	909	3.7	E	
NCP008	944	VUYANI MAQINA	Northern Cape Province	9	12.74	904		E	
GAU048	387	SIMPHIWE XABANISA	Gauteng	10	12.67	901		E	
LIM013	695	KABELO MPHAAHLELE	Limpopo	11	12.63	896		E	
GAU038	377	HENDRIK KHUMALO	Gauteng	12	12.30	843		E	
FSA017	168	STAFFI HAHNEL	Free State	13	12.10	810		E	
MPU060	867	CHRISTO MEYER	Mpumalanga	14	11.92	781		E	
ECA070	68	WELILE GIYOSE	Eastern Cape	15	11.71	747		E	
FSA001	152	WONGA MBOBO	Free State	16	11.58	725		E	

53	B-15	Gewigstoot	/ Shot Put	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU037	376	RUAN COMBRINK	Gauteng	1	17.60	956		E	
WCP047	1182	JAN-LOUW KOTZE	Western Cape	2	17.43	947		E	
GAU049	388	DEON BOTES	Gauteng	3	15.75	825		E	
NWP009	1002	L ROSSOUW	North West Province	4	15.71	821		E	
GAU067	401	ARTHUR TOWNSEND	Gauteng	5	15.21	767		E	
FSA014	165	BAREND STEYN	Free State	6	14.85	731		E	
FSA009	160	ALBERT DUVENHAGE	Free State	7	14.73	719		E	
KZN058	629	NICHOLUS ROBERTSE	Kwazulu Natal	8	14.33	680		E	
ECA076	74	CORNELIUS LOMBARD	Eastern Cape	9	14.13	661		E	
MPU064	871	ANDRIES SCHUTTE	Mpumalanga	10	13.31	585		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-15

101	B-15	Diskusgooi	/ Discus Throw	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP047	1182	JAN-LOUW KOTZE	Western Cape	1	58.47	1036		E	
GAU067	401	ARTHUR TOWNSEND	Gauteng	2	55.11	949		E	
GAU037	376	RUAN COMBRINK	Gauteng	3	53.28	921		E	
WCP042	1177	JACQUES HANSEN	Western Cape	4	50.54	855		E	
WCP058	1193	WERNICH SINGLETON	Western Cape	5	49.86	831		E	
GAU051	390	GERHARD DE BEER	Gauteng	6	48.84	795		E	
KZN058	629	NICHOLUS ROBERTSE	Kwazulu Natal	7	48.77	793		E	
FSA014	165	BAREND STEYN	Free State	8	45.25	680		E	
NWP010	1003	LEON LUBBE	North West Province	9	43.48	628		E	
LIM017	699	REINHARD VAN ZYL	Limpopo	10	42.57	601		E	
MPU064	871	ANDRIES SCHUTTE	Mpumalanga	11	40.03	529		E	
ECA065	63	PETRUS DE KOCK	Eastern Cape	12	35.35	400		E	

43	B-15	Spiesgooi	/ Javelin	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP051	1186	MORNE MOOLMAN	Western Cape	1	68.39	1155		E	
GAU040	379	JOHAN KOTZE	Gauteng	2	58.99	906		E	
WCP059	1194	JEANDRE SLABBERT	Western Cape	3	57.06	854		E	
WCP058	1193	WERNICH SINGLETON	Western Cape	4	56.11	824		E	
LIM017	699	REINHARD VAN ZYL	Limpopo	5	54.35	771		E	
MPU063	870	PIETER PEACOCK	Mpumalanga	6	54.25	768		E	
GAU037	376	RUAN COMBRINK	Gauteng	7	51.09	680		E	
KZN042	613	LE ROUX LOMBARD	Kwazulu Natal	8	48.38	609		E	
LIM003	685	RICHARD KAGELHOFFER	Limpopo	9	48.01	599		E	
NWP014	1007	JACO SMITH	North West Province	10	46.36	557		E	
NCP014	950	WERNO VAN NIEKERK	Northern Cape Province	11	46.26	555		E	
ECA082	80	FRANCOIS ROSSOUW	Eastern Cape	12	45.82	544		E	
FSA009	160	ALBERT DUVENHAGE	Free State	13	44.09	501		E	
FSA008	159	RUBEN HEYMANS	Free State	14	43.79	494		E	
GAU041	380	MUNZEER LATIEF	Gauteng	15	42.45	461		E	
KZN039	610	SENZO KHULUSE	Kwazulu Natal	16	39.13	380		E	
MPU053	860	THEBOGO LEKHULENI	Mpumalanga	17	38.19	357		E	

137	B-15	Hamergooi	/ Hammer Throw	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA073	71	DILLAN KORKIE	Eastern Cape	1	52.51	967		E	
WCP042	1177	JACQUES HANSEN	Western Cape	2	49.86	922		E	
FSA002	153	FRANCOIS MALAN	Free State	3	48.30	900		E	
NWP015	1008	ETTIENNE GROBLER	North West Province	4	46.78	838		E	
ECA066	64	LIDNEL DRURY	Eastern Cape	5	46.06	811		E	
MPU059	866	ARMAND MARITZ	Mpumalanga	6	46.02	810		E	
NWP013	1006	WYNAND ROSSOUW	North West Province	7	45.64	796		E	
WCP043	1178	DEANE HENSLEY	Western Cape	8	42.77	697		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-17

86	B-17	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU146	460	RICHMOND COLLINS	Gauteng	1	00:10.84	861	-1.8	E
GAU151	465	THEMBA MNQIBISA	Gauteng	2	00:10.96	827	-1.8	E
FSA035	186	GIDEON TROTTER	Free State	3	00:10.96	827	-1.8	E
WCP125	1260	MZANDILE QUASHANI	Western Cape	4	00:10.99	819	-1.8	E
ECA090	88	J BREWIS	Eastern Cape	5	00:11.15	777	-1.8	E
ECA088	86	OFENTSE BOLOKO	Eastern Cape	6	00:11.16	775	-1.8	E
FSA027	178	SEAN DE KLERK	Free State	7	00:11.19	767	-1.8	E
MPU076	883	PRINCE MAKGATO	Mpumalanga	8	00:11.20	765	-1.8	E

169	B-17	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP125	1260	MZANDILE QUASHANI	Western Cape	1	00:21.38	956	-0.4	E
GAU151	465	THEMBA MNQIBISA	Gauteng	2	00:21.71	904	-0.4	E
FSA027	178	SEAN DE KLERK	Free State	3	00:21.86	882	-0.4	E
FSA035	186	GIDEON TROTTER	Free State	4	00:22.11	846	-0.4	E
GAU160	474	BAREND ERASMUS	Gauteng	5	00:22.26	825	-0.4	E
GAU134	448	MICHAEL KRUGER	Gauteng	6	00:22.27	824	-0.4	E
ECA097	95	ANASO JOBODWANA	Eastern Cape	7	00:22.54	789	-0.4	E

64	B-17	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU131	445	JACQUES DE SWART	Gauteng	1	00:48.45	850		E
GAU169	483	QUINTON NORRIS	Gauteng	2	00:49.44	790		E
WCP112	1247	TRAVIS ISMAIEL	Western Cape	3	00:49.66	777		E
FSA036	187	THABANG LEBONA	Free State	4	00:49.72	774		E
GAU130	444	DWAYNE ANDREWS	Gauteng	5	00:49.81	769		E
GAU134	448	MICHAEL KRUGER	Gauteng	6	00:50.01	758		E
NWP020	1013	PETRUS COETZEE	North West Province	7	00:50.23	746		E
LIM031	713	NKETLA MAREDI	Limpopo	8	00:51.60	675		E

159	B-17	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA028	179	RYNHART V RENSBURG	Free State	1	01:52.34	956		E
GAU131	445	JACQUES DE SWART	Gauteng	2	01:52.74	943		E
GAU140	454	MICHAEL VAN ASWEGEN	Gauteng	3	01:53.04	934		E
FSA037	188	BENJAMIN MOLEHE	Free State	4	01:55.30	868		E
FSA049	200	MOLETSANE MOKHOANTLE	Free State	5	01:56.47	836		E
FSA038	189	MPAKA MAHLAPE	Free State	6	01:57.42	811		E
KZN067	637	MONWABISI CELE	Kwazulu Natal	7	02:00.13	745		E
NWP022	1015	ZABASTIAAN DE JAGER	North West Province	8	02:02.12	701		E

71	B-17	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU140	454	MICHAEL VAN ASWEGEN	Gauteng	1	04:02.80	857		H
GAU137	451	FORTRESS NZIMA	Gauteng	2	04:02.90	856		H
FSA051	202	SIYABONGO DERISON	Free State	3	04:03.80	844		H
WCP102	1237	JEROMY ANDREAS	Western Cape	4	04:04.80	832		H
MPU069	876	JOHAN BERRANGE	Mpumalanga	5	04:07.70	796		H
ECA106	104	ZUSIPHE MPIYAKHE	Eastern Cape	6	04:08.00	793		H
KZN067	637	MONWABISI CELE	Kwazulu Natal	7	04:10.30	766		H
GAU132	446	SITHEMBILE DONDOLO	Gauteng	8	04:12.30	744		H

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-17

165	B-17	3000 m	/ 3000 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA142	136	MFUMANEKO FADANE	Eastern Cape	1	08:26.27	909		E	
WCP102	1237	JEROMY ANDREAS	Western Cape	2	08:28.13	896		E	
ECA106	104	ZUSIPHE MPIYAKHE	Eastern Cape	3	08:29.61	887		E	
GAU132	446	SITHEMBILE DONDOLO	Gauteng	4	08:38.01	835		E	
FSA051	202	SIYABONGO DERISON	Free State	5	08:39.59	825		E	
GAU159	473	ARMIN BOTHA	Gauteng	6	08:44.99	794		E	
MPU080	887	SMAGALISO MBATHA	Mpumalanga	7	08:47.00	783		E	
KZN077	646	SAKHILE MTHEMBU	Kwazulu Natal	8	08:49.49	770		E	
KZN085	654	SPHAMANDLA NYEMBE	Kwazulu Natal	9	08:51.45	759		E	
WCP124	1259	LUYANDA QOLO	Western Cape	10	08:54.14	745		E	
FSA043	194	HANS MOJAH	Free State	11	08:55.34	739		E	
GAU162	476	OLWETHU MHLABA	Gauteng	12	08:59.14	720		E	
NWP024	1017	ORAPELENG MODISANE	North West Province	13	09:02.42	703		E	
KZN083	652	NHLAKANIPHO NTSHANGASE	Kwazulu Natal	14	09:03.12	700		E	
ECA104	102	SANDILE MATEZA	Eastern Cape	15	09:05.68	688		E	
WCP109	1244	IGNATIUS DAVIDS	Western Cape	16	09:06.03	686		E	
LIM018	700	PIET BANDA	Limpopo	17	09:06.89	682		E	
ECA102	100	MLULAMI MABONA	Eastern Cape	18	09:14.93	645		E	
LIM027	709	PIET MAHLOMOLA	Limpopo	19	09:46.05	518		E	

81	B-17	110 m Hekies	/ 110 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU143	457	KYLE VORSTER	Gauteng	1	00:14.52	728	-3.9	E	
WCP128	1263	LAYNE SCHEFFERS	Western Cape	2	00:14.65	705	-3.9	E	
GAU153	467	WERNER PRETORIUS	Gauteng	3	00:14.70	696	-3.9	E	
FSA029	180	EMMANUEL PAPGIS	Free State	4	00:14.81	677	-3.9	E	
NWP027	1020	ROANE GROBLER	North West Province	5	00:15.00	645	-3.9	E	
NWP026	1019	HANES GREYLING	North West Province	6	00:15.09	631	-3.9	E	
MPU071	878	JP DU PLESSIS	Mpumalanga	7	00:15.30	598	-3.9	E	
MPU073	880	FRANKO COETZEE	Mpumalanga	8	00:16.24	467	-3.9	E	

149	B-17	400 m Hekies	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP128	1263	LAYNE SCHEFFERS	Western Cape	1	00:53.16	835		E	
NWP021	1014	SHAUN VAN WYK	North West Province	2	00:53.46	818		E	
GAU144	458	DAVID BOOYSEN	Gauteng	3	00:53.77	801		E	
WCP131	1266	TAARIQ SOLOMONS	Western Cape	4	00:54.45	766		E	
GAU169	483	QUINTON NORRIS	Gauteng	5	00:55.09	734		E	
GAU167	481	PIERRE VAN STADEN	Gauteng	6	00:55.58	710		E	
ECA092	90	ABRAHAM COETZEE	Eastern Cape	7	00:56.90	651		E	
WCP103	1238	LEROY BITTERHOUT	Western Cape	8	00:59.28	250		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-17

47	B-17	2000 m Hindernis	/ 2000 m Steeple Chase	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU162	476	OLWETHU MHLABA	Gauteng	1	05:56.79	829		E	
WCP108	1243	DONNEY DANSTER	Western Cape	2	05:58.74	812		E	
WCP118	1253	SIDWELL MDZANGA	Western Cape	3	06:00.83	795		E	
FSA037	188	BENJAMIN MOLEHE	Free State	4	06:02.34	783		E	
GAU163	477	THABANG SAKWANE	Gauteng	5	06:09.95	725		E	
GAU165	479	JOSEPH TSHIBIDZO	Gauteng	6	06:13.30	701		E	
FSA052	203	TEBOHO MABESELE	Free State	7	06:16.54	678		E	
LIM028	710	JACOB MALEFO	Limpopo	8	06:18.19	667		E	
FSA043	194	HANS MOJAH	Free State	9	06:18.81	663		E	
NWP025	1018	K MOLETE	North West Province	10	06:24.47	626		E	
ECA109	106	BRANDON NASS	Eastern Cape	11	06:46.06	501		E	
FSA039	190	THEBANG MOJANAGA	Free State	12	06:55.72	451		E	

98	B-17	10000 m Stap	/ 10000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA046	197	RUAN WESSELS	Free State	1	48:08.20	1138		H	R
ECA096	94	REGINALD HUFKIE	Eastern Cape	2	48:32.80	1109		H	
KZN072	641	MANQOBA KUBHEKA	Kwazulu Natal	3	49:11.00	1065		H	
WCP126	1261	ENVER RHODAS	Western Cape	4	51:22.00	916		H	
ECA105	103	ABONGILE MAYEKISO	Eastern Cape	5	51:52.40	883		H	
WCP107	1242	TIMOTHY CLEOPHAS	Western Cape	6	51:58.70	876		H	
FSA034	185	JAY-GEE GOUWS	Free State	7	52:30.50	844		H	
NWP036	1029	JANDRE BOTES	North West Province	8	52:40.60	834		H	
FSA033	184	DOUGIE WILSON	Free State	9	53:27.60	790		H	

176	B-17	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA09	570	GAUTENG	Gauteng	1	00:42.64	872		E	
FSAA03	330	FREE STATE	Free State	2	00:43.15	835		E	
KZNA09	679	KWAZULU NATAL	Kwazulu Natal	3	00:43.49	812		E	
ECAA11	150	EASTERN CAPE	Eastern Cape	4	00:43.87	787		E	
MPUA04	931	MPUMALANGA	Mpumalanga	5	00:44.04	776		E	
LIMA09	797	LIMPOPO	Limpopo	6	00:44.17	768		E	
NWPA09	1132	NORTH WEST	North West Province	7	00:45.60	683		E	

95	B-17	1000m Medley	/ 1000m Medley	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA10	571	GAUTENG	Gauteng	1	01:57.60	858		E	
WCPA10	1332	WESTERN CAPE	Western Cape	2	01:57.80	853		E	
FSAA04	331	FREE STATE	Free State	3	01:58.34	839		E	
NWPA10	1133	NORTH WEST	North West Province	4	01:59.63	806		E	
KZNA10	680	KWAZULU NATAL	Kwazulu Natal	5	02:05.34	680		E	
LIMA10	798	LIMPOPO	Limpopo	6	02:06.06	666		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-17

112	B-17	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU075	882	RIKUS KOK	Mpumalanga	1	2.03	903		E
NWP037	1030	T MOSETE	North West Province	2	1.98	859		E
NWP038	1031	SAREL PRINSLOO	North West Province	3	1.98	859		E
FSA057	208	GARETH BREDEHANN	Free State	4	1.93	808		E
WCP104	1239	SHANE BLOWS	Western Cape	5	1.93	808		E
GAU164	478	LLUWELLYN SCROOBY	Gauteng	6	1.93	808		E
FSA031	182	WAYDE VAN NIEKERK	Free State	7	1.88	757		E
NCP024	960	TRAVIS FREESTONE	Northern Cape Province	8	1.88	757		E
FSA032	183	JAN STEYTLER	Free State	9	1.88	757		E
FSA056	207	BERNARD VILJOEN	Free State	10	1.88	757		E
NCP018	954	GORDON GREEN	Northern Cape Province	11	1.83	706		E
WCP132	1267	ANDRE STEYN	Western Cape	12	1.83	706		E
ECA093	91	G ELLIS	Eastern Cape	13	1.83	706		E
ECA111	108	ROSSEAU PRINSLOO	Eastern Cape	13	1.83	706		E

6	B-17	Paalspring	/ Pole Vault	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP114	1249	JOHANNES KORF	Western Cape	1	4.40	972		E
FSA045	196	JF BURGER	Free State	2	4.00	884		E
FSA061	212	JARIK JANSEN	Free State	3	3.70	731		E
WCP122	1257	SAMUEL PELLISIER	Western Cape	4	3.50	628		E

23	B-17	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP101	1236	LIONEL ABRAHAMS	Western Cape	1	6.87	833	-2.0	E
WCP113	1248	CLINT JOHNSON	Western Cape	2	6.74	795	-3.5	E
NWP030	1023	ROELF PIENAAR	North West Province	3	6.59	752	-3.6	E
MPU082	889	RUDI NIEMAND	Mpumalanga	4	6.53	734	-0.3	E
WCP127	1262	ROWHAN RHODE	Western Cape	5	6.50	726	-3.8	E
KZN078	647	ANDILE MTSHALI	Kwazulu Natal	6	6.49	723	-2.5	E
FSA058	209	JONE JANSEN	Free State	7	6.47	717	-1.5	E
GAU133	447	FRITZ HELBERG	Gauteng	8	6.43	705	-1.0	E
MPU077	884	NHLANHLA MASEMOLA	Mpumalanga	9	6.31	670		E
GAU155	469	KEANU ROMAN	Gauteng	10	6.27	658		E
MPU068	875	ANEKAN AKPABIO	Mpumalanga	11	6.24	649		E
ECA098	96	CARLISLE JORDAAN	Eastern Cape	12	6.12	614		E
ECA089	87	LEZLO BRAMWILL	Eastern Cape	13	6.10	608		E
NCP017	953	HYRON DU RAAN	Northern Cape Province	14	6.09	605		E
NCP020	956	JASON JONAS	Northern Cape Province	15	5.98	572		E
LIM029	711	PAUL MAKGOBE	Limpopo	16	5.97	569		E
LSE006	806	KEITUMETSE MOKWENA	LSEN	17	5.93	557		E
FSA059	210	CAREL WENTZEL	Free State	18	5.69	485		E

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-17

131	B-17	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA089	87	LEZLO BRAMWILL	Eastern Cape	1	14.44	900	1.1	E
WCP127	1262	ROWHAN RHODE	Western Cape	2	14.34	885	1.1	E
MPU082	889	RUDI NIEMAND	Mpumalanga	3	14.34	885	1.2	E
KZN078	647	ANDILE MTSHALI	Kwazulu Natal	4	14.23	870	1.0	E
ECA086	84	DUANE ADAMS	Eastern Cape	5	14.15	858	.4	E
WCP132	1267	ANDRE STEYN	Western Cape	6	13.90	823	1.6	E
ECA098	96	CARLISLE JORDAAN	Eastern Cape	7	13.72	797	2.4	E
GAU152	466	TUMISANG MOUMAKOE	Gauteng	8	13.76	803		E
WCP130	1265	HEIN SMIT	Western Cape	9	13.33	741		E
MPU077	884	NHLANHLA MASEMOLA	Mpumalanga	10	13.25	730		E
GAU150	464	RAYMOND MINNAAR	Gauteng	11	13.21	724		E
MPU093	900	EUGENE ZIKODE	Mpumalanga	12	12.88	677		E
FSA060	211	MOJALEFA MOSIA	Free State	13	12.82	668		E
FSA059	210	CAREL WENTZEL	Free State	14	12.80	665		E
FSA058	209	JONE JANSEN	Free State	15	12.69	649		E

10	B-17	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU087	894	DONOVAN STEBBING	Mpumalanga	1	19.47	946		E
MPU086	893	FRANS SCHUTTE	Mpumalanga	2	18.74	915		E
GAU138	452	JOHANN RAUTENBACH	Gauteng	3	17.09	774		E
FSA054	205	PIERRE COETZEE	Free State	4	16.12	687		E
GAU166	480	CONSTAND VAN ROOYEN	Gauteng	5	16.06	682		E
FSA030	181	CHARL GROBLER	Free State	6	16.05	681		E
ECA095	93	CHAD HERMAN	Eastern Cape	7	15.74	655		E
WCP115	1250	RUAN MAREE	Western Cape	8	15.39	625		E
NWP029	1022	JONNY BOTHA	North West Province	9	14.37	543		E
GAU142	456	CARLISLE VAN DER WALT	Gauteng	10	14.01	514		E
GAU141	455	PAULUS VAN DEN BERG	Gauteng	11	13.92	507		E

150	B-17	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU086	893	FRANS SCHUTTE	Mpumalanga	1	57.29	937		E
NWP029	1022	JONNY BOTHA	North West Province	2	52.59	832		E
MPU087	894	DONOVAN STEBBING	Mpumalanga	3	52.58	831		E
WCP110	1245	ERNST JANSEN DU TOIT	Western Cape	4	48.96	717		E
KZN086	655	ANOOL PIENAAR	Kwazulu Natal	5	48.54	705		E
FSA054	205	PIERRE COETZEE	Free State	6	48.49	703		E
GAU158	472	LEROUX BODENSTEIN	Gauteng	7	48.15	693		E
ECA091	89	IAN CLAASSEN	Eastern Cape	8	41.80	518		E
GAU166	480	CONSTAND VAN ROOYEN	Gauteng	9	41.69	515		E
GAU161	475	EHRARD MARITZ	Gauteng	10	41.08	499		E
LIM038	720	WERNER VAN AARDT	Limpopo	11	38.09	421		E

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-17

70	B-17	Spiesgooi	/ Javelin	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU147	461	DEAN GOOSEN	Gauteng	1	72.44	952		E	
ECA095	93	CHAD HERMAN	Eastern Cape	2	68.04	903		E	
WCP135	1270	ROCCO VAN ROOYEN	Western Cape	3	67.75	900		E	
GAU139	453	MALAN SNYMAN	Gauteng	4	61.31	729		E	
NWP032	1025	RUAN ERASMUS	North West Province	5	57.37	637		E	
MPU091	898	BERNO VAN DYK	Mpumalanga	6	56.90	627		E	
LIM023	705	TIAAN KRUGER	Limpopo	7	54.34	570		E	
GAU136	450	BURGERT MAREE	Gauteng	8	53.63	555		E	
NWP033	1026	FREDERICK VAN TONDER	North West Province	9	52.49	531		E	
FSA044	195	NICUS J V RENSBURG	Free State	10	52.11	522		E	
MPU090	897	MARCHANT VAN AARDER	Mpumalanga	11	50.11	480		E	
MPU072	879	CHRISTIAAN DU TOIT	Mpumalanga	12	44.95	372		E	

124	B-17	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU087	894	DONOVAN STEBBING	Mpumalanga	1	57.20	865		E	
WCP119	1254	TIAAN NAUDE	Western Cape	2	56.09	829		E	
ECA101	99	GERHARD LOTZ	Eastern Cape	3	55.37	807		E	
NWP034	1027	RC MEYER	North West Province	4	54.64	785		E	
ECA107	105	S MINNIE	Eastern Cape	5	53.25	744		E	
NWP035	1028	FRANCOIS MINNAAR	North West Province	6	50.95	681		E	
WCP106	1241	TERTIUS BRUWER	Western Cape	7	50.75	675		E	
GAU154	468	GUILHERME R DE FRANCA	Gauteng	8	50.25	662		E	
KZN088	657	ROBERT SHEUN	Kwazulu Natal	9	46.80	572		E	
FSA055	206	ROBERT J VAN RENSBURG	Free State	10	40.11	407		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-19

88	B-19	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU248	561	PATRICK VOSLOO	Gauteng	1	00:10.72	843	-1.9	E	
GAU228	542	WAIDE JOOSTE	Gauteng	2	00:10.93	786	-1.9	E	
WCP185	1318	BRENT STEVENS	Western Cape	3	00:10.94	783	-1.9	E	
ECA138	133	HENDRIK STAPELBERG	Eastern Cape	4	00:10.96	778	-1.9	E	
FSA072	222	MOGOMOTSI SEKABE	Free State	5	00:11.03	760	-1.9	E	
WCP180	1313	CURT RUITERS	Western Cape	6	00:11.08	748	-1.9	E	
FSA071	221	TSHEPO QHOTSOKOANE	Free State	7	00:11.21	716	-1.9	E	
MPU098	905	CLEARNCE KHUMALO	Mpumalanga	8	00:11.27	702	-1.9	E	

171	B-19	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU248	561	PATRICK VOSLOO	Gauteng	1	00:21.31	884	-0.3	E	
WCP185	1318	BRENT STEVENS	Western Cape	2	00:21.40	871	-0.3	E	
ECA137	132	APELELE RASMENI	Eastern Cape	3	00:21.70	828	-0.3	E	
WCP186	1319	DEAN SWART	Western Cape	4	00:21.73	824	-0.3	E	
FSA071	221	TSHEPO QHOTSOKOANE	Free State	5	00:21.91	799	-0.3	E	
WCP180	1313	CURT RUITERS	Western Cape	6	00:22.07	779	-0.3	E	
WCP182	1315	COURTNALL SKOSAN	Western Cape	7	00:22.11	774	-0.3	E	

66	B-19	400 m	/ 400 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA065	216	PIETER MARX	Free State	1	00:48.08	833		E	
WCP165	1298	SHAUN DE JAGER	Western Cape	2	00:48.13	829		E	
GAU213	527	THAPELO KETLOGETSWE	Gauteng	3	00:48.33	817		E	
ECA129	124	LONWABO MAJERMAN	Eastern Cape	4	00:48.71	794		E	
FSA081	231	THOMAS JONDA	Free State	5	00:48.85	786		E	
LIM042	724	RYNO DE LANGE	Limpopo	6	00:49.46	751		E	
FSA070	220	CHRISTIAAN OPPERMAN	Free State	7	00:49.80	733		E	
WCP186	1319	DEAN SWART	Western Cape	8	00:50.09	717		E	

161	B-19	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA079	229	WILLIAM MOTHOSOLA	Free State	1	01:51.88	885		E	
FSA073	223	RATLALE MOKONE	Free State	2	01:52.11	878		E	
GAU237	551	MICHAEL DU TOIT	Gauteng	3	01:52.73	860		E	
LIM042	724	RYNO DE LANGE	Limpopo	4	01:53.04	851		E	
GAU240	554	ANDREW LEEUW	Gauteng	5	01:53.31	844		E	
GAU246	559	ANDREW ROODT	Gauteng	6	01:55.76	780		E	
WCP170	1303	NEIL LE ROUX	Western Cape	7	01:59.60	690		E	
MPU113	920	ROELOF NIENABER	Mpumalanga	8	02:00.54	670		E	

90	B-19	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU221	535	FOLAVIA SEHOLE	Gauteng	1	03:52.93	888		E	
FSA073	223	RATLALE MOKONE	Free State	2	03:54.37	867		E	
MPU119	926	JOHN THIPE	Mpumalanga	3	03:55.02	859		E	
GAU219	533	JEREMIA MOTSAU	Gauteng	4	03:55.55	851		E	
LSE007	807	SOLOMON MASILO	LSEN	5	03:57.52	826		E	
MPU114	921	BHEKI NKOSI	Mpumalanga	6	04:00.87	784		E	
ECA119	115	ANELE FAKU	Eastern Cape	7	04:01.27	779		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-19

172	B-19	5000 m	/ 5000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU221	535	FOLAVIA SEHOHLE	Gauteng	1	14:21.52	960	E	R
NWP046	1039	JOEL MMONE	North West Province	2	14:28.33	933	E	
MPU119	926	JOHN THIPE	Mpumalanga	3	14:37.05	899	E	
LIM053	735	COLLEN MULAUDZI	Limpopo	4	14:40.46	886	E	
ECA144	138	SITYHILO DIKO	Eastern Cape	5	14:48.19	858	E	
MPU109	916	XOLANI MNGOMEZULU	Mpumalanga	6	14:48.32	858	E	
ECA119	115	ANELE FAKU	Eastern Cape	7	15:04.81	801	E	
FSA082	232	ABEL SHABALALA	Free State	8	15:04.96	801	E	
MPU114	921	BHEKI NKOSI	Mpumalanga	9	15:07.07	794	E	
FSA083	233	SPRINGKAAN SMONS	Free State	10	15:19.86	754	E	
FSA085	235	MOLAHLENI MOLEHE	Free State	11	15:27.05	732	E	
GAU216	530	RUBEN MANGENGENENE	Gauteng	12	15:34.37	711	E	
FSA084	234	KOOS MBELE	Free State	13	15:41.17	692	E	
KZN091	660	PHILANI BUTHELEZI	Kwazulu Natal	14	15:42.75	688	E	
LIM049	731	AZWIDIVHALEI MAGANDI	Limpopo	15	15:42.99	687	E	
WCP177	1310	UNATHI PHEZOLO	Western Cape	16	15:53.98	658	E	

82	B-19	110 m Hekkie	/ 110 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU110	917	SIPHAMANDLA MOKOENA	Mpumalanga	1	00:15.08	711	-4.3	E
GAU234	548	KOBUS MOOLMAN	Gauteng	2	00:15.12	705	-4.3	E
GAU230	544	WERNER JOUBERT	Gauteng	3	00:15.13	703	-4.3	E
NWP051	1044	GERT SWANEPOEL	North West Province	4	00:15.29	676	-4.3	E
WCP189	1322	DRIKUS VILJOEN	Western Cape	5	00:15.29	676	-4.3	E
LIM045	727	OCKERT GROENEWALD	Limpopo	6	00:15.30	674	-4.3	E
GAU220	534	CHRISTIAAN OBERHOLZER	Gauteng	7	00:15.79	598	-4.3	E
WCP188	1321	RUAAN VAN WYK	Western Cape	8	00:16.30	527	-4.3	E

153	B-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU224	538	NEIL DE BEER	Gauteng	1	00:51.98	830		E
KZN095	664	THABISO KEKANE	Kwazulu Natal	2	00:52.38	807		E
LIM045	727	OCKERT GROENEWALD	Limpopo	3	00:53.47	749		E
FSA065	216	PIETER MARX	Free State	4	00:53.67	739		E
NWP051	1044	GERT SWANEPOEL	North West Province	5	00:54.52	697		E
FSA097	247	DAVID KNIGHT	Free State	6	00:55.10	670		E
WCP178	1311	FRANCOIS RETIEF	Western Cape	7	00:55.58	649		E
FSA080	230	SECHABA MATSITSA	Free State	8	00:56.81	597		E

60	B-19	3000 m Hindernis	/ 3000 m Steeple Chase	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA079	229	WILLIAM MOTHOSOLA	Free State	1	09:05.82	965		E
NWP045	1038	G BOTHOBUTLE	North West Province	2	09:08.24	949		E
FSA074	224	THABISO LETEKA	Free State	3	09:19.64	880		E
FSA083	233	SPRINGKAAN SMONS	Free State	4	09:34.11	800		E
NWP047	1040	RUAN ASPELING	North West Province	5	09:34.17	800		E
NWP048	1041	S SETLELO	North West Province	6	09:37.53	783		E
NCP032	968	SIMON MAKATIES	Northern Cape Province	7	09:45.14	746		E
MPU109	916	XOLANI MNGOMEZULU	Mpumalanga	8	09:47.73	734		E
FSA086	236	ERNST NKOKO	Free State	9	09:49.29	727		E
WCP183	1316	LOCHNER SLABBERT	Western Cape	10	10:29.16	564		E
LIM052	734	GIVEN MOKWELE	Limpopo	11	10:38.30	532		E
ECA145	139	JEVU NDIMPWE	Eastern Cape	12	10:42.15	518		E

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-19

2	B-19	10000 m Stap	/ 10000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP061	1054	JACQUES FAURIE	North West Province	1	53:45.40	613		E	
WCP173	1306	HEBREW MORGENDAL	Western Cape	2	61:03.00	344		E	
FSA098	248	JOHANNES NGONELA	Free State	3	61:16.00	338		E	
GAU223	537	CHICCO CAMPBELL	Gauteng	4	62:55.00	289		E	

97	B-19	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA11	1333	WESTERN CAPE	Western Cape	1	00:41.20	910		E	R
FSAA06	332	FREE STATE	Free State	2	00:41.66	874		E	
ECAA12	151	EASTERN CAPE	Eastern Cape	3	00:42.76	795		E	
NWPA11	1134	NORTH WEST	North West Province	4	00:43.54	745		E	
GAUA11	572	GAUTENG	Gauteng	5	00:43.76	731		E	
NCPA02	991	NORTHERN CAPE	Northern Cape Province	6	00:43.88	724		E	
MPUA09	936	MPUMALANGA B	Mpumalanga	7	00:44.66	678		E	
LIMA11	799	LIMPOPO	Limpopo	8	00:44.74	674		E	

178	B-19	4 X400 m Aflos	/ 4X400 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA12	573	GAUTENG	Gauteng	1	03:12.84	837		E	
WCPA12	1334	WESTERN CAPE	Western Cape	2	03:14.64	809		E	
FSAA07	333	FREE STATE	Free State	3	03:16.61	780		E	
MPUA06	933	MPUMALANGA	Mpumalanga	4	03:20.30	729		E	
KZNA12	682	KWAZULU NATAL	Kwazulu Natal	5	03:23.12	692		E	
ECAA06	145	EASTERN CAPE	Eastern Cape	6	03:23.41	689		E	
LIMA12	800	LIMPOPO	Limpopo	7	03:25.70	661		E	

130	B-19	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP166	1299	KEEGAN FOURIE	Western Cape	1	2.00	821		E	
GAU225	539	WOUTER FOURIE	Gauteng	2	2.00	821		E	
WCP169	1302	HEINRICH KUHN	Western Cape	3	1.95	771		E	
GAU239	553	ROBERT HILL	Gauteng	4	1.95	771		E	
NCP029	965	DAMIAN DIERGAARDT	Northern Cape Province	5	1.90	721		E	
ECA122	117	STEVE FOURIE	Eastern Cape	6	1.85	671		E	
GAU243	557	RICHARD MBIZA	Gauteng	6	1.85	671		E	
GAU238	552	CLEMENT FERNANDES	Gauteng	6	1.85	671		E	
KZN102	1335	SHANE SQUIRES	Kwazulu Natal	9	1.85	671		E	
FSA069	219	WILHELM GRUNOW	Free State	10	1.85	671		E	
LIM041	723	MARIKUS BOTES	Limpopo	10	1.85	671		E	
MPU116	923	JOHANN PRETORIUS	Mpumalanga	10	1.85	671		E	

135	B-19	Paalspring	/ Pole Vault	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP175	1308	CHRISTIAAN NORMAN	Western Cape	1	4.60	920		E	
FSA078	228	SEBASTIAAN WESSELS	Free State	2	4.40	867		E	
FSA096	246	STEFAN JORDAAN	Free State	3	3.80	589		E	

National Secondary School Athletics Championships
2009/04/06

Result per Age

B-19

5	B-19	Verspring	/ Long Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU102	909	BANELE MANIKELA	Mpumalanga	1	7.15	852	0.2	E	
WCP176	1309	EDWILL OKKERS	Western Cape	2	6.94	793	1.2	E	
ECA126	121	MARCELLE JONKERMAN	Eastern Cape	3	6.77	745	2.7	E	
WCP171	1304	LUVO MANYONYA	Western Cape	4	6.73	734	0.8	E	
NWP056	1049	OFENTSE MATHABE	North West Province	5	6.61	700	1.2	E	
MPU105	912	BRIAN MASHIGO	Mpumalanga	6	6.59	694	1.1	E	
NCP027	963	REGINALD COLOSA	Northern Cape Province	7	6.50	668	0.5	E	
ECA133	128	SIBULELE MINJA	Eastern Cape	8	6.46	657	0.2	E	
GAU232	546	KHOTSO MASIYE	Gauteng	9	6.46	657		E	
LIM060	742	THUMISANG SHIKA	Limpopo	10	6.46	657		E	
FSA091	241	WIAAN FOURIE	Free State	11	6.43	648		E	
GAU227	541	SHELDON JACOBS	Gauteng	12	6.25	597		E	
NCP026	962	KATLEGO CHOCHÉ	Northern Cape Province	13	6.25	597		E	
LIM050	732	GILBERT MAHLABANE	Limpopo	14	6.19	579		E	
WCP181	1314	RUSHWALD SAMAAI	Western Cape	15	6.08	547		E	
FSA093	243	KAMOHELO LEBOTSA	Free State	16	6.05	539		E	
MPU112	919	COLLEN NGOMANE	Mpumalanga	17	5.89	492		E	

100	B-19	Driesprong	/ Triple Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA137	132	APELELE RASMENI	Eastern Cape	1	15.67	910	0.8	E	R
WCP171	1304	LUVO MANYONYA	Western Cape	2	15.33	885	0.9	E	
GAU208	522	DYLAN COTTER	Gauteng	3	14.53	778	-0.4	E	
NWP056	1049	OFENTSE MATHABE	North West Province	4	14.22	737	-0.4	E	
LIM056	738	BENEDICT NGWAI	Limpopo	5	14.17	730	-2.3	E	
FSA092	242	CHRISTIAAN LOMBARD	Free State	6	14.17	730	-1.0	E	
ECA126	121	MARCELLE JONKERMAN	Eastern Cape	7	14.06	716	0.0	E	
GAU241	555	AOBAKWE MATHONGWANE	Gauteng	8	14.03	711	-0.9	E	
MPU106	913	MAURICE MATABELA	Mpumalanga	9	13.61	655		E	
MPU107	914	RIVONI MATHUMBU	Mpumalanga	10	13.57	649		E	
NWP057	1050	P TSOTETSI	North West Province	11	13.45	633		E	
MPU112	919	COLLEN NGOMANE	Mpumalanga	12	13.43	630		E	
WCP167	1300	WILDON HENDRICKS	Western Cape	13	13.37	622		E	
FSA093	243	KAMOHELO LEBOTSA	Free State	14	13.29	611		E	

28	B-19	Gewigstoot	/ Shot Put	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP187	1320	ADAM VAN HEERDEN	Western Cape	1	15.77	753		E	
WCP174	1307	SCHALK MOSTERT	Western Cape	2	15.47	724		E	
GAU226	540	WERNER HUGO	Gauteng	3	15.07	687		E	
GAU214	528	ESTIAAN KLEM	Gauteng	4	14.57	641		E	
NWP053	1046	S VAN STRADON	North West Province	5	14.31	618		E	
ECA128	123	W LEMLEY	Eastern Cape	6	14.16	605		E	
NWP064	1057	RUAN MURREY	North West Province	7	14.14	603		E	
NWP052	1045	ZANDER JANSE V RENSBURG	North West Province	8	14.09	599		E	
FSA088	238	VALDEMAR JENSEN	Free State	9	13.85	578		E	
LIM048	730	RICHARDT LEMMER	Limpopo	10	13.18	521		E	

**National Secondary School Athletics Championships
2009/04/06**

Result per Age

B-19

111	B-19	Diskusgooi	/ Discus Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU247	560	DEWALD VAN HEERDEN	Gauteng	1	57.94	962		E	R
NWP064	1057	RUAN MURREY	North West Province	2	47.01	683		E	
GAU229	543	BASIE JORDAAN	Gauteng	3	45.97	653		E	
WCP187	1320	ADAM VAN HEERDEN	Western Cape	4	45.72	646		E	
NWP065	1058	RUAN LOURENS	North West Province	5	44.35	607		E	
GAU226	540	WERNER HUGO	Gauteng	6	43.24	576		E	
GAU214	528	ESTIAAN KLEM	Gauteng	7	40.86	512		E	
FSA088	238	VALDEMAR JENSEN	Free State	8	40.78	509		E	
LIM061	743	JANNIE VAN NIEKERK	Limpopo	9	36.32	391		E	

56	B-19	Spiesgooi	/ Javelin	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP059	1052	DANIEL ZIMMERMAN	North West Province	1	60.98	723		E	
NWP058	1051	STEYN KRIEL	North West Province	2	60.74	717		E	
FSA076	226	CHARL WILLEMSE	Free State	3	58.43	663		E	
MPU096	903	RENIER DE VILLIERS	Mpumalanga	4	58.10	656		E	
FSA077	227	HANNO FERREIRA	Free State	5	54.96	585		E	
MPU094	901	NIEL BOTHA	Mpumalanga	6	53.30	549		E	
LIM061	743	JANNIE VAN NIEKERK	Limpopo	7	52.95	542		E	
GAU215	529	DYLAN LINDSAY	Gauteng	8	52.69	536		E	
GAU209	523	JONATHAN CRICHTON	Gauteng	9	50.82	496		E	

163	B-19	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA140	135	LODEWICUS VENTER	Eastern Cape	1	57.27	808		E	
NWP060	1053	THEYEN VAN NIEKERK	North West Province	2	55.93	769		E	
ECA118	114	GIDEON DE VILLIERS	Eastern Cape	3	51.90	660		E	
WCP172	1305	PHILLIP MARX	Western Cape	4	50.65	628		E	
ECA116	112	EGHARD BASSON	Eastern Cape	5	48.15	567		E	
MPU097	904	PIETER DU PLOOY	Mpumalanga	6	47.62	554		E	
FSA090	240	SPYKER SERFONTEIN	Free State	7	46.71	532		E	
FSA089	239	FRANCOIS POSTHUMUS	Free State	8	44.30	474		E	
FSA075	225	VIAN VAN HEERDEN	Free State	9	43.21	448		E	
WCP168	1301	VAN ZYL HORN	Western Cape	10	41.87	417		E	
GAU229	543	BASIE JORDAAN	Gauteng	11	41.06	397		E	
GAU236	550	RUAN DE BEER	Gauteng	12	38.84	345		E	
GAU222	536	LARDUS BARDENHORST	Gauteng	13	26.92	52		E	